

Think parking at beach is a nightmare? Not so anymore

By LEE CAHILL
City Council Reporter

While the restaurants, hotels and other businesses spruce up for the summer influx at the beach, Henry Ruiz, parking systems management administrator, worries over what to do with all the cars that come with the people.

But this year, he says, will be better.

Foremost among the improvements will be the opening of the first publicly-utilized parking deck in Virginia Beach at 9th Street. Developed under a public/private partnership, the facility will have 612 parking spaces which will be leased to the city.

According to Ruiz, the owner/developer will contract a professional parking facilities manager to operate the deck while the parking systems management office will oversee the operation to make sure it complies with the public/private agreement and is managed in the public's interest.

The parking office, which has been around for a short six years, has other initiatives, which were reported to city council at a work session Tuesday.

Planning director Robert Scott

also is recommending changes in the city's zoning ordinance which will make it easier for restaurants to meet their parking requirements. Councilman Linwood Branch is working with staff to uncover as many as 30 parking slots in the Winston-Salem Avenue area at the popular (and crowded) south end of the beach. He said that he did not think that the available space was being utilized to the maximum.

With the parking facility available, the staff is reviewing the removal of metered parking in the vicinity of the parking deck. Some of the eliminated spaces will be converted to disabled parking and loading zones for businesses. Ruiz said this is a first step toward gradually selectively replacing on-street parking with parking structures and transportation hubs and eventually removing loading zones from Atlantic Avenue.

At the 4th street parking lot, parking meters will replace parking attendant regulated parking beginning April 1. Fees will be 75 cents an hour every day, rate of \$3 or \$4. This way, Ruiz, the public that may prefer to utilize short term

parking would pay less for parking at the south end of the resort area. The conversion will also reduce operational costs and produce greater revenues.

The residential parking permit program (RPPP) in the Shadowlawn area will continue this year-the boundaries were expanded at the end of last season to include Carolina, Virginia and Delaware Avenues.

This plan prohibits public parking during the evening/night hours in front of residences. Residents had complained of all-night street partying in front of their homes before the program was established a couple of years ago. Residents are issued passes that allow them to park in front of their homes.

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Museum extends trips for whale watching

Due to the frequency of whale sightings, the Virginia Marine Science Museum is extending the season for whale watch boat trips through March 16. Trips are scheduled for Wednesday and Friday afternoons at 3:30 p.m. and on Saturdays and Sundays throughout the day.

Museum staff and volunteers provide special marine mammal programming. The cost for the trip is \$12 for adults

and \$10 for children 11 and under. To make reservations, call 437-BOAT (TDD 427-4305) 9 a.m. - 5 p.m. daily.

While whale sightings are not guaranteed on the boat trips, visitors to the museum are sure to see them larger than life in the newest IMAX film, "Whales." This 2D film takes visitors on a journey following some of the world's largest creatures.

Francis Land House hosts guild gathering

The Sixth Annual Gathering of the Guilds will be held on Saturday, March 22 from 11 a.m. - 3 p.m. at the historic Francis Land House in Virginia Beach. This program is free. Fifteen local guilds will demonstrate their specialty, share information and display their work.

Guilds participating include Tidewater Blacksmith Guild, National Guild of Pearl K McGown Rug Hookcrafters, Tidewater Decorative Painters,

Tidewater Chapter High Country Basketry Guild, Back Bay Wildfowl Guild, Tidewater Sampler Guild, Southeastern Virginia Spinning Guild, Tidewater Weaver's Guild, Tidewater Quilters Guild, The Tidewater Virginia Chapter of the Embroiderer's Guild of America, Tidewater Knitting Guild of Virginia, Seaside Smocking Guild, Land House Lacers, American Needlepoint Guild and the Textile Design Association.

Annual Norwegian Lady tribute set for March 29

The Virginia Beach Volunteer Fire Department Ladies Auxiliary will hold its 34th Annual Norwegian Lady Ceremony on Saturday, March 29 at 2 p.m. at the Norwegian Lady Park. The park is located on the oceanfront at 25th Street.

This year marks the 106th anniversary of the shipwreck of the Norwegian ship Dictator off the shores of Virginia Beach on

March 27, 1891. Mayor Meyers Oberdorf will give a history of the event. The Atlantic Fleet Band will play the national anthems of the United States and Norway, followed by the placement of a wreath at sea in memory of the Dictator and the Norwegian Lady.

This event is free and open to the public. For additional information, call 428-5110.

'Beach Clips' explores low-cost home loans

The March edition of "Beach Clips," the city's magazine-style show, highlights the health department, a source of low cost grants and loans for qualified homeowners, a n innovative school program to curb handgun violence, and some surprising facts about the country's largest volunteer emergency medical service. This program features "Always In Your Life," "Help For Your House," "Keeping the Peace" and "Willing Volunteers."

"Beach Clips," shown on VBTV Channel 48, features a wide variety of stories to keep you informed about what's new and happening in Virginia Beach.

This edition begins airing on March 10 and runs daily through April 28. Each edition of "Beach Clips" airs for seven weeks. Air times are Monday, 8:30 p.m.; Tuesday, 7:30 a.m.; Wednesday, 8 a.m. and 2 p.m.; Thursday, 2 p.m.; Friday, 7:30 p.m.; Saturday, 8 a.m. and 8 p.m.; and, Sunday, 8:30 a.m. and 7:30 p.m.

Amateur photography buffs sought for show

Kempsville Recreation Center will be accepting entries from amateur photographers March 10 - 31 for their 19th Annual Amateur Photography Show. Entry fee is \$7.

The show will officially open on April 28. An awards ceremony will be held and refreshments will be served. Kempsville Recreation Center is located at 800 Monmouth Ln. in Virginia Beach.

Admission is free and open to the public.

Categories for judging are black and white, people, nature, animal, open and special effects. The nature category entries will also appear in the Earth Day Photo Show with awards being given at Earth Day, May 4 at Lafayette City Park in Norfolk. For further information, call 474-8492 TDD 471-5884.

Parks and Rec launches season with Flight Fair

The Virginia Beach Department of Parks and Recreation launches its special event season with Flight Fair '97. Take part in a fun-filled day of sky-high activities at Mt. Trashmore Park on

Saturday, March 22 from noon - 4 p.m.

For further information, call Virginia Beach Parks and Recreation/Special Events at 471-5884, TDD 471-5839.

By M.J. KNOBLOCK
Sun Correspondent

Jerry Bocrie still has the shoes that Boston Marathon great Bill Rogers gave him eight years ago upon his completion of the Virginia Beach Shamrock Marathon.

They're sitting in his closet, packed away like so many of the other memories and stories of the annual event. Every year, as the number of people and events grow, so do the number of souvenirs and stories.

Bocrie was there when it all started 25 years ago with just 54 entrants in one race.

Now, the Virginia Beach Shamrock Sportsfest boasts five events with 6,000 runners.

Bocrie, who serves as co-director with his wife, Lori, started the race with Pat Bridges of the Virginia Beach Rotary Club as a local runner's competition.

It has become a showcase for world-class runners such as Rogers and Greta Weiss from 10 different countries, noted in several magazines as one of the top 100 races in the country.

A competitive runner for 40 years, Bocrie said he stays with the sportsfest year after year for



Courtesy Photo

AND THEY'RE OFF! The Virginia Beach Shamrock Sportsfest celebrates its 25th anniversary March 15-16. The event includes five races and a trade show at the Pavilion.

many reasons — the most basic is his love of running. But there's more to it than that. He cites the benefits to

Virginia Beach — the revenue to the hotels, motels and restaurants created by runners and their families. There are also benefits

to local charities. One year, the Leukemia team in training

See ON, Page 9

Beach conditions OK of regional consultant

By LEE CAHILL
City Council Reporter

Virginia Beach City Council members want to meet Rick Horrow, a Miami-based sports and municipal consultant, before they approve his hiring by the Hampton Roads Partnership.

In fact, after a discussion at an informal session of council Tuesday, members, by consensus, decided that Horrow should speak to each of the councils involved in the Hampton Roads Partnership.

Mayor Meyers Oberdorf, who will present the council's position at the next meeting of the Partnership, also will carry the message that the Beach is not ready to make a financial commitment.

The Beach council has been in a questioning mode ever since Norfolk officials first suggested Norfolk to prepare a regional plan for potential projects throughout the region. The Beach council had indicated that they would prefer soliciting proposals.

At Tuesday's work session, councilman Harold Heischobor said that he "would like to see

"All localities have needs. This approach has the best chance of working."

Linwood Branch, Councilman

(Horrow)here so we can ask him questions. I don't know the man. The fact that he has already been selected bothers me."

Actually, Hampton Roads Partnership President Bay DuVal said his group's executive committee would probably make a decision on hiring Horrow on March 20.

The partnership, a group of approximately 60 of the region's business, political and educational leaders, must have approval from the mayors before it will hire Horrow.

At previous meetings, Horrow has met with city managers, business and political leaders and mayors. The city managers recommended to the mayors that Horrow be hired.

Horrow, over a period of 18 months would identify what projects to include in a package

that would serve the whole region. City Manager James K. Spore said that Horrow has put together packages for nine regions in the country and all nine have been put to referendum and passed. Spore said that the packages are more comprehensive and not necessarily sports related. Sports are only a minor part of the projects.

He said that the packages have to have something in them for everyone.

Councilman John A. Baum said to him sports would be the least important attraction for business. He said he could not imagine some business coming into the area and spending millions "because we have a hockey team."

Councilman Linwood Branch said that he read an article in *Portfolio* encouraging trade-offs

between localities, such as water for light rail. He said, however, that he preferred a comprehensive approach. "All localities have needs. This approach has the best chance of working."

Spore said that the consultant would be employed at \$6,500 a month with a two-year agreement.

A plan prepared for Oklahoma City by Horrow included museums, transportation projects, a baseball stadium and a 20,000 seat arena. Nine projects in the program cost \$285 million. They were funded with a one cent sales tax increase that expires after five years.

Oberdorf said the projects usually have a sunset clause and are financed so that by the time they are built they are paid for, in cash.

Spore said that the projects would qualify for state regional incentive funds, also.

When asked by councilman W.W. Harrison Jr. whether other consultants are qualified, Spore said that other consultants can do the work.

Commentary

JUVENILE ARTHRITIS AWARENESS WEEK

It's a kid's problem, too

The debilitating pain of arthritis is usually associated with older citizens, but 285,000 American children suffer as well.

This is Juvenile Arthritis Awareness Week and the Arthritis Foundation has launched a nationwide educational campaign to tell America that "Kids Get Arthritis, too."

The symptoms are often overlooked. According to the foundation, a child avoids using a particular limb, shows signs of stiffness or complains of aching joints. It may not be growing pains — it may be arthritis. Juvenile arthritis is a painful condition. Climbing stairs, throwing a ball, opening a door or even walking can be difficult or even impossible. Constant fatigue is another byproduct.

But with early diagnosis and proper support, children and their families can learn to cope with the disease and enjoy a full range of activities. The good news is that the outlook for children with juvenile arthritis is optimistic, even though there is no cure. Early diagnosis and proper treatment can go a long way in preventing significant disability in later years.

In the meantime, the Arthritis Foundation is the source of help and hope for nearly 40 million Americans — adults and children — suffering from the disease. It supports research to find a cure and prevent arthritic diseases, while seeking to improve the quality of life for those affected by the disease.

Nearly everyone is touched by someone with arthritis, even its smallest victims. To learn more about prevention or how to help, contact the local Arthritis Foundation chapter at 420-4638. — V.E.H.



The Virginia Beach Sun Deadlines

News deadlines for The Virginia Beach Sun are Monday at 5 p.m. for the upcoming Friday's issue.

- ✓ Articles must be legible, preferably typed, double-spaced on standard-sized paper.
- ✓ Pictures must be sharp, clear and accompanied with complete information.
- ✓ News may be brought or mailed in and should include the name and telephone numbers of the person submitting it.
- ✓ The Virginia Beach Sun welcomes and encourages letters from its readers on topics of general interest.
- ✓ All letters must carry the name and address of writer for verification.
- ✓ Letters should be addressed to: Editor, The Virginia Beach Sun, 138 South Rosemont Road, Suite 209, Virginia Beach, Va. 23452. Phone: 486-3430.

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It's not over till it's over

The 1997 assembly isn't quite history yet. The mass of measures moved in its last days now repose on the desk of Gov. George Allen and legislators will reconvene April 2 to consider his amendments and vetoes.



Commonwealth Commentary

By Roy Garland, columnist

For governor, GOP Attorney General Jim Gilmore and Democratic Lt. Gov. Don Beyer, could make their mark before beginning in earnest the campaign that will place one of them where Allen is.

And two confederates for the Republican nomination for attorney general, Sens. Mark Earley and Ken Stolle, had a chance to put their wares in the shop window.

Considering only those most likely to vote in the GOP primary June 10, Earley gained an advantage as chief patron of high-profile bills requiring parents to be notified before their minor child has an abortion, and to sanction those assisting a suicide.

For most of those who follow state politics, it was a mercy that parental-notification passed after nearly two decades of debate. Given the limited and largely symbolic scope of such a law, it shouldn't have occupied so much of the assembly's time, or the attention of the press. Still, pro-abortion forces fought to the bitter end.

GOP Del. Anne Rhodes offered an amendment allowing notification to be satisfied by informing the minor's adult sibling or grandparent, which passed 52 to 48. But the Senate insisted on the bill's original intent and finally prevailed.

Democrats did not want to carry this issue into the fall election. They can now tell their party's militant

pro-abortion wing they did all they could to weaken the bill and tell others they voted for it. But a ban on partial-birth abortions failed in a Senate committee.

Among the statewide candidates, Beyer had the best chance to promote his cause by reason of the Democrats' three-seat majority in the House, which stood like a stone wall, and his own role presiding over a Senate divided between 20 Democrats and 20 Republicans. His goals, while modest, were mainly achieved. As a Northern Virginia Democrat with close ties to his party's prevailing orthodoxy, Beyer needs to establish the image of a common-sense Virginia Democrat in the mold of former Gov. Gerald Baliles, who won so easily in 1985. A tough-on-crime stance was obviously obligatory in the process of careful positioning which was marked Beyer's long march toward the governorship.

The lieutenant governor's program included expanded access to the state's sex-offender registry and increasing police manpower at both state and local levels.

The assembly appropriated \$4.4 million to hire 105 new state troopers and \$4.8 million to pay the 25 percent local share to qualify for federal funds to hire about 700 additional police and sheriff's deputies under President Clinton's much-touted plan to put 100,000 more police on the job before he leaves office.

No one supplied an answer to the vexing problem of attracting qualified applicants for the many police slots now vacant. And no one said what would happen when federal funds run out. A better approach might be to focus on raising the wages of existing police and corrections' officers to reduce turnovers and to improve quality.

Mindful that House Democrats could make him look bad by ditching his proposals, Gilmore took a low-key approach. But even he got most of what he asked for. A GOP ploy to give teachers a greater degree of immunity from lawsuits passed, but no money was provided to back the governor's request to assume liability coverage. That would have been poaching on the preserves of the Virginia Education Association.

Legislators happily added almost \$400 million in new spending to the \$35 billion budget for 1996-97, passed last year. From the governor down, there was little sentiment to use any part of the surplus for tax relief.

That reflects a changed political climate, in which citizens of a prospering state and nation fret less about taxes and think more of what government can do for them. Can a tax increase be far behind?

The greatest show the assembly afforded came over filling a vacancy on the state Supreme Court. While the spectacle of gridlock probably played poorly on television, there was nothing sinister in the desire of Democrats to prevail, as they almost always had, or in Republicans wanting to win one, as they almost always hadn't.

The state Constitution requires judges to be selected by a majority of members elected to each house. Because the lieutenant governor is not a "member" of the Senate, Beyer couldn't cast a deciding vote for his party's choice, District Court Judge Margaret Spencer of Richmond. For obvious reasons, Republicans couldn't carry the day for former GOP Del. Steve Agee of Salem, who lost the nomination for attorney general to Gilmore in 1993.

But Republicans finally secured four Democratic defectors (Sens. Marye, Colgan, Holland and Waddell) to elect former GOP state Sen. Wiley Mitchell of Alexandria, chief litigator for Norfolk-Southern Corp. now residing in Virginia Beach.

Despite the great esteem in which Mitchell was held during his service (1976-88) in the assembly, House Democrats refused to go along. Allen will now fill the seat.

The governor will be under some pressure to reward Agee, his old House colleague. Gilmore may hope for a choice that reaches out to women or minorities. But the fact Mitchell was the only candidate to attract bipartisan support should carry some weight. Certainly, it is hard to imagine an applicant with greater experience or capacity.

Roy Garland, a former member of the "Virginia General Assembly," is a syndicated columnist.

The selling of America

Paula Stonegate, Gennifer Flowersgate, Troopergate, Buddhist Treflegate, DNCgate, Pajamagate and now Goregate, will it ever end?

It is one thing for Clinton not to fight for his country when he was called on, but quite another when he sells that country to foreigners and favored campaign contributors — which now appears to be what he and some members of his administration are doing when they sell reservations on Air Force 1, White House coffees and dinners, overnight stops at the White House and we will never know what else.

The Real World

By B.J. Sessions, senior columnist.

If it were not so serious, it would have been fun watching White House Press Secretary Mike McCurry and Clinton spokeswoman Ann Lewis (Rep. Barney Frank's sister) try to explain away the allegations that are now being made about the selling of the White House. They just had no answers and it was quite obvious.

And listen to these quotes: "I'm bailing out. The selling of nights in the White House is so crass a thing, so close to the possibility of appearance if not actuality of corruption — and such godawful judgment on Clinton's part — that I cannot imagine any defense for it." "Notes in Clinton's own hand and his insistence that he did nothing wrong, i.e., illegals, leave little doubt that a sitting president sold nights in the Lincoln bedroom for campaign contributions of \$50,000 and up."

Are these words from the pen of a right wing zealot? No, they come from William Raspberry, another avid former Clinton supporter and well-known columnist for the liberal Washington Post.

Now, another liberal from the Washington Post, Bob Woodward who broke the Watergate story, in a front page article in a local newspaper last week said in speaking of Vice President Al Gore, "In his zeal to raise money and do President Clinton's bidding, Gore took the unusual step of requesting large contributions for the Democratic National Committee often in private telephone calls with an urgency and directness that several large Democratic donors said they found heavy-handed and inappropriate for an incumbent vice president."

Now, back to the Lincoln bedroom, Clinton said that he invited people to the White House for overnight stays to "get ideas from them." What in the world can people like Barbara Streisand, "Hanoi Jane" Fonda, "Sleepy Ted" Turner, Chevy Chase, pop singer Judy Collins, Ted Danson and Tom Hanks possibly tell Bill Clinton that will give him some ideas on how to run America? Billy Graham was the one guest to sleep in Lincoln's bed that deserved to be there.

Perhaps he should move in permanently. He has a lot of work to do. Welcome to the real world.

What drives man's best friend?

The topic this week is dogs; more specifically, what makes dogs tick.

Last week I probed a similar subject (men), so now I turn to man's best friend.

Some women might say there's really no difference, but I wouldn't go that far. Men have two feet, whereas dogs have four.

Enough with the male bashing. Let's talk "dog."

The source of inspiration for this topic is Kola, my jet black cocker spaniel who makes quite a good foot warmer. The tootsies, in fact, are toasty right now thanks to her.

This month marks two years since my personal foot warmer and sometime foot rest came to live with us.

In some ways time has flown quickly. In others it has dragged on. There have definitely been our share of "dog days," and I'm not talking about August.

First the story of how the cocker spaniel found a home at our house. When Sasha, a former colleague whose husband is in the Navy, learned that the family would be transferred to Guam, she knew the dog couldn't go with them.

She saw an easy mark in me. "She's really cute, Vicky," Sasha promised. "And you like cocker spaniels so much."

Raised in a "dogless" home, I'd adopted the neighborhood cocker spaniel, Snuggles, as my surrogate pet. Whenever Snuggles came to call for scraps, hot dogs or whatever else we had on hand, I stroked his smooth, buff-colored fur and fervently prayed for my own pet.

My prayers were answered about 15 years later in the form of Kola.

With Sasha's offer in mind, I next had to work magic on my husband. I was sure Evan, raised with a menagerie of cats and dogs, would give the OK without hesitation.

I was wrong. "But we haven't even seen the dog,"

he said. "I don't want a dog. When we get one, I want a Lab. End of story."

When I told the story of the poor, soon-to-be homeless pooch to Evan's dog-loving parents, though, he caved under the pressure. Kola had found a home.

It was a warm, almost summerlike March day when Sasha came driving up in her husband's truck. In one hand she held the dog's leash; in the other, she pointed at a huge television that needed unloading.

The latter, I suppose, was her way of showing gratitude for taking Kola. Or maybe she just didn't want to haul a heavy, broken TV to Guam. We put the set in the workshop, where it still sits in need of a picture tube, but brought the dog into the house.

We soon found out that Kola could sniff out chocolate from 100 feet away. I guess that she and I have that in common, considering I'm a confirmed "chocaholic."

Sassy the cat made an immediate beeline for underneath the guest bed. Kola began sniffing the strange surroundings. Soon, the cat was in the den with us hesitantly checking out the floppy-haired creature.

When Sasha bid farewell, Kola forlornly looked out the den window as the truck drove away.

New digs. New mysteries. New people. There was much for the dog to learn — and she did.

We soon found out that Kola could sniff out chocolate from 100 feet away. I guess that she and I have that in common, considering I'm a confirmed "chocaholic."

We'd had Kola about two months when "the chocolate incident," as

we've come to call it, occurred.

I'd been shopping. As a treat for Evan, I bought a six-pack of Mr. Goodbars and came home toting the prize for my sweetie. He was so happy, in fact, that he offered to take me out to dinner. Overjoyed, I left the bag containing the candy on the sofa.

We didn't discover it was gone until a few hours after we'd returned home. Only the plastic bag remained. Even the wrappers were consumed by the chocolate-eating hound.

Frantic, I called the vet. Yes, Kola seemed a little hyper, but not sick. The vet said she'd be OK, but to watch her.

The dog never did get sick. Go figure. In fact, the very next day she sniffed out a Cadbury chocolate bar from the bottom of a totebag, pulled out the entire contents, and ate that one as well.

But chocolate's not the only thing she's eaten when we're not looking. The list includes a salad with ranch dressing, a serving bowl of butterbeans, a whole lemon poundcake (during a party, no less), bread, bugs and more. About the only thing she turns her nose up at is Alpo. Guess it got too routine.

Another quirk is that dogs will lay in the one place you don't want them to. Kola is a champion at this, particularly after I've folded clean laundry and placed it one the bed or couch.

One thought must go through her mind when she sees this dog bed. Quicker than I can offer her a milkbone, Kola is rolling on the clean laundry and inhaling its fresh scent.

Having a dog has also meant adjusting to a third in bed. Evan gets half, the dog a fourth and I get a fourth.

Kola starts at the foot, but by morning I've awoken her furry head is planted on my pillow and her warm, doggy breath is in my face.

"She thinks she's human," Evan once noted.

I had to agree — kind of like a very hairy child with big brown eyes and a penchant to chew paws, ears and unmentionable places.

One can only imagine what goes through the mind of a pooch. Kibble n' Bits? Visions of fire hydrants? Big trees? Cats? Humans?

Evan suggested that next week Kola should write my column from the dog's perspective, complete with her picture in the hole where mine normally goes. Now that would be a feat. Maybe then we'd know what dogs think. That's something to chew on.

The Virginia Beach Sun

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The Virginia Beach Sun is published every Friday by Byerly Publications, Inc., 1000 Army Drive, Franklin, Virginia 23851. Periodicals postage paid in Franklin, Virginia and additional entry offices. Postmaster: Send address changes to 1000 Army Drive, Franklin, Virginia 23851. Subscription Rate: By mail addresses within 40 miles of Virginia Beach, Va., one year, \$15.95, two years, \$28.95. Virginia and North Carolina, one year, \$17.85, two years, \$29.50. All other states one year, \$24.00, two years, \$38.50. Payable in advance. Other Byerly Publications newspapers: The Chesapeake Post, The Portsmouth Times, The Tidewater News, The Brunswick Times-Gazette, The Independent Messenger, The Dawidson Monitor, The Petersburg Monitor.

Beach earns high ranks for urban forestry program

Virginia Beach continues to serve as a model city for its urban forestry program. The most recent addition of Virginia Forest magazine describes Virginia Beach's program as "The Most Comprehensive and Effective Program in the State."



The Mayor's Report

Mayor Meyera Oberdorf

What has made our city a model is an active community that has taken a special interest in the way we look now and how we want Virginia Beach to look for generations to come. We are fortunate to have an active Virginia Beach Beautification Commission and Council of Garden Clubs that have been the impetus for the formulation of our residential tree ordinance and parking lot and building landscaping ordinances.

Such ordinances insure that our commercial and residential properties are environmentally balanced making them not only pleasant to view, but add to property values and community self-esteem. A recent tree inventory was conducted by the Landscape Services Division to ascertain the quantity and condition of required residential street trees.

The result was an astounding 4,000 trees that are in excellent condition and planted within the past four years.

Virginia Beach continues to be a model "Tree City USA" community. We have received 16 consecutive "Tree City USA" awards and will be receiving the 17th award this next April. Tree City USA means we meet or exceed four criteria. These include a department with the responsibility of maintaining the urban forest, a minimum of \$2 per capita spent on the program, a formal Arbor Day program and a tree ordinance. Virginia Beach has exceeded all these

Virginia Beach's capital roads and building projects include significant funding for various levels of landscape treatment.

requirements and our city's greenery attests to the standards.

Virginia Beach's capital roads and building projects include significant funding for various levels of landscape treatment. Our city council recognizes the importance of our urban forest and insures that funds are available in the various project funds. The recently completed Phase IV of Independence Boulevard received significant landscaping and has resulted in numerous calls and comments complementing the design and impact.

Our resort improvements have included major landscape improvements that make the area sparkle. The city has experienced problems with the survivability of street trees on Atlantic Avenue due to harsh environmental conditions. A federal grant to study and ascertain what would grow under these conditions was aggressively pursued and by working closely with Virginia Tech, the Landscape Division was able to find trees that would survive. This was not only a solution to a problem the Landscape Division had but also helps those citizens who live close to the ocean select trees that will thrive, thereby adding more lasting beauty to their property.

Virginia Beach is committed to a high aesthetic standard and the support and professionalism given to this effort by our citizens, city council and city staff have made that possible. We can all be proud of the results of this team effort.

Roger Huff, city arborist, contributed to this column.

Suspect sought in slaying; Crime Solvers reward offered

About 9 p.m., Monday, Feb. 24, police were dispatched to a call for shots being fired at the Virginia Motel in the 300 block of 24th Street.



Crime Solvers

By Detective Michael G. Derwent, Virginia Beach Police Department

When the officers arrived they discovered that Marvin J. Johnson Jr., 23, of the 1000 block of Culmer Drive in Virginia Beach, had apparently received multiple gunshot wounds when he opened the door of room 305 at the motel. Johnson was pronounced dead at the scene by rescue personnel.

At about 12:42 a.m., Tuesday, Feb. 25, Virginia Beach Police homicide investigators located and arrested

Allen D. Myles, 19, of the 300 block of Riverwood Court in Virginia Beach and charged him in connection with this murder. He has been charged with one count each of first degree murder and use of a firearm during the commission of a felony. He is being held in the Virginia Beach Correctional Center without bond.

Investigators have also obtained warrants for Russell Harding (also known as Mike), 23, of the 1800 block of South Streamline Drive in Virginia Beach. Harding is black, 5-foot-11-inches to 6-feet-1-inch tall, within 240 to 250 pounds with a dark complexion and braided hair. He is wanted for one count each of first degree murder and use of a firearm during the commission of a felony.

The motive for this murder is still under investigation.

Police are asking anyone who may know the whereabouts of Russell Harding to call Virginia Beach Crime Solvers at 427-0000. Callers are reminded they may remain anonymous and could be eligible for up to a \$1,000 reward for information leading to an arrest.



Courtesy Photo

Pieces of the past

Strawbridge Elementary School fourth graders are studying Virginia history. Nina Strand's students are exhibiting models of Jamestown and Williamsburg architectural designs from the early 1600s to late 1700s. Their assignment was to compare and contrast the designs of Virginia's first and second capitals respectively. Projects are traveling to Hampton to the Technology and Education Conference in April. Timmy Perkins is show with Strand as he displays his models of the First House of Burgesses and the Governor's Palace.

Up close and personal

Mary Heinrich: Mother Earth's advocate

By VICTORIA HECHT
Sun Editor

She's no ordinary "tree hugger." In earlier days, when Virginia Beach's agriculture and conservation factions were butting heads, Mary M. Heinrich could offer a perspective on both sides of the issue — a no-nonsense look at the importance of preserving precious natural resources and a sympathy for farmers trying to maintain generations-old livelihoods.

When the two finally got together to hash things out, Heinrich was there offering input. In 1995, the Virginia Beach Agricultural Reserve Program (ARP), the state's first farmland preservation program, was adopted.

Heinrich is still touting ARP, proving that both sides can co-exist successfully in the best interests of Mother Earth.

A local environmental consultant and coordinator of the Southeastern Association for Virginia's Environment (SAVE), Heinrich will present an overview of the award-winning program at the National Urban Forest Conference in Atlanta.

Event-goers might just get insight, too, into the woman who has been a tireless force for conservation.

"I guess it all goes back to Girl Scouts. I was always going to camps and outdoors, but I thought I wanted to be an architect. I got accepted to school and the architecture program. Then I found out I had absolutely no interest in the way the outside looked and the floor plan inside," she laughed.

Still, Heinrich gave it a try and discovered another side of the profession: landscaping.

"I went right over to that. At that time there was no such thing as environmental education, but most of my teachers were Canadian and British, so really I was taught all environmental."

Graduating from the Rhode Island School of Design with a degree in landscape architecture, Heinrich found herself immediately doing environmental impact studies in the early '70s.

The environmental movement lost its gusto, though. "The bottom fell out of it," Heinrich said. So she went into business for herself as a management consultant. Work took her to several countries before she married and moved to Virginia Beach. Locally, she went to work for a Norfolk-based landscape architect "just to get back into the field," later working in marketing before joining the Chesapeake Bay Program.

"I think a strength I bring is that I've done business and understand all the different points of view. When I administered the Chesapeake Bay Program, the developers didn't dislike me because I understood the business of what they were doing. I knew darn well that if I could sit with them and negotiate something they could live with, they would walk out that day and start construction."

Heinrich views the ARP, which was cited for Community Innovation by the Chesapeake Bay Program in 1996, as one of her biggest achievements to which she contributed.

"That was one of those things where the Planning Commission had proposed to change the Comprehensive Plan relating to the southern part of the city. Even though the city had spent three years sending out questionnaires to all the landowners and farmers there asking what they wanted, when it came down to it the commission was recommending approval of just another subdivision ordinance."

"They did nothing to preserve agriculture or the rural character, and we all know that urban sprawl is what's killing waterways. Everybody pretty much hated it — farmers, environmentalists, builders."

Something had to be done. An group of environmentalists, civic leaders and farmers opposed to the changes met for a marathon session to discuss alternate solutions. Then they presented their finding to city council.

"When council looked at the list of who the people were — they couldn't believe this group was actually sitting down talking to each other — they agreed to hold off," Heinrich said. "For the first time in this area, there was honest talk. We did get to the point where farmers could say to environmental interests, 'You are just repeating that we're bad land stewards, and you don't know a thing about farming.'"

Those were the roots of the ARP. Voluntarily, these same concerned citizens met regularly and researched rural preservation programs throughout the country before proposing their plan.

Since October 1996, city council has approved the purchase of more than 1,800 acres of easement in Virginia Beach's southern rural area. This represents 9 percent of the program goal of 20,000 acres. These easements will permanently reserve the land for farming and agricultural purposes, providing a resource base sufficient to keep the local industry viable.

But Heinrich isn't content to rest on this or any other laurels.

"We've got to get back to the basics," she maintained.

Does she ever yearn to escape to an environmentalist's paradise, where sprawling growth and green lines aren't an issue? The answer is an emphatic "no."



"I'm supposed to be doing this. If I weren't, I wouldn't be able to accomplish (what I have)."

Her interests are evidence of that. Heinrich is a member of Virginia Beach's Chesapeake Bay Board, Audubon Society (conservation chairman), Economic Development Advisory Committee, nature-based Tourism Development Committee, Golf Committee and Clean Community Commission.

She also serves on the Virginia Conservation Network Board and was the 1995 recipient of the Partnership Award from the Virginia Chapter of The Nature Conservancy. In 1994, 1995 and 1996, she received the Clean Community Commission Award of Excellence.

Name: Mary M. Heinrich.

What brought you to this area: Married a SEAL.

Hometown: Syracuse, N.Y.

Birthdate: Nov. 23, 1949.

Nickname: None, but I have been described as a "professional citizen."

Occupation: Environmental consultant and advocate.

Marital Status: Separated.

Children: None. The environment is my baby.

Favorite movies: "The Gods Must Be Crazy," "Black and White in Color," "The Egg and I" (first movie Ma and Pa Kettle were in) and I love all British comedies.

Magazines I read regularly: Science News, Audubon, professional journals, Metropolis, High Country News (Rockies), Maine Antiques Digest, and I read the covers in the grocery store checkout line.

Favorite authors: Frank Herbert, John Le Carre and recently Sara Stein about gardens and native plants.

Favorite night out on the town: A relaxed dinner, maybe a movie, and a walk along the beach.

Favorite restaurants: Foons for Chinese, Lucky Star for elegance and Tokyo Inn for sushi. I love to eat.

Favorite meal and beverage: Soft-shell crabs prepared any way. When I can get it, I like real Jamaican ginger beer.

What most people don't know about me: That I have extensive experience in the business world. I know the difference between the prime rate and LIBOR (London Interbank Offering Rate). I read the Wall Street

Journal first thing every morning.

Best thing about myself: I maintain a healthy sense of humor. You just have to be able to laugh at things or the fun disappears.

Worst habit: Getting up on my soapbox at inappropriate times — forgetting that not everyone wants to know all the details when they're on down time.

Pets: Clyde — "half Blue Russian and half cow." He has the biggest cat feet I've ever seen.

Ideal vacation: Rafting or backpacking through some breathtaking natural area, then cleaning up for a nice resort hotel, some shopping and touring.

Hobbies: Grain painting, beading and collecting antique pattern glass.

Pet peeves: People who complain but won't put forth the effort to help change things. You have to be part of the solution if there is going to be one.

First job: Filing at a department store over Christmas vacation. I didn't have a desk or even a chair.

Worst job: Filing at the department store while standing up or squatting.

Favorite sport team: I don't follow professional sports, but I really admire the amateur competitors. The American teams at the Olympic level are really terrific.

Favorite musicians: Native American flutist R. Carlos Nakai; Bobby McFerrin and anyone on Windham Hill; Frank Sinatra, when he could still sing; and, Nat King Cole.

Most embarrassing moment: In sixth grade I climbed the ropes, played a violin quartet and a piano solo at a PTA presentation — and did none of them very well. There's nothing like having everyone staring up your shorts while you touch the ceiling, and then trying to entertain them with music.

I would like my epitaph to read: "She persisted, and it made things better."

If I received \$1 million: I would do full-time environmental advocacy.

If I had 10 minutes on national television: We must change our current ethic of growth, consumption and competition to cooperation and conservation for the sake of our citizens and communities. By only focusing on growth, we have taken the rights from individuals and given them to commerce. That must change.

THE ARTS

Hamlich will conduct Virginia Symphony Pops

Marvin Hamlich, composer of the soundtracks for "The Sting," "The Goodbye Girl" and "A Chorus Line," will conduct the Virginia Symphony Pops Orchestra on Saturday, March 8 at 8 p.m. at Norfolk's Chrysler Hall. Hamlich will also join the Symphony Orchestra on the piano. This concert is sponsored by Blink, CableRep and WFOG.

Following the concert, the Virginia Symphony will present "Marvin and Martini's at the Palm Room" at the Chrysler Museum's Huber Court. The gala event will feature The Jimmy Masters Jazz Quintet, Hors d'oeuvres, desserts, martini and Manhattan bars, cigar tent, gourmet coffees and liqueurs will be offered. The gala is sponsored by Philip Morris, Korbel, Godel and Baileys.

Best known as a composer, Hamlich has written major works for film, stage, recordings and concert halls. He has won virtually every major award that exists: three Oscars, four Grammys, two Emmys, a Tony and Three Golden Globe awards; his groundbreaking show, "A Chorus Line," received the Pulitzer Prize.

Tickets for the Marvin Hamlich concert range from \$25 to \$40. To attend the post-concert "Marvin and Martini's" gala, tickets are \$60 per person for the reception only and \$90 per person to attend both the concert and gala. Tickets may be purchased by calling TicketMaster at 671-8100 (Southside), at the Virginia Symphony Ticket Store located at 550 East Main St., Suite 505, at 623-2310 (Southside) or any Tidewater First Virginia Bank.

Lutenist visits

Lutenist Hopkinson Smith, presented by the Tidewater Classical Guitar Society, will perform in concert March 7 in the Chrysler Museum Theater beginning at 8 p.m.

Tickets are \$12 general admission, students/seniors \$8, and are available at the door. Reservations may be made by calling 627-6229.

Smith is a leading personality in the field of early music and one of the world's great lutenists. He graduated from Harvard University with Honors in Music in 1972 and studied early lute in struments with Emilio Pujol in Catalonia, and Eugen Dombios in Switzerland.

Encore! Encore!

The Encore Players will present the musical comedy "Li'l Abner" at the Naval Amphibious Base Theater, Little Creek on March 12 - 15 at 8 p.m. with matinees on March 13 at 2 p.m. and March 14 at 3 p.m.

The ticket prices for the performances are \$6 for adults and \$4 for seniors and children. Advance tickets are available in the ITT Office at the Amphibious Base, or tickets may be purchased at the theater box office before each performance.

All performances are open to the general public through Gate 5 at Shore Drive and Independence Boulevard. Call 460-5152 for reservations or more information, or call 464-7793 about advance tickets.



Courtesy Photo

Voices of Virginia in concert

Voices of Virginia from the Performing Art Department of the Governor's School for the Arts will present "On Broadway" at 8 p.m. March 14-15 at the Pavilion Theater in Virginia Beach. The production is a review featuring selections from "Hello Dolly," "Sophisticated Ladies," "Little Shop of Horrors," "Smokey Joe's Cafe" and "How to Succeed in Business Without Really Trying." Voices of Virginia is the

department's high energy song and dance ensemble. The group of teens specializes in energetic, family-oriented shows featuring exciting choreography and gilly costumes. The group represented the United States in 1994 during a two-week performance tour of Japan. A similar trip is planned this spring. Tickets for next weekend's performances are free. For more information, call 683-5549.

Virginia Opera stages classic 'Pagliacci'

Virginia Opera will present a major revival of Leoncavallo's "Pagliacci" as the fourth production of the 1997-98 season. The "play-within-a-play" will open at the Harrison Opera House in Norfolk on Friday, March 7 and run through Sunday, March 16.

The opera will then be presented at Richmond's Carpenter Center on March 19 and 21. All performances will be under the baton of the opera's General and Artistic Director Peter Mark.

Set in a village in southern Italy on the Feast of the Assumption, "Pagliacci" has historically been presented as one-half of a double bill, in recent years many opera companies have rediscovered the uncompromising emotional poignancy of the full, uncut work and have begun a new tradition of presenting it by itself, without an accompanying opera.

Virginia Opera has adopted this new tradition, and will present "Pagliacci" in its complete and unabridged two-act form, and with the original full orchestration that Leoncavallo intended.

Director Michael Scarola is encouraged by the recent trend to allow "Pagliacci" to stand alone. "On a double bill, 'Pagliacci' often gets shortchanged, and much of the deep resonance of the piece goes unexplored," he says. "With the full rehearsal period to work on this opera alone, we have the luxury of being able to look at it with fresh eyes and, hopefully, bring a new intensity to this extraordinarily powerful work."

Using the concept of a "play-within-a-play" as a starting point, Scarola has crafted a multi-layered production that explores the barriers between art and life and re-defines our perception of the audience/performer

relationship. "Part of the fun of this show is that we'll let the audience in on what happens in a theatre behind the closed curtain," Scarola says. "I don't want to give away any surprises, but the show will really start a half-hour before the curtain goes up."

As an added bonus to "Pagliacci," after every performance in Hampton Roads, Virginia Opera will host an exclusive "Meet the Artists" reception for subscribers to the 1997-98 Season.

"We feel we have an extraordinary season planned for '97-98," Mark said. "Early response from renewing subscribers has been very strong, and these 'Meet the Artists' receptions, featuring the cast of 'Pagliacci,' is our way of saying 'thank you,' and to toast the new season."

Scarola makes his Virginia Opera debut directing the story of opera's most famous clown. He recently made his Sarasota Opera debut directing the revised version of Verdi's "La del Destino," as well as the first professionally staged production of the original version. The 1997-98 season begins with a return to

the Met for the new production of Rossini's "La Cenerentola."

Robin Reed returns to Virginia Opera to sing the role of Canio. Since his appearance as Riccardo in the Opera's 1985 production of "The Masked Ball," Reed has established an international career, appearing in both opera and concerts in Hamburg, Bremen, Bremerhaven and Krefeld.

Deborah Raymond, who appears as Nedda, is an established singing actress in both the United States and Europe. She has appeared with the Theatre Royal de la Monnaie in Brussels, Deutsche Opera in Berlin, Netherlands Opera in Amsterdam, and the Stadtteater Aachen, Staatsoper in Dresden, among others.

Greg Youngblood, one of the most in-demand young baritones on the American opera stage, makes his Virginia Opera debut as Silvio. He recently won critical praise for his portrayal of Sharpless in New York City Opera's "Madama Butterfly." Among his many awards, Youngblood has received recognition from the prestigious MacAllister Awards Competition and the Metropolitan Opera

National Council Regional Auditions.

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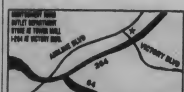
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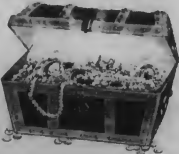
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EDUCATION

Young illustrators ply their talents

By MARGARET WINDLEY
Sun Correspondent

How big is a Computer Elf? Small enough.

What color is a Tickle Monster? Any color you want.

There is a magical land of fantasy where laughter is good and the strangest things can happen, but entry into those portals is an important part of a child's growth.

Last week, Virginia Beach's Judi J. Vankevich took a roomful of youngsters at the Greenbrier Library into that imaginative land with a few selections from the 45 unpublished children's stories written by her husband, Ned Vankevich, best known as the television and film producer of CBN's "Superbook" and "The Flying House."

With crayons and paper in a special art session afterward, the little ones held onto some of the tales' enchantments as they provided pictures to illustrate the stories about skywriters, Tickle Monsters and Computer Elves. The art session was billed as a contest, but every child was a winner.

For Melissa Green, mother of 9-year-old Mark and 5-year-old Carol, the storytime brought her back to her own youth.

"When I was a teenager, the 'Superbook' and 'Flying House' came out," she said. "Kids loved them." Now she was ready to share other works bearing Vankevich's special stamp with her own children.

Mark decided to illustrate Vankevich's story about a boy who finds a special platypus, "The Elf in the Computer." Naturally he drew a small elf waiting to jump out of a computer to find a human platypus.

"If I had an elf working in my computer," he smiled, "I would say to jump. Here's your best friend."

His sister, Carol Green, proudly held up a picture of a green Tickle Monster.

"I kind of like them because they took care of I like them when they do tricks," she grinned. Her tickle monster reminded her of another children's favorite. "He's like Barney, the big green dinosaur," she explained.



YOUNG AUTHORS? Judi Johnston Vankevich of Virginia Beach visited Chesapeake's Greenbrier Library last week to share stories written by her husband, Ned. In turn, the children got their energy out by illustrating the stories.

Judi Vankevich explained that Ned could not be present to read his own stories to the young audience because he was in California, busy at work on a research project while juggling the requirements of being a college professor and a student at Regent University and Old Dominion University at the same time.

Ned Vankevich has taught Screen Writing and Directing and Ethics at Regent University and Public Speaking at Old Dominion University and is working on his doctorate at Regent.

Judi herself a manners and charm teacher, recognizes that her husband's special way with words comes from a special place within himself.

"He's a man with a child's heart, I think," she said.

Ned is a prolific teller of stories for children, even making up



Photo by Margaret Windley

original bedtime stories for their daughter, Alexi, every night. He tapes them for Judi to transcribe on their computer.

He has also written 12 screenplays, including "An American Thanksgiving" and "The House of Unnamable Dreams" and three stage plays and children's allegorical stories.

The Vankevichs have a dream of some day getting some of the

stories published and making two, the "Little Yellow Christmas Tree" and "The Little Snowgirl," into TV Christmas specials because they encourage the virtue of other-directedness.

"If we can teach children to be other-oriented," she said. "The foundation of manners and education is to think of others first."

Sports Club lauds top high school athletes

Charles "Lefty" Driesell, head basketball coach at James Madison University, will be the featured speaker at the 44th Annual Virginia Beach Sports Club Jamboree on Monday, March 17 at the Sheraton Oceanfront Hotel.

The Sheraton is located on Atlantic Avenue at 36th Street. The event will begin with a "get acquainted hour" at 6 p.m. and dinner at 7 p.m.

The outstanding female and male athletes from each of Virginia Beach's 10 public high schools will be recognized at the

awards banquet. In addition, the Sports Club will pick what it believes are the overall top female athlete and overall top male athlete in Virginia Beach.

There will be several special awards. The Dr. L. Curtis Hall Jr. trophy will be awarded to the high school athlete for excellence in athletics combined with scholastic achievement.

Other special awards to be made to students at the Jamboree include The John A. Tucker Memorial Award to the city's outstanding girl athlete. The

Outstanding Athletic Award for the Physically Challenged, and the award to the top high school athletes in Virginia Beach for the 1996-97 academic year.

The Directors' Award is made to a person who has not only excelled in the field of athletics, but has made significant contributions in other fields. The club will name the outstanding male and female Coach of the Year from all of Virginia Beach's high school coaches, and who it considers to be the "Sportsman of the Year" from the local area.

Finally, it will make the Joseph E. Healy Memorial Award to the Sports Club member, who, in the opinion of the Awards Committee has made the most significant contributions to the well being of the club during the past year. The last award is not revealed until the Jamboree.

Last year the Healy Award winner was Sheldon L. Corner, Sports Club treasurer.

Mayor Meyera E. Oberdorf will present greetings from the

city, and Superintendent of Schools Dr. Timothy R. Jenney will make the presentation of awards to recipients.

Proceeds from the Jamboree go to the Virginia Beach Sports Club Scholarship Fund. From this fund scholarships are awarded each year to high school seniors who stand out academically in each of the City's 10 high schools. Not only must they stand out academically but they must letter in at least one sport.

Last year the club made a \$2,000 award to the top senior in each of the Virginia Beach 11 high schools for a total grant of \$22,000. Since the club initiated its scholarship program in 1978, it has awarded 221 scholarships totaling \$282,000 to Virginia Beach high school seniors. These awards are usually made in May. Tickets for the Jamboree are \$25 per person and they may be obtained from Harold Baker, Jamboree chairman, at 428-2066 or Sheldon Corner, Club treasurer, at 428-1731.



Courtesy Photo

Snuggle buddies

Grandparents were recently invited to join Linkhorn Park Elementary School students for a tribute to the written word. Halls were filled with grandparents carrying their favorite books, and some took the opportunity to share stories with the youngsters.

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HOME IMPROVEMENT

Prevent pesticide pollution

Homeowners can help protect water quality by following some commonsense practices when doing lawn and garden work, said a Virginia Tech Virginia Cooperative Extension consumer horticulturist.

According to Diane Relf, how homeowners handle pesticides, how they fertilize their lawns and gardens, and how they maintain their lawns, affect the quality of water.

Pesticides are useful in controlling insects and diseases, but Relf warns they must be used with caution. Most plant problems, she notes, are caused by problems that pesticides won't help. Severe cold or heat, waterlogging or drought, and lawn mower damages. Even if an insect or disease is present it may be a symptom of an underlying problem.

If you decided the problem is caused by a pest, identify the insect, disease, or weed before choosing a pesticide. Often no pesticide is required for proper control, but if needed, the right pesticide must be applied at the right time to control a particular pest.

Follow these rules to use pesticides safely:

■ Buy only what you need for one season.

■ Always read the label completely before spraying. Mix only the amount needed to do the job at hand. Follow the label's instructions for application and safety measures.

■ Never spray near water or when there is wind. Pesticides

can drift directly into streams or drainage ditches, polluting our waterways. Pesticides may also drift into unintended areas, damaging desirable plants.

■ Never pour pesticides down the sink or into storm drains. Consult your Extension office for advice on disposal of excess or unusable pesticides.

■ Dispose of empty containers as directed by the product label.

Nitrogen and phosphorus from fertilizers have been associated with many environmental problems, including excessive algae growth, depletion of water's oxygen supply, and suffocation of aquatic life. Relf offers these tips on fertilizer use:

■ Always apply fertilizer at the right rate and time. Too much fertilizer or fertilizer applied when the plant cannot take up the nutrients can damage plants and contribute to water contaminants. See your local Extension agent for recommendations.

■ Calibrate your spreader for each type of fertilizer so you can apply the right amount.

■ Have your soil tested for fertility and acidity/alkalinity, and follow recommendations on the soil test report.

■ Use slow-release fertilizers for most ornamental plants, including lawns, especially in areas with sandy soil. These fertilizers are less likely to allow nitrates to wash through the soil into the groundwater.

■ Sweep spilled fertilizer off pavement before it washed away by rain.

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'Singing Sailor' recalls days of yore



Photo by Bob Rueggeger

By BOB RUEGSEGER
Sun Correspondent

In the days of sail-driven vessels, the ships were wooden and the men were iron.

The men had to be as sturdy as iron, for a sailor's life was a hard one. There were few real comforts — the food was bad, the work was hard, and the hours were long.

Seafaring men turned to song for purposes of both work and entertainment; music was very much a part of their lives.

Sea shanties, or chanties, were essentially work songs of English-speaking merchant seamen. Whether hoisting yards, hauling lines, or heaving at the capstan, shanties were designed to coordinate the labor and lighten the work load.

While the refrains of sea shanties were chanted by the seamen working en masse, the verses were generally sung by a

THE SAILOR'S SONG. Bob Zentz brings stories of the sea alive through his music.

shantyman.

Although the shantyman stood separately from the rest and was relieved from much of the strain of heavy labor, he was exceedingly prized if he was able to formulate songs that fitted the task at hand.

Instruments from the simple Jew's harp and harmonica to the more complex button accordion. In addition, Zentz also demonstrated his ability on the concertina (squeezebox), banjo, guitar, and cittern.

Growing up in the local

Zentz, a musician who is regarded as a local treasure, drew on his 30 years of performing and entertaining experience to share his expertise with a Virginia Beach audience at the center.

Of course, sailormen also turned to song for purposes of entertainment as well. Storytelling, dancing and sharing life experiences were as much a part of life at sea and seafaring men's lives as were the square-riggers and schooners on which they sailed.

Last Sunday. The Old Coast Guard Station hosted "Singing Sailors Instruments of the Sea" with local musician Bob Zentz at the Center for Contemporary Arts of Virginia.

Zentz, a musician who is regarded as a local treasure, drew on his 30 years of performing and entertaining experience to share his expertise with a Virginia Beach audience at the center. Concert-goers were treated to a repertoire which ranged from traditional songs to an original tune.

From classic work songs, or shanties, such as "Haul Away, Joe" and "Round the Horn" to an original composition called "Ocean Station Bravo," Zentz's enthusiastic style, anecdotal comments and unique humor delighted the audience and kept them involved.

Zentz also exhibited his skill as a musician on a variety of

area made it natural for Zentz to develop an interest in the lore of the sea.

"I absorbed an interest in the sea almost by osmosis," Zentz claims. "Of course, my experience in the Coast Guard helped as well."

He graduated from U.S. Coast Guard bootcamp at Cape May, N.J. Following boot camp, he attended sonar school at the U.S. Coast Guard Reserve Training Center in Yorktown. After completing his training at Yorktown, Zentz was assigned to the weather cutter Sebago in Argentina, Newfoundland.

While "hove to and drifting" at Ocean Station Bravo in the middle of the Atlantic Ocean, Zentz had an up close and personal audio encounter with a pod of humpback whales. Out of that experience came the song "Ocean Station Bravo" on his newest recording, "Hove to and Drifting."

During his stint with the Coast Guard at Ocean Station Bravo, Zentz first became interested in what he calls "the cyclic lifestyle" of sailors.

"The characters that I met in the Coast Guard also impressed me a bit too," he adds.

Was it Zentz's experience at

sea that lent vigor to his performance? Maybe it was just his personal vitality, or perhaps, it was just his obvious love of the music.

What really made Zentz's concert special was that his blended understanding with melody. As a folksinger, he was aware of the song's histories and able to convey the context their pasts to his audience.

This, of course, allowed him to bring genuineness to his music—melody with meaning. Simply put, his songs rang true because his approach was legitimate.

Zentz, in addition to being an accomplished musician and performer, was also a consummate teacher. No one walked out of that auditorium at the center without learning something about the days of wooden ships and iron men.

Training clinics scheduled for Senior Olympics

Training clinics for the 1997 Senior Olympics will be held at Great Neck Recreation Center on Mondays and Wednesdays beginning March 17 and continuing through April 7. Clinics will run from 9 - 10:30 a.m. and are open to senior citizens age 55 and older.

Staff will assist with the training and development for the upcoming Senior Olympic Activities such as free throws, shot put, long jump and running events.

Great Neck Recreation Center is located at 2521 Shorehaven Dr. (off Great Neck Road adjacent to Cox High School.) For further information, call 496-6766, TDD 471-5839.

BUSINESS REVIEW

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Beach Engraving Service Over 20 Years Of Experience

Accentuate award-winning accomplishments by commemorating the honor with a custom crafted and engraved trophy from Beach Engraving Service, the area's finest trophy dealer. Located in Virginia Beach at 3008 Virginia Beach Boulevard, phone 340-1110 or FAX 340-6844, these professionals provide beautiful large and small awards for most any event.

Beach Engraving Service' outstanding selection of trophies, medals, plaques and ribbons have made them the award headquarters for the people of this area. They feature trophies for the bowler, golfer, softball player, swimmer and many others who have achieved a level of excellence in a particular field. At Beach Engraving Service, they are experts at engraving. Let their experienced specialists personally engrave each trophy to make it a truly memorable gift. They have earned an excellent reputation in the area for satisfying the needs of organizations, clubs, leagues and schools with the highest quality products obtainable.

When people really want to honor an accomplishment, they rely on Beach Engraving Service. Their courteous service combined with their top quality trophies and awards keep them number one in this area.

The Body Shop Vincent J. Carlson, President

As dependable experts in the auto body repair business, The Body Shop, located in Virginia Beach at 5312 Virginia Beach Boulevard, Suite G, next to Haynes, phone 490-5764, offers the people of this area a complete, one-stop collision center.

The Body Shop features professional service for all cars, both foreign and domestic. Founded on the principle of good service, they are well-known throughout the area for the quality of their work. Custom auto painting is another of their outstanding services. They are experts at color matching and will make your car look like new again. Large and small jobs alike receive their careful attention. The Body Shop also specializes in all types of frame work. Let these experienced auto body experts repair your car body to factory specifications using the most modern techniques available today. Your insurance claims are always welcomed, and estimates are carefully given.

To be assured of the finest in auto body repair, call the professionals at The Body Shop. All of their work is guaranteed to the customer's satisfaction! You will be pleased with the quality of their work and their most competitive prices.

Lawn Pro Jerry Leary, Owner

The art of creative landscaping is a job for an experienced professional. Long considered to be one of the local area's leading landscape contractors, Lawn Pro, located in Virginia Beach, phone 495-7811, has earned an excellent reputation throughout the area.

This reliable firm specializes in beautifying the exterior of your home or business with the addition of a new lawn, shrubs, trees, flowers, rocks and many other distinctive decorative items which only a true artisan can install properly. Their years of experience and their dedication to do a professional job are your guarantees that your grounds will look better than ever before. When you call Lawn Pro to do your landscaping, you get more than just a job. You get the environmental designs of an expert. The ecology isn't forgotten when this skilled company is on the job, and they specialize in producing "natural" effects. They are experts in all phases of landscaping, whether it be for residential or commercial properties.

Let their specialists design and create that especially distinctive look that is presently missing from your home or business. Landscaping is something best done by professionals. Rely on the professionals at Lawn Pro for all your landscaping needs.

AmeriStar Realty

Brenda Walker, Owner • 4-1/2% Total Commission

Total service in real estate has won the professionals at AmeriStar Realty the respect of homeowners, business people and municipal officials throughout the area. Located in Virginia Beach at 417 North Thalia Road, phone 498-4300, their full-service staff of realtors doesn't deal merely in For-Sale signs—they deal in people. They are interested in representing you in the best possible manner to the limit of their professional abilities.

The experts at AmeriStar Realty are altogether familiar with all details indispensable to the real estate business. They have developed an acute sense of values through their experience in buying and selling real estate properties. Both residential and commercial properties are listed, and they also have a good selection of investment properties. Property management and relocation services are also available.

Whatever transaction you seek, list with this outstanding agency. Experience, integrity and total service are all in your corner when you list with the "people-oriented" professionals at AmeriStar Realty. They will be glad to expertly counsel you for all your real estate needs.

Princess Anne Memorial Park Cemetery & Mausoleum

It could happen anytime—today, tomorrow or a week from now. Even if it happens 20, 30 or even 50 years in the future, now is the best time to take care of your burial estate. The trained counselors at Princess Anne Memorial Park Cemetery & Mausoleum, located in Virginia Beach at 1110 North Great Neck Road, phone 481-1097, stand ready to offer you helpful advice on how you can obtain peace of mind.

The advantages of making pre-need burial arrangements with Princess Anne Memorial Park & Mausoleum include knowing your loved ones will not have to face details at a time of emotional crisis or even be faced with an emergency cash shortage. While considering death is never a pleasant experience, the community-minded counselors at Princess Anne Memorial Park & Mausoleum can show you how you can freeze escalating burial cost. With convenient terms available, they can make it easy for you to show your family how very much you care for them. Their perpetual care cemetery features lovely grounds that will always be well maintained and cared for, even centuries from now.

Isn't it worth it to you to know you have planned for what the future will hold? Call Paul Bourne at 481-1097 today to arrange for your peace of mind.

Sampson Paint Company Quality Paints Since 1899

Premium paints at practical prices for beautiful homes like yours can be found at Sampson Paint Company, located in Virginia Beach at 368 Newtown Road, phone 519-9612, and in Chesapeake at 1200 North Battlefield Boulevard, phone 436-0203. Sampson Paint Company may well be termed your complete, one-stop paint headquarters. On display, you will find one of the largest selections of paints, stains, varnishes, lacquers, brushes, rollers and painter's supplies to be found anywhere. They feature quality products used with confidence by homeowners, painting contractors and interior decorators.

If you're contemplating redecorating this season, you'll certainly not want to miss the assortment of new colors and shades now being offered. They feature the famous line of PPG house and auto paints as well as their own line of Sampson paints. If it's a particular shade you're after, let their experienced personnel custom mix the exact color you're looking for with their computerized color systems. In addition, they offer Graco spray equipment. They will make it easy for you to do the job yourself or will gladly refer a professional painter.

For quality finishes for every interior or exterior surface, stop by at Sampson Paint Company. You'll be glad you did.

Eyeglass City "March Is Save Your Vision Month"

If you're looking for the original, the unusual, the classic or the unique in eyewear, then Eyeglass City is for you. Not too long ago, an optical shop was considered a necessary evil, a place one had to visit with a prescription from the eye doctor. Today, eyeglasses have attained a new status as a high-fashion accessory.

Eyeglass City, conveniently located in Virginia Beach at 3809 Princess Anne Road, phone 471-9476, has the most extensive selection of frames to be found anywhere. They are children's eyewear specialists and feature the largest selection of children's and youth's frames in the area. Frames are unconditionally guaranteed against breakage for as long as your child can wear them. Choosing eyeglasses can be a positive experience. Eyewear fashion simply means the proper selection of frames to complement facial shape and to coordinate with skin tone. Such professional advice and assistance from their experienced opticians will be invaluable to you.

Eyeglass City offers a complete optical service. After your eyes are examined by a licensed doctor of optometry, these professionals will accurately fit your prescription. They also specialize in prescription sunglasses and prescription sports eyewear. These vision experts have earned a reputation for precision in optics and elegance in eyewear. If you're concerned about your eyes, it only makes good sense to visit the friendly professionals at Eyeglass City.

Mi Casita Best Mexican Food In Tidewater

Enjoy all the flavor of old Mexico with delicious meal from Mi Casita, located in Virginia Beach at 3600 Bonney Road, at the corner of Rosemont Road, phone 483-3819. You will find lunch and dinners moderately priced and moderately priced. They specialize in authentic Mexican dishes.

The atmosphere is relaxed, but undeniably warm. Bring your family and friends to Mi Casita for a uniquely different dining pleasure. Their menu features some of your old favorites such as tacos, enchiladas, tamales, burritos and Spanish rice as well as special combination dinners. They have new items on their menu for the seafood lover—shrimp soup and shrimp fajitas. Be sure to come by and try out their new Hispanic menu on Sunday including menudo, shrimp cocktail prepared the Mexican way and toco lengua. People of all ages are sure to enjoy the Mexican specialties featured here. Take-out service is always available. They offer free chips and salsa with lunch or dinner, and margaritas are \$2.00 each Monday through Thursday.

Remember, for the finest in authentic Mexican cuisine served in a casual setting fit for the entire family, drop in soon to Mi Casita. You will be pleased with their creative approach to Mexican cooking and their friendly, gracious service. They are open for lunch and dinner seven days a week for your convenience. Stop in soon for a real taste treat! Bring in this reader ad and buy one lunch or dinner at the regular price and get \$5.00 off the second meal!

Ivy League Academy

Building Character Through Christian Morals, Academic Excellence & Biblical Principles

Ivy League Academy is located in Virginia Beach at 1764 Pembroke Manor House, 520 Constitution Drive, one of the premier historical sites in Virginia Beach. This school offers an educational curriculum built upon traditional ideas and values where Christianity is the watchword at all times. An investment in a Christian education is an investment in your child that will pay real dividends in future years. In the classroom, your children will receive the skills and guidance they need and learn to make decisions as they relate to the world around them.

To get anywhere today, one must have a good education. Ivy League Academy offers programs for K through fifth grade with the emphasis on biblical values and academic excellence. An ABeka curriculum is used, including Spanish language arts. Ivy League Academy has been a leader in advancing the educational level of students in this area for many years. Graduates of this school are able to excel in junior high, high school and college as well as later in life. To help your child prepare for the future in a healthy well-rounded environment, contact them today. Your child will thank you for it later.

For information about their registration, class schedules, special events or academic programs, feel free to call Ivy League Academy at 499-6064. Let them help make the difference in your child's education and future!

Informative Hair Styles

Zenle Taylor, Owner/Operator • State-Certified Cosmetology Instructor

A strong psychological link exists between looking your best and feeling confident about yourself. Your hair is one of the most noticeable aspects of your appearance. Experience, expertise and creativity in hairstyling can be found at Informative Hair Styles, located in Virginia Beach at 1940 Laskin Road, Regency Hilltop Shopping Center, Suite 311, phone 422-3101. The professional and friendly service you'll receive here will make you a regular customer.

The stylists at Informative Hair Styles can help you get the perfect hair design to complement your hair's natural characteristics and the shape of your face. They feature the latest in haircutting which provides a fashionable look that is easy to maintain. In addition to haircutting, the trained stylists here are experts in permanents, tinting, highlighting and corrective coloring. They know how to protect your hair from drying and damage, and can offer helpful suggestions on styling your hair and keeping it beautiful and healthy. Informative Hair Styles also specializes in repairing damaged hair.

There are few investments you can make for your total image that will provide more exciting yet affordable results than a visit to Informative Hair Styles. Walk-ins are welcomed Monday through Wednesday or call them today at 422-3101 and make your next appointment at this premiere full-service salon!

Hobbyists start to dig new 'dirtless' gardening

Hydroponics gaining in popularity among growers

By JANE ROWE
Sun Correspondent

Rick and Judy Votava were avid gardeners who stumbled onto hydroponics by accident. Now, they're so enamored with it that they're planning to build a greenhouse so they can produce more of the fresh, water-grown vegetables year-round.

"Last winter we grew tomatoes, lettuce and peppers," Rick said. "Now we've bought a greenhouse frame and we're thinking about getting into it deeper."

The Votavas are part of a growing population who are discovering hydroponics, or the science of growing plants in water, without soil. Others hydroponic gardeners include schoolchildren searching for ideas for science projects or condominium dwellers who are intrigued with the prospect of growing vegetables indoors, with limited space and without dirt.

"We've been busy this year," said Carl Anderson, owner of Virginia Hydroponics on Newtown Road.

He advocates this type of gardening as the wave of the future and adds that many people are learning about it on the Internet. But many, like the Votavas, discover it by accident.

"We found this place when Judy was looking for a grow light for her indoor plants," Votava said. "We started talking to Carl about hydroponics and got interested."

Hydroponics, he and Anderson added, can be addictive and often, the more you learn the more you want to know.

Two things, including water and a nutrient-rich solution, are the basic ingredients for growing plants hydroponically. The plant's roots are kept partly submerged in water, and the water's depth is controlled by pumps, pipes or simple gauges depending on the

type of system.

Anderson sells this equipment, the organic nutrient, and starter mediums at Virginia Hydroponics. The equipment ranges from simple starter kits to more sophisticated systems, and he's also ready to answer lots of questions from seasoned growers and novices.

Although hydroponics is still something of a novelty in this country, it's been around a long time, Anderson said. "The Hanging Gardens of Babylon and the Aztecs' floating gardens were hydroponic gardens," he added.

"The Air Force also grew vegetables this way to feed the troops on the Pacific Islands during World War II. McArthur was a great advocate of this system."

Europeans and Australians have consumed hydroponically grown vegetables for years, and it's particularly popular in Holland, where eighty or ninety percent of the vegetables are grown this way, Anderson said. It's also possible to grow herbs, flowers and houseplants this way, and Anderson recommends a simple system, complete with a water gauge, that prevents even inexperienced growers from overwatering their houseplants.

"Anything you can grow in soil you can grow in water," Anderson said. "Hydroponics makes it (gardening) easier and I think it's where the world is going."

Although he can now proudly point out the mammoth tomato plants and aromatic herbs he's grown in his shop, this agriculture teacher's son says he never was much of a gardener before he discovered hydroponics.

"My wife had the green thumb," he said, "but it took my getting into hydroponics before I could garden."



NO DIRT NEEDED. Carl Anderson, owner of Virginia Hydroponics, is proud of the tomatoes and herbs he grows year-round in his shop. He never was much of a gardener until he discovered this method.

"We were talking about putting a greenhouse out in the backyard. I said 'no' but the next thing I knew she'd moved my television and easy chair out of the den and converted that."

Carl Anderson

He and his wife, Demeris, learned hydroponics "by reading books and talking to people" and Demeris, became so interested that she moved the furniture out of the den to have more room to grow her plants.

"We were talking about putting a greenhouse out in the backyard," Anderson said. "I said 'no' but the next thing I knew she'd moved my television and easy chair out of the den and converted that."

The Andersons liked hydroponics

so well they decided to make it their second career when he retired from the Air Force several years ago. They opened their first shop in Hampton, then moved to Virginia Beach three years ago.

The Andersons learned hydroponics "by reading books and talking to people" and Anderson now teaches a class and stocks several books on the subject. The Hydroponic Society of America promotes it as inter-curriculum project for schoolchildren, Anderson said, because it incorporates several subjects, including botany, math and chemistry.

The level of difficulty can range from elementary to high school or beyond, depending on whether the student is a young child growing a seed in a small container or an advanced student trying to figure out how much water it would take to keep roots hydrated in several hundred feet of pipe.

The plants, even Anderson's huge tomato plants, are grown in small containers, and most growers start their plants with seeds. Anderson recommends small, inexpensive foam cubes or volcanic rock pebbles as a good starting medium.

All growers, whether they're third-graders, African video aficionados or sophisticated commercial growers rely on water to hydrate the roots and an organic food that supplies the plants with the necessary nutrients. Light is also necessary and Anderson advocates strong high intensity lights, but it's possible to it's also possible to grow plants hydroponically outdoors during the

summer then move the system indoors in the winter. One advantage to hydroponic gardening is that it requires less space than conventional gardening. Vegetables also usually bear in about two-thirds of the time it would take to grow them in dirt, and they keep right on bearing when the outdoor growing season is over. And hydroponically grown vegetables don't attract the dirt-borne pests, so it's not necessary to apply pesticides or herbicides, added Anderson, who also sells organic products for conventional growers in his shop.

Anderson now works six days a week in his shop and Demeris, who still works for Civil Service, helps on Saturdays. Virginia Hydroponics is one of only two stores in Virginia that sells the equipment for hydroponic gardens, he said, and there are no stores between Virginia and Florida. "We get customers from all over the South," he said.

There's a growing market in local restaurants and grocery stores for hydroponically-grown vegetables and herbs, Anderson added, and many of his customers are becoming interested in commercial growing. One of his customers became so hooked on this type of gardening after he helped his daughter with a project that he grew tomatoes for local grocery stores.

"Hydroponics is starting to explode in the U.S.," Anderson said. "People are becoming more aware of the environment, and it grows faster, cleaner and with no toxic chemicals."

Send your community news
and photos to:
The Virginia Beach Sun
138 S. Rosemont Road, Suite 209,
Virginia Beach, Va., 23452

BUSINESS REVIEW

Reader Ads Continued.

Mail & Pack Center

Mail & Pack Center, located in Virginia Beach at 6651 East Indian River Road, phone 424-6010 or FAX 424-6198, is your one-stop parcel and postal center. They offer convenient alternative to long waiting times and sometimes limited hours of operation at the post office. Items may be shipped via UPS, Federal Express or U.S. mail.

Mail & Pack Center carries a complete line of packaging supplies including all sizes of corrugated boxes, tape, labels, sales packaging and other items. They can also provide wrapping for your parcels. In addition, Mail & Pack Center offers facsimile transmission service enabling you or your business to transmit important information almost anywhere in the world in a matter of seconds. Photocopy services are also available.

In today's busy world, time and quick service have become very important to all of us. The courteous staff at Mail & Pack Center recognizes the value of your time and is determined to offer you fast, professional mailing services whether you're mailing one package or a whole truckload. Stop in soon and see why they are rapidly becoming this area's mail connection.

West Kempville Mechanical Jerry Bundy, Owner

Whether you're at home or on the job, you know that you can perform your tasks more effectively in a temperature-controlled environment. Let the reliable people at West Kempville Mechanical tell you what it will take to make your home or office more comfortable this year.

Whether you need a residential unit for your home or a large commercial unit for a business, they will be more than happy to assess your individual needs and design an economical system that will keep you comfortable year-round. The people at West Kempville Mechanical are highly skilled in sales, service, installations and maintenance. You'll enjoy years of trouble-free operation from one of their custom-designed systems. They are located in Virginia Beach at 5304 Snowmass Court, phone 479-1936.

When you have heating or cooling problems, let the experts at West Kempville Mechanical help you out. They have years of experience in the heating and cooling field and have earned an enviable reputation for quality work at reasonable prices throughout the Tidewater area. Now's the time to call for a free estimate before the weather changes.

AAA Tree Care Jim Miller, Owner

A dying or dead tree can cause considerable damage and even present a threat to life in the event of a storm. Don't let this situation threaten your property and safety. Removing dangerous trees is a specialty of AAA Tree Care, located in Virginia Beach, phone 340-8247, and their services are available at very reasonable prices.

Complete tree care is available from AAA Tree Care, including spraying, tree and stump removal, cabling, pruning, topping, feeding and trimming. AAA Tree Care serves residential and commercial customers in the area, and has done so reliably for many years. Insurance work is gladly accepted. Free estimates are given, and the firm makes its tree experts available anywhere in the area. They can also be depended on for all your firewood needs. Call for prices. They are completely equipped for any job, insuring the best work in the shortest time possible. Emergency storm calls are always given prompt attention.

Don't take chances with your life and property. Compare the prices and the services. Then let the professionals at AAA Tree Care take care of your trees. Their reputation is your guarantee of an excellent job.

Commercial Printing & Direct Mail Service, Inc.

Over 15 Years Of Experience

The printing company you choose for your business may be one of the most important decisions you can make. You are trusting them to provide you with products and services that will have a direct reflection on your product or organization. Making a good impression is the business of Commercial Printing & Direct Mail Service. They offer complete services from computer designing and desktop publishing to printing, folding and finishing. Whether you're looking for one-color or full-color printing, you can count on them to provide the best quality and service available.

This commercial printing company can be relied upon to handle logo and graphic designs, labels, ad slicks, NCR forms, product sheets and annual reports as well as the necessary items your business needs in its day to day operation—business cards, forms, envelopes and letterhead. Commercial Printing & Direct Mail Service believes that no job is ever too large or too small. If you're looking for expert advice on your next project, they will be happy to lend helpful suggestions to help your project reach its full potential.

Whatever your printing needs, you can count on Commercial Printing & Direct Mail Service, located in Virginia Beach at 208-210 16th Street, phone 422-0606. They can give your business the added "boost" to higher profits and better recognition.

Krummell & Associates Celebrating 20 Years Of Excellent Service

One profession, the importance of which we do not frequently recognize, is that of the architect. Architects are members of a profession who devote their energies to their products—building design and land use planning—and they maintain high ethical standards of serving the community. Applying their skills to the planning and design of our building environment, Krummell & Associates is a local firm with increasing design influence on our surroundings.

We are not often made aware of the important contributions of an architectural firm because they do not generally publicize their services or accomplishments. When a local business builds or expands its facilities, or a corporation erects an office building, an architect should be involved. In each case, Krummell & Associates will design the building and space in accordance with the client's needs, building codes and industry standards. Concerns such as creativity, local architectural tradition, economy, construction time and materials are addressed with every design project. Recent projects of note include Cedar Road Elementary School in Chesapeake and Sunnyside Day Care in Virginia Beach.

Utilizing their experience and the latest computer-aided design systems, Krummell & Associates strives to complete each project with skill, accuracy and expertise. They invite your inquiries at their office located in Virginia Beach at 2712 Southern Boulevard, phone 340-8336.

Crossland Mortgage Corp.

Providing Mortgage Services For Over A Century

Interest rates have fluctuated in the past but are currently back to some very competitive rates. If you've been considering buying a new home, if your adjustable rate mortgage is inching its way up or if it's time for those needed home improvements, now is the time to act. With so many companies offering mortgage assistance, it's hard to make a wise decision regarding loan arrangements.

Crossland Mortgage, phone 468-1131, specializes in mortgage loans, and has been serving the area for many years. Their professional personnel are highly trained and are leaders in their field. They can expertly answer any questions you may have. Long-term or short-term mortgage loans of all types are offered with various interest options. They offer the Title (Government-Backed) Home Improvement Loan to qualified applicants and will carefully explain the benefits of each loan option, and will design the loan best suited to your family's needs.

Crossland Mortgage says on top of current market trends to offer their customers the lowest interest rates possible. Sooner or later, we all need counseling on loan arrangements. When you are faced with the decision of choosing a mortgage company, turn to the one so many others have come to know and trust—Crossland Mortgage. You will appreciate their old-fashioned courtesy and their high standards of excellence. You are invited to call them at 468-1131 for additional information.

7 C's Welding Services, Inc. Lincoln E. Chreene, President

For the finest in custom welding, contact 7 C's Welding Services, located in Virginia Beach, phone 497-3812. When you need welding work done, you need to know the job isn't done correctly and will stand the test of time. Through the years, 7 C's Welding Services has proven its ability to complete every job promptly and profitably, time and time again.

No job is ever too large or small for these expert welders. Automotive, trailer hitch, truck welding, ornamental iron fabrication and heavy welding jobs for contractors are handled courteously, quickly and professionally. 7 C's Welding Services will handle any type of gas, acetylene, heli-ar or electric contracts. Most work can be completed in their well-maintained shop or they can send their mobile service to you for larger or more difficult jobs.

Whether it be aluminum, cast iron or steel welding, you can count on the experts at 7 C's Welding Services for all your needs. They have the combination of training and experience to guarantee you a job well done. Give them a call the next time you need any type of welding. Welders needed—please call 497-3812.

Iceland Of Virginia Beach Mary Hutchinson, General Manager

Enjoy the delight of ice skating at Iceland Of Virginia Beach, located in Virginia Beach at 4915 Broad Street, phone 490-3999. This rink is open year-round and excels at offering the best-maintained facility available—that has been completely remodeled—and you don't need your own skates! They have a complete stock of all sizes for children and adults, which are sanitized after each and every use.

Iceland Of Virginia Beach also offers lessons in group sessions or on an individual basis. Their private party arrangements can make your next group outing loads of fun for skaters and nonskaters. In addition, they host ice shows, regional figure skating competition and youth hockey tournaments, and the public is always welcome. Ask them about their special nights and group rates. They feature a great snack bar with a large variety of food and beverages, and there is always music to fit the mood.

It's fun to skate, and at Iceland Of Virginia Beach you can always be assured of a fun time. Round up a bunch of friends and drop in soon for an afternoon or evening of good clean fun!

Sylvan Learning Center

Nation's Leading Supplemental Education Program

Everyone is born with a natural delight in learning, but endless school struggles, repeated failures and frequent military moves can damage and discourage a student's natural abilities and desire to learn and achieve in the classroom and in other areas of life. Professional educators agree that personal attention and individual instruction can make all the difference in a student's academic performance. Sylvan Learning Center, located in Virginia Beach at 751 Independence Circle, phone 497-3286, offers students of the area expert individualized tutoring from a staff of dedicated educators.

With comprehensive programs designed to build confidence, motivation and self-esteem, Sylvan Learning Center provides diagnostic testing and evaluation to identify each student's strengths or weaknesses. Individualized remedial instruction brings rapid improvement in these areas and in overall academic performance. The struggling student soon begins to achieve, and the average student begins to excel. Students at any level can greatly benefit from the courses offered by Sylvan Learning Center, which are aimed at enhancing study skills. Instruction at every level of math, reading and writing as well as foreign languages is available. Also offered are preparations for SAT, ACT, GED and other examinations.

If you or your youngster is having difficulties with school or studies, don't hesitate to call Sylvan Learning Center today for more information. They can help you make a difference. Bring in this reader ad and receive \$50.00 off the testing fee.

Marco Productions Serving Nationally & Internationally For 11 Years

In this area, people have come to rely on the expertise of Marco Productions, located in Virginia Beach at 1110 Atlantic Avenue, Suite 203, phone 422-8429, to provide the specialized knowledge, care and equipment required for successful photographs.

Marco Productions specializes in talent photography, providing professional quality images that models, actors, musicians and other performers need to get noticed and succeed in the highly competitive entertainment industry. The company, established in 1986 by Marco DiNora, has developed a highly personal style of photography that shows in all of its work which ranges from talent portfolios to tourism promotion packages.

Marco attributes his flare for capturing personalities on film to his ability to make people feel comfortable—a skill he learned while studying art and psychology. Marco has established an international reputation working as a photographer and continues to attract many international and multicultural clients today. In addition to quality photography, they also have a full-service talent agency called X-Tra Talent, which features actors, models and entertainers from children to adults. They are the only licensed, bonded and state-approved employment agency in Virginia Beach. Both companies are members of the Better Business Bureau.

When you need to communicate with high impact and expert visual presentations for any commercial application, contact the professionals at Marco Productions.

Students get close up look at West

PTA president shares stories of her travel

By SHERRY KELLY
School Correspondent

Princess Anne Middle School Parent Teacher Association President Jane Wilkens volunteered to share her experiences as a West African resident. She set up the many souvenirs she had collected during the six years she lived in Liberia with her husband Richard, a Farrell Lines Steamship Company employee then stationed there.

Students listened intently as Jane conveyed the lifestyle that she found so different from the one she lived as an American on home soil.

"The things you take for granted here you would surely miss," she said to her young audience. "Television in our West African home was one channel from about 7 in the evening until about 11 p.m., not the many channels of cable television you enjoy."

Wilkens' geography lesson really enhanced student's understanding of differing climates and influence of surrounding beach, desert or hills. Seasons there are two: wet or dry.

"And when it rains," she stressed, "people had to in cases rebuild their homes!"

Many lived in dirt floor hut-type houses that just couldn't stand fast in torrential downpours.

She was most impressed with the almost innate artistic talent of the natives. She showed beautifully hand-carved mahogany masks and figurines that she saw sculptured from a block of solid wood. Wilkens told a how people would spend all day in a market stand carving these items to sell.

"You had to haggle," she told students, "it was an insult if you just paid the first price a native quoted. They want you



TRY IT OUT. Students had the opportunity to wear West African clothes that Jane Wilkens collected during her travels

to try to get them to go lower. It's like entertainment."

Wilkens showed many items she had purchased this way. She also shared a few other many paintings she bought from an older gentleman she came to know. She especially appreciated how he depicted elements of West African people, animals and landscape.

Students were very interested and deluged Wilkens with every question imaginable! "Do they wear shoes?" one student asked.

It seems summer jelly sandals and thongs were predominate but other types were available as well. Karin Flood modeled a "typical overshirt men and women of the area wore in appropriate lengths alone or over trousers. Ladies carried small children on their backs and large baskets of market-bought items on their heads, leaving hands "free to shop."

Aaron More admired the sample basket but doubted he could balance it on his head even if it was empty.

Wilkens also helped fill the office area display case with African-American treasures. It will be on display for another week or two to honor this very interesting culture.



Courtesy Photos

A good read

Strawbridge Elementary School second graders from Sharon Huber's class love snuggling up with a good book. Kim Black, mother of student Victor, came to class and read "Box Car Children" as a recent special activity. Everyone dressed up in pajamas and brought their favorite stories to read later.

'Magical dance' an art in itself

By PENNY A. POWELL
Sun Correspondent

Both young and old Beach residents are doing a dance that's enriching their lives — one that exercises the body, mind and spirit.

Although this dance may appear to be a new fad for some, it's really an ancient self-defense art form from the Philippines and Indonesia incorporating Oriental history, culture and rituals.

Intricate handwork with sticks, known as "arnis" or "kali," and complex footwork are only part of this martial art — the mental state is the other half. Both states are important for achieving the desired result, a means of allowing us to learn about ourselves, accept ourselves and to be the best citizens in life that we can be.

"I don't want to say it's like tai chi," said Master Greg Alland, local teacher and member of Arnis America Kali - Silat Club and The World Kali Silat Society, "but it's learned like tai chi — the student develops their own rhythm and speed to it based on their own ability."

"We give them a foundation of the techniques from the footwork to the body movements and the hand movements and they have to create the dance themselves, but we give them a pattern of which to structure their growth."

"It was a magical kind of dance that one used for health and to protect themselves"

Greg Alland
Arnis Master

Alland began searching for a "magical dance" when he was about 16 years old, but he didn't find it until he was 28. As a teen he studied the philosophy of the Chinese arts which inspired him to look for a magical dance as it was explained in a book that he was reading at the time.

"It was a magical kind of dance that one used for health and to protect themselves and that's what I started looking for," he stated.

Alland began visiting karate schools only to find that they were "just fighting," and then one day he was invited to a martial arts demonstration where he was entertained by people who were hitting sticks and not each other. Alland's search was over.

"Sharing physical energy is a very aerobic kind of thing," said Alland. "For example, one of the things that the Filipino does is hit sticks together and not only does it make a lot of noise, but it is extremely aerobic. They're not hitting each other, they're hitting the sticks."

Because stick-hitting is dangerous by nature, Alland says that students of this art become sensitive and aware of movement that violates their space, "and that's what we try to do, to try to keep our space protected," he said. Alland explains that the space-protection process comes quite naturally, as



Courtesy Photos

DEVELOPING SKILLS. Arnis is the ancient art of Philippine stick fighting. Also known as "kali" or "escrima," it is characterized by precise footwork and skillful hand movements. P. Greg Alland, a master of arnis, has brought this martial art to Virginia Beach.

well as the opportunity for developing comradely with opponents.

After extensive training himself and numerous trips to the Philippines and Indonesia, Alland's understanding of this art form increased tremendously. In 1978, he started teaching at senior centers throughout his original hometown of New York; one of his students was 75 years old.

By 1986, he had conducted more than 125 programs in New York and New Jersey schools. Alland and his skills were in demand. About a year ago he moved to Virginia Beach. At 51 years of age, he continues to offer classes to both the young and old.

Alland lives here with his wife, who is also skilled in kali, while his 22-year-old daughter, another well-learned kali artist, studies at New York University.

Alland teaches after-school programs at Craig Smith's Karate Institute on First Colonial Road. "I run the class pretty much as a club and it's a traditional kind of atmosphere, it's very relaxed — it's not like a karate school in terms of how I run my classes, but it does have that martial arts side, too," Alland explained. Free Sunday morning classes are available for senior citizens. Alland says that he has also worked closely with a Virginia police officer and the program has even been introduced to the police force.



"There is a weapons side of the Filipino art as a means of protection," he explained.

A grant was even approved for this art to be taught as a means of physical therapy for long-term care patients — the grant was awarded to Alland's teacher.

Because this art is so complex, thus far better understood once the history of the Filipino and Indonesian culture has been studied.

However, "It's derivative is both dance and martial arts," said Alland, and he finds the best way to

explain the process is to begin with a history overview of when the Spanish, more than 300 years ago, colonized the Philippines.

"There were several dances that represented both the footwork of the martial arts and some of the hand releases, ways to get away from somebody in some of the candle dances."

For details about an upcoming program on May 15 - 17 at The Heritage Center or for other information, contact Alland at 422-4777.

Beach teachers complete pilot project

Improved teachings skills are bonus

Patricia Matur, Mary Joanne

Rowe and Michael Videll were three of 18 high school math and science teachers from Maryland, Pennsylvania and Virginia to complete a math modeling project funded by the National Science Foundation.

Members of the Mount Saint Mary's faculty showed these teachers how they can improve the teaching of mathematics as well as promote math modeling in teaching.

Matur is a science teacher at Ocean Lakes High School. Rowe teaches math and Videll teaches science at Cox High School.

The Math Modeling Grant is based on the premise that math is better learned through the application of analytical and problem-solving skills than through rote memorization. Modeling applies real-life usage of math. The project also dealt with the process of learning and the increasing use of technology in the today's classroom.

The participants took part in a series of weekend sessions

throughout the year and got the opportunity to apply modeling principles themselves. Their experiences with the modeling projects were incorporated into lesson plans for their own classrooms.

The courses and the programs offered by Mount Saint Mary's Department of Mathematics were designed to give students an exposure to a wide variety of topics in theoretical and applied mathematics. Mount Saint Mary's College is the nation's oldest independent Catholic college, founded in 1808.

PAID POLITICAL ADVERTISEMENT CALL TO DEMOCRATIC CAUCUS

The 90th House District Nominating Committee hereby announces that it will hold an assembled 90th House District Democratic Caucus (the "Caucus") at Suburban Park Elementary School, 310 Thole Street, Norfolk, on Saturday, March 22, 1997, at 10:30 a.m. to elect delegates and alternates to the 90th House District Democratic Convention (the "Convention"), on Saturday, June 7, 11 a.m., at Suburban Park Elementary School. The Caucus will elect 25 delegates and 13 alternates to the Convention; the Convention will select the Democratic nominee for the House of Delegates from the 90th House of Delegates District.

Any person attending the Caucus or seeking to be elected a delegate or alternate, before participating in or seeking election by the Caucus, shall sign a standardized declaration form, stating that he or she is a Democrat, does not intend to support any candidate who is opposed to a Democratic nominee in the next ensuing general election, is not a member of any other political party, will not participate in the nominating process of any other political party, and is a registered voter in the 90th House District and the precinct indicated on the form. Only persons who have completed a declaration form at the Caucus site will be allowed to participate in the Caucus. Registration for the Caucus will commence no later than 9:30 a.m., March 22, 1997, and the doors to the Caucus will close at 10:30 a.m. on that day, and no persons may complete a form or be admitted to the Caucus after 10:30 a.m. except those persons inside the outside doors of the school and in line to register at 10:30 a.m.

Persons wishing to be delegates or alternates to the Convention must pre-file with the Chair of the Norfolk City Democratic Committee or the Chair of the 90th House District Nominating Committee. They are also asked to pay a \$10 voluntary administrative fee; however, no one will be denied the right to seek election as a delegate or alternate due to nonpayment of the voluntary fee. All pre-filing forms must be received by the Chair of the Norfolk City Democratic Committee or the Chair of the 90th House District Nominating Committee no later than 5:00 p.m., March 17, 1997. Faxed pre-filing forms will not be accepted.

The following persons are authorized to dispense and receive pre-filing forms:

William L. Nushbaum, Chairman
Norfolk City Democratic Committee, at:
540 New Hampshire Avenue
Norfolk, Virginia 23508 OR
1700 Dominion Tower
999 Waterside Drive
Norfolk, Virginia 23510 OR
P.O. Box 3460,
Norfolk, Virginia 23514-3460

Diana Chappell-Lewis, Chair
90th House District Nominating Committee
5552 Poplar Hall Drive
Norfolk, Virginia 23502

Paid for and Authorized by the Norfolk City Democratic Committee

PAID POLITICAL ADVERTISEMENT CALL TO DEMOCRATIC CAUCUS

The 87th House District Nominating Committee hereby announces that it will hold an assembled 87th House District Democratic Caucus (the "Caucus") at Suburban Park Elementary School, 310 Thole Street, Norfolk, on Saturday, March 22, 1997, at 11:00 a.m. to elect delegates and alternates to the 87th House District Democratic Convention (the "Convention"), on Saturday, June 7, 11 a.m., at Suburban Park Elementary School. The Caucus will elect 25 delegates and 13 alternates to the Convention; the Convention will select the Democratic nominee for the House of Delegates from the 87th House of Delegates District.

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Persons wishing to be delegates or alternates to the Convention must pre-file with one of the persons listed below. They are also asked to pay a \$10 voluntary administrative fee; however, no one will be denied the right to seek election as a delegate or alternate due to nonpayment of the voluntary fee. All pre-filing forms must be received by one of the persons listed below no later than 5:00 p.m., March 17, 1997. Faxed pre-filing forms will not be accepted.

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540 New Hampshire Avenue
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999 Waterside Drive
Norfolk, Virginia 23510 OR
P.O. Box 3460,
Norfolk, Virginia 23514-3460

Robert L. Gutterman, Chairman
87th House District Nominating Committee
1633 Longdale Drive
Norfolk, Virginia 23518

Marilyn Doherty
132 E. Westmont Avenue
Norfolk, Virginia 23503

Paid for and Authorized by the Norfolk City Democratic Committee

On your mark for Shamrock Sportsfest

Continued From Page 1

received more than \$25,000.

Bocrie said working with locals such as Mayor Meyers Oberdorf and the Rotarians, and runners like Weiss and Rogers keep him coming back every year.

"It's exciting to us to break world records and to bring these runners in here and we dangle carrots in front of some of these guys to get them in here," Bocrie explained.

About 50 to 60 percent of the entrants are from Tidewater.

The rest are national and international competitors trying to get a good start on the season — particularly with the marathon.

"Our race course is so fast," he noted. "The Kenyans are coming in a week before the race to get adjusted. They've been training in the mountains, so they'll be in great shape when they get here and they'll do very well. They will establish their status very early."

"The Russians will be coming in also. They're coming in from Albuquerque, NM. They are in top form and they're ready to come in and do well."

The attraction is not just about the marathon anymore. There's the Masters 8K run for competitors 40 years and older, the Open 8K, 5K Fitness and Race Walk and Children's 26-year marathon for kids 6 years and younger.

One of his favorite aspects

CHECK IT OUT

The Shamrock Sportsfest includes the following events:

Friday, March 14—

- Registration for all races at the Virginia Beach Pavilion from 2-10 p.m.
- Sports and Fitness Expo featuring clothing, shoe and nutritional products, as well as a lecture on high-performance running and nutrition held at the Virginia Beach Pavilion from 2-10 p.m.

Saturday, March 15—

- Registration resumes for all races at 7 a.m. at the Virginia Beach Pavilion;
- Masters 8K Race, 8:30 a.m.;
- Shamrock Marathon, 9 a.m.;
- 5K Open Race, 9:30 a.m.;
- 5K Fitness and Race Walk; and,
- Children's Marathon, 10:45 a.m.

■ Beach party, 7:30-10 p.m. at 24th Street Park.

For more information, call 481-5090.

about the weekend is the chance for anyone and everyone to participate.

"The reason we have all these events is to make it a family event," said Bocrie. "We get families from all over."

Many of the families will have a member competing in each of the different events.

As the number of events grows, so does the number of participants.

Even the two-day trade show at the Pavilion now attracts about 40,000 visitors.

People are taking the sportsfest seriously, Bocrie said, after a morning of sifting through entry number assignments and gads of e-mail messages.

His proof?

"The 10,000 pieces of mail I opened in the past three months,

and probably no less than 25,000 phone calls," he replied.

"The (event) each year literally rivals the invasion of Normandy — getting the runners in here, getting them hotels and accommodations, getting them picked up from the airport and getting 700 to 800 officials and marshals settled in," said Bocrie.

Then there's the task of organizing volunteers — that's about one volunteer for every five or six runners — plus arrangements for medical services, massage therapy, babysitters, trade show vendors and other details too numerous to mention.

And, don't forget planning for Saturday night's beach party at 24th Street Park. This is the same one, complete with a band, that

earned the race special notoriety in the "Ultimate Guide to Marathon" (besides the proud score of 84 out of 100) for "a rocking beach party with enough free beer to intoxicate the entire Irish Army."

Registration is another issue. Although the early registration deadline is now past, runners can wait until up to the last minute to race.

Bocrie, however, suggests checking in for registration on Friday from 2-10 p.m. at the Pavilion. True procrastinators can still register Saturday morning after 7 a.m.

Entry fees are \$10 for the children's marathon, \$23 for the 8K and fitness walk, \$25 for the marathon.

The combined purse for the sportsfest is \$16,000.

The work that goes into the event's planning can be, at times exhausting.

"There are times I wonder why I do it," Bocrie reflected.

Bocrie lends the success to his faithful staff of 26 people, who average about 18 years with the race.

"It's only after the event that I can sit back and reflect on it and think about how great it is," he said.

While the race picks up a small number of new runners every year, most of the athletes are previous competitors.

"They come and run and have a good time and leave, thinking, 'Virginia Beach is a great place to be.'"



SPRUCING UP: It takes days of work to prepare for 2,800 guests, but Creeds Ruritan Club members and their 4-H helpers say the work is almost like a party because the community is so involved.

Ruritans ready for a finger-lickin' time

By JANE ROWE
Sun Correspondent

It's an unseasonably warm March morning, but Don Horsley's mind isn't on the weather, the upcoming growing season or the daffodils that are already blooming outside the Farm Bureau building.

Instead, he's focused on the 2,500 guests he expects to have for dinner this weekend.

Horsley and other Creeds Ruritan Club members are preparing for their 21st annual barbecue, scheduled for Saturday, March 8 from 11:30 a.m. to 6:30 p.m. It takes hours of cleaning, decorating and cooking to prepare for this many visitors, but the members don't mind, they say, because they know the profits from the 18 hogs they plan to cook and sell will be well-used.

"We donate the money to things like girls' state and boys' state, the local fire department and we use it make Christmas baskets for the needy," said Ralph Frost, who's been a member of the Ruritan Club "since the 1940s or 1950s."

"The community has needs," added Curtis Shirley, "and we enjoy doing it for the community. And sometimes we get so busy it's a break to stop our own work and do something else."

The "something else" includes cleaning up the grounds around the Farm Bureau building, which

was formerly the site of Rainbow Gardens Nursery, stringing lights, making pounds of colelaw and hush puppies, and getting ready to cook the hogs.

"We cleaned up around here last week," said Eddie Vaughan, "and cleaned these flower beds out, and the daffodils came out last week. When we work it's almost like a party, we all get together with our chain saws and other tools."

"We used to set up all night to cook the meat," added Horsley. "By Saturday night we were so tired we didn't know who each other was. But now we do things a little more efficiently. We have one big cooker that we can cook all 18 hogs in" and the actual cooking time is only about 10 hours.

Some of the farmers donate hogs, others who no longer raise swine will donate the money to buy "one-half a hog or a whole one," Vaughan said.

"The first year, we killed the hogs ourselves, but about five or six years ago, we decided to have them custom slaughtered." The members also make their own cole slaw and baked beans, and 4-H club members sell baked goods to raise money for their livestock program.

The barbecue sauce and hush puppies draw people each year from all over a good chunk of Hampton Roads, Horsley said. Both recipes were developed locally, he added. He credits local farmer and past Ruritan Club member Steve Barnes for the sauce, and the hush puppies were first cooked by local hunting and fishing guide Jim Clark who passed the secret on to his son, Jim Jr.

"The recipe for the sauce originated from Steve Barnes," Horsley said. "He's no longer a member, but he still comes down and helps us to get it right, because we do it by taste." The sauce includes vinegar, molasses and ketchup and is sweeter than some barbecue sauces.

"This is so sweet," Horsley said, "and it's so good that people come back and want to buy it from us in gallon jugs. The local barbecue sauce is sweet, a Carolina sauce is more vinegary."

This is the third year that the Ruritan Club barbecue will be held at its present location. Originally, they were held at the Creeds Fire Station, where the members pulled their all-night vigils to cook the meat. Now, it's cooked at Horsley's Blackwater farm on the Friday before the barbecue, which is the club's primary fund-raiser.

The event's become a tradition for many who come "from the local community and from Norfolk and uptown Virginia Beach," Horsley said. While they come for the food, he suspects the main attraction is really "the country fellowship."

"We offer good country fellowship," he added. "There's something about the country way of life that the average person still wants to be a part of it. Here you can come, sit down, and even if you're a stranger, somebody will come up and talk to you."

About 500 people attended the first barbecue, and last year the event attracted 2,000 visitors. This year, the club members are shooting for 2,500.

"This time of the year, with spring right around the corner, people want to get out and ride down to the country," Frost said.

Parking problem gets solution

Continued From Page 1

However, it looks like more problems will surface this year, Ruiz said, as businesses and residents disagree about employee parking and new development removes some of the parking spaces previously used by employees. Businesses again will look for parking passes for their employees but this year the passes will be issued monthly and color coded so that they cannot be used by employees who have left their jobs.

The resort issues team, a subcommittee of the city's safe community strategic issues team,

is also reviewing a request of the Resort Beach Civic League to start RPPF enforcement at 5 p.m. instead of 8 p.m.

Planning director Robert Scott told council that the planning commission is considering a change in the zoning ordinance that would allow restaurants to seek alternate off site parking.

Prior to 1988, Branch said, restaurants were permitted off site parking, but in 1988, the zoning categories at the time were changes from H-2 for hotels and B-2 for business to resort to district. Although hotels continued to be allowed to continue parking across the street or within

1000 years of their establishments, restaurants were not.

Councilwoman Reba McClanahan said that if the city wants to encourage restaurants there are some things it can do. She was in favor of off-site parking for restaurants although some lots would be farther away than others.

Scott said that off site parking must be accompanied by appropriate trolley service.

Branch pointed out that M. Cason Barco has received permission from the Wetlands Board to develop 18 parking spaces on his property in the Mediterranean Avenue neighborhood of Shadowlawn and that the city has the opportunity to coordinate additional parking in the vicinity which could bring the total additional parking spaces to 35, 40 or 50.

George N. Tzavaras, technical services administrator in the public works department, had more modest expectations for parking in the neighborhood.

"We're talking at the most of 10 to 15 new spaces," he said.

Branch said some of the parking spaces could be located on the street and others on a paper street which is an extension of Goldsborough Avenue. He said the city needed to coordinate its efforts with the private sector to maximize its efforts.

Parking also will be available at the 31st Street Parking Lot when Starship Ice, which is leasing the location, vacates the property on March 31. The city will lease the property from the Development Authority for \$70,000 for the year, the same as in 1995.

PAID POLITICAL ADVERTISEMENT

The Virginia Beach Democratic Committee hereby announces that it will hold an unasssembled caucus at the Virginia Beach Democratic Headquarters, 228 North Lynnhaven Road, Yorktown Commerce Center, Suite 103, Virginia Beach on March 22, 1997 at 12:00 Noon for the purpose of electing delegates and alternates to the 2nd District Convention and the State Democratic Convention to be held on May 9-10, 1997 in Richmond, Virginia.

The 2nd District Convention will nominate 20 persons to serve on the Democratic State Central Committee and conduct such other business as required. The District Convention will be held at 1:00 P.M. on April 19, 1997 at the Virginia Beach Central Library, 4100 Virginia Beach Boulevard, Virginia Beach.

The 1997 State Democratic Convention will convene for the purpose of nominating a candidate for Governor, Lieutenant Governor, and Attorney General; electing members to the Democratic State Central Committee. The Convention shall continue until all business set forth in accordance with the 1997 Call and any subsequent agenda provided by the Convention Rules Committee, shall be completed.


Any person attending a caucus, before participating in that caucus, shall sign a standardized declaration form, stating that he or she is a Democrat, does not intend to support any candidate who is opposed to a Democratic nominee in the next ensuing election, is not a member of any other political party, will not participate in the nominating process of any other political party, and is a registered voter in Virginia Beach. Declaration forms must be filled out at the caucus site prior to voting. Doors to the caucus will close at 3:00 P.M. and no person may complete a form or vote after this time with the exception of those persons in line at 3:00 P.M.

Persons wishing to be delegates or alternates to these conventions must pre-file with the Chair of the Virginia Beach Democratic Committee or his/her designees. They are also asked to pay a \$25 voluntary administrative fee, however, no one will be denied the right to participate in the delegate selection process due to nonpayment of the voluntary fee. All pre-filing forms must be received no later than 5:00 p.m. March 17, 1997. Faxed pre-filing forms will be accepted by faxing to 340-6245. All faxed filing forms should have \$25 voluntary administrative fee received by 5:00 P.M. on March 17, 1997 in order to be valid.

Ms. Nancy Cummins
1105 Buenos Aires Court
Virginia Beach, VA 23454
(804) 721-3484

Ms. Toni Mote
500 Pacific Avenue
Virginia Beach, VA 23451
(804) 491-1198

PAID FOR AND AUTHORIZED BY THE VIRGINIA BEACH DEMOCRATIC COMMITTEE



SUNSHINE TOURS

1997 TOUR SCHEDULE

| Date | Tour | Price Per Person |
|---------------|--|------------------|
| Mar 11-16 | Florida/Orlando/Disneyworld/Universal/Sea World | \$25 |
| Mar 15-24 | The Old South/Springtime/New Orleans | \$85 |
| Mar 24-28 | Charleston & Savannah/Southern Springtime | \$95 |
| Apr 11-13 | Washington, DC/Cherry Blossom Festival | \$245 |
| Apr 20-May 3 | TEXAS/Fiesta in San Antonio/Dallas/S. Padre Island | \$1,265 |
| Apr 25-27 | Biltmore House & Gardens/Festival of Powers | \$75 |
| Apr 26-May 4 | Branson, MO/America's Music Show/Capitol/Eureka | \$25 |
| May 2-4 | Mystery Tour????? | \$25 |
| May 4-20 | Mexico's Copper Canyon | \$2,065 |
| May 16-18 | Pennsylvania Dutch Country/Springtime | \$275 |
| May 21-Jun 1 | San Francisco & The Pacific Northwest/Yellowstone | \$745 |
| May 25-26 | Nashville, TN/Music City, USA | \$375 |
| May 27-30 | Ohio Amish & Blennerhassett Island | \$395 |
| Jun 9-16 | Michigan & Mackinac Island/Grand Hotel | \$95 |
| Jun 18-27 | Nova Scotia & The Atlantic Provinces of Canada | \$85 |
| Jun 28-Jul 6 | Branson, MO/America's Music Show/Capitol/Eureka | \$25 |
| Jul 7-14 | Niagara Falls, Canada/Montreal & Quebec | \$75 |
| Jul 7-20 | Newfoundland & Nova Scotia, Canada | \$1,295 |
| Jul 12-Aug 11 | Alaska & Canada's Yukon by Motorcoach | \$3,245 |
| Jul 15-Aug 9 | 100 Best of the West | \$2,365 |
| Jul 21-Aug 9 | Canadian Rockies & Vancouver/Victoria | \$1,760 |
| Aug 4-17 | Alaska & Canada's Yukon/FLY | \$2,895 |
| Aug 11-18 | Niagara Falls, Canada/Montreal & Quebec | \$75 |
| Aug 11-30 | San Francisco & The Pacific Northwest/Yellowstone | \$1,745 |
| Aug 12-28 | Canyonlands/Our Most Scenic Tour | \$1,545 |
| Aug 21-24 | Renfro Valley & Bardonia, Kentucky | \$395 |
| Sep 1-7 | Florida/Dayscape & Disneyworld | \$225 |
| Sep 6-14 | Branson, MO/America's Music Show/Capitol/Eureka | \$25 |
| Sep 17-28 | Nova Scotia & New England/Fall Foliage | \$1,095 |
| Sep 29-Oct 5 | New England/Fall Foliage | \$650 |
| Oct 6-12 | New England/Fall Foliage | \$650 |
| Oct 10-13 | Nashville, TN/Country Music Month | \$375 |
| Oct 10-12 | Pennsylvania Dutch Country/Fall Foliage | \$275 |
| Oct 18-26 | Branson, MO/America's Music Show/Capitol/Eureka | \$25 |
| Oct 22-Nov 9 | The Great Southwest & California/The Grand Canyon | \$1,595 |
| Oct 23-26 | Dollywood/Smoky Mountains/Gatlinburg/Fall Foliage | \$360 |
| Oct 29-Nov 12 | The Hawaiian Islands/Four Island Tour | \$2,695 |
| Oct 30-Nov 2 | Reading Beach/Music, Music, Music/Oceanfront Rooms | \$295 |
| Nov 1-2 | Myrtle & Lancaster, PA Factory Outlets | \$125 |
| Nov 7-16 | Sunshine Tours Family Reunion | \$285 |
| Nov 21-24 | Nashville Country Christmas/Opryland Hotel | \$580 |
| Nov 28-Dec 1 | Nashville Country Christmas/Opryland Hotel | \$580 |
| Dec 5-7 | New York City/Radio City Christmas Spectacular | \$495 |
| Dec 6-14 | Branson, MO/Ozark Christmas | \$825 |
| Dec 11-14 | Wheeling, WV/Festival of Lights/Ogichys | \$375 |
| Dec 15-21 | Dollywood/Smoky Mountain Christmas | \$360 |
| Dec 19-21 | Biltmore House & Gardens/Candlelight Christmas | \$375 |
| Dec 26-31 | Florida/Christmas at Disneyworld/Universal/Sea World | \$325 |

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* Prices shown are for Double (2 in a Room) Occupancy. Quad (4 in a Room) and Triple (3 in a Room) Occupancy is Available at a Slightly Lower Per Person Price. Single (1 in a Room) Occupancy is also available at a Slightly Higher Per Person Price.

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1-800-552-0022

HAMPTON ROADS ON THE MOVE

Keep your customers coming back for more

The Better Business Bureau (BBB) has come up with the following tips that may help entrepreneurs attract and retain more customers this year:

■ Assume full, personal responsibility for the equality and performance of the product or service you sell.

■ Be honest and accurate in your advertising. Adhere to the principles embodied in the "BBB Code of Advertising."

■ Avoid promises in sales contracts, labels and promotions that cannot be delivered.

■ Return calls and messages from customers as soon as possible.

■ Show up on time for a service call or notify the customer when you will be delayed.

■ Promptly call the customer if the work and charges are to exceed the estimate.

■ Use BBB reliability reports before making a major purchasing decision from a vendor or supplier. Take advantage of every opportunity to promote good will in the marketplace. Don't ignore complaints from customers. Responding in a prompt, fair and courteous fashion will help to retain a customer's loyalty.

■ Don't let unresolved customer disputes spoil your business' reputation. If your best efforts are not proving satisfactory to the complainant, contact your BBB, which offers mediation and arbitration services to assist in marketplace dispute resolution.

Home and Garden Expo coming to Beach Pavilion

Tidewater Builders Association's 12th Annual Mid-Atlantic Home and Garden Show, March 21 - 23, will feature hundreds of new products, as well as the latest ideas in design and landscaping.

The 1997 Home and Garden show will feature national home and garden experts Dale Rohman, America's Flower Man, and home cleaning expert Don Aslett's program.

Rohman, a floral consultant, lecturer and author, from St. Louis has created edible centerpieces featuring fruits and vegetables to floral displays created from the contents of junk drawers. His true love is flowers, because to Rohman, "flowers speak a universal language that adds beauty to everyone's life." He will appear four times daily on the Green Thumb Stage.

Aslett will speak on how to clean your house thoroughly while saving time. He will conduct seminars on such topics as "Clean in A Minute," "Painting Without Fainting," "Clutter's Last Stand" and "Cleaning for Kids."

Homeowners will find fantastic inspiration for Spring home improvement projects by visiting the more than 200 quality exhibits, which will feature everything from luxurious home spas and home theaters to custom draperies, furniture and accessories. Remodelers and suppliers will show how even small changes can transform cramped or outdated living spaces into the home of your dreams.

A huge 30- by 40-foot garden area will recreate themed landscapes with practical and

exotic plant specimens on display. Stage demonstrations will occur daily by local and nationally known home gardening experts. Spectacularly designed feature rooms will show the homeowner the how-to recreate new looks in their own homes.

Admission is \$5 for adults, \$4 for senior citizens. Children under 12 are free of charge. Call 420-2434 for more information.

Tidewater Builders Association is a non-profit trade organization founded in 1953 to maintain high professional standards in the shelter industry and serve its nearly 800 member firms and the general public.

HRRUCA elects new officers, board members

New officers for 1997 recently installed by the Hampton Roads Utility and Heavy Contractors Association (HRRUCA) are President S. Paul Hobbs of Phil R. Hobbs and Son in Virginia Beach, President-elect Tommy Thompson of Excel Paving Corp. in Norfolk, Vice President John Stellato of Atlantic Laser Supply in Chesapeake, Secretary/Treasurer Jeff Karr of Goodman and Co. CPAs of Norfolk and W. Stuart Patterson

of Henry S. Bransome in Williamsburg, immediate past president.

Installed for one-year terms on the HRRUCA Board of Directors were Charlie Adams of Suburban Grading and Utilities Inc. in Norfolk and Arch Marston of AES Consulting Engineers in Williamsburg.

Installed for two-year terms on the board were Allan Gibbs of Orion Associates Inc. in Virginia

Beach and Wes Stitley Co. in Newport News.

HRRUCA executive director is Alex W. Oliver.

The Hampton Roads Utility and Heavy Contractors Association is a non-profit organization established to promote and advance the construction industry and to influence the creation of public policy in a manner beneficial to members.

Approximately 170 firms in Southeastern Virginia, from Williamsburg south to the North Carolina state line, comprise the membership.



S. Paul Hobbs

Check out the Bay while surfing the Net

Chesapeake Bay-Net launched a new web site in October 1996 and hit the Net in a big way. It is a comprehensive directory of "Nautical Providers and Food, Fascinating Features and Fun" found on the entire Chesapeake Bay with close to 2,000 listings of such businesses accessed through its' index.

Chesapeake Bay-Net has been recognized and chosen by the Bell Atlantic Interactive Yellowpages as a site to represent the Chesapeake region in Bell Atlantic's new "Of

Special Interest: Leisure Travel" section. The feature was added to the Bell Atlantic Interactive Yellowpages index in January.

Chesapeake Bay-Net provides professional design, development and hosting of web pages specifically for marine-related trades and associated tourism industries doing business on the Chesapeake Bay.

For more information on the site, check it out at <http://www.chesbaynet.com>, or contact Christ Helms at (410) 290-9189.

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Law firm names 3 new partners

Rutter and Montagna, the Norfolk-based legal firm of counsellors-at-law and proctors-in-admiralty, today announced elevation to the status of Partner of three Rutter and Montagna associates: Gregory E. Camden, James G. Hurley Jr. and C. Arthur Rutter III.

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Sunday festival highlights 'special' artists' abilities

By M.J. KNOBLOCK
Sun Correspondent

Do you like to be creative in an artsy way?

Join the Festival of Arts Sunday from noon to 4 p.m. at the Kempville Recreation Center.

Opportunities to explore various visual and performing arts will be provided to adults with disabilities and their non-disabled friends and families.

"What we're doing is providing a festival of arts for adults with disabilities so that they can explore various visual and performing arts with the general public," explained Colleen Zaleski, city of Virginia Beach SkillQuest Services clinician.

The project, sponsored by the Virginia Beach Community Services Board-Mental Health Retardation/Developmental Disabilities Programs and Very Special Arts of Virginia-Virginia Beach, is in its third year.

"More and more people are coming, which is good," said Zaleski. "Every year we're able to offer more in workshops and presentations."

One new activity at the arts festival this year is a Found Object Collage activity presented by an art therapist.

"She'll have an array of junk — for lack of a better word — people will put together their own collage sculpture," Zaleski explained. "Everybody can come along and do their own thing and add on whatever they see fit."

Zaleski said she and others involved in the festival have been saving ordinary, everyday items, such as orange juice can lids and fabric scraps.

Collage artists will be able to pick and choose from among the preassembled collection.

Another addition to the event is a performance by the Virginia Beach Bell Choir.

Two years ago a bell choir from Henrico County performed. They were so popular that it inspired the formation of the Virginia Beach group.

"As they have grown in their ability and learned, they've been able to do not only melody, but also harmony," she said.

In addition, there will be a hands-on demo demonstration for those who would like to try it.

For those so inclined, a musical instrument jam session will be featured. During last year's event, this exhibit was a hit, entertaining those throughout the building as the sounds resonated down the hall.

Some other activities in Sunday's extravaganza will include line dancing, story telling and visual arts.

"Art is one way that people can expose not only their creativity, but it's something that they can do to point out their abilities, not their disabilities," said Zaleski. "It's also a way to say that no disability can eliminate their potential to create. Also, it's just fun."

The festival also gives adults with disabilities a chance to mingle with non-disabled people.

"It's awareness of people with disabilities and what they're able to do," Zaleski said. "It also gives them a chance to enjoy the camaraderie with a festival-type atmosphere."

The event could not be put together with help from the folks at Very Special Arts, said Zaleski.

A non-profit organization, it is dedicated to enriching lives of persons with disabilities through opportunities in the arts.

While there are many opportunities for children, the number of mainstream services for adults has only begun to grow in the past few years.

"One of the obstacles that people with disabilities have to overcome is transportation," Zaleski explained. "They're usually dependent on friends and family for that."

Limited transportation at a nominal fee will be provided for those with disabilities that would like to attend the festival.

The event is free and refreshments will be available for purchase.

For more information, call SkillQuest Services at 437-6036.

'Health care revival' targets senior women

By ABBI BALSMEIER
Sun Intern

Dr. David Haden is planning what he calls a "health care revival."

This revival is targeted at older women and will be presented in the form of a lecture called "Living Well in Your Senior Years."

Haden promises it will not be a dull lecture weighed down with complex details, but rather it will cover three general topics.

"It's going to be sort of a broad overview. It will give them a broad picture that they can take home with them," Haden said.

The topics are cardiovascular diseases, cancer screening, and hidden problems that can occur with age such as thyroid problems, sexual problems, depression and over-medication.

"We hope that when people hear the lecture they will really recognize that they have control of their destiny and of their health," he said.

Haden said his lecture might be of interest to anyone, but is mainly targeted at senior women and women who might be contemplating going through menopause.

One specific topic that Haden said some lecture-goers might find questionable is the one that addresses sexual problems. He said he plans to address this topic in a very tasteful manner.

In particular, Haden said he will share an equation that explains why AIDS and other sexually transmitted diseases are rare among elderly women.

The equation predicts that, unless elderly people suddenly become more promiscuous, the numbers for sexually transmitted diseases among the elderly will remain very low.

Haden said the main reason for this is because older women have

such a small number of contacts.

In addition, the lecture will also provide practical advice to women who find themselves in the dating pool again after the death of their husbands or divorce.

Haden hopes this is the kind of information that mothers and grandmothers will share with their granddaughters.

Having had a wide range of experience in the geriatric field, Haden said he feels qualified to address such a topic.

Haden has practiced in retirement communities in Arizona, Minnesota, Alaska among other places.

Haden attended Washington University, a well-respected medical school and has spent time doing missionary work in hospitals overseas.

As a result of his experience, Haden said he would describe himself as a "convert" or an "evangelist" to taking preventative measures against health problems that often arise as a result of old age.

"As people age, they can also become more prone to accidents, and I want to share some tips for preventing accidents and falls around the house," Haden said.

His one reason for giving the lecture is to support and promote his new practice in Kempville. He was formally employed by Sentara.

Haden is an internal medicine physician.

"Living Well in Your Senior Years" will be presented at Kempville Area Library at 2 p.m. March 11 and again at 7:30 p.m. March 20.

This free lecture will last about an hour. To register, call Haden's office at 420-9573 or stop by Chesapeake Medical Office Suite, 3305 Indian River Rd.

Women's history author visits Beach

In honor of Women's History Month, Barnes and Noble in Virginia Beach will present a book signing by Deborah G. Felder, who with the aid of women's studies professors from around the country, has compiled "The 100 Most Influential Women of All Time: A Ranking Past and Present." The event is Sunday, March 9 from 2-4 p.m.

The rankings include female social reformers, women's rights activists, scientists, educators,

labor leaders, politicians, rulers, religious leaders, artists, performers and sports figures. The struggles and triumphs of these extraordinary women are reveal in this insightful, detailed compendium that reflects the history of women from biblical times to the present.

From the Virgin Mary at number 10, to Lucille Ball at number 100, to Helen Keller at number 18, Felder's ranking will entertain, instruct and provoke.

House, 3268 S. Military Hwy. in Chesapeake.

The Princess Anne Woman's Club of Virginia Beach will meet on Tuesday, March 11 sat 11 a.m. at Tandon's Pine Tree Inn.

The American Association of Retired Persons (AARP), Kempville Chapter 4212, will have its March monthly meeting on Wednesday, March 12 from 10 a.m. - noon at the Kempville Recreation Center located at 800 Monmouth Ln.

To place your advertisement in this section, call 547-4571

CLUB NOTES

Cape Henry Chapter United Daughters of the Confederacy will meet Thursday, March 13 at 11 a.m. at The Max in Portsmouth. Call 489-3590 for more information.

The Norfolk County Grays Chapter 2535 of the United Daughters of the Confederacy will meet at 11 a.m. Saturday, March 8 at Four Brothers Steak

R-10 is for single family residential land use on lots no less than 10,000 square feet. The Comprehensive Plan recommends use of this parcel for suburban low density residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel contains 45 acres more or less. PRINCESS ANNE BOROUGH.

An Ordinance upon Application of Pep Peritt for a Conditional Use Permit for an automobile repair facility at the northwest corner of Virginia Beach Boulevard and Hutton Road. Said parcel is located at 2472 Virginia Beach Boulevard and contains 3.614 acres. LYNNHAVEN BOROUGH.

An ordinance upon Application of Antonio T. Lundy for a Conditional Use Permit for a church on the east side of Gammon Road, beginning at a point 235.9 feet north of Indian River Road. Said parcel is located at 812 Gammon Road and contains 31,489 square feet. KEMPVILLE BOROUGH.

An Ordinance upon Application of Church of the Redeemer for a Conditional Use Permit for a church on property located on the south end of Seaboard Road, 1700 feet more or less east of Bernadotte Street. Said parcel contains 33.5 acres more or less. PRINCESS ANNE BOROUGH.

An Ordinance upon Application of Miller Oil Co., Inc., for a Conditional Use Permit for an automobile service station and car wash on certain property located at the southwest intersection of London Bridge Road and Mirror Lake Drive. Said parcel contains 2.277 acres. PRINCESS ANNE BOROUGH.

An Ordinance upon Application of Miller Oil Co., Inc., for a Change of Zoning District Classification from B-1 Neighborhood Business District to Conditional B-2 Community Business District on certain property located at the southwest intersection of London Bridge Road and Mirror Lake Drive. The proposed zoning classification change to Conditional B-2 is for community business land use. The Comprehensive Plan recommends use of this parcel for retail service use in accordance with other Plan policies. Said parcel contains 2.277 acres. PRINCESS ANNE BOROUGH.

An Ordinance upon Application of Brian J. and Stefany Dolmat for a Change of Zoning District Classification from R-5D Residential Duplex District to Conditional O-1 Office District at the southwest corner of Virginia Beach Boulevard and Thalia Road. The proposed zoning classification change to O-1 is for office land use. The Comprehensive Plan recommends use of this parcel for suburban high density residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel is located at 221 Thalia Road and contains 16,000 square feet. KEMPVILLE BOROUGH. (Goes to P.C. 3/25/97)

All interested parties are invited to attend.

Ruth Hodges Smith, CMC/AE City Clerk

If you are physically disabled or visually impaired and need assistance at this meeting, please call the CITY CLERK's office at 427-4303; Hearing impaired, call TDD only 427-4305 (TDD Telephonic Device for the Deaf)

10-01

21-3-14

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE IN RE: GEORGIA A. STRONG Plaintiff V. JERRY L. STRONG Defendants ORDER OF PUBLICATION - CASE NO. CH 97-51

The object of this suit is for a divorce a vinculo matrimonii. It is ORDERED that Jerry L. Strong appear and protect his interest, on or before April 24, 1997, which date is no sooner than 30 days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in The Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

DATE 7/27/97 J. CURTIS FRUIT, CLERK By Bill Maul Deputy Clerk

10-2 41-3-28

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE IN RE: BRENDA I. CANDELARIO LANDIN Plaintiff(s) V. FERDINAND LANDIN defendant(s) ORDER OF PUBLICATION - CASE NO. 96-2397

The object of this suit is (for) divorce a vinculo matrimonii. It is ORDERED that Ferdinand Landin appear and protect his interest, on or before March 3rd, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in The Virginia Beach Sun, a newspaper of general

circulation in this City prescribed by this court.

Feb. 7, 1997 DATE J. CURTIS FRUIT, CLERK By Bill Maul Deputy Clerk

8-01 41-3-14

Public Notice

STATE OF INDIANA COUNTY OF ALLEN SS: IN THE ALLEN SUPERIOR COURT CAUSE NO. 02D07-9109-JP-671

WILLIAM D. LANTZ, Petitioner, vs. ROBERTA L. LEFERVA, Respondent.

NOTICE OF HEARING Notice is hereby given that William D. Lantz has filed a Petition To Abate Child Support and Set Specific Visitation in the Allen County Superior Court in Cause No. 02D07-9109-JP-671. This notice is directed to Roberta L. LeFerva whose last known address is 200 Ironquios Road, Virginia Beach, Virginia 23462. You are hereby ordered to appear on the ninth (9th) day of April, 1997 at 9:00 a.m. to hear and present evidence on the above-referenced petition. Failure to appear could result in adverse rulings entered against you.

James C Yankosky, #18468-49 GLASER & EBBS 116 E. Berry St., Suite 610 Fort Wayne, IN 46802 (219) 424-0954 ATTORNEY FOR PETITIONER

8-4 31-3-7

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Beach DAR chapters laud students, educators for history excellence

A ceremony in recognition of excellence in American history was held recently at the Virginia Beach City Public Schools Administration Building and was sponsored by the Adam Thoroughgood, Francis Land, Lynnhaven Parish and Princess Anne County Chapters Daughters of the American Revolution (DAR).

In her opening remarks, Annette T. Hill, regent of the Princess Anne County Chapter and presider, explained that the National Society DAR has always tried to stimulate a deeper understanding of American history as a way to promote good citizenship.

For the past 20 years, the local DAR chapters and the Office of Support Services have cooperated to inform the schools about DAR programs that include the study of our nation's history.

"It is always a pleasure to receive the outstanding efforts of the students and teachers and to welcome them to this ceremony in recognition of their achievements," Hill said.

The Pledge of Allegiance to the Flag of the United States of America was led by Mrs. Charles D. Nixon, state organizing secretary of the Virginia DAR. Mrs. Harvey Williams, regent of the Lynnhaven Parish Chapter, led The American's Creed.

Supernintendent of the Schools Dr. Timothy R. Jenney was introduced by Hill and gave

welcoming remarks in appreciation to the DAR.

Each chapter sponsored an Outstanding American History Teacher. Barbara Sue Cooper of Bayside High School was presented by Mrs. Howard Gibbs, historian, Francis Land Chapter. Kathryn J. Lienau of Green Run High School was presented by Williams. Judith A. Petykowski of Virginia Beach Middle School was presented by Hill and Linda Raye Tiller of Bayside Middle School was presented by Josephine Ann Mathias, regent, Adam Thoroughgood Chapter.

These teachers were given a framed certificate and a medalion commemorating the bicentennial of the decisive Naval battle of the Revolutionary War, a dramatic event in American history which took place off the Virginia Beach shores.

An Outstanding American History Student was selected from each of the 10 high schools. Christina Hu of F.W. Cox High School and Richard Andersen of Princess Anne High School were presented by Mathias. James C. Wilkes of Bayside High School, Annamarie Villalaz Bautista of Salem High School and Karen Letts of Tallwood High School were presented by Mrs. John Schmidt, regent of Francis Land Chapter.

Terrance Worlds of Green Run High School and Emily Elizabeth Letts of Kempville High School



GREAT JOB! The DAR Community Service Award was presented to Georgia Christie, left, elementary social studies coordinator for Virginia Beach Public Schools. She accepted the award with her sister, Chloe.

were presented by Mrs. Rice Youell, historian, Lynnhaven Parish Chapter. Christie Marzahn of First Colonial High School, Kathryn Anne Troyer of Ocean Lakes High School and Brooke Ann Garrity of Floyd E. Kellam High School were presented by Mrs. Harvey T. Walsh Jr., historian, Princess Anne County Chapter.

An "Excellence in History" pin and certificate were given to each student winner.

Three fourth grade winners of the Flag of the United States of America essay contest were Lyndsey Russell, Linkhorn Park Elementary, presented by Hill, Nathan Denny, Woodstock Elementary, presented by Youell and Cara Ashby, Red Mill Elementary, presented by Nixon.

Finally, there was a surprise winner. Nixon explained that the National Society DAR has established a new honor, the Community Service Award, for worthy residents for outstanding achievement in cultural, educational, humanitarian, patriotic and citizenship endeavors.

She then spoke about a woman who had come here from Cypress in 1952, then lived on 13th and Cypress. She attended W.T. Cooke Elementary and Virginia Beach High School. Now she serves as historian for St. Nicholas Greek Orthodox Church, chairman of Friends of the Poor, coordinator for school activities at the historic Francis Land House and coordinator with the DAR in providing this ceremony.

The Community Service Award — a pin and certificate — was presented to Georgia Christie, elementary social studies coordinator for the Virginia Beach City Public Schools.

Following the presentation of awards, honorees and guests adjourned to a reception in the conference room, hosted by the Francis Land Chapter.



Photos by Mary Voe

LONG MAY THEY WAVE. Virginia Beach fourth graders showed their spirit with the DAR Flag Contest. Winners, from left, were Nathan Denny of Woodstock Elementary School, Cara Ashby of Red Mill Elementary School and Lyndsey Russell of Linkhorn Park Elementary School.

Beach jaycees challenge you to "run-Run" for new fund-raiser

Walk, don't run, to the nearest "Un-Run."

The American Medical Association estimates that by the year 2000, more than 144,000 children, teens and young adults will be left motherless because of AIDS. Many of these kids will be infected from birth with this deadly virus.

In response, the United States Junior Chamber of Commerce is working to establish a national network of Junior Chamber Mission Inn Facilities. These facilities will care for children and adolescents whose lives are affected by HIV/AIDS through direct services, education, advocacy and financial support.

At the Junior Chamber of Commerce's 75th Anniversary Party in St. Louis, Mo. in 1995, the ribbon-cutting ceremony opened the original Junior Chamber Mission Inn facility. It takes an estimated \$1 million annually to operate this facility.

This money will provide care services such as: residential care, day care, respite care transportation, education and advocacy. The Virginia Beach Jaycees are holding a fund-raiser to help with the worthy venture called the Un-Run. What is an Un-Run?

Ever seen a group of those slim people standing around at 9 a.m., stretching, sweating, drinking water and telling stories of the race they just ran? How would you like to sleep in, come to a party, stand around eating cheese, drinking soda, winning prizes and making up stories about the race you didn't run.

You'd probably say that's the greatest race that never took place. Well you can — it's the Virginia Beach Jaycee's Un-Run. So don't gear up, don't eat right, don't even stretch (unless it's stretching the truth).

It's not called a 5K or a 10K. In this "Special K," a \$25 donation will receive a T-shirt, a race number, a chance to win prizes and a Thank You Party March 22 at the chapter house. Most importantly, you will have helped kids who had no chance to avoid the AIDS virus.

Call 640-6380 for more information.

The Jaycees are a leadership training organization through community development for young people age 21 through 39.

Colonial fashions explored at Land House

Explore the world of fashion 200 years ago. Join the Francis Land House heirloom seamstresses and see how clothing was constructed in 18th-century Virginia. The seamstresses are presenting a program entitled "Sew Long Ago" each Thursday afternoon.

The program is continuous from 1 p.m. - 4 p.m. and is included in the regular admission price of \$3 for adults, \$2.50 for senior citizens, \$1.50 for students (13 and older) and \$1 for children (6 to 12). For information, call 431-4000.

CHILDREN'S CORNER

Is your kid always ill?

"Why does my child keep getting sick?"
"Why aren't antibiotics working?"

These questions were asked by parents throughout the U.S. when they called the Jeffrey Modell Foundation's free hotline (1-800-JEFF-844). For many, the answers saved their children's lives.

Those children are among the 500,000 diagnosed with Primary Immune Deficiency, a genetic disorder, which makes the body susceptible to repeated infections and, in many instances decreases the body's ability to respond to antibiotics.

"Early diagnosis and treatment is essential to prevent recurring illnesses from doing permanent damage to internal organs and, in extreme cases, even causing death," said Dr. Charlotte Cunningham-Rundles, immunologist and professor of medicine and pediatrics at Mount Sinai Medical Center in New York City.

Parents who suspect their children may have the disorder, should look for the following

warning signs:
■ More than eight new ear infections.

■ Two or more serious sinus infections.

■ Two or more months on antibiotics with little effect.

■ Two or more bouts of pneumonia.

■ Failure of an infant to gain weight or grow normally.

■ Thrush in mouth or elsewhere on the skin.

■ Deep skin or organ abscesses.

■ Need for intravenous antibiotic to clear infections.

■ Two or more deep-seated infections, such as meningitis, osteomyelitis or sepsis.

■ A family history of the disorder.

The Jeffrey Modell Foundation is named for a 15-year-old boy who died of the disease in 1966.

It is active nationwide in research, patient support services, physician education and national awareness. A 24-hour toll-free confidential hot-line offers free information and referrals. The number to call is 1-800-JEFF-844.

Beware carbon monoxide

Don't take your furnace for granted.

Check home furnaces regularly for potential carbon monoxide leaks. Carbon monoxide (CO) is the number one cause of

poisoning deaths in America and children are even more susceptible to this deadly poison than adults. This is due to children's faster metabolic rates and greater activity levels.

The Consumer Product Safety commission recommends you have at least one detector at home, located in the sleeping area.

In addition to the furnace, other potential carbon monoxide sources include: chimney pipes or flue, clogged or blocked chimney openings, water heaters, gas refrigerators and clothes dryers and portable heaters, fireplaces, woodburning stoves and charcoal grills.

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TOP TEACHERS. Outstanding American history teachers recognized by the Virginia Beach chapters of the Daughters of the American Revolution, from left, were: Kathryn J. Lienau, Green Run High School; Judith A. Petykowski, Virginia Beach Middle School; Linda Raye Tiller, Bayside Middle School; and Barbara Sue Cooper, Bayside High School.



THEY KNOW THEIR HISTORY. The DAR's 20th anniversary celebration in recognition of Excellence in American History honored several Virginia Beach high school students. Honored, from left, were: Karen Lewis, Tallwood High School; Kathryn Anne Troyer, Ocean Lakes High School; Christina Hu, Cox High School; Annamarie Villalaz Bautista, Salem High School; Brooks Ann Garrity, Kellam High School; Christie Marzahn, First Colonial High School; and, Emily Elizabeth Letts, Kempville High School. Back row: Richard Andersen, Princess Anne High School; Terrance Worlds, Green Run High School; and, James C. Wilkes, Bayside High School.

Let's play the 'college game'

Richard Moll will present "Playing the Selective College Admissions Game," practical advice on how to win admission to the college of one's choice, March 19 at 7 p.m. at First Colonial High School in Virginia Beach and March 20 at 7 p.m. at Norfolk Academy in Norfolk. His presentation is free and open to the public.

Moll, author of "The Public Ivys" and "Playing the Private College Admissions Game" and

admissions director at Vassar College, will accompany himself on the piano while sharing his insider's perspective into the admissions process of competitive colleges.

Moll promises "good serious information that is both challenging and entertaining and an evening intended to relieve the pressure regarding admission to selective private and public colleges."

Sponsored by First Colonial High School, Cox High School, Cape Henry Collegiate, Hampton Roads Academy, Nansemond-Suffolk Academy, Norfolk Academy and Norfolk Collegiate, Moll's presentation should provide high school sophomores and juniors and their parents with a witty and informative evening.

Moll's book "Playing the Selective College Admissions Game" (\$10.95) will be on sale at the presentations.

The Virginia Beach Sun

Friday, March 14, 1997

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News

City sponsors training for respite volunteers

Virginia Beach Comprehensive Mental Health Services will sponsor a training course for individuals interested in becoming caregivers in the Respite Care for the Elderly Program. To qualify for the training you must be a resident of Virginia Beach and 18 years of age or older.

Classes will be held on May 12, 15, 21, 22, 28, 29 and June 2 and 5 from 10:30 a.m. - 3:30 p.m. at the Central Library.

Upon completion of the 35 hours of training, caregivers will be assigned to Virginia Beach families to aid them in caring for their elderly family members. Hours are flexible and caregivers will be paid.

There is a \$10 charge for the CEU's presented by Tidewater Community College at the completion of the training program.

If interested in attending, call 437-6115. Registration began March 1.

Francis Land House to host guilds' gathering

The Friends of the Francis Land House will hold their bi-annual meeting on Sunday, March 23 at 3 p.m. at the Francis Land House Historic Site and Gardens.

Joseph Gutierrez, director of education for the Jamestown-Forttown Foundation, will be the guest lecturer. He will speak on life in Colonial America, with an emphasis on medicinal practices. This lecture is free and open to the public. Refreshments will be

served following a short business meeting.

Gutierrez serves on the American Association of Museum's Standing Professional Committee on Education and the National Advisory Committee on Education. He enjoys serving as adjunct faculty for Virginia Commonwealth University, Old Dominion University and Hampton University.

Call 431-4000 for more information.

Mayor cites 'travesty' of carnival-like vendors

Mayor Meyers Oberdorf has asked for more inspection on weekends to police the large trucks, apparently from North Carolina, she said, that roll into Virginia Beach parking areas and unload chairs, sofas and big items to sell.

In the Kempsville Borough she said, "It looks like a carnival."

She asked that some inspections official be posted on weekends to look out for the

operations.

Planning director Robert Scott said that one inspector now works on Saturdays and on Sundays if necessary.

"The city operates seven days a week," he said.

Oberdorf said that the truck invasion is a "travesty," and asked that if a lack of inspectors was a problem some accommodation could be made.

Medical ethicist, writer addresses EVMS group

Dr. Carlos F. Gomez, a medical ethicist and author on issues ranging from death and dying to health care reform, will be the guest speaker at the 11th Annual Friends of the Eastern Virginia Medical School (EVMS) Library lecture, March 25 in Hofheimer Hall auditorium.

Gomez will speak on "Ethical Considerations in the Care of the Dying Patient" beginning at 5:30 p.m. The public is invited and admission is free.

The forum coincides with an

increasing emphasis on death and dying in the medical school curriculum and in some residency programs. A first-ever seminar was held last fall for third-year EVMS medical students as they prepared to spend much of their time in the hospitals.

The topic sparked an interest among members of the Friends of the EVMS Library, said club president Barbara Plunkett.

"As we live to be older and older, you get more chronically ill people," Plunkett said.

Extension helps you get control of finances

If you want to increase your knowledge and capability to manage your personal finances and received the satisfaction of helping others do the same, then financial management counselor training is for you. Volunteers receive 28 hours of classroom instruction and 15

hours of self-study in financial management.

Upon completion of training, volunteers are required to assist a minimum of two clients (families). For additional information contact Virginia Beach Cooperative Extension, 427-4769 prior to March 28.

Family relationship author delivers lecture

Dr. Gary Smalley, recognized nationally as an expert on family relationships, will be lecturing and signing books at The Founders Inn and Conference Center on Friday, April 11.

Smalley, the author of 12 best-selling books including "Love is a Decision" and "The Hidden Value of a Man," has appeared on national television

programs including "Oprah Winfrey," "Sally Jessy Raphael" and "The 700 Club." Luncheon tickets are \$22.50 per person and may be purchased from 11 a.m. - 1 p.m., Monday through Friday, in the lobby of the Studio Headquarters Building on the grounds of CBN. To purchase tickets by phone, call 1-800-677-7087, ext. 4.

Soccer fans rally council

By LEE CAHILL
City Council Reporter

If there was ever any doubt that Virginia Beach is a soccer town, those thoughts can be put to rest.

Soccer fans, parents, players and promoters jammed into the city council chambers on Tuesday during a public hearing on the proposed multi-purpose stadium that would be the home of the Hampton Roads Mariners, the pro-soccer franchise in Virginia Beach, to tell city council "yes," they wanted a stadium. They were willing to start small — say a 7,000 seat stadium, but some speakers wanted to start off with a 12,000 seat stadium.

Council will decide on whether to build the stadium, which will be located on the city-owned Lake Ridge property, on March 25.

But the apparent interest in the facility makes council approval a forgone conclusion.

The stadium, as designed, would start out with a 6,000 to 8,000 seat stadium that would cost \$4.5 million and would be expandable to 30,000. The stadium would also serve as a stadium for the high school which will be constructed at Lake Ridge and would accommodate other sports.

Jam chambers in support of multi-purpose stadium

The Mariners, which was acquired in 1995 by Mark Garcea and Page Johnson, local businessmen, would pay rent of \$90,000 to \$100,000 a year to use the stadium.

Peter Gooding, director of the United States International Soccer League (USISL), said that soccer has had a checkered past, but that he believes now that the proper system has been established. He said that next year the USISL wants to add the Mariners to its second division.

Citizens spoke about the extensive interest in soccer among the youth of the city and the advantages in having a pro team at home.

Julio Izaguirre, a soccer coach from Windsor Oaks, said that 15,000 children play soccer in Virginia Beach.

Greg Lementine, of the Neighborhood Soccer League, said at the youth level, soccer surpasses all other sports in Virginia Beach. He said the players need a professional team to look up to.

Tim Barrow, who has served on numerous beach committees and

be a 12,000-seat stadium which would save hundreds and thousands of dollars.

George Slater, however, questioned using public funds to build a sports arena and asked what affect the project would have on revenues and whether the stadium would be an expense, or an investment.

Dick Whalen, representing the Hampton Roads Soccer league,

See SOCCER, PAGE 7

City seeks \$33.8 million in funding for beach projects

By LEE CAHILL
City Council Reporter

City council is requesting \$33.8 million in funds from Congress for four U.S. Corps of Engineers projects on the city's beachfront through the Energy and Water Appropriations Bill for fiscal year 1998.

Funding for the projects, some in which the Corps has been participating for over 30 years, are not included in the president's proposed budget.

Council Tuesday adopted two resolutions making the requests with copies sent to Sens. Charles S. Robb and John W. Warner and Congressmen Owen Pickett and Norman Sisisky.

Included in one resolution were requests for the restoration of funding three of the projects: the Virginia Beach Erosion Control and Hurricane Protection Project (\$25 million); the spring 1998 truck haul sand replenishment project (\$950,000); and, maintenance dredging of Rudee Inlet in the spring of 1998 (\$450,000).

The second resolution seeks New Start Authorization and funding for the Sandbridge Erosion Control Project (\$7.4 million).

The first resolution was adopted by a vote of 40-0 (councilman John A. Baum was absent), and the second was adopted by a vote of 9-1 with councilwoman Nancy Parker dissenting. Parker had requested that the resolution be divided to allow for her negative vote on the Sandbridge project.

Under the funding formula, the federal government would pay 65 percent of the cost and the remainder would be provided locally. The city has already started the first phase of the erosion control and hurricane project using funds appropriated for the local share. The local share for the Sandbridge project will be generated by special district taxes imposed in the Sandbridge community and through tourist revenues from the district.

If Congress does not fund these projects, City Manager James K. Spore pointed out, council will be forced to make the decision on whether to fund them entirely with city funds, or forgo the projects.

The resolutions cite the projects as being vital to the national defense, the economy of

See CITY, Page 7



DIGGING IN. Hampton resident Brenda Sullivan comes to Back Bay Wildlife Refuge each year for the spring cleanup because she "likes being outdoors and doing something useful."

Back Bay friends get down and dirty for spring cleanup

By JANE ROWE
Sun Correspondent

The ocean's flat and calm, but Back Bay's a little choppy due to a strong southwest wind. Red buds are appearing on the trees, and an asprey suns himself on a dock while about 60 men, women and kids scurry around with rakes, shovels and plastic bags for trash pickup.

It's beginning to look a lot like springtime at Back Bay Wildlife Refuge.

The 60 workers were volunteers who came out last Saturday to help the refuge staff with its annual spring clean-up. They cleared brush and grass and spread sand on the trails and picked up trash along the beach in preparation for the hikers and fishermen who'll visit the refuge this spring and summer.

Some of the volunteers, who came from all around Hampton Roads, were members of groups while others came as individuals or with their families. They complained good-naturedly about the chilly wind and toughness of the wiry grass they were digging off of the trails, and they joked each other about the possibility

of meeting up with a snake or a poison ivy vine.

But everybody seemed to be having a good time and most conceded that they'd come for the chance to spend the day outdoors.

"This is blood, sweat and tears, joked Kenneth Taylor, a member of the Chesapeake Bay Youth Conservation Corps.

He and other corps members were out raking trails and pushing heavy wheelbarrows "because we want to help the earth," he said.

"I like being outdoors, and doing something useful," added Hampton resident Brenda Sullivan, who'd come out with other members of the Appalachian Trail Club.

This is the 21st year of the spring clean up and the refuges has traditionally been blessed with good weather, according to volunteer Reese Lukei, who helps to coordinate the event.

"We've only been rained out once," he said. "We primarily do landscape work, re-mulch flower beds, refurbish trails and do the beach clean-up."

See BACK, Page 7

Sportsman of month is fitness fan

By M.J. KNOBLOCK
Sun Correspondent

If you pick up the March issue of *Men's Fitness* magazine, be sure to look at the Sportsman of the Month feature.

You might recognize him. He is the computer exploratory/tech-ed teacher at Independence Middle School. He also serves as its softball and wrestling coach.

His name is Paul Facticeu. The magazine chose him for his achievements canoeing and kayaking, highlighting the Great Neck area resident's basic philosophy of sports.

Facticeu's participation in one of the country's toughest marathon canoeing races, however, made him a standout.

Men's Fitness contacted the officials of the 1996 Weyerhaeuser AUSAble River Marathon in Michigan seeking nominations for the article. Facticeu's name was mentioned.



AND THEY'RE OFF! Paul Facticeu, front, and partner Randy Drake canoe in marathon competition. Facticeu, a Beach teacher and coach, was recently chosen as *Men's Fitness Magazine's* Sportsman of the Month for March.

See BEACH, Page 7

Commentary

NEIGHBORS HELPING NEIGHBORS

There when disaster strikes

The American Red Cross has been responding to tornadoes in Arkansas and floods in several states in the Ohio Valley recently. Estimates of damage soar into millions of dollars. Red Cross shelters are open in nine states housing thousands of people, while emergency relief vehicles are on site or en route providing food to the most heavily damaged areas. As cresting waters recede, the Red Cross is opening service centers offering food, clothing and other emergency services to those hit by the flooding.

All of this relief costs millions of dollars — in a time when money is very tight.

Each time there is a national disaster the Red Cross receives calls from people who want to donate items to the relief effort. Unfortunately, the local Red Cross has neither the space nor ability to take donated items and ship them to the area of need.

Financial support is what the Red Cross needs most in a disaster.

However, it does not want to turn anyone away who is kind enough to offer support. For that reason there is the special connection with Goodwill Industries.

Anyone who wishes to do so can take items to any Goodwill Industries thrift store. Donors are asked to indicate to store personnel that their donation is to benefit the American Red Cross Disaster Relief Fund. In return for these donations, Goodwill is giving the Red Cross a price per pound for the goods received. That money will go directly to the disaster for which the person is donating.

To make a financial donation to help the victims of this disaster, contact the local American Red Cross, 446-7743.



The Virginia Beach Sun Deadlines

News deadlines for The Virginia Beach Sun are Monday at 5 p.m. for the upcoming Friday's issue.

✓ Articles must be legible, preferably typed, double-spaced on standard-sized paper.

✓ Pictures must be sharp, clear and accompanied with complete information.

✓ News may be brought or mailed in and should include the name and telephone numbers of the person submitting it.

✓ The Virginia Beach Sun welcomes and encourages letters from its readers on topics of general interest.

✓ All letters must carry the name and address of writer for verification.

✓ Letters should be addressed to: Editor, The Virginia Beach Sun, 138 South Rosemont Road, Suite 209, Virginia Beach, Va. 23452. Phone: 486-3430.

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Issues that *didn't* grab attention

Before we say farewell to things done or left undone by the legislature recently departed, let's focus on a few important issues that didn't grab many headlines.

More grade inflation? Taking another leaf from President Clinton's campaign playbook, Democratic Lt. Gov. Don Beyer won approval for a watered-down version of his idea to grant free second-year tuition to students at community colleges maintaining a "B" average their first year. The assembly limited this to "designated" technical courses with a cost to taxpayers estimated at only \$2 million a year.

But the notion of linking free tuition or grants to grades is catching on. This would seem to run counter to studies showing the tremendous grade "inflation" of the past 30 years. As in Lake Wobegone, all our kids now are "above average."

With grades tied to government money, faculty will be under even more pressure to be generous in judging their charges. One can easily imagine a student telling his teacher, "If you give me a 'C' in this course I'll have to drop out of school."

Who runs the schools? One measure certain to draw Gov. George Allen's veto would delay until next year tougher accreditation standards for public schools the state Board of Education has been working on and is set to impose.

The bill's chief patron, Del. Ken Plum of Fairfax, defended this extraordinary step by saying members of the Allen-appointed board are "ideologues who have a strong set of opinions about education."

Though one is entitled to hope those accepting appointment to the board have strong opinions about education, they have a bit more than that. The state Constitution gives them the "general supervision" of the public schools. It also says the Board's actions are subject to the "ultimate authority" of the legislature, which could provide a basis for Plum's bills, but I don't think so.

At some point, the state Supreme

Court should clarify how far the assembly can go encroaching upon the board's authority. While Allen's veto is almost certain to be sustained, legislators still itch to boss state and local school boards.

Pharmacy payola OK? That vanishing breed of independent druggists, who figured so prominently in old movies and in real life on America's Main Street, tried and failed to get legislation to ban cash payments by drug manufacturers to pharmacists who succeeded in persuading a doctor to favor one product over another. That would normally be done when a drug of similar therapeutic value can be used, perhaps at lower cost.

Businesses that pay much of the cost of health insurance opposed the bill, presumably because they believe "switching" can cut costs. They also seek to limit use of their plans to a few large drug chains.

But if we become a nation where only mass counts — as obviously we are — we must expect the worth of the individual to be diminished — as obviously it is.

But if we become a nation where only mass counts — as obviously we are — we must expect the worth of the individual to be diminished — as obviously it is.

Hope for small cities? Under current law, independent cities with populations less than 50,000 can revert to town status without the consent of the county into which they submerge. Still, it's a long and costly process that only South Boston in Halifax County has successfully navigated. Charlottesville, Staunton and several other small cities are now studying the idea.

But most counties oppose it because they don't want their body politic changed by voters whose loyalty may belong to the old city. Sen. Louise Lucas, who represents a broad swath of Southside, filed a bill requiring approval by both city and county voters, in separate referenda. It failed

in committee by one vote. While fair on the surface, the likely outcome would preserve the status quo of growing counties and stagnating cities.

When Virginia was predominantly a rural state its unique system of "independent" cities represented the hope of progress. Now, it more often represents a strait jacket. While there's little chance at present that the option of reverting to town status would be extended to those larger cities that they need it most, it shouldn't be foreclosed in smaller locales. If the idea proves workable, it could be expanded.

A contradiction? Perhaps the strangest statement heard at the recent assembly was spoken against the bill requiring parents to be notified when their minor child seeks an abortion. "I am purely pro-choice," said Del. Jean Cunningham of Richmond, "but I'm glad the 17-year-old mother of my adopted child decided to give birth."

Considering the vast multitude of couples who would dearly love to adopt a child, the time is now for government and private agencies to encourage — by all means possible — those contemplating abortion to give life a chance. It's worth it.

With scarcely a dissenting vote, the assembly passed a bill requiring parental notice before persons under 18 can be tattooed, and punishing those who inscribe a tattoo without parental consent. No one saw fit to point out that while medical science routinely removes tattoos, it seldom succeeds (or wants to succeed) in restoring life to the aborted.

The best goodbyes are briefest. Having covered many Virginia issues for my group of 22 papers for more than 12 years, it's time to vacate this space — at least for awhile. There is sense in stepping back to catch a breath of air outside the hothouse of politics.

When a kindly publisher suggested I try my hand at punditry, it seemed impossible that would run to more than 600 columns. It has been a privilege. My aim has been fair comment in the context of a conservative's view of the rise and fall of nations. But to contemplate human history is to know how feeble our understanding can ever be.

I am grateful to those many newspapers — and their readers — who have strongly sustained this column. Your time of day was my reward. Perhaps we'll meet again.

Ray Garland, a former member of the Virginia General Assembly is a syndicated columnist.

All is fair in love and money

With spring just a week away, naturally my thoughts turn to new clothes shopping — pastel-colored dresses, sassy shoes, airy blouses and flirty skirts.

Evans' thoughts turn to mainly "toys" — knives, fancy CD players and golf clubs.

So begins the annual rite of "out with the old, in with the new." I buy new clothes

and, in a desperate attempt for more closet space, scour my wardrobe for old pieces to give away.

Evans sighs, looks at the already-packed storage shed out back and retreats to special shows at The Scope hawking everything from computer equipment at "cheap, cheap, cheap" prices to specialty knives guaranteed to last a lifetime. And I'm not talking Guns either!

So recently as I scanned my favorite fashion catalog for the latest spring looks, he was considering his next major purchase. Then he walked into the bedroom, where I was lounging with my pages of colorful outfits, and made the announcement: "I'm going to a gun show this weekend. I'm going to buy a gun."

Whoa! I'm looking at spring fashions and he's ready to become a pistol packin' Pete?

"Oh, that's nice," I said simply, flabbergasted at his latest revelation.

He explained further. "I really want a gun. Actually, I want a couple of guns. Do you want a gun?" he asked.

Hmmm, this would require some strategic rethinking of my new spring wardrobe. No clinky fashions that wouldn't let me hide my "piece." Nothing too flimsy that would blow around and reveal my weapon.

"Sure, yeah. Why not?" I finally answered nonchalantly. "Just choose one that will go with most of my clothes."

But Evans was persistent. Clearly he wanted me to be more serious. "Really," he insisted, "I'm not joking. I'll get you a lady's special that you can carry around in your purse."

"One with a pearl handle to match my pearl earrings and necklace?" I quipped.

Exasperated, he marched from the room and into the den, where he settled down with a catalog of fancy knives.

He was back in a few moments. "I'm going to get a ceramic blade knife at that show tomorrow," he informed. "I've always wanted one." Then he left again.

I sat pondering his pronouncements, then figured out the deal. If I was going to buy a few hundred dollars' worth of spring clothes, he was going to buy himself some new toys. Fair deal, I guess, although my clothes would prove infinitely more useful over time. It was either that theory, or he was attempting to dissuade me from my purchases.

I ordered several new outfits anyway. Nothing stands between a woman and her clothes! That night I relaxed on the bed with one of my ladies' magazines when a particular article caught my eye: How Money Can Ruin Your Marriage.

Intrigued, I read further. Of course, it said it's an unhealthy sign when a spouse feels he or she must make an equal purchase for each of his or her mate's.

I chuckled inwardly, thinking the

only thing unhealthy about it was the dent in makes in our checkbook.

I finished the article and fell asleep with visions of my new outfits that would soon be arriving.

Several days passed with no mention from Evan of guns or knives. Then the phone rang tonight.

As I prepared dinner, I listed in carefully on the conversion, catching snippets like "graphite handle," "shalt" and "birdie." I also heard dollar amounts upward of \$1,500 coming from my husband's lips.

I stopped preparing dinner, put my hands on my hips and hissed, "Are you talking about getting new golf clubs?"

Gulp.

Evans paused a moment, then said very quietly, "No, of course not." He was lying. Meanwhile, there's a set of clubs less than a year old in the hall closet.

Ten minutes later he hung up the phone.

"I wasn't going to buy them, only test them for a research company. If I don't like them I sent them back in 30 days," he said triumphantly.

"Yeah," I chorled, "and who pays the postage?"

He muttered something about it only being \$20, but "a great opportunity to play with some really nice clubs."

I shook my head in a firm "no," but he was already heading for another room to look at catalogs and dream of fancy CD players, ceramic knives and .357 Magnums.

Something about the way he sauntered out of the room tells me we're going to be getting some new golf clubs in the mail soon.

But that's OK. I've got plenty more fashion catalogs, and spring clothes can be worn in the summer too, right? Think I'll get my order ready now.

So how much will those clubs cost? That's a whole lot of strappy sandals. After all, all is fair in marriage and shopping!

Politics make for some odd bedfellows

Speaker of the House Newt Gingrich, who has up to now had a successful career in Georgia by fooling the voters in his district into be-



The Real World

By B.J. Sessions, senior columnist.

lieving that he was a conservative redneck, has now in self-serving manner shifted his position to that of a great admirer of African-Americans in general and Jesse Jackson in particular.

He invited Jackson to sit in the speaker's box during Bill Clinton's State of the Union nonsense. He also apologized to Jesse for remarks attributed to Rep. J. C. Watts, a Republican from Oklahoma, who called certain Civil Rights leaders "race-hustling poverty pumps." Remember now that Watts, a brilliant young African-American, had been picked by Gingrich to deliver the GOP response to Clinton's speech.

Seeing an opportunity to throw one African-American to the wolves in order to gain favor with other black voters in his district, he had no compunction about swapping Watts for Jackson.

Of course, this should not surprise anyone. Gingrich has a history of dipping and dodging, but his true colors are now showing. Frankly, I despised former Speaker of the House Jim Wright (the one with the heavy eyebrows), but I must say that I have more respect for him than I do Gingrich. Wright would take a position (mostly wrong), but he would stick to it. He did have guts. The only guts Gingrich has are hanging over his belt. He was elected to the office of speaker of the house under a heavy cloud that remains today.

What is so amazing about the Jesse Jackson thing is that Jackson has never said anything good about the Republican Party and has been unmerciful in his attacks on Gingrich and, yet, Newt is "reaching out" to him. He should be punching the Rev. Jackson in the nose instead.

Perhaps Newt is planning to switch over to the Democratic Party. He would serve the Republican Party well if he did so.

The Republican Party has so much real talent, yet they come up with the likes of Gingrich and Bob Dole to lead them. It's as if they have a death wish. Thank God Dole was not elected president. We know Clinton is not senile, he is just the worst president this country has ever had and is a draft dodger to boot.

Dole said recently on "The Today Show," when speaking of Slick Willie, "I respect him as a person (and) as a president." It's unbelievable that he would say that since he had a pretty low opinion of him during the presidential campaign.

At the same time he said that he was bothered by Gingrich's ethical problem. What a bunch of nuts. Welcome to the real world.

The Virginia Beach Sun

138 South Rosemont Road

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The Virginia Beach Sun is published every Friday by Byerly Publications, Inc., 1000 Armory Drive, Franklin, Virginia 23851. Periodicals postage paid in Franklin, Virginia and additional entry offices. Postmaster: Send address changes to 1000 Armory Drive, Franklin, Virginia 23851. Subscription Rates: By mail addresses within 40 miles of Virginia Beach, Va., one year, \$15.95, two years, \$28.95. Virginia and North Carolina, one year, \$17.85, two years, \$29.50. All other states one year, \$24.00, two years, \$38.50. Payable in advance.

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'The Beach' is back in an updated format

Twenty years ago, the staff of the Virginia Beach Public Library published a book, "The Beach: A History of Virginia Beach, Virginia." As time passed, the original publication became dated.



The Mayor's Report

Mayor Meyera Oberdorf

The original book had been written by an individual, an intern. It became obvious, however, that the revision process would be difficult for one person to complete in conjunction with other duties.

The solution came in the form of teams.

In June 1995, a call was made for staff members to serve as researchers, writers, illustration gatherers, copy editors, indexers, production personnel, marketers and salespeople. When the teams were formed, 38 staff members had volunteered to add book production to their job descriptions.

Staff members had been recruited from a cross-section of job titles. The total team participation of 15 percent of all library staff does not reflect the entire commitment by the library department. As the project progressed, individuals with special skills were pulled in to complete particular tasks. "The Beach" team members made a major effort to keep their work up to date during the project.

Additionally, library staff members who were not on teams supported the work by covering desks, telephones and public service points for those more actively involved. Provisions of public service remained the first priority. This provision was aided by the team concept, as it was argued that more than one team was experiencing a deadline crunch at a time.

The library system drew on contacts with other city agencies to complete the book. Legal information was necessary even though the library owned the copyright. The city advanced money to cover publication costs. That money and any profits are being repaid to the city's accounts. A bid process was instituted and library staff worked with the purchasing department on its formulation. The print shop provided support in via bookmarks, flyers and posters. Other city staff were called on for information or opinions.

Community resources were also tapped. Research of library resources was augmented by materials obtained by Interlibrary Loan and from Nor-

folk, Chesapeake and Virginia Wesleyan Libraries. Additionally local experts read and submitted feedback on various chapters.

The revised book was received from the printer on Nov. 22. That evening the Friends of the Library and "The Beach" team hosted a "Beach Party" at the Central Library. Staff, local historians and city officials attended. The decor, designed by the marketing team, reflected the enthusiasm of the library staff members for the project. Incorporated were dolphins, beach balls, leisure furniture and beach towels. The Virginia Beach Shag Club provided entertainment. Financial support for the party came from the Friends of the Virginia Beach Public Library.

"The Beach" team provided additional funding through the sale of "beach" T-shirts and sweatshirts to library staff in the fall of 1995.

The benefits of city investment in "The Beach" project are many, in meeting the primary goal of rewriting an obsolete book, the library staff has established the general public by providing updated information about Virginia Beach. In addition, school teachers and students now have another source of information for their classroom units.

With Internet access to portions of "The Beach" via the library's home page, word of mouth about Virginia Beach and its history is almost unlimited.

In pricing "The Beach" at \$7.95, the library staff has also made it an accessible souvenir for tourists. The ripple effect of that purchase may be felt by the city in increased tourism, conventions or business as the books are shared among friends.

With Internet access to portions of "The Beach" via the library's home page, word of mouth about Virginia Beach and its history is almost unlimited.

Three-thousand copies were printed and just one month after publication, the gross sales totaled \$10,600. Cost to produce the book was \$5,420. A second printing has already been ordered.

"The Beach" has been nominated for the Gale Research Award for Excellence in Reference and Adult Services and is a fine example of a city project where everybody wins. Inter-agency cooperation was fostered, publicity for the city has been positive, taxpayer money lent to the project is being recovered and best of all, the citizens of Virginia Beach have a new look at their old history.

Well done, staff of the Virginia Beach Public Library.
Mary Lovell Swetnam, Central Library reference librarian, contributed to this column

Female impersonator sought in robbery of NationsBank

A man dressed as a woman robbed a bank at the end of last year and has not been caught. A reward is being offered for information that will identify the robber.



Crime Solvers

By Detective Michael G. Derwent, Virginia Beach Police Department

The robber is black, in his mid 20s, 5-foot-7 inches tall, 135 pounds, with a thin build and a slight mustache. He was dressed in women's clothing, a black beret hat, a gray sweatshirt, gray jogging pants, white running shoes, burgundy gloves, sunglasses and was carrying a print design, large gift bag.

Anyone with information can call Crime Solvers at 427-0000. Rewards are paid in cash.

A 35-year-old woman was killed in her apartment near Baker Road. Your call could help police solve a



Suspect

murder and you could receive a cash reward from Crime Solvers.

On Tuesday, Feb. 18 at about 11 a.m., the body of Charlene Belfield was found in her downstairs apartment in the 5700 block of Trellys Way in the Brandywine Apartment complex.

The next day a Crime Solvers tip led police to Amelia and Fremont Street in Norfolk where the victim's missing red, 1989 Ford Ranger pickup truck was recovered.

Any information about the murder of Charlene Belfield or the names of anyone seen driving her truck can be provided to Crime Solvers by calling 427-0000.

All calls are confidential and you will not be asked your name or to testify in court to be eligible for a cash reward of up to \$1,000.

Up close and personal

Shieleen Rowe: On the right track

By VICTORIA HECHT
Sun Editor

When Shieleen Rowe was looking for a new place to settle two years ago, the long-time Omaha, Neb. resident closed her eyes and picked a place on the map.

Then she loaded up a truck and drove 32 hours to her destination — Virginia Beach.

This was Plymouth Rock for us," Rowe smiled.

With her feet firmly planted in the resort city, the next task was finding recreation opportunities for her two daughters. Since the girls were avid runners in Nebraska, track and field made the most sense.

Rowe soon found that recreational track and field options for youth were limited.

"We thought we could find a track club in the area, so we went out and about trying to locate one, but nobody knew of any except the Tidewater Striders. Track isn't all that big out here; it's all soccer. You can get them into that all day, but my daughters were never into that," Rowe reflected.

She attended a Striders meeting, but soon learned the group was more cross country-oriented. Rowe was ready to start her own club when she saw a newspaper announcement for the start-up Virginia Fast Start Track Club. Intrigued, she attended a meeting.

"Kids were everywhere doing this and that. It was chaos," she remembered.

Rowe decided to lend her efforts to the newly-organized group, which develops track skills in members aged 5 to 18. The goal is not only improved track skills, but keeping their minds moving in a positive direction.

Rowe immediately took on the role of motivator and Virginia Beach area representative.

"These children are our future," she explained. "As long as you keep their minds occupied and tapped, they're going to be constructive. They won't be destructive or have idle minds. They can get attention on the track from somebody who cares about them."

Virginia Fast Start Track Club completed its first season last year. Before school let out in June, there were 60 applicants. As the season progressed, 105 children had shown interest. It's still growing.

"This is not the overall answer to problems, but an appetizer to the entrée. You're sitting here thinking what can you do with your life and where can you start? Start here. I can get them on the track and they're going to set a goal. We've got 5 year olds stepping to it. Once you step to it, think what can happen," she said.

Raised in an all-Indian boarding school from third grade through high school, Rowe has a special understanding for young people who don't lead privileged lives. It strengthens her relationship with the Fast Start youngsters.

"I guess when I see kids not having a lot, I look back to being on the reservation. It's destitution. There's no direction — nothing. I have yet to sit down and tell the kids my background, but it has encouraged me to do more for them and the community. We didn't have role models on the reservation for the kids to look up to."

The first 1997 meet is May 7 in Richmond, with the season continuing through August. But preparations for the season are already under way. Practice from March through May will be held from 11 a.m. to noon at Green Run High School. Practice then shifts to Salem High three nights per week from June through August.

Participants are encouraged to raise their own money for uniforms and other expenses. To this end car washes and candy sales and often held. Rowe is brainstorming other fund-raising and is seeking club sponsors. Coaches and mentors are also needed.

"You've got kids out there with stress? They can take it out on the track with shootput and discus. You talk about kids wanting to run away? Tell them to run on a track," Rowe urged. "You've got to have a



vision."

For more information on enrolling a child in Virginia Fast Start, sponsorship or volunteering, call Rowe, 631-3002.

Name: Shieleen Rowe.

What brought you to this area: The ocean.

Hometown: Yankton, S.D.

Birthdate: April 8.

Nickname: "Shy," easier than Shieleen.

Occupation: Supervisor administrative assistant.

Marital Status: Divorced.

Children: Tuvara Lené, 14, enjoys studying hard. Tre-CEE Kentrel, 12, enjoys track and field. Steven, 28, is in the U.S. Army.

Favorite movies: "Joy Luck Club" and "The Ditchdigger's Daughters."

Magazines I read regularly: Essence and Ebony.

Favorite authors: Maya Angelou and Shakespeare.

Favorite night out on the town: House of Jazz.

Favorite restaurants: Captain George.

Favorite meal and beverage: Lobster, crab and shrimp with Scotch or carrot juice.

What most people don't know

about me: What I don't tell them!

Best thing about myself: I am a very caring individual.

Worst habit: Cigarette smoking.

Pets: None.

Ideal vacation: Egypt, Africa or St. Thomas.

Hobbies: Travel, bowling and swimming.

Pet peeves: Smacking gum, ignorance and gossip.

First job: Dairy Queen.

Worst job: Haven't had one.

Favorite sport teams: Chicago Bulls and Washington Redskins.

Favorite musicians: Baby Face and Najee.

Most embarrassing moment: During a coaches' relay team race at a track meet I lost all ground around the curve and caused our team to lose the lead.

I would like my epitaph to read: "Don't quit!"

If I received \$1 million: I would upgrade the technical education program on the reservation where I grew up.

If I had 10 minutes on national television: I would promote the education program for the Yankton Sioux Tribe.

Runners gear up for weekend Sportsfest

Virginia Beach celebrates St. Patrick's Day each year with an internationally-recognized marathon and two eight-kilometer (8K) races, known collectively as the Shamrock Sportsfest.

The event's 25th anniversary will take place Friday, March 14 and Saturday, March 15. The Virginia Beach Pavilion Convention Center will serve as headquarters, located at the east end of the Virginia Beach Expressway.

This year's races will feature more than 5,000 runners from all over the U.S. and international competitors from Canada, Mexico, Ireland, Ethiopia, Kenya, Hungary and Russia. It is also the inaugural year for the National Military Marathon Championship. This race is open to all active duty military men and women; medals will be awarded to the male and female winners.

For the second straight year, the Shamrock Sportsfest will be broadcast on cable sports network ESPN, airing later to 65 million viewers on the "Saucy Running and Racing" program. Other national and international print and broadcast coverage is anticipated. Racers include Mexico's Martin Mondragon and New Zealand's Lorraine Moller, World Masters Male and Female Runners of 1996, respectively.

Mondragon won the 1996 Shamrock Sportsfest 8K race in a time of 23 minutes, 48 seconds and may have broken a world's record had it not been for an untimely shoelace.

The event is also home to the Masters 8K world record, set in 1992 by Nick Rose with a time of 23 minutes, 13 seconds. The Shamrock Marathon is an official qualifying race for the Boston

Marathon and the Olympic trials. Other races include a 5K fitness race walk, a 26-yard "mini-marathon" for kids and an open 8K race, identified by Runner's World magazine as one of the best races of its type in the country.

A Sports and Fitness Expo at the Virginia Beach Pavilion Convention Center will officially begin the Shamrock Sportsfest March 14 at 2 p.m. An all-you-can-eat party with free beer is a highlight for the runners. A running clinic will be held Friday night, as well. An evening post-race beach music party will be held March 15 at the oceanfront.

The marathon course begins at the Virginia Beach Pavilion Convention Center, on the 19th Street side. Runners will race down 19th Street, turning right onto Atlantic Avenue. After one mile, the course turns north,

proceeding to Rudee Loop. Miles three and four will be run on the Virginia Beach Boardwalk, between 10th Street and 37th Street.

The course then returns to Atlantic Avenue for six miles, bearing towards False Cape State Park. Fort Story army base encompasses miles 10 through 18. Exiting the base, racers retrace their steps back to the convention center, with the finish line located inside.

Affected streets will be blocked off, so oceanfront drivers should plan alternate routes. Local residents can join thousands of spectators who will cheer on the runners inside the convention center and along the race route.

For more information on the Virginia Beach Shamrock Sportsfest, call 481-5090.

THE ARTS

Greenbrier Baptist lets 'All Heaven Rejoice'

Celebrating its fifth year of presenting Easter Celebration '97 — "Let All Heaven Rejoice," Greenbrier Baptist Church will add a new element to this year's musical/drama production, slated for Friday, March 28 and Saturday, March 29 at 7:30 p.m. at the Pavilion.

Bright Lights Performing Arts Studio of Chesapeake has been invited to provide dance movements and energy in the production.

Fostering regionalism, the Chesapeake church each year presents its production in Virginia Beach. And with the added dance company, under the direction of Janelle Reardon from Suffolk, cast members from three cities will team efforts.

The production, under the musical direction of Brian Eure and the artistic direction and production of Peggy Colgin, allows heaven to open up and show the vulnerability of the angels. It's a bit of eavesdropping on the celestial neighborhood as they remote a spectrum of reactions to earthly happenings.

Biblically, it is never revealed that every angel knew ahead of time what was to come — the scourging, the mocking, the dying — of someone who was their buddy, someone who had lived among them. Sense their disbelief as Jesus spurs war the embodiment of evil — Satan, lives in humble dwellings as a child and like the homeless, roams the countryside.

Take to heart as the angels, through music and dance grope, with their fear, frustration and anger of Herod's actions, Satan's

trickery, the disciples apathy, and the mobs mockery. Join the jubilation of the opened tomb and Christ's ascension. On the sidelines watch Satan and Jesus in a war of wits. Helplessly feel the weight of a forsaken world during His lowest hours. Experience the highly-charged explosion of heavenly joy upon Christ's return.

Former "Jesus Christ Superstar" lead and local performing artist and songwriter Chris Van Cleave of Virginia Beach returns for a second year as Jesus. Mary and Joseph will be played by Sandra and Ashley of Hamrick of Chesapeake, who will reprise those roles from two years ago.

The storyteller, once again played by Virginia Beach resident Jennifer Creasy (she married disciple Joe Creasy last year who this year plays a Centurion), will keep the audience linked to the events at hand as Tracey Gregory of Chesapeake weaves an evil web as Satan and Herod.

David Shearer of Chesapeake, new to the production, however not new to musical performances (participated for the last 13 years in First Baptist's "Christmas Celebration"), will play both high-order angels, Gabriel and Michael, The Arch Angel. Other featured angels include Melody Gillikin and Stan Eure, both from Chesapeake.

Tickets are \$6 in advance and \$8 at the door. They are available at the church (547-3898) and the Pavilion Box Office (437-4774). For more information, call 548-3898.

Virginia Symphony highlighted in largest arts magazine

The Virginia Symphony will be featured in the March issue of *CD Music* and *The Arts Magazine*, announced Virginia Symphony Executive Director Daniel Hart.

CD Music and *The Arts*, the nation's largest classical music, jazz and arts magazine, will spotlight Virginia Symphony Music Director and Conductor JoAnn Falletta in an in-depth cover story. Seventy thousand copies of the magazine will also

bear the Virginia Symphony's premiere compact disc recording featuring the works of Adolphus Hailstork, Mary Howe and Louis Moreau Gottschalk.

"The project is a milestone in the Virginia Symphony's 77-year history. We are indebted to Norfolk State University for underwriting and providing the location for this recording and to *Music and The Arts Magazine* for bringing us a distribution unheard of for classical recordings," stated Daniel Hart. "Having WHRO premier the CD will be the zenith of the experience," Hart added.

"It's a musical voyage, putting a major Hailstork Concerto, a rediscovered Howe work, and a Gottschalk crowd-pleaser on compact disk," said Raymond Jones, vice president and station manager of WHRO in Norfolk. "We're pleased to be a part of this musical 'unveiling,'" Jones continued.

Following the 90-minute broadcast, which includes interviews with both JoAnn Falletta and *CD Music* and *The Arts* Editor in Chief Mark Mobley, copies of the magazine, complete with CD, will be available at Planet Music in Virginia Beach and at the Virginia Symphony office. For more information, call 623-2310.

Beach center planning 'CommonWealth Collects'

The Contemporary Art Center of Virginia (formerly the Virginia Beach Center for the Arts) will host an opening reception for "CommonWealth Collects," its annual exhibition and sale of regional artwork, on Sunday, March 23 from 2-4 p.m.

South Hampton Roads artists who will participate include Leonette Adler, Trish Beckham, Anne Brubie, Dave Bruner, Ed Carson, Susan Check, Sharon Clohessy, Arleen Cohen, Federico Correa, Gray Dodson, George Elasser, Matthew Finc, Janice Gay-Maker, Bob Holland, Bassel Jadaa, Ruth Laakso, Karen Kinser, Pamela Lassiter, Rieneke Leenders, David Morris, Mary Beth Nixon, Melissa Polhamus, Thomas Seigmond, Clayton Singleton, Lynne Sward, Charles Michael Thomas, Lee Gerry Wetheimer, Jenny Windsor, Brenda Wright and Ed Zingraff.

The opening reception will feature jazz from Woody Beckner and refreshments from Black Angus Caterers. The event is free and open to the public.

"CommonWealth Collects" will remain on exhibition at the Contemporary Art Center through April 20.

Gallery hours are 10 a.m. - 5:30 p.m. Tuesday through Friday, 10 a.m. - 4 p.m. Saturday and noon - 4 p.m. Sunday. The gallery is closed on Monday. The center is located at 2200 Parks Ave. in Virginia Beach, at the westbound entrance to Rt. 44.

For more information, call 425-0000.

Spring Arts Fest seeks artists

Hope House Foundation announces the 13th Annual Stockley Gardens Spring Arts Festival to be held in the Ghent section of Norfolk on May 17-18.

Applications are currently being accepted from High School artists wishing to participate in the Student Exhibit of the Stockley Gardens Arts Festival. Area high school students are invited to submit up to three works of art for a jury process to take place at Calvin and Lloyd

Designs on Saturday, May 3. The jury may select one or more pieces per student for exhibition and competition in the festival. Sarah Sargent, director of the Second Street Gallery in Charlottesville will serve as the judge. Three Futures Awards will be awarded for student pieces. The deadline for student applications is April 24. For applications or more information, call Hope House Foundation at 625-6161.

Chrysler receives \$100,000 gift from NationsBank Foundation

The NationsBank Foundation recently announced a \$100,000 gift to The Chrysler Museum of Art. The gift will help support the permanent installation of the Museum's renowned James H. Ricau Collection of Sculpture.

Ranked as one of the five most important collections of 19th-century American sculpture in the country, the Ricau Collection was acquired by The Chrysler Museum in 1986 and represents Walter Chrysler's last major acquisition as a collector.

The Ricau works will be permanently installed in the new \$1.5 million skylit galleries and education wing which are scheduled to open in the fall of 1997.

As well as its significance as the largest corporate gift ever received by the museum, the NationsBank gift is additionally notable and symbolic in that it occurs during the celebration of the 25th anniversary of the arrival of the Walter P. Chrysler Jr. collection in Hampton Roads.

Students, faculty team up for dance recital

The Governor's School for the Arts Dance Department will present its student/faculty concert featuring original choreography by students from Virginia Beach, Norfolk, Chesapeake, Suffolk, Isle of Wight County, Portsmouth, Southampton County and Franklin.

The concert will take place on Friday and Saturday, March 21-22 at 8 p.m. at the Chrysler Museum Theatre in Norfolk.

Faculty members will also

present original works in a variety of dance forms including contemporary and classical ballet, modern dance, jazz and acappella tap.

Cheryl Simmons, director of the Hampton Roads Dance Center, has choreographed a dynamic acappella tap piece for the students.

Tickets are \$5 general admission and are available at the door. Call 441-2956 for further information.

Degas classic comes home

Among the most ambitious and (until recently) least known of the painter's late paintings, "Dancer with Bouquets" surprised and delighted audiences both in Britain and the United States.

The painting was featured on the cover of the October 1996 issue of *Smithsonian* magazine, and in her review of the Chicago show in the Nov. 27 issue of *The Boston Globe*, arts writer Christine Ptomaine stated that she "could have stood in front of

Degas' Dancer with Bouquets for an hour or so, then left the Art Institute feeling perfectly content. It's that rich a painting!"

The exquisite Dancer has been reinstalled in its place of skylight and honor in the museum's skylit Impressionist Gallery.

One of The Chrysler Museum of Art's most significant Impressionist paintings has returned home after a world tour and an absence of nearly nine months.

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Vignettes set

A series of one-act musical vignettes highlighting themes universal to women will be presented in the Chrysler Museum Theater at 7 p.m. March 15.

"I'm Every Woman," directed by Francine Coward-Reid and co-directed by Allen Ellis, is being produced by Hooktip Productions, a local performing arts company.

A portion of the proceeds will go to the Tidewater Community College (TCC) Regional Women's Center.

Tickets are \$15. They are \$7.50 for TCC students and \$10 for TCC faculty and staff. Tickets for all other groups of 20 or more are \$12.50.

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'Great Ice Cream Scheme' on tap

StoneBridge School will hold its eighth-grade Dessert Theater production of "The Great Ice Cream Scheme" March 14 - 15 at 7 p.m. in the Fellowship Hall or StoneBridge Upper School. Tickets are \$2 for adults and \$1 for students. Desserts will be available for purchase.

StoneBridge Upper School is located in the Faith Baptist Church at 1629 Jolliff Rd. in Chesapeake.

"The Great Ice Cream Scheme" is a delightful melodrama set in Pop Sicle's and Nana Peel's shop — the greatest ice cream parlor in town! Join the hero, Robin Baskins as he fights against the cold-hearted villain, I.C. Custard, and I.C.'s partner, Parfait Deluxe. Can Robin save the secret recipe of Pop's?

"The Great Ice Cream Scheme" is a family show and open to the public; for ticket information, call 488-2214.

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Tidewater's selfless get their due

VOLUNTEER Hampton Roads honors its best

By MARGARET WINDLEY
Correspondent

Let's hear it for volunteers! They tutor children, drive blood supplies, are advocates for the disabled, take cancer patients to doctors' appointments, work as Scout leaders, give college scholarships, build wheelchair ramps, assist battered women and children, and provide educationally-enriching outlets for children and teenagers.

And so VOLUNTEER Hampton Roads and the Volunteer Center of the Peninsula teamed up last week with a recognition banquet at the Norfolk Marriott to honor some unsung heroes with awards to 35 individuals, 12 groups and two volunteer programs including:

■ The Junior League of Norfolk/Virginia Beach and the Junior League of Hampton Roads, who received the Founders Award for their ongoing work recruiting and referring volunteers to non-profit organizations and for establishing Volunteer Hampton Roads and the Volunteer Center of the Peninsula 40 years ago.

■ The Foodbank of Southeastern Hampton Roads, which received a Volunteer Program Award for their services which gives 4,000 volunteers an outlet for eliminating hunger.

■ The Virginia Beach Health Clinic, which also received a Volunteer Program Award for volunteer services to 2,000 uninsured residents of Virginia Beach.

Volunteer Hampton Roads and The Volunteer Center of the Peninsula have been in the business for quite some time of recognizing the efforts of those who do not work only for money.

"Tonight is our 40th anniversary," said Cherylann Sherwood with VOLUNTEER Hampton Roads. Her organization, which was founded in 1957 by the Junior League of the Norfolk/Virginia Beach and the Junior League of Hampton, it provides assistance for more than 500 nonprofit organizations on the Southside alone, including training on volunteer management and two annual volunteer recognition programs.

Girl Scout leader Connie Sue Brown of Virginia Beach was one of the honorees. She explained that she gives her time to help youngsters for the love of it.

"I enjoy keeping up with young people," she said. "I just love seeing it. I love being busy, doing things, and being a mother and housewife."

Also an employee at NAS-Oceana, Brown works with the American Heritage Committee there, which dispenses heritage information and holds ethnic observances. She also teaches Sunday School at New Life Christian Church at Greenbrier.

Melvin Twitty is a member of Kappa Alpha Psi of Portsmouth, one of the organizations being honored at the banquet. The traditional black educational, service and social fraternity is Port Norfolk Elementary School's Adopt-a-School partner and assists the children by tutoring and mentoring services. They also provide the school with some limited funding for materials.

Twitty thought of some other programs of his fraternity, which also participates in Paint Your Heart Out Chesapeake, fund-



KEEP IT UP. The Portsmouth-based education and service fraternity Kappa Alpha Phi was recognized for its efforts by VOLUNTEER Hampton Roads during last week's banquet.

raising for the United Negro College Fund, supporting the Rollathon for Big Brothers/Big Sisters, three scholarships to high school seniors and holiday baskets to needy families as well as tutorial services in Suffolk and an annual workshop for teenagers.

Louis Copeland, president of Kappa Alpha Psi, added, "There is special recognition for people who have made significant contributions to the community."

Frances DiMarino, president of Zonta of Hampton Roads, another of the honored organizations, noted that Zonta is a women's organization with clubs throughout America and in 63 countries. Because of their recognized work to promote women economically, socially, and politically, they even have a seat in the United Nations.

The local organization meets monthly at the Town Point Club. "It's for women all over the Hampton Roads area," she said. "It started at the turn of the century. Amelia Earhart was an early member."

The word "zonta" is from the Sioux Indian language and means "trustworthy and honest."

Other Volunteer Achievement Award honorees were the American Red Cross volunteer drivers, DECA (Distributive Education Club of America) Club at Nansemond River High School, the Making a Difference Foundation, Naval Security Group Activity Northwest, Commonwealth Gas Company, Exchange Club of Wythe, Inc., Insight Enterprises, the Discovery Docent program at the Virginia Marine Science Museum, the Virginia Peninsula Council on Domestic Violence, the "Shine Bright" program of Willowby Elementary School, Zonta International, First Class Petty Officer Jeff Albert, Connie Sue Brown, Kathy Frederick, Jolene Ink, Michael Poyner, Wayne Richardson, Judy Smith, Petty Officer Randall Spink, Megan McKinley, Gwendolyn Lee-Lomax, Eugene Crabtree, Sr., Jane Hopkins, Gerald Lavadosky, Pauline Morton, Betty Poladian, Aleli Romero, Arlene Solis and William Zimmerman.

The Founders Award was given by Elizabeth T. Patterson, President of the Board of Directors of Volunteer Hampton Roads. The Volunteer Program Awards were given by Patricia Rouse, co-founder, vice president and secretary of the Enterprise Foundation.

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GREAT JOB! Frances DiMarino, left, president of Virginia Beach-based Zonta, a women's advocacy organization, accepts an honor on behalf of the group from Cherylann Sherwood of VOLUNTEER Hampton Roads.

CHILDREN'S CORNER

Keep an eye on kids' requests for contacts

Improved sports performance and an increase in self-confidence are the two most common reasons teens ask for contacts. And while many psychologists and eye care practitioners will agree that these are two very good reasons, you will probably need to consult your eye doctor and obtain more information about today's advanced soft contact lenses before making a decision.

Here are answers to often-asked questions on teens and contacts from the experts at Bausch & Lomb.

Is my child old enough to wear contacts?

Physiologically, there's no reason why most teenagers can't wear contacts. The big question is whether they can handle the responsibility of caring for the lenses. Motivation is essential if contacts are to be cared for properly. An eye care practitioner can further assess your teen's need and readiness for contacts.

What type of contact lenses are best?

Professional eye care practitioners recommend that contacts be replaced on scheduled intervals, at

least every three months before natural protein from tears has a chance to build up on the lens and cause irritation and discomfort. Weekly or monthly replacement contact lens options, such as Bausch & Lomb SeeQuest and Maedaist contacts, are the healthiest lenses available and the easiest to care for as well.

What will my teenager have to do to take care of his/her contacts?

Contacts need to be cleaned, disinfected and stored in a sterile solution upon removal. Thanks to new multi-purpose solutions, today's chemical disinfection programs are much easier. Now cleaning, rinsing and disinfecting can be done in minutes with just one solution.

Is it okay to wear contacts while playing sports?

Absolutely. Contacts may even help improve your son or daughter's performance. Objects stay in constant sharp focus to help your teenager perform to the best of his or her abilities. They also eliminate the risk of frame-related eye injuries.

Don't contacts cost a lot of money?

They probably cost a lot less than you think. Many people are surprised when they compare the cost of contacts to the cost of changing eyeglass prescriptions or replacing lost or broken glasses. Your eye doctor has many lens-replacement schedule options to help you best fit contact lenses within your family's budget.

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HOME IMPROVEMENT

Tips for a healthy garden

Good gardening is largely a matter of common sense.

Here are some tips to help reduce your work load and keep your garden free of weeds and pests for a beautiful, bountiful harvest.

Dig You Must: Soil preparation is half the weed battle. Cultivate to a depth of 8 to 10 inches with a tiller or by hand. You'll not only loosen and aerate the soil, you'll bury a lot of weed seeds and insect eggs deep enough to kill them.

Choose Seeds & Plants Carefully: Check seed packets or seedling labels for disease-resistance. A tomato labelled "VFN" means it's resistant to Verticillium wilt, Fusarium and nematodes. Ask the nurseryman what kinds are best. Pick varieties suited to your climate—early maturing types if you have a short growing season.

Plant In Blocks: Plant your seed or started seedlings in tight blocks a foot or so square, with boards or straw-mulched paths in between. This checkerboard method leaves little bare ground for weeds to invade and gives way access to plants.

Mix Things Up A Little: Mix blocks of vegetables with herbs, flowers, and other ornamental plants for a more interesting garden, and to discourage attack by large numbers of the same kind of pest.

Water at the Ground Level: Don't hose vegetable plants down. Keeping leaves and fruit dry will greatly reduce plant diseases. Investing in a simple drip irrigation kit or soaker hose will save work and water, while helping keep plants healthy.

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Kids grow green thumbs

There is still time to sign up for the Virginia Zoo's three unique horticultural programs designed for "special green thumbs" in the community. The programs are being offered for children, blind adults and children, and the mentally-challenged:

■ The 4-H Children's Garden will give children ages 7 through 11 the chance to cultivate their own vegetables and plants in a raised bed. Children will meet at the zoo from 8:30 - 10:30 a.m. on Saturdays to learn about soils, ecology, insects and other related topics.

■ The Garden for the Blind Adults and Children will be offered to five blind adults and five sighted children. Participants will have the opportunity to learn skills needed to grow and

maintain a garden, and will be provided with raised beds to grow vegetables, flowers and herbs. The group will meet from 10:30 a.m. - noon on Saturdays.

■ The Garden for the Mentally Challenged will be offered to people with mental and/or physical disabilities. Participants will have fun as they learn the basics of gardening, sowing seeds, using tools, planting, watering and harvesting. The group will meet from 1 p.m. - 2:30 p.m. on Saturdays.

Gardening program dates are March 15 and 29, April 12 and 26, and May 10 and 24 and every Saturday in June and July.

For more information, call the Education Department at 626-0803. Scholarships are available for disabled persons.

Back Bay helpers get down, dirty

Continued From Page 1

Many of the volunteers, like Lukci, have years of experience at the refuge while others are novices at outdoor work. And while most seemed to enjoy what they were doing, not everyone was terribly enthusiastic.

"I think there are other things they'd rather be doing," said Jennifer Kiel about her two young sons, Robbie and Louis, who were helping their parents pick up trash along the beach.

A stiff wind and soft sand made the walking a little difficult, and the boys looked as if dragging a plastic bag filled with trash along the beach wasn't their idea of a fun Saturday. But their dad said he thought it was important that they learn to help out.

"We do a lot of hiking and backpacking," Dave Kiel said. "We use a lot of the outdoor facilities and we don't always give much back to them, so I'm trying to instill in the kids" a sense of responsibility and ownership.

The beach, Dave and Jennifer said, was already pretty clean when they began picking up, but they did find "a lot of stuff we can't identify, almost all plastic," Jennifer said.

Deflated balloons and snackers bars were also high on the list of trash collected.

"Somebody really likes Snickers," Jennifer added.

Some beach cleaners were rewarded with a glimpse of a seal that one observer said had come ashore earlier that morning. The seal retreated to the ocean when he saw people around, but it was still possible to spot his dark

head as he bobbed on the gentle waves.

The water was a little chilly for human swimmers as one Chesapeake youngster discovered when she stepped into the surf.

"Brrr," said Erica Dyer, who'd taken off her shoes and stripped down to shorts and a T-shirt despite the 60-degree temperatures and strong wind.

"I want to go swimming, but my Mom won't let me," she said. "She'll never let me swim this time of year."

Hampton resident Gail Owens said that she found Virginia weather a little fickle, but she added that she'd become more interested in the outdoors since she moved down here from Vermont.

"I became involved with the Tidewater Appalachian Trail Club when I moved to Virginia," she said.

"Now I'm hooked, you feel like you have a purpose when you do things like this. In Vermont I took for granted what I had. I would go skiing because I lived near a ski resort, or go for a drive in the country but I never actually got out into it. But when you move to the city and you have to go out and look for things to do you appreciate it more."

Owens spent most of the day down at the wildlife refuge and, like many of the volunteers, she helped with a variety of chores that ranged from trash pick-up to raking to helping load heavy, uncooperative wax myrtle limbs into a huge truck. Most appeared a little tired toward the afternoon but some had enough energy left to walk on the beach or take pictures of the seal, osprey and



WORKING UP A SWEAT. Chad Torrance and Eric Eby are members of the Chesapeake Bay Youth Conservation Corps who spend almost every Saturday working in a park of wildlife refuge.

the refuge headquarters unperturbed by the human visitors.

Some, too, said that they'd just come out to enjoy the day on the beach. Kate Callahan estimated that she, her brother Dan and her

7-year-old son Robert walked 12 or 15 miles that day. "We walked down to False Cape and through the woods some," she said. "We just got our hiking gear out and got suited up for the season, and Robert's really pooped now."

Going for it!

Despite the weatherman's predictions of sunshine, a steady drizzle couldn't dampen the enthusiasm of competitors in the 10th annual Run For Independence. Benefiting Independence Middle School, 191 people finished the 5K run, and 88 completed a one-mile run/walk. Close to \$2,000 was raised. Among the participants were Betsy Bondurant, top photo, winner of the wheelchair division, and Mary Zamuda, right, who was pleased to finish the one-mile challenge.



Fee options presented for Beach waste collection

By LEE CAHILL

City Council Reporter

If the city charged home owners directly for solid waste collection, some intrads could be made on a service that costs \$16 to \$17 million a year.

Or, depending on how such a program is set up, the outcome could be revenue neutral with only users of the service paying for the service and a tax deduction for everybody corresponding to the fee.

Now, the cost comes out of the general revenues from real estate taxes. Everyone pays but only single-family residents and some apartment dwellers receive the service. Businesses and others pay for their own waste collection.

The subject comes up periodically -- and periodically is shot down because waste collection is one service that residents have come to expect from the city although a majority of Tidewater cities do charge a fee.

The subject came up again last week when E. Dean Block, director of management and the budget, presented several options for establishing a waste management fee at the request of city council members.

Block, who had proposed waste collection fees three years ago, made no recommendations this time and council listened to the information last week at a work session but took no action.

Under the possible scenarios presented by Block, all fees would cover disposal, recycling, and customer service costs.

A billing system, set up through the Hampton Roads Sanitation District Commission, would entail a one-time cost of \$140,000 and would take six months to develop. The fee would be the same for all users and a property tax offset could be part of the package.

If there is a property tax offset, users, while receiving the same tax break, would be paying more from non-users would not be available.

If a fee system were implemented on Jan. 1, users would pay varying amounts for full or partial recovery of the cost. The changeover could be by varying degrees. Some communities charge by the bag and others have a flat fee, Block said. The city would not have to collect waste as a public service at all with the residents paying for private collections. But the components of waste collection that make it a public concern are public health, environmental aspects and appearance.

Users would pay varying amounts depending on the fee options selected.

If the existing service were available with bi-weekly curbside recycling plus 22 drop-off centers, the rate could be \$8.40 a month. If a tax offset is provided, all the city's property tax payers will see a reduction of 2.6 cents per \$100 valuable in July and an additional 2.6 cents in July 1998. The recycled tonnage would amount to 45,000 tons.

If the same service were offered but with a reduction to monthly city curbside recycling, the rate would be \$8 a month. The tax offset would be up to 2.5 cents in July and an additional 2.5 cents in July 1998. The recycled tonnage would amount to 25,500 tons.

With existing services but no curbside recycling and 50 drop-off centers, the rate would be \$7.90 a month. A tax offset would amount to 2.8 cents in July and an additional 2.4 cents in July 1998. Only 10,000 tons would be recycled.

Newport News, Hampton Norfolk and Portsmouth all have waste management fees.

Soccer fans rally council for stadium

Continued From Page 1

said the stadium would be a direct complement to other city activities.

Jimmy Capps, president of the Virginia Beach Hotel and Motel Association, said the members supported the project unanimously, and he, too, said he would like to see the city start with a 12,000-seat facility. "Let's get a major league team in our city and let it be soccer," he said.

Nelson Adcock, representing the Virginia Beach Chapter of the Hampton Roads Chamber of Commerce, also supported the facility, saying the stadium will also accommodate lacrosse, field

hockey, rugby and football.

Michael Barrett, who was instrumental in the development of a soccer complex at Princess Anne Park, said that it was "an incredible day yesterday." He said that soccer in Virginia is played at the highest level.

Jack Clark, representing the Hampton Roads Sports Council of Virginia, said that the stadium would bring world class sports to Hampton Roads.

Jane Brooks, president of the Virginia Beach Council of PTAs, questioned council's funding of the stadium when there are so many school needs, such as buses. She said the money should be used to improve the fields at the schools.

Beach teacher 'Sportsman of Month'

Continued From Page 1

"I knew I was in contention when I was called," said Facteau. "I didn't know what I had to do to improve my chances. I had a real long interview with them. It was a mild surprise, but it was really neat to be Sportsman of the Month."

His wife, Laura, takes his magazine article and other publicity for his accomplishments in stride.

"The same stuff," she laughed. "I don't think it surprises me. I think I wonder maybe why it took so long. I've been following the canoe scene since '87 and I've known for a long time that he was worthy of all this stardom."

Many of his current and former students were surprised, however, to see him in the 125-mile Michigan race on a television news segment last summer.

The race is one of his favorites. After two days of competing for starting position, 150 people jockey the 60 boats into line-up position in the town of Grayling.

Numbered starting posts are painted in rows in the middle of one street in town, as spectators from near and far line the sidewalks to watch the race begin.

"All the racers stand by their boats and have to run to the

river," said Facteau, noting the distance at about one-quarter mile for those in the front, to one-half mile for those near the back of the pack.

A police officer blows his whistle. They grab the 18-foot-6-inch boats and run for the river.

"You throw your boat in the water and just paddle away," said Facteau. "It's utter bedlam. You start at 9 o'clock at night and the huge, huge crowds stay with you until about 1 a.m."

About the five hour mark, racers streaming out of the pitch dark arrive at Mio Dam, which Facteau likens to "paddling into a huge football stadium" because of the bright lights and roaring crowd.

At this point, the spectators go to bed, appearing later in the course at about 7 or 8 a.m.

"If you've had a really spectacular race, you finish at noon," Facteau noted.

It's not an easy race, and he must train hard for his professional marathon races.

He is a former member of the U.S. Kayak Marathon Team, qualified for the World Championship and raced in Europe.

After a long day of teaching followed by 90 minutes of spring softball practice, he comes home, hugs his boat out onto

Wolfsnare Creek, and gets in some training time.

Somehow he finds time to sneak in some in-line skating with ski poles for 15 minutes at lunchtime. He also likes to go running with his wife, and still manages to do some remodeling on his house.

"It's one of those things where it's a challenge and you see if you can do it," Facteau grinned. "You just lay it out."

Although Facteau still isn't enough for the motivated 28-year-old who grew up in New England. Although Facteau loves marathon races, he has another dream to follow -- one that he gave up years ago in favor of professional racing.

He wants to go to the 2000 Olympics in Sydney.

"My professional races are marathon races, typically 20 miles," Facteau explained. "The Olympic races are all sprints -- 500-meter and 1,000-meter. You can tell, that's a pretty big change."

In order to pursue his Olympic dream, he must give up marathons for a few years while he concentrates on making the U.S. National Sprint Team. Then, he must endure a week of Olympic Team trials.

City seeks beach project funding

Continued From Page 1

project which is expected to be completed in April of 2000, Public Works Director Ralph Smith said that if the appropriations are made by Congress in September, the money should be available in October.

The project will give Virginia Beach a new seawall, a wider

boardwalk, a wider beach extended 100 feet out from the seawall, improved drainage at the north end and protection against a 140 year storm, a category 2 storm like the 1933 hurricane. The city's share in the project will be approximately \$36 million.

The investment, said Smith, will return a \$587 value through the protection of properties that generate tourist dollars.

He said that if there is no project, the city will not be eligible for federal assistance in the event of a disaster.

The project also will be an insurance policy for the federal government, he said, in saved insurance payments.

Smith gave a summary of the project so far at the request of council members who had expressed concern about the phasing of the project.

The first phase of the project, from Rudee Inlet to 8th Street, is 77 percent complete and is expected to be completed by May 15, under a \$6.8 million contract awarded to S. B. Ballard, Inc.

The second phase will include a seawall from 43rd to 58th

Streets-the boardwalk will be extended to 40th Street and Ballard also has been awarded the contract on this portion.

Some council members were concerned that with funding uncertain, the city would be left with a gap in the middle of the project and about the possible risk to properties in that area. They were also concerned about the disruption for the residents and beach goers during the summer season. Two pump stations, at 16th and 42 Streets, have to be built, Smith said before the seawall can be completed. With the pump station and the new drainage system the discharge will be pumped into the ocean offshore where it is now dumped on the beach.

Smith said the center portion of the project will be at no greater risk with the construction of the project at either end than it is now.

Councilman W.W. Harrison said that he endorsed the project but that he had not expected work to go on in the summer.

Smith replied that some of the work does not lend itself to shutting down for six months.



Dragon along

Or is that draggin' along? Second graders in Kitsy Guzzo and Jacqui Garrison's classes at Red Mill Elementary School celebrated the Chinese New Year earlier this month with a parade through the halls and down the sidewalk. Children rang bells and clanged cymbals shouting "Gung Hay!" meaning "Happy New Year!"

'Girls Can' excel in sciences

By M.J. KNOBLOCK
Sun Correspondent

When girls grow up, they don't have to stay at home and be "housewives" anymore unless they want to.

Women can have careers in any field they choose.

That was the underlying message aimed at female middle school students at the "Girls Can Math and Science Day" last weekend at Tidewater Community College's Virginia Beach campus.

According to Fran Adams, event chair, a study came out a few years back stating that girls are not achieving as high as boys in science and math.

"We wanted to have a workshop girls they can be exposed to women in fields of math and science to give them hands-on workshops," said Adams.

Information on financial planning, high school opportunities and college admission was also available.

By having professionals share their experiences, girls can find out if these occupations might be for them.

"We like for women to come in and tell their stories. They tell how they were mentored and how they (paid for) school."

One of the professionals at the event was Beth O'Brien, an FBI special agent.

O'Brien said that when she was growing up, her parents encouraged her and her siblings to try different things and do what they liked best.

"I'm doing this for the girls that aren't encouraged at home," O'Brien explained. "I enjoy coming. You just plant a seed. The rest is up to them. You're exposing them to things they don't already know about."

O'Brien said she prefers not to plan a whole lot to do during the workshop sessions. What works best, she said, is to tell them a little bit about her career and simply let the girls ask as many questions as they can think of.

"They asked some really good things," O'Brien smiled. "They always ask me if I'm married and what my husband thinks, and if I like my job. They ask if I've ever had to shoot anybody. They want to know how much money I make, what type of training I have to go through and what's the scariest thing I've ever had to do."

One of the students who attended O'Brien's workshop was Jessica Reyes Isaac, 13, of Landstown Middle School.

"The FBI agent was really nice," said Isaac. "She showed us her gun. There was nothing in it. And she showed us her cellular



YES THEY CAN! The Girls Can Math and Science Day was designed to encourage middle school girls in professional careers. The weekend conference was held at Tidewater Community College's Virginia Beach campus and was sponsored by the local branch of the American Association of University Women.

phone and her bulletproof vest."

Isaac was one of 200 girls attending the conference featuring nine professional women.

"I came because I wanted to find out what types of jobs there are for women that are professional," she explained. "It's really fun."

And boy, did she learn a lot. "In the chef's area, she taught us how to make swans out of apples," Isaac noted.

"She taught us how to make a lemon basket and put parsley and carrot flowers and she made flowers out of beets and radishes," added Asia Harris, another 13-year-old at Landstown Middle School.

"It was really interesting," said Harris of the conference in general. "It's been full of many surprises."

Both Harris and Isaac listened to Dr. Cynthia Romero's lecture, coming away with a different perspective of medicine as a profession.

"We had hands-on experience," said Harris. "It was cool because we got to use her stethoscope and reflex hammer. We got to look at each other's eyes and see how each other's reflexes were."

Isaac was amazed at the amount of schooling involved in medicine.

"The doctor told us she went through 24 years of college to become an M.D. and stuff. It sounds like really hard work," said Isaac.

The overall tone of the conference stressed that girls can be in any profession they like, but they need to start thinking about their futures now.

"Now in school, we have to



PREPARING FOR THE FUTURE. Asia Harris, front, and Jessica Reyes Isaac were two of 200 participants at last week's second annual Girls Can Math and Science Day.

work harder to reach our goals, as far as getting into good schools and getting a really good job that can support you," said Isaac.

Girls Can Math and Science Day also gave students like 11-year-old Ashley Foreman reinforcement to follow their dreams.

She wants to be either a doctor

or a lawyer when she grows up, but right now, she isn't quite sure which. But the fact that she is female won't hold her back from whichever occupation she decides on.

"The boys can do the jobs, but girls can do them too," Foreman grinned.



NETWORKING. Jim Maher organized Business Over Breakfast as a way for business owners, managers and other decision makers to meet. Sessions are planned in each Hampton Roads city.

Innovative networking opportunity tackles Business Over Breakfast

By VICTORIA HECHT
Sun Editor

On any given day, the average person is bombarded with more than 1,500 advertising messages touting everything from tartar-fighting toothpaste to local contractors.

When you meet someone, you have about 15 seconds to get your message across.

With this in mind, how is a business owner, professional or executive going to get recognition in the Hampton Roads marketplace?

There are no easy answers, but a new concept called Business Over Breakfast could put them on the right road.

The initial session was held last week in Portsmouth and attracted 26 professionals.

According to Chesapeake entrepreneur Jim Maher, who brainstormed the program, 18 to 20 of those will probably join the ongoing program. Similar breakfasts are planned in Chesapeake, Norfolk and Virginia Beach.

"Business Over Breakfast is the beginning of your day when you're fresh and have none of those other outside influences on you. It's a good way to listen to an attentive time of day, listen and get to know people," said Maher, president of The Crystal Group marketing and advertising consultants.

First impressions are still important, he maintains, but lasting impressions are more so. And just being able to meet and network with potential clients and other business owners is a challenge for harried professionals.

That's why "networking," the buzzword of '90s business, is important.

"The whole purpose of the group is to get to know people," Maher said, noting Business Over Breakfast is for "business owners, managers, professionals — people who don't have a lot of time but are the decision makers."

Business Over Breakfast is not a true business for the Chesapeake resident.

"There is a real need for business owners, professionals and executives... to get together and learn about what others do and exchange ideas," Maher explained. "What I'm doing is facilitating this process as part of my business, but not as a line of

business."

There are dues of \$25 per year for the monthly get-togethers (\$15 for those who join now), but Maher said it's because "if people won't put a stake in the ground, then they will not take it seriously."

The dues also cover administrative costs. If a person is not interested after attending two meetings, annual dues will be refunded. Participants must also pay for their meals.

Maher said Business Over Breakfast is also different from other networking groups in that members are not required to bring leads (names and companies with a contact and telephone number) to share with others.

"It is a fact that people like to do business with those they like, and also people will refer to other businesses they know."

He also says that since everyone knows "at least 250 to 300 people," the odds of a business gaining exposure will increase.

Business Over Breakfast starts at 7:45 a.m. with informal networking until 8. The meal is then served, followed by at least two businesses spotlighting themselves for 10 minutes each. Remaining participants will then introduce themselves and describe their businesses.

Maher would like to keep the gatherings small, with no more than 40 people at each breakfast. But he also sees it evolving as the concept gains in popularity.

"What I ask is that when people decide this is for them to do one thing: of the 250 people they know to ask one person to attend," Maher said.

Non-competing businesses will be a success factor for Business Over Breakfast.

"The purpose here is that I want to encourage open and frank discussion at the meetings," Maher said. "I've found that if you have people doing the same work, this will stifle discussion."

The next meeting is March 12 in Chesapeake at the Greenbrier Country Club, followed by a Virginia Beach meeting March 25 at the Pavilion and another Portsmouth gathering March 27 at Waffle World. Norfolk convenes April 3 at the Town Point Club.

For information on joining, call Maher at 436-0786 or 1-800-479-9595.



Keeping clean! The Virginia Beach Clean Community Commission awarded its latest Litter Free Award to the Pizza Hut located at 1148 Lynnhaven Pkwy., where shift manager Tony Saylor proudly placed the honor on the wall.

The award is made bi-monthly to a Virginia Beach business. The commission gives the honor to those businesses that make special efforts to keep their property and buildings free of litter and aesthetically pleasing.

VOLUNTEER OPPORTUNITIES

Friends of the Juvenile Court-Juvenile Justice Department have several volunteer opportunities open:

- Youth Community Service Supervisor - Volunteers are needed to supervise teens ordered to do public work at Seashore State Park on weekends. If you like kids, are at least 25 years of age and have no criminal record, call 427-8019.

- Child Care Supervisor - Imagine fighting for custody of your toddler while he squirms on your lap!

- Advocates for Victims of Domestic Violence - Needed one morning per week to talk with victims and accompany them to court.

- Call Judy McReynolds at 427-8019 for an application and to register for orientation or for information on other opportunities for volunteer work with the friends.

- Juvenile Justice - Children's Corner Supervisor - Can you volunteer one day per week, or even one day per month, from 9

a.m. - 1 p.m. to supervise the "Children's Corner" at the Virginia Beach Juvenile and Domestic Relations Court? The children will be accompanied by their parent except for the period of time that they are the courtroom for the hearing. Volunteers are not asked to change diapers.

Qualifications: Must be 21 years of age or older, have no criminal record and attend scheduled training. Please contact Judy McReynolds for an application and to schedule an interview at 427-8019. For groups/organizations interested in assuming this opportunity as your

project, the department will bring the training to you or be able to speak to your group.

- Sheriff's Office of Community Corrections - Receptionist - Individual will serve as receptionist/clerk typist. Individual will be responsible for typing and filing correspondence and other needed materials; and assist in the opening/closing of case files. Secondary duties will include copying data for courts and managing filing system.

Qualifications: High school graduate with no criminal record, good telephone etiquette and accurate typing skills or at least 40 wpm, and professional appearance. Basic word processing skills (WordPerfect or similar program), is preferred. Volunteer must have good communications skills (verbal and written) and the ability to work well with staff and the general public.

Hours: Flexible, Monday through Friday 8:30 a.m. - 5 p.m. Prefer two volunteers to share two four-hour shifts daily (one to work mornings and one to work afternoons). For students in a clerical program, this could be valuable work experience. Contact Brenda Kellog at 427-4689 for details.

Beach Jaycees honor Stevens

Beth Stevens, current chairperson of the board of the Virginia Beach Jaycees, was recognized for her outstanding hard work in the Jaycees by receiving a Virginia Life Membership.

The Jaycees are a leadership training organization through community development for young people age 21 through 39.



Courtesy Photo

Best of the best

Virginia Beach's top high school athletes were honored recently by the Virginia Beach Sports Club at a banquet. Sports awards for top 1996 athletes, front row from left, went to: Lauren Rafel, field hockey, Kempville High; Adrienne Parker, cross country, Kempville High; Zeb Clark, offensive and most valuable football player, Kempville High; Katherine Dunford, volleyball, most valuable player, Cox High; and, Mily Kannarakat, tennis, First Colonial. Second row: Kevin Miller, golf, Salem High; Ashley Hearne, cross country, Kempville High; Kevin Jones, volleyball, most valuable player, First Colonial High; Travis Mazyck, defensive, football, Tallwood High; and, Jenny Harmon, volleyball, most valuable player, Salem High.

Everything's coming up roses at Home and Garden Show

The 1997 Mid-Atlantic Home and Garden Show features fresh ideas and hundreds of new and unique products for remodeling, decorating and landscaping at the Virginia Beach Pavilion March 21-23.

Informative programs led by national and local experts complement the offerings, with great gardening and floral arranging tips, easy solutions for clutter and cleaning, do-it-yourself wall treatments and much more.

Sponsored by Tidewater Builders and *The Virginian-Pilot*, the Mid-Atlantic Home and Garden Show is open from noon - 9 p.m., Friday, March 21; 10 a.m. - 9 p.m., Saturday, March 22; and, noon - 6 p.m., Sunday, March 23. Admission is \$5 for adults; \$4 for senior citizens and active duty military (no other discounts apply); and, free for children 12 and under.

Three nationally known experts headline the show's extensive roster of demonstrations and presentations: Dale Rohman, America's Flower Man; Grant Aslett, the King of Clean; and Brian Santos, the Wall Wizard.

Rohman designs floral creations as unique as the blooms themselves. From edible centerpieces featuring fruits and vegetables to extraordinary bridal bouquets, Rohman's work reflects the personality or theme of each event. In his presentations, Rohman weaves in history, traditions and fascinating folklore while working magic with unconventional materials.

Rohman is a regular guest on *Today at Home*, which airs locally on the Home and Garden Television Network at 8 a.m. and 4 p.m. Monday through Friday.

If you think there's nothing funny about cleaning, wait until you hear Aslett.

This cleaning guru makes a living giving useful tips on caring for your home. Host of a national call-in radio show and author of "Wood Floor Care," Aslett is the son of cleaning expert Don Aslett, whose cleaning empire includes numerous books and Don Aslett's Cleaning Center, a retail/mail order store.

Santos, the "Wall Wizard," demonstrates the "Magic in Wallpapering," each day at the Mid-Atlantic Home and Garden Show. Santos takes the mystery out of making fabulous decorating statements in your home, such as faux finishes, using simple tools that are easily available and techniques that anyone can learn. His appearance at the show is sponsored by American Blind and Wallpaper Factory.

Joining the show headliners during the weekend will be a host of local gardening experts, including *The Virginian-Pilot's* gardening columnist Robert Stiffler, Dabney Morgan of Coleman Nursery and Sybil Kane Mayes, formerly of Norfolk Botanical Garden and owner of Paradise Nursery.

Among the other special sights and sounds at this year's event are:

- **An Elaborate Garden.** Creative Extenders will bring a tranquil oasis to the Mid-Atlantic Home & Garden Show. Two trellises create the focal point, complemented by a serene reflecting pond and lush plantings. A natural stone wall and fencing provide privacy for this outdoor living environment.

- **Designer Showcase Rooms.** Local interior designers will



Dale Rohman

create fully furnished and decorated rooms right in the Pavilion. Sponsored by *PortFolio* magazine, Decorum is creating the "Ultimate Kid's Room," complete with all the "must haves" that today's teenager craves. Create Designs by Sandra will construct an airy California contemporary family room complete with custom nautical rugs and a stunning colonial entertainment center. Furniture Classics will present a design in exquisite transitional dining, and you'll find an elegantly appointed bedroom created by Simply Selma. The "Water Closet" showcase room features three bathroom vignettes by Primrose Seal. From classic to funky, these baths feature elaborate hand-painted tromp l'oeil walls and floors and faux finishes.

- **The Art of Feng Shui.** An eastern concept that is growing in popularity in the United States, Feng Shui is a means of balancing the environment through the positioning of furnishings and light sources, and the use of colors, mirrors, plants and chimes. Bonnie Primm Tunstall will show how to incorporate Feng Shui into the home at 5 p.m. Friday at the Green Thumb Theater.

If you're in the market to buy a new home, the Mid Atlantic Home and Garden Show can offer some invaluable information:

- **Home Buying With Confidence.** The Tidewater Mortgage Bankers Association is teaming up with the Virginia Beach Department of Housing and Neighborhood Preservation to present a free comprehensive program on how to buy a home. The program will be held in the Pavilion Theater from 9 a.m. - 4 p.m., Saturday, March 22. To register for the program, call 426-5734.

- **Storytime with Barnes & Noble.** The popular local bookstore brings its show on the road with storytime sessions for children at 1:30 p.m. Saturday at the Idea Stage and 1:30 p.m. Sunday at the Green Thumb Theater. Geared for children ages 3 to 8, the sessions will feature

stories with flower and garden themes, like "Peter Rabbit" and "Grandmother's Garden."

- **Spring Into Children's Gardening.** "Budding" gardeners can test their green thumbs when the Norfolk Botanical Garden conducts a hands-on presentation at 10:30 a.m. Saturday at the Green Thumb Theater. Children will receive free pumpkin seeds and growing instructions so they can prepare for the garden's annual pumpkin-growing contest this fall.

- **Experience The Old Country.** Williamsburg's Busch Gardens opens March 22, but visitors to the Mid-Atlantic Home & Garden Show can get a sneak preview of the theme park's newest ride — without leaving South Hampton Roads! Busch Gardens will bring its Alpengiste village to the show Saturday and Sunday, giving thrill-seekers a computer-simulated, point-of-view ride of a roller coaster that is billed as the world's tallest and fastest hanging roller coaster. Park representatives will also be handing out discounted admission coupons.

- **Tubbin' It.** Show visitors will have a chance to win a Hot Spot portable spa valued at \$3,295, courtesy of McBroom/Great Atlantic.

Food concessions will be available at the show.

- **The Mid-Atlantic Home and Garden Show**, now in its 12th year, is a program of the Tidewater Builders Association a nonprofit trade organization founded in 1953 to maintain high professional standards in the shelter industry and serve its nearly 800 member firms and the general public.

LEGAL NOTICES

Public Notice

NOTICE OF AVAILABILITY OF THE ANNUAL REPORT OF THE STEPHEN R. CAPLAN FOUNDATION

TAKE NOTICE, that the Annual Report of the above Foundation for the taxable year ending September 30, 1996, as required by 6056 of the Internal Revenue Code of 1954, is available for inspection at the principal office of the Foundation, 4505 Kelly Court, Virginia Beach, Virginia 23462, during regular business hours by any citizen who requests it within 180 days after the publication of the notice of its availability. Requests for inspection should be made to the undersigned Principal Manager at the office as above stated.

Signed by: Stephen R. Caplan
Date: March 6, 1997

11-8
113-14

Public Notice

NOTICE OF PUBLIC HEARING

The regular meeting of the City Council of the City of Virginia Beach, Virginia will be held in the Council Chambers of the City Hall Building, Municipal Center, Princess Anne Station, Virginia Beach, Virginia, on Tuesday, March 25, 1997 at 6:30 p.m., at which time the following applications will be heard:

1. An Ordinance upon Application of Sarah J. Corey for a Conditional Use Permit for a home occupation (rest home) on the east side of Baker Road beginning at a point 140.73 feet south of Lawson Hall Road. Said parcel is located at 1028 Baker Road and contains 14,850 square feet. BAYSIDE BOROUGH

2. An Ordinance upon Application of Gordon Lewis, New Direction Development Co., L.L.C. for a Change of Zoning District Classification from AG-1 & AG-2 Agricultural District to R-10 Residential on certain property located on the north side of Painters Lane beginning at a point 300 feet more or less west of Townfield Lane. The proposed zoning classification change to R-10 is for single family residential land use on lots no less than 10,000 square feet. The Comprehensive Plan recommends use of this parcel for suburban low density residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel contains 45 acres more or less. PRINCESS ANNE BOROUGH

3. An Ordinance upon Application of Pep Boys for a Conditional Use Permit for an automobile repair facility at the northwest corner of Virginia Beach Boulevard and Hunton Road. Said parcel is located at 2472 Virginia Beach Boulevard and contains 3.614 acres. LYNNHAVEN BOROUGH

4. An ordinance upon Application of Antonio T. Lundy for a Conditional Use Permit for a church on the east side of Gammon Road, beginning at a point 235.9 feet north of Indian River Road. Said parcel is located at 812 Gammon Road and contains 31,489 square feet. KEMPSVILLE BOROUGH

5. An Ordinance upon Application of Church of the Redeemer for a Conditional Use Permit for a church on property located on the south side of Seaboard Road, 1700 feet more or less east of Bernadotte Street. Said parcel contains 33.5 acres more or less. PRINCESS ANNE BOROUGH

6. An Ordinance upon Application of Miller Oil Co., Inc., for a Conditional Use Permit for an automobile service station and car wash on certain property located at the southwest intersection of London Bridge Road and Mirror Lake Drive. Said parcel contains 2.277 acres. PRINCESS ANNE BOROUGH

7. An Ordinance upon Application of Miller Oil Co., Inc., for a Change of Zoning District Classification from B-1 Neighborhood Business District to Conditional B-2 Community Business District on certain property located at the southwest intersection of London Bridge Road and Mirror Lake Drive. The proposed zoning classification change to Conditional B-2 is for community business land use. The Comprehensive Plan recommends use of this parcel for retail service use in accordance with other Plan policies. Said parcel contains 2.277 acres. PRINCESS ANNE BOROUGH

8. An Ordinance upon Application of Brian J. and Stefany Dolmat for a Change of Zoning District Classification from R-5D Residential Duplex District to Conditional O-1 Office District at the southeast corner of Virginia Beach Boulevard and Hunton Road. The proposed zoning classification change to O-1 is for office land use. The Comprehensive Plan recommends use of this parcel for suburban high density residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel is located at 221 Thalia Road and contains 16,000 square feet. KEMPSVILLE BOROUGH (Goes to P.C. 3/25/97)

All interested parties are invited to attend.

Ruth Hodges Smith, CMC/AEE City Clerk

If you are physically disabled or visually impaired and need assistance at this meeting, please

call the City Clerk's OFFICE at 427-4303. Hearing impaired, call TDD only 427-4305 (TDD Telephonic Device for the Deaf) 10-01 213-14

Public Notice

VIRGINIA: IN THE CIRCUIT COURT OF THE CITY OF VIRGINIA BEACH

On the 3rd day of March, 1997

Re: Estate of Susan B. Whetstone, deceased

Fiduciary No. 94-700

Chancery No. CH-96-3940

SHOW CAUSE ORDER

It appearing that a report of the accounts of Central Fidelity National Bank, Executor of the Estate of Susan B. Whetstone, deceased, and of the debts and demands against her estate has been filed in the Clerk's Office, and that six (6) months have elapsed since the qualification, on motion of Central Fidelity National Bank, Executor, IT IS ORDERED that the creditors, and all others interested in, the Estate do show cause, if any they can, on the 11th day of April, 1997, at 9:30 a.m. or as soon thereafter as counsel may be heard, before this Court at its courtroom, against the payment and delivery of the Estate of Susan B. Whetstone, deceased, to the residuary beneficiaries without requiring refunding bonds.

IT IS FURTHER ORDERED that this Show Cause Order be published once a week for two successive weeks in *The Virginia Beach Sun*, a newspaper of general circulation in the City of Virginia Beach, Virginia.

Certified to be a TRUE COPY OF RECORD IN MY CUSTODY

J. Curtis Fruit, Clerk

Lewis W. Webb, III, Esq.

Kaufman & Canoles, P.C.

P.O. Box 3037

Norfolk, VA 23514-3037

11-5
213-21

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE IN RE:

BRENDA I. CANDELARIO LANDIN

Plaintiff(s)

v. FERDINAND LANDIN

defendant(s)

ORDER OF PUBLICATION - CASE NO. 96-2397

The object of this suit is (or) divorce a vinculo matrimonii

IT IS ORDERED that Ferdinand Landin appear and protect (his) interest, on or before March 3rd, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in *The Virginia Beach Sun*, a newspaper of general circulation in this City prescribed by this court.

Feb. 7, 1997

DATE

J. CURTIS FRUIT, CLERK

By Bill Maul

Deputy Clerk

8-01
413-14

Public Notice

NOTICE OF AVAILABILITY OF THE ANNUAL REPORT OF THE ARMOND AND ROSE CAPLAN FOUNDATION

TAKE NOTICE, that the Annual Report of the above Foundation for the taxable year ending September 30, 1996 as required by Section 6056 of the Internal Revenue Code of 1954, is available for inspection at the principal office of the Foundation, 500 E. Main Street, Suite 1424, Norfolk, Virginia 23510, during regular business hours by any citizen who requests it within 180 days after the publication of the notice of its availability. Requests for inspection should be made to the undersigned Principal Manager at the Office as above stated.

Signed by: ARMOND R. CAPLAN

Date: 2/7/97

10-03

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE

IN RE: GEORGIA A. STRONG

Plaintiff

v. JERRY L. STRONG

Defendant

ORDER OF PUBLICATION - CASE NO. CH 97-51

The object of this suit is for a divorce a vinculo matrimonii. IT IS ORDERED that Jerry L. Strong appear and protect his interest, on or before April 24, 1997, which date is no sooner than 50 days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in *The Virginia Beach Sun*, a newspaper of general circulation in this City prescribed by this court.

Feb. 27, 1997

DATE

J. CURTIS FRUIT, CLERK

By Bill Maul

Deputy Clerk

10-2
413-28

Public Notice

NOTICE OF AVAILABILITY OF THE ANNUAL REPORT OF THE ALAN AND ESTHER FLEDER FOUNDATION

TAKE NOTICE, that the Annual Report of the above Foundation for the taxable year ending September 30, 1996 as required by Section 6056 of the Internal Revenue Code of 1954, is available for inspection at the principal office of the Foundation, 500 E. Main Street, Suite 1424, Norfolk, Virginia 23510, during regular business hours by any citizen who requests it within 180 days after the publication of the notice of its availability. Requests for inspection should be made to the undersigned Principal Manager at the Office as above stated.

Signed by: Lawrence Fleder, Treasurer

Date: 2/27/97

10-04

Public Notice

Take notice that on March 17, 1997, at 10:00 A.M. at the premises of 4747 Shore Dr. Va Beach, Va. the undersigned will sell at Public Auction, for cash, reserving unto itself the right to bid, the following vehicle.

1985 Ford E-350 Van

Serial # 1FTJE36Y9FH00048

11-3
173-14

Public Notice

Take notice that on February 17, 1997, at 10:00 A.M. at the premises of 4747 Shore Dr. Va Beach, Va. the undersigned will sell at Public Auction, for cash, reserving unto itself the right to bid, the following vehicle.

1989 Toyota Supra

Serial # JTMZ6709K0117961

11-1
173-14

Public Notice

Take notice that on March 3, 1997, at 10:00 A.M. at the premises of 4747 Shore Dr. Va Beach, Va. the undersigned will sell at Public Auction, for cash, reserving unto itself the right to bid, the following vehicle.

1988 Chevy G-30 Van

Serial # 1GCGC35K937139042

11-2
173-14

Public Notice

Auction: 1986 PONTIAC GRAND PRIZ (6050)

Serial: 2G2GK37H1F2215503

Auction Date: MARCH 24, 1997

Time: 11:00 a.m. at Norfolk Motor Company, 7000 N. Military Hwy Norfolk, VA 23518.

Norfolk Motor Company reserves the right to bid.

11-6
173-14

Public Notice

Auction: 1985 HONDA CRX

Repossessed from: SCHMITT, DOUGLAS P.

Serial: JHMAF5322F018802

Auction Date: MARCH 21, 1997

Time: 11:00 a.m. at Tidewater Accept. Corp., 7000 N. Military Hwy Norfolk, VA 23518.

Tidewater Accept. Corp reserves the right to bid.

11-7
173-14

Public Notice

Take notice that on March 7, 1997, at 10:00 A.M. at the premises of 4747 Shore Dr. Va Beach, Va. the undersigned will sell at Public Auction, for cash, reserving unto itself the right to bid, the following vehicle.

1990 Ford Taurus LX

Serial # 1FACPS84L3A253458

11-4
173-14

Public Notice

Take notice that on February 21, 1997, at 10:00 A.M. at the premises of 4747 Shore Dr. Va Beach, Va. the undersigned will sell at Public Auction, for cash, reserving unto itself the right to bid, the following vehicle.

1991 Isuzu Rodeo

Serial # 452C458ZM4307174

11-3
173-14

Public Notice

Counselors gather to discuss power of forgiveness, healing

Counseling professionals are gathering at the Regent University School of Counseling and Human Services to look at the power that forgiveness has in the act of healing.

On March 15, a one-day conference (8:30 - 5 p.m.) is being conducted to discuss, teach and promote forgiveness as a tool in healing the soul and spirit. All conference meetings will be held in the Robertson Hall and the University Library of Regent University.

Dr. Everett Worthington of Virginia Commonwealth University is a keynote speaker at the conference addressing the topic "Forgiveness: The Empathy-Humility Model." As a clinical psychologist, Worthington specializes in counseling and writing on marriage and family-related topics.

He is the founding editor of *Marriage and Family: A Christian Journal* and continues to maintain his editor's position while teaching at Virginia Commonwealth University's American Psychological Association - accredited Psychology (Counseling) program for the last 18 years.

Worthington is chair of Virginia's Mental Health Planning Council, and served as head of the Marriage Enrichment and Therapy track at the American Association of Christian Counselors' International Congress in Denver, Colo. in 1995.

For more information about the conference, contact the School of Counseling and Human Services Regent University, 579-4252.



CLASSIFIEDS

CALL TODAY
TO PLACE YOUR AD IN
THE CLASSIFIEDS
547-4571

CLASSIFIED AD MAIL-IN FORM

| PERSONAL RATES | 20 Words or less | Additional words |
|----------------|------------------|------------------|
| 1 time | \$ 7.50 | .35 |
| 2 times | \$ 13.50 | .70 |
| 4 times | \$ 22.50 | 1.40 |

Run your Classified Ad four times for only \$22.50. You can cancel your ad at any time.

All Classified Ads run in three newspapers (The Virginia Beach Sun, The Chesapeake Post and The Portsmouth Times). No additional charge.

Please print clearly using only one word per box.

| | |
|--|----------|
| Run my ad for _____ issues. | |
| Payment is enclosed \$ _____ | |
| Make check payable to Bvtry Publications | |
| MAIL TO: Classified, Box 1327, Chesapeake, Va. 23327 | |
| Name _____ | 20 words |
| Address _____ | |
| City _____ | |

FOR HELP with your Classified Ad, please call 547-4571.

COMBINATION RATE: Run this same personal ad in any other Bvtry Publications newspaper for an additional \$3 one time, \$5 two times, \$7 four times. Newspapers in Franklin, Emporia, Lawrenceville, Decaturville and Portsmouth. Call 547-4571 for details.

ANNOUNCEMENTS

Granby Alumni Association will hold its regular annual meeting on March 28, 1997 at 7:30 pm at Granby High School. Election of officers. All Granby Alumni invited. Half of name nominations requested in writing. Contact Jim Augustine, Fax 441-2182. 3/14

ROYAL ATLANTIC MUSICAL SERVICES-Music for any occasion. References, promotional materials available. Jazz, Rock, Country, Oldies, Dixieland. David Jacobson 548-1873. 3/14

CREDIT CARD FRAUD SCARE YOU? Get the facts to protect yourself! Rush \$10 cash/km to: Fraud watch, Dept. 100, P.O. Box 337, Olville, Va. 23129-0337. 3/28

ANNOUNCEMENTS

Join an almost-beginners Spanish conversation group; call Churchland Library 686-2538. Meeting dates and times to be determined by group.

BRAIDS BY PAMELA J. Free consultation. Ask about our winter special. Call 483-2573.

WEDDING RECEPTIONS parties, reunions and special events at Hickory Ruritan Club - 260 person capacity, kitchen facilities, stage. Contact Tom Holmes before 9pm at 421-7677.

APARTMENTS/RENT

Clean, Furnished Apartment-LR, 1Br, carpet, tile BA, Kitchen, gas heat, no pets, \$310/mo. No utilities furnished. Call 484-3381. 3/28

ANNOUNCEMENTS

SENIOR CITIZENS DISCOUNT on remodeled 1-2 bedroom. Call 425-7575.
1-2-3 BEDROOM APARTMENTS & HOUSE- Close to buses. Furnished or unfurnished. \$200-\$500 monthly. 6 month lease required. Call 588-8164 or 480-2133.

ARTICLES FOR SALE

New Bridal Original Gown- Never worn. Raised sole. Fitted Bodice. Raised Lace Applique/Pearls Long train. Paid 605.95. Best offer 757-562-5339. 3/14

DESCRAMBLERS- Clear scrambled stations for cable T.V. 1-800-400-6456.

AUCTIONS

Antiques & Collectibles Auction. Every Thursday 7pm. Hardtzm & Sunshine 463-7335. 244 London Bridge Shopping Ctr. 3/28

AUTOS FOR SALE

1978 Mercury Zephyr- A/T, AM/FM, 4 door, recent inspection, low miles, excellent condition. \$1200.00. Call After 5pm 1-757-657-9458. 3/14

89 Ford Escort, 4D, Hitch back, automatic w/AC, am fm cass, blue, good condition. \$2500 call 631-1903. 3/14

Honda 88 Accord LX all power, excellent condition, 4 door AC, automatic, \$4,500, burgundy. Call Kim, beeper 307-4097.

1987 Mac Mainliner truck- 18ft van body. Good running condition, power lift tailgate. 1986 Buick Station Wagon, \$2,500. Call 757-857-7942.

BUILDING MATERIALS

Huge savings on selected models of new arch-type steel buildings. 25x26, 30x42. Great for storage, shops, garages. Easy financing available. Call immediately 1-800-341-7007. 3/14

BUSINESS OPPORTUNITY

SUCCESSFUL PROVEN STRATEGY

For promoting your product service or opportunity. Free details! Call now 1-800-844-9639 ext. 3379.

CLUB ATLANTA TRAVEL (CAT) Allow you to travel and get paid for it. Personal use or business opportunity. Call 1-800-750-8894 to hear the roar of the cat. Then call local rep at 757-686-0326 or 1-800-434-5321, access 33. 3/21

Company. \$105K potential part/full time. Finance 1-800-899-4503.

BUSINESS OPPORTUNITY

OWN YOUR OWN APPAREL OR SHOE STORE. CHOOSE: JEAN/SPORTSWEAR, BRIDAL, LINGERIE, WESTERNWEAR, LADIES, MEN'S, LARGE SIZES, INFANT/PRETEEN, PETITE DANCE/AEROBIC, MATERNITY, OR ACCESSORIES STORE. OVER 2000 NAME BRANDS. \$26,900 TO \$38,900. INVENTORY, TRAINING, FIXTURES, GRAND OPENING, ETC. CAN OPEN 15 DAYS. MR. LOUGHLIN (612) 888-5555.

Coffee & Tea Distributor. National Company. \$105K potential part/full time. Finance 1-800-899-4503.

CASH FOR FITNESS

Have you ever dreamed of having your own step aerobic class? It's easier than you think. Send \$9.95 for all the information. Peggy Zizak 11978 Shady ave. Connetquot Lake, PA 16316.

AAA Greeting Cards ** Earn \$400 part time or \$10K full time servicing local stores. No selling, accounts provided. Your \$995 investment secured by inventory. *** 800-771-3141***

CASH PAID WEEKLY. Earn \$2.00 for each envelope you stuff. Free details. Send S.A.S.E. to United Distributors 4408 North 16th Street, Phoenix, AZ. 85016.

CLASSES/SCHOOLS

BARMASTERS OF VA BEACH Bartending school. 1141 Independence Blvd. 1-2 wks day / evening classes. Job placement assistance. Lowest tuition in area. For Free Class / 464-0500.

FARMS/LANDS

Lot Leans * Construction Loans permanent financing all in one place. 1 closing. Call 757-495-4034. 3/28

LAND WANTED!

American Timberland Company will pay top dollar for your land. Looking for tracks of open wooded or cut over land from 50 to 5,000 acres. Call 804-945-7017. tfn

VIRGINIA LAND SALES

Over 1000 AC. through out VA 2-77 AC. parcels. Starting at \$19,900. Waterfront/ road front. If you are looking for land, whether it's to get out of the city, to build a vacation home, or investment, we've got it! Owner financing 10% down Call 24hrs. 804-949-0099. tfn

FINANCIAL

BAD CREDIT? Need help getting up your credit? For info, send large S.A.S.E. + \$1.00 postage & handling to S&K Financial Co. P.O. Box 9803, Chesapeake, VA. 23321.

ATTN HOMEOWNERS: Stop foreclosures & save your home regardless of your current situation we can help! Call Robert any time 1-800-635-2398.

HEALTH AND BEAUTY

LOSE THAT BODY FAT- 100% natural & doctor recommended! \$30 for 30 days, money back guaranteed! Call To Energy! Ask about Free BS. Call Lori 757-888-3217. tfn

HELP WANTED

POSTAL JOBS 12.68/hr. to start, plus benefits, carriers, clerks, computer trainees. From call 1-219-791-1191, ext. 30, 8am-9pm. 7 days. 3/21

Fish culturists wanted for piece work can make up to \$1,000 per week. International Distributors. End of Rt 707 Dena, Va. or call 804-642-6362.

IF YOU DON'T CALL, YOU'LL NEVER KNOW HOW MUCH MONEY YOU'RE REALLY WORTH. MARKET AMERICA PROVIDES THE BUSINESS PLAN, PRODUCTS AND SERVICES AND A POWERFUL COMPENSATION PLAN. YOU SUPPLY THE TIME AND THE ENERGY. CALL FOR DETAILS, 482-1729. 4/4

\$300-\$500 WEEKLY! Full/part time processing HUD/FHA Mortgage Refunds. No experience. Own hours. Call 24-7 days. 504-429-9233. Ext. 397708.

Earn thousands stuffing envelopes. Send self addressed stamped envelope to: J&D INC. P.O. Box 24426, Richmond, VA. 23224. 3/21

CRUISE LINE JOBS! Now hiring. \$300-\$900 weekly. Both skilled and unskilled. Excellent pay/benefits. Call 1-504-429-9229. Ext. 3977. 24-7 days. 3/14

Earn thousands stuffing envelopes. Send S.A.S.E. to J&D INC. P.O. Box 24426, Richmond, VA. 23224.

HELP WANTED

Earn thousands stuffing envelopes. Send S.A.S.E. to J&D INC. 6700 VELCREST RD. APT 121, HYATTSVILLE MD. 20782.

AVON'S

Representatives needed. Part-time or career opportunity. Call 1-800-826-0114. 3/14

Trucking OWNERS OPERATORS 'Local/regional/OTR' Home nights/weekends. Insurance available. Fuel card system. 24hr. maintenance available. No loading/unloading. No forced dispatched. No escrow. Weekly settlement. Competitive rates. Call 757-399-6321 Tues-Thurs. 10am-3pm. 3/28

POSTAL JOBS

\$12.68/hr. to start, plus benefits. Carriers, sorters, computer trainees, maintenance. Call today for exam, application and information. 1-800-267-5715 Ext. 30. 9am to 9pm. 7 days. 3/21

POSTAL JOBS

12.68/hr. to start, plus benefits. For an application and exam information. Call 1-800-256-7606 ext. VA 131, 7 days. 3/14

LABORERS

Days-Nights-Weekends Warehouse- Construction-landscaping. Work available in all cities.

Sunbelt Temporaries 461-8281

Wildlife Conservation jobs. Now Hiring, game wardens, security, maintenance, park rangers, etc. No experience necessary. For application and info, call 1-800-299-2470 ext. VA 165C, 7 days. 3/14

HOUSES FOR SALE

DAYVIEW- 4BR, newly remodeled kitchen, gas heat, CAC, 2 car detached garage with workshop. \$78,900. Closing cost paid. Call 480-7917. 4/4

For Sale By Owner: Waterfront, 2 story home "Darden Mill", Franklin, 4 bedrooms 2 1/2 baths, 2 car garage \$185,000.00. 757-562-7394. 3/14

SUFFOLK/HOLLAND AREA- 3br, 2ba, Family Room w/ fireplace, 2150 sq. ft. on 1.2 wooded acres. 24x12 utility shed. \$111,900. Call 757-657-6117.

LOANS/MORTGAGES

Lot Loans * Construction Loans permanent financing all in one place. 1 closing. Call 757-495-4034. 3/28

HOME OWNERS

We have the best rates in town. All credit considered. 1st, 2nd, 3rd Mortgages. Very Low Payments Consolidate Bills. No Equity? Bankruptcy OK! Call 1-800-664-6779 Bill or Lewis

INFINITY FUNDING CORP.

3/14

FAST CASH FOR HOMEOWNERS

All credit considered. 1st, 2nd, 3rd Mortgages. Low rates. Low payments. Consolidate bills. No Equity? Bankruptcy OK. Call 1-800-913-9816 Jeff Rusch

MORTGAGE SOUTH INC.

MISCELLANEOUS

ATTENTION DIABETICS- If you have Medicare or insurance, you may be eligible to receive your diabetic supplies at no cost. (insulin dependent only). Call 1-800-337-4144. 3/28

MOBILE HOMES/RENT

1, 2 & 3 bedrooms for rent. Call now & ask about for monthly specials 487-5737. 3/14

MOBILE HOMES/SALE

FOR RENT OR SALE! OAKWOOD- 87 mobile home on one acre of land, just over the North Carolina line. 2 bedroom, 2 bath, W/D hook up, new carpet, large kitchen, central air heat. Excellent condition. Call Diane 441-6704 Mon-Thurs and Fri-Sun 919-357-0766.

FOR LESS THAN RENT- Call Oakwood Homes of Chester 804-748-2281. tfn

MOTOR HOMES

1976 GMC MIDAS- 22ft. motor home, sleeps 6, microwave, full range, self contained, in good condition, must sell \$4,500. Call Leroy 1-919-357-1112 after 6pm. tfn

MUSICAL

FOR SALE: CONSOLE PIANO responsible party wanted to make low payment on piano. See locally call 1-800-268-6218. 3/28

MUSICAL

RIPPERS MUSIC Large selection of musical instruments to choose from. Lessons available on guitar, piano, bass and drums. High tech recording. Booking available. Recording class available. BUY SELL TRADE. New Market Shopping Center News News. 757-380-8035. tfn

PERSONALS

LOOKING FOR THE BEST Possible home for your baby? Can offer newborn a wonderful life filled with endless love, security and every opportunity. Expenses paid. Please call ROBIN & HARVEY 1-800-822-6771.

ADOPTION- Let us provide your child with love, happiness & security. Legal/medical provided. Biracial/Hispanic/Asian, private confidential. Call Andrea or Tony 1-800-230-6399. 4/4

ADOPT- Happily married couple will provide loving home, lifetime of happiness and secure future. For a white born. Expenses paid. PLEASE CALL MARIA HOWIE 1-800-968-3947. 3/28

ADOPTION: Sympathetic family offers your baby a happy, loving, secure home. Medical/legal expenses paid. Call Debbie/Joe collect. 703-437-0959. 4/11

A loving couple wishes to adopt baby into nurturing & happy home. Will pay legal & medical expenses. Call Karen and Guy 1-800-844-7542 (security code) 1679. 4/4

SURROGATE MOTHERS NEEDED FOR INFERTILE COUPLES. Contact ICA: 2601 Fortune Circle East, Ste. 102B, Indianapolis, IN 46241. 1-800-572-9782, Noel P. Keane, Executive Director.

MEET LOCAL SINGLES! Record and listen to the area's hottest voice personals FREE. The Confidential Connection 18+ (757) 533-7751.

ARE YOU READY FOR ROMANCE. 1-900-484-7070 EXT 8340 \$2.99/min. Must be 18 years. Serv-U 619-645-8434. 3/28

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What do you do when the company you've been doing business with or expect further service from has suddenly gone out of business? Trying to locate one can be difficult.

The Better Business Bureau (BBB) suggests the following:

■ Go to the last known location to see if the company has posted any instructions or signs. If not, ask neighboring companies if they know what may have happened. If the business was located in an office building, you should try contacting the landlord of the building.

■ Send a letter to the company's last known address asking the owner to contact you. Even if the business is closed, the mail may be subject to a forwarding order. You can also pay a visit to your U.S. Post Office to see if the company has a forwarding address.

■ If you don't know the names of the principals, check with your city or county clerk's office. This may require a personal visit and you may be charged a small fee.

■ If the business is regulated, such as attorneys, doctors, engineers, employment services, new car dealer, etc., contact the licensing agency. If you're not sure whether the company is regulated, contact the Virginia Department of Licensing and Regulations office. They will be able to tell you how to contact the appropriate regulatory authorities.

■ Contact the Clerk of the Bankruptcy Court in the area where the company was located to see if the company may have filed for bankruptcy.

■ Contact the local BBB. It does not trace companies, but it does receive information daily on a number of changes in business locations and ownerships and may be able to help you.

■ If you are successful in locating the owner and the business is not in bankruptcy, you are still owed your services, product or money. Closing a business does not relieve the owner of his or her obligation to you. If you cannot obtain an appropriate settlement from the company, file a complaint with the Attorney General's office, with Small Claims Court, or seek the help of an attorney.

■ If the company has filed for bankruptcy, you should file a claim with the bankruptcy court. The court will suspend the company's obligations to creditors and customers until it approves a plan to reorganize or liquidate the company. Under the plan, you, as a claimant, may or may not get all or part of what you are owed.



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Chamber of Commerce launches partnership

The Hampton Roads Chamber of Commerce, in partnership with 19 other of the chambers in Virginia, has launched ChamberComp, a workers' compensation program for members statewide.

"ChamberComp provides a bottom line benefit for all members of all participating chambers," said Ira Agricola, president of ChamberComp Inc. "Small businesses especially will benefit because this program allows them to save significantly on workers' compensation insurance, which they need."

The fully-insured program is offered through USA Risk

Services Inc. and TIG Insurance Co. and its affiliates. The program offers three-tiered pricing to provide competitive rates.

In addition to the benefits offered to members, each participating chamber will receive a percentage of the premiums written for its members.

ChamberComp is available through any licensed agent who is a member of a participating chamber.

For information on enrolling in ChamberComp, contact your insurance agent or call the Hampton Roads Chamber of Commerce at 622-2312.

Healthcare society names Mullins president-elect

Lisa Schauer Mullins, advertising account supervisor at Barker Campbell and Farley in Virginia Beach, has been named president-elect of the Virginia Society for Healthcare Marketing and Public Relations (VSHMPR). The society serves more than 200 members across the state of Virginia and provides a number of educational and scholarship opportunities.

"VSHMPR is an outstanding professional organization," said Mullins. "I look forward to leading the group through new challenges as health care continues to change at a tremendous rate."

As president-elect, Mullins will plan VSHMPR's spring

Conference on Healthcare Branding, to be held in Williamsburg May 14-16.

Stock up on ideas at show

Tidewater Builders Association's 12 Annual Mid-Atlantic Home and Garden Show, March 21-23 will feature hundreds of new products, as well as the latest ideas in design and landscaping.

Held at the Virginia Beach Pavilion, admission is \$5 for adults, \$4 for senior citizens and children under 12, free. Call 420-2434.

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The Virginia Beach Sun

Friday, March 21, 1997

VIRGINIA BEACH NEWS and VIEWS

69th Year

No. 10

10 Cents

From Bubba with love

Eggstravaganza comes 24th St. Park Easter

Easter Eggstravaganza will have you hopping towards the beach on Easter weekend. Enjoy pony rides, get your face painted, visit the Easter Bunny, laugh with the clowns, wear a balloon hat, take a jump in the "moonwalk" or check out a magnificent puppet show from Spectrum Puppets.

If you're not out of breath, enjoy a massive Easter Egg Hunt on Sunday, March 30 on the sand next to the 24th Street Oceanfront Park. The city of Virginia Beach and BeachEvents are again hosting "Easter Eggstravaganza." All other activities begin at noon

each day.

This event is free and open to the public. Hours are from noon - 5 p.m. daily:

■ Spectrum Puppets, 3 p.m. each day;

■ Pony rides, 2-5 p.m. (25th Street Park);

■ Easter Bunny arrives, noon, Sunday, March 30; and,

■ Easter egg hunt, 1 p.m., Sunday.

This year's hunt will feature thousands of eggs filled with prizes. It is for children 10 years and younger.

For more information, call 491-SUNN.

Underwater egg hunt at Kempsville Rec Center

The Second Annual Underwater Eggstravaganza will be held in Kempsville Recreation Center pool from 2-4:30 p.m. on Saturday, March 29. Get "eggced" about having an eggespecially good time hunting eggs and winning prizes. Prizes will be awarded in four age groups: Children under 9 years old must

participate in the water with a responsible person 15 or older.

Kempsville Recreation Center is located at 800 Monmouth Ln. Sign up at the front desk, or make a reservation by calling 474-8492. Cost is \$1 and a membership card or day pass is required.

Jaycees kick off ECSC season this Sunday

The Virginia Beach Jaycees' East Coast Surfing Championships (ECSC) Deck Social will be held on Sunday, March 23 from 5-7 p.m. at Big Sam's Inlet Raw Bar located at 300 Winston-Salem Road in Virginia Beach. The free deck

social marks the kick-off for the event.

Core committee members will be there to answer all questions about the event.

For more information, call 873-9328, ext. 24.

Contestants sought for Miss Va. Beach Pageant

The 1997 Miss Virginia Beach Scholarship Program, a preliminary to the Miss America Program, is accepting applications. Girls between the ages of 17 and 24 may apply.

Competition consists of interviews, physical fitness in swimsuit, evening wear and a two-minute talent presentation. Call 497-6567 or 499-3412 for more information.

Friends of Land House host colonial speaker

The Friends of the Francis Land House will hold their bi-annual meeting on Sunday, March 23 at 3 p.m. at the Francis Land House Historic Site and Gardens. Joseph Gutierrez, director of education for the Jamestown-Yorktown Foundation, will be the guest

lecturer.

He will speak on life in colonial America, with an emphasis on medicinal practices. This lecture is free and open to the public. Refreshments will be served following a short business meeting.

Senior competitors get ready for Olympics

Senior citizens aged 50 and older are invited to compete in the 1997 Virginia Beach Senior Olympics on Tuesday, April 15 and Wednesday, April 16 from 9 a.m. - 3 p.m. at Great Neck Recreation Center.

Registration deadline is Tuesday, April 8. Cost is \$3 and includes a T-shirt and lunch both days. Bowling will cost \$1 per game with free

shoes at Pinboys.

Staff will assist with the training and development for the upcoming Senior Olympic Activities such as basketball (free throws and lay-ups), softball/hitthrow and all track and field events. Great Neck Recreation Center is located at 2521 Shorehaven Dr. For further information, call 496-6766, TDD 471-5839.

Boardwalk Expo hosts antique, custom cars

The first Boardwalk Auto Expo is happening Saturday and Sunday, April 5-6, from noon - 5 p.m. with free admission. Antique and custom cars, trucks and motorcycles will fill the Virginia Beach Boardwalk this spring.

Vehicles must be show worthy and are admitted on a

first-come, first-serve basis. Load-in vehicles at 16th Street and Atlantic Avenue from 7:30 - 10 a.m. Vehicles cannot exit site before 5 p.m. Limited space is available. For more information, call Dee Nienstedt at 588-7576. This event is sponsored by BeachEvents and the city.

Families of cancer patients find solace

By VICTORIA HECHT
Sun Editor

During his battle with bone cancer, Robert Nicklin was adamant that one day there be a place where cancer patients, their families and caregivers could go for sanctuary and rest from life's hassles.

The Virginia Beach businessman, known simply as "Bubba" to friends, lost his own fight against Ewing's sarcoma in July 1995. But his dream did not die.

Fulfilling his vision, family and friends of the late Bubba's Beach Club proprietor are making it a reality.

The result is Bubba House, a guesthouse in Point O' Woods where those undergoing chemotherapy and other treatments at nearby Virginia Beach General Hospital can find temporary lodging for themselves and their families.

City council granted approval for the non-profit home in February. Now the task is furnishing the ranch house and getting it open by June 1.

Bubba's father, Joe Nicklin, and sister, B.J., are spearheading the efforts.

"Bubba went through a year of chemotherapy. Since he lived in Virginia Beach, he was able to come and go to his chemo treatments. But he noticed a tremendous need for a facility like this. People getting chemotherapy were coming from



FOR BUBBA. Since city council approved Bubba House last month, supporters have been seeking volunteer help to get the guesthouse open by June 1. Joe Nicklin and his daughter, B.J., are coordinating the project in memory of their loved one. The home will be a sanctuary for cancer patients, their families and caregivers.

But no longer do loved ones of cancer patients at Virginia Beach General have to find a makeshift bed in the lounge.

the far reaches of Virginia Beach, as well as the Eastern Shore," said Joe.

Those patients were often accompanied by their families and caregivers, who were faced with a Catch-22: travel home to see to their own needs, or stay at

the hospital on a couch or chair in case something grave happened.

More likely that not, families would choose to stay.

"We've seen firsthand, even though they live at the Beach 30 or 45 minutes away, that they

don't want to leave. Their loved one is sick — very critical — and they don't want to live with the guilt that they're not around if something happens," Joe continued.

But no longer do loved ones of cancer patients at Virginia Beach General have to find a makeshift bed in the lounge or waiting room, Bubba House will see to that.

"It's meant to be a sanctuary, a place where you can come to

See BUBBA'S, PAGE 6

Council OK's curbside recycling plan, 4-3 vote

By LEE CAHILL
City Council Reporter

City council has voted to establish its own curbside recycling program under a private contractor, but will decide later whether the cost will come out of the general fund or paid for by fees assessed users.

With only seven voting members present, council voted 4-3 in favor of the program with councilman Louis R. Jones and councilwomen Reba McClanan and Nancy Parker dissenting. Councilman W.W. Harrison Jr. and Vice Mayor William D. Sessions abstained because of conflicts.

Mayor Meyera Oberdorff had left the chambers earlier to make a dinner engagement where she was to be honored, and councilman John A. Baum was absent.

Voting in favor of the program were councilmen Harold Heischouer and Linwood O. Branch III and Councilwomen Barbara Henley and Louisa M. Strayhorn.

Dissenting council members would have preferred delaying the decision to give the public a greater opportunity to express their opinions.

To establish the program, which will start in some areas by August and be fully implemented by Oct. 1, council adopted an ordinance appropriating \$3,737,760 from the general fund to enter a contract with Tidewater Fire Corporation.

Condo owners, who would not receive the service, expressed concern that their taxes would be paying for the higher cost of the program if the city decided to fund the program through the general fund.

Tidewater Fire Corporation will provide collection every other week, the same day as waste collection, using 95-gallon containers to 85,000 homes similar to those that are already being used for townhouse collection. Also provided will be 18-gallon bins for 15,000 townhouses. Drop-off sites will be available at 22 locations.

The city expects to save \$43 a ton on waste disposal (\$1.9 million for 45,000 tons of waste recycled) or a net cost of \$1.8 million a year. The net additional cost over the service previously provided in Virginia Beach is about \$1 a house per month.

More kinds of materials will be collected than were collected in the open blue boxes supplied by SPSA (the Southeastern Public Service Authority).

They will include newspapers, corrugated cardboard, cereal and cracker boxes, junk mail, catalogs, clear, brown and green glass bottles and jars; aluminum beverage cans, pie pans and foil; steel cans such as pet food, vegetable and soup cans; plastic containers such as butter tubs, milk jugs, soft drink containers, detergent containers and yogurt cups. Estimates are that 50 percent of what is traditionally thrown into the garbage could be recycled where the city now recycles about 10,000 tons at its current 50 drop-off centers.

When the city had curbside pick-up by SPSA (which it discontinued July 1, 1996) 15,000 tons was recycled.

The city got out of the SPSA program when SPSA imposed a fee based on the number of households in the service area.

Wade Kyle, solid waste manager in the public works department, said that criteria for the service has been convenience maximizing the number of materials that will be recycled and curbside collections. The contract with Tidewater Fire is for five years with one year renewals. Kyle said that people who have never recycled will be attracted by the program.

One Kempsville resident, however, said she lived along and only part of the year in Virginia Beach and did not recycle. She objected to paying for a service she wouldn't use, she said she said her home does not generate enough recyclable material to make a difference, and that she did not want "one of



Pastoral pasturing

Ponies are a common sight at Back Bay National Wildlife Refuge. The equines commonly follow the coastline from Corolla, N.C. to the Virginia Beach refuge in search of food. This bucolic scene against the setting sun was captured during the recent Back Bay Spring Cleanup.

Lake Ridge is seen as city's centerpiece

By LEE CAHILL
City Council Reporter

The Princess Anne Corridor/Lake Ridge area has the potential of being the centerpiece of the city for the next 200 years.

Planning Director Robert Scott, while presenting a report at a council workshop last week on a proposed plan for the close to 1200-acre Lake Ridge property, made this assessment and referred to the unique opportunity the city has to develop the property in something special.

Council will hear what citizens think about the study at a public hearing on March 25.

The city purchased the 1,193-acre Lake Ridge property on Dec. 13, 1994 and more recently purchased 112 acres, formerly

known as Princess Anne Commons. The property, combined with other city-owned properties provides the city with a continuous corridor of nearly 2000 acres of land and water resources from Tidewater Community College to Indian River Road, near Pungo.

The report states that Virginia Beach has "an opportunity to create an activity center of unparalleled quality and to establish the land use and design theme for this part of the city well into the 21st century."

The steering committee that worked on the report consists of representatives of the development community, the school board, citizens and city

See COUNCIL, Page 6

See LAKE, Page 8

Commentary

NATIONAL KIDNEY MONTH

Help your own health

Amid the frantic hoopla of March Madness — as America's top college athletes realize their basketball dreams — those glued to the tube should take a lesson from these players and learn a little more about their own health. While we all can't be NCAA basketball stars, we can strive to make our own lifestyles healthy, too.

March happens to be National Kidney Month, a time when Americans should strive to learn more about how important their kidneys are to overall health. The functions of this vital organ are more than people imagine: removing toxins from the blood, balancing the body's fluids, producing hormones that regulate blood pressure and prevent anemia, and manufacturing the vitamins that regulate calcium, metabolism and healthy bones.

When the kidneys can no longer perform these functions adequately due to injury or disease, wastes and excess fluids build up in the blood. The damage can lead to total kidney failure, requiring dialysis or even a transplant. Nearly 27,000 people nationally are waiting for a kidney transplant, but only 11,000 will receive one — for lack of kidney donors.

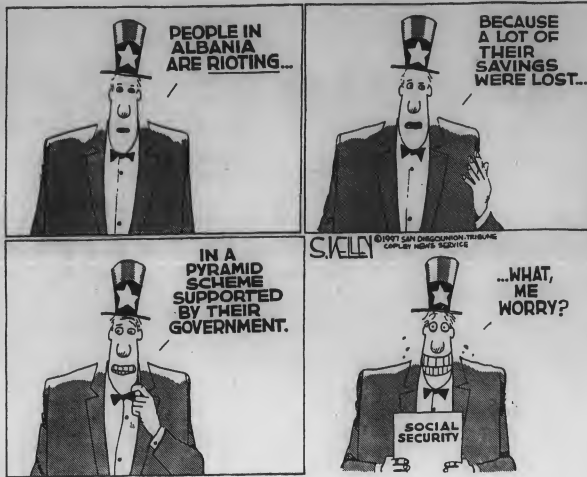
With offices right here in Hampton Roads, the National Kidney Foundation of Virginia is working to find answers to kidney disease through research, education, patient and community services, and organ donation. In addition, ongoing programs are under way to make life easier for those suffering the effects of kidney disease.

The National Kidney Foundation of Virginia is looking for volunteers to pick up, test and deliver 110 window air conditioning units donated for dialysis patients. If willing to offer assistance, call the Hampton Roads office, 499-2760.

The foundation is also looking for individuals for its "Kidney Club." The foundation makes it easier to part with "old faithful" for anyone wishing to donate their old used cars and trucks. Donations are 100-percent tax-deductible and can be made by calling 766-1750 for more information and free towing.

Help your own health, too. A free blood pressure screening sponsored by the foundation will be held Saturday from noon to 5 p.m. at Lynnhaven Mall's community booth, and Lynnhaven's B. Dalton Bookseller will donate 20 percent of its sales from one register that day to the cause.

Do your small part for the 27,000 Americans clinging to the hopes of a life-saving transplant. — V.E.H.



Overdoing a good thing

By LARRY MCGEEHEE
Columnist

A successful business executive had himself cloned. The clone was physically an exact duplicate. But its behavior differed from the original. It had a violent temper, and it also used profanity to excess.

The businessman, exasperated by it, tried to talk the clone into changing its ways, but it became angry, seized a letter-opener, and tried to stab its originator. The businessman grabbed the wrist and wrestled with the clone in the penthouse office. Finally, he flung it against the office window, which shattered. The clone plunged to its death, shouting profanities as it fell. Whereupon, the businessman was arrested.

And charged with making an obscene clone fall.

When that joke made the rounds 10 years ago, cloning was still something one knew only from watching "Star Trek" fantasies or reading science fiction books. Part of the humor of the joke was the fantastic premise of cloning. It was possible in theory, but not widely discussed.

But now that monkeys, ewes and birds have been cloned successfully, suddenly the newspapers, the barber shops, and the Internet are abuzz with a reality past the stage of being only a possibility. "T'ain't as funny now that it can happen.

Most folks aren't asking if cloning of humans is possible. They are asking who and where the first human cloning will be. They don't even ask when it will be. They assume, since it is possible, it may already be under way right now.

President Clinton has stepped in, playing the businessman in the penthouse upset with the obscenity of the clone, and has decreed that there will be no human cloning in the United States.

But the President doesn't make laws; he executes and enforces them. Legally, his pronouncement has no more weight than a Sunday sermon. As our crime and drug rates show, "Just Saying No" hasn't stopped anyone from doing anything wrong if they are determined to do it.

Not that President Clinton isn't right to try to stop human cloning. What possible reason can there be, in an overpopulated world in which nature has been rapidly eclipsed by artificialities, to reproduce more of the same? We need fewer of us, not more, unless we are somehow able to clone enough food to sustain our planet indefinitely.

And besides, who is to decide who is to be cloned? If it's a political choice, will the party in power decide? Will we have a new race of Newt Gingriches and Strom Thurmongs? If it's an academic choice, will someone decide to clone on the basis of

SAT scores or grade point averages or number of publications? If it's an arts choice, will we have a gross of Michael Jacksons or a batch of Bachs?

Maybe the medical profession will monopolize it — which would at least create enough doctors to lower the costs of medical care.

The only case that has been made for human cloning so far is the traditional one made in the name of all "Progress," which is, "Because it's there!" The record of our world is that if man can make something, he will; if he can break something, he will; if he can shake something, he will. Human curiosity is an insatiable as eating potato chips: we have to try at least once, and once we have, we can't stop gobbling.

Presidential edicts quite aside, human cloning will happen, just as certainly as the atom bomb was made and just as surely as we started getting our vitamins from tablets instead of from natural foods. Who among us is so vain enough to wish more of ourself upon a world needing our specialness?

By century's end, the obscene clones will fall into our midst, and somewhere Barbara Streisand and her talented clone will be singing, in duet — "Where are the clones? Quick, send in the clones, don't bother, they're here. My fault, I fear, I thought you'd want what I want. Sorry, my dear."

Sexes call springtime truce

God punishes women in two ways: spring cleaning and childbirth. Being that I've never experienced the latter, I'd have to say spring cleaning is the worse.

But as a domesticated female, it's a fate that I've wretched upon myself. I crave clean. No, I must have clean. It is a necessity, just as beer, burgers and big-screen televisions are men's.

Gues what I did last weekend?

Spring cleaning comes with tremendous pontification of jobs to be accomplished, repairs to be made and things to be scrubbed. "Great Expectations" would be a wonderful name for this annual ritual, but Charles Dickens already laid claim to it.

So how does "Great Discoveries" sound? That's just what happened as I began to move furniture, vacuum and dust. But we'll get to that later.

With "March Madness" in the air, I was certain that I wouldn't get Evan to lift a finger to help with the spring cleaning.

Imagine then how I felt last Friday evening when he boldly marched into the bedroom and proclaimed, "Tomorrow I am going to sand and paint the door jams, replace the storm door and repaint the front door."

If I hadn't been reclining on the bed, I probably would have fallen face first on the floor. Later I figured

it out, though. Since UVA, his favorite team, fell to Iowa early in the NCAA tournament he had no one to cheer. It was chores or nothing.

Saturday morning we awoke bright and early to tackle the chores. After a hasty breakfast of bacon sandwiches, Evan pulled on his grungiest clothes, grabbed the car keys and announced, "I am going to HQ to get my supplies."

The cleaning commenced. I'm not one to get on my hands and knees to scrub floors when a quick mopping will do, but I was determined to do it right. I filled a bucket with warm soapy water and proceeded to scour every little nook and cranny of the kitchen floor.

It was truly disgusting, but very enlightening.

For starters, I discovered a pretty, green tinted bottle with cork cap that used to sit on my windowsill. It disappeared a long time ago, yet there it was under the stove covered with a layer of dust.

I found walnuts in the strangest places, like under the hot water heater. And the cat food? I just thought Sassy was eating a whole lot. Actually, she'd been hiding it places all over the kitchen you wouldn't think to look. Behind the refrigerator was one.

Evan returned from HQ just as I was finishing up the floor. Of course, the telephone rang and he tromped across the clean, wet surface in his dirty sneakers. Getting off the phone he made a realization: "Damn, I forgot to get a sander and paint for the door!"

Back to HQ.

In the meantime, I continued to vacuum, scrub, dust, wash several loads of clothes, organize and so on. Finally, Evan returned to take the screen door off its hinges and went to work in earnest. Honestly, I was amazed. I love my husband, but rarely does he set to a project with such tenacity. This time, however, he was

a man with a mission.

"You can get those windows, too," I smiled as he took a break. "The paint is chipping really bad. You could sand those and repaint 'em as well."

"Don't push your luck," he grimed. "One thing at a time."

We finished up for the day around 7:30 p.m. with plenty of work still to do. But with no sunlight and a steady hanger, we treated ourselves to dinner out.

Crawling into bed that evening, a weary Evan promised me he'd be up at dawn to finish the door job. Well, it was a few hours after dawn when he awoke, but was immediately back at the project. Determination or extreme boredom? I still haven't figured it out.

By Sunday evening we were both exhausted from the weekend. Heck, we needed a weekend to rest from our weekend! I actually looked forward to getting up Monday — and not having to do manual labor!

But the spring cleaning was complete. There's a certain satisfaction that comes in looking over a sparkling home and inhaling its goodness (a mixture of Windex, Pledge and air freshener).

Evan had his own reason to be proud. The door looked great, and the backyard, which hadn't seen a lawn mower in months, had been tamed. Life was good.

But now we can't lose the momentum. With these jobs complete, I envision hundreds of little "honey do's." Those windows still need painting, as does the porch. The shed is a wreck, and the attic is crying to be organized.

But that will come in the future. For now we will enjoy our accomplishments. For once — just this once — the battle of the sexes is at a truce. It kind of feels good in that clean, spring sort of way.

Regionalism another name for trouble

Folks, we got trouble right here in our city. It starts with "R" and ends with "M" and it's called regionalism.

If the truth is told, the purpose of forming the cities of Chesapeake and Virginia Beach was to prevent being swallowed up by Norfolk County and Princess Anne County did not want to become New York City, Chicago or Los Angeles.

The Real World

By B.J. Sessions, senior columnist.

They wanted to maintain a lifestyle not like a big city government, where leadership often leads to corruption. Contrary to some who are not in the know, a large city costs more money than individual cities like we have in Hampton Roads. That is supported by the National League of Cities.

An example of this is that the people of Chesapeake, Virginia Beach, Portsmouth and Suffolk would have to pay for the welfare, debt and crime of inner cities like Norfolk. Norfolk lacks money, and it is said that they had to put up Nautilus and Chrysler Hall as collateral in order to build McArthur Square.

The concept Norfolk uses when it comes to regionalism is "we get the region" and the other cities get the "ism." In other words, what is yours is mine and what is mine is mine.

Norfolk has a history of being unwise when it comes to planning. A good example of this was the arena for the Rhinos. They were willing to tear down the old Golden Triangle Hotel, which was built in the '60s in order to put another arena across the street from Scope, which already has parking problems.

A new arena could have been built in Bowers Hill in Chesapeake, which is centrally located to the interstate and North Carolina with no parking problems, but no it had to be built in the most congested part of downtown Norfolk.

The goal of Norfolk is to make itself one big city at the expense of the other surrounding cities. At one time each city had its own Chamber of Commerce. Norfolk decided to have a Hampton Roads Chamber and sold the idea to the other cities. Now you must go through the Norfolk office to obtain any information about your own city.

Just a year ago the Hampton Roads Chamber decided to put signs up at each city saying "You are entering a Hampton Roads Community," which takes away the identity of the individual city — which is the purpose of regionalism.

In 1960, Norfolk attempted to annex Norfolk County and Princess Anne. It didn't work then and now they are trying again. With the Hampton Roads Chamber of Commerce and the Virginia-Pilot serving as their agents, they just might swing it this time. A former premier of Russia, Nikita Khrushchev once said about America, "We will conquer you from within." Perhaps that is Norfolk's plan.

Welcome to the real world.

The Virginia Beach Sun

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The Virginia Beach Sun is published every Friday by Byrley Publications, Inc., 1000 Armory Drive, Franklin, Virginia 23851. Periodicals postage paid in Franklin, Virginia and additional entry offices. Postmaster: Send address changes to 1000 Armory Drive, Franklin, Virginia 23851. Subscription Rates: By mail addresses within 40 miles of Virginia Beach, Va., one year, \$15.95, two years, \$28.95. Virginia and North Carolina, one year, \$17.85, two years, \$29.50. All other states one year, \$24.00, two years, \$38.50. Payable in advance.

Other Byrley Publications newspapers: The Chesapeake Post, The Portsmouth Times, The Tidewater News, The Brunswick Times-Gazette, The Independent Messenger, The Dinwiddie Monitor, The Petersburg Monitor.

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The lines are open for education input

"The School Division Wants to Know." That's a fact and also the name of a new call-in opinion program aired on VBTV, Cox Cable Channel 47 at 4:30 p.m. on the day of



The Mayor's Report

Mayor Meyer Oberdorf

city's primary means of electronic communication with our citizens — VBTV and the interactive capabilities of Beach-Line.

This is the way it works. On the first and third Tuesday of each month, while the school board is in executive session, Joe Lowenthal, host of "The School Division Wants to Know," poses a question of current interest to the school division and interviews a guest or guests who can provide additional information on the topic. Viewers are given instructions on how to register their yes or no votes and leave brief recorded comments on Beach-Line. The school division tabulates the votes and retrieves the comments which become a valuable part of the research on the subject. The results are aired on the next Tuesday School Division Wants to Know program.

The program and survey began on Nov. 5. Fifty-two viewers/callers responded to the question dealing with the possibility of requiring a "C" average for high school student participation in some extracurricular activities. Forty-two said yes, and 10 said no. Nine called left thoughtful recorded comments. The next program asked if the school division should consider changing from a half-day kindergarten program to a full-day program. Sixty-seven people called, of whom 48 said yes. A new topic and question are featured on each program.

The survey feature of Beach-Line is an excellent means of gathering quick and useful information and of reaching out to segments of the population of Virginia Beach that might not otherwise have firsthand contact with the school division on a day-to-day basis. Your responses are important; they help to round out the various other methods of feedback that the school division regularly seeks.

Several city departments also use Beach-Line for surveys that provide fast research information on specific topics. I hope you will take full

advantage of all these opportunities to share your opinions, because we truly value them.

In the event that you are not yet familiar with Beach-Line, let me introduce you. It is a service to Virginia Beach citizens which you can reach by calling 427-3580, then pressing the three-digit code for the message you want to hear. The Public Information Office maintains up-to-date recorded data on literally hundreds of topics in the Beach-Line system. On most of those topics, all you have to do is listen and learn; no response is required. For a listing of the available topics, pick up a Beach-Line brochure at any public library or recreation center in the city or at the Public Information Office in the Municipal Complex at Princess Anne.

The survey feature of Beach-Line is an excellent means of gathering quick and useful information and of reaching out to segments of the population of Virginia Beach that might not otherwise have firsthand contact with the school division on a day-to-day basis.

For Cox Cable subscribers, Virginia Beach has three access channels — 46, 47 and 48. Channel 46 is primarily a continuous message board, providing pertinent information on current and upcoming events and other items of interest to our citizens. Channels 47 and 48 provide informative and educational programming dealing with public affairs in Virginia Beach and in other places well. If you haven't yet channeled to those channels, give them a try; you'll find them to be a valuable alternative viewing at its best.

Communication is most effective when it is two-way. "The School Division Wants to Know" program is a fine example of two-way communication and I commend it to you. All of us in city government and in the school division really do care about what you have to say. Let us hear from you.

Joe Lowenthal, coordinator of Public Information for Virginia Beach Public Schools, contributed to this column.

Dangerous suspects sought

Virginia Beach police are asking for your help in locating two men who are wanted in Virginia Beach for separate crimes.

Russell Harding, also known as Mike, is wanted for murder and use of a firearm in the Feb. 24 shooting death of Marvin Johnson. Harding is black, 23 years old, 5-foot-11 inches tall, weighs 210 pounds and wears his hair in short loose dreads. He usually wears a skull cap and dark clothing.

Cory Lavelle Drew is wanted for armed robbery, abduction and use of a firearm. Drew is black, 19 years old, 5-foot-9 inches tall and weighs 135 pounds.

These men should be considered dangerous. Callers should call Crime Solvers at 427-0000.



Crime Solvers

By Detective Michael G. Derwent, Virginia Beach Police Department



Cory Lavelle Drew



Russell Harding

The Virginia Beach Sun Deadlines

News deadlines for The Virginia Beach Sun are Monday at 5 p.m. for the upcoming Friday's issue.

- Articles must be legible, preferably typed, double-spaced on standard-sized paper.
- Pictures must be sharp, clear and accompanied with complete information.
- News may be brought or mailed in and should include the name and telephone numbers of the person submitting it.
- The Virginia Beach Sun welcomes and encourages letters from its readers on topics of general interest.
- All letters must carry the name and address of writer for verification.
- Letters should be addressed to: Editor, The Virginia Beach Sun, 138 South Rosemont Road, Suite 209, Virginia Beach, Va. 23452. Phone: 486-3430.

Up close and personal

Gary Spell: 'Acting' on his abilities

By VICTORIA HECHT

Staff Editor

Gary Spell spent some wonderful moments on stage as a Princess Anne High School drama student, but the Virginia Beach native never seriously considered a career in theater.

Instead, the Dominion Theater producer insists, "This happened totally by accident." After high school he enrolled as a pre-med major at a small North Carolina university, but the money for his education ran out.

Moving back to Hampton Roads, Spell met his future wife, Jennifer, and got married. But his future remained "directionless," only compounded by a catastrophic illness early in his marriage.

"I did get better, obviously, but when it was finished Jennifer had lost her job because she had moved to Richmond to be with me — not knowing if I would pull through. I had lost my job, and we were in horrendous condition financially."

After his recovery, pianist Spell found some work with local churches, recording studios and the now-defunct Omni Dinner Theater.

"In the past I'd always declined that kind of work because I didn't want to get sucked into that — that there wasn't a living to be made there. And, secondly, I felt very awkward about getting paid for something that came so easily. I was 22 at the time, and my philosophy of life was that you get paid for stuff that you hate. I always felt guilty when I had a great time and got paid anyway. But I was desperate, so I was taking any and every kind of work I could find."

Studio work led to job after job, and theater jobs opened up great opportunities. One of those was Norfolk's Performing Arts Repertory for high school students, which was looking for a part-time musical director.

Spell accepted the position, eventually becoming assistant director.

During that time The Founders Inn opened and was seeking a performing company for the facility.

"I had developed kind of a reputation as a student director in the area, so they called me. I came in and did the first show here, '1776,' about five and a half years ago. Even though it lost money, the hotel stayed with it because the show got people in the door. They wanted another one and another and another. Eventually we proposed a whole season."

Dominion Theater is now housed at Founders Inn and operates independently from the facility.

"We produce every show individually, and every show survives on its own ticket sales. That's how it all happened," Spell said. "The theater has really found its niche."

In its fourth full season, Spell takes the producer's chair and pianist's bench for the area's first staging of "Schoolhouse Rock Live!" It's an original adaptation of the four-time Emmy Award-winning TV cartoon series that combined math, grammar, history and science with raucous sing-along scores and snappy animation. "Schoolhouse Rock Live!" opens March 28.

Occasionally, Spell also steps out of the producer's chair and onto the stage. He's acted in "Pump Boys and Dinettes" and "Forever Plaid" among others, but prefers behind-the-scenes action.

Finally, he's found his niche.

"There are pragmatic reasons why I like theater in general. It suits my work style, which is lots of short-term goals. I don't think I'd be nearly effective working for a company that was designing and building a submarine over five years. I would have a real hard time grasping the vision. This is nice because from beginning to end it's about six or seven weeks to mount a production."

"More profound than that, though, I enjoy the contact and ability to influence so many people. I'm not in this by any master plan or design. Of all the people in the theater, I really am among the least qualified to do this. I don't know how many times I've found myself in rehearsal and thought,



"Man, there are so many incredibly talented people in this room. What a privilege to be here working with them. It's amazing," Spell said.

In addition to his work with Dominion Theater, Spell is worship leader at Glad Tidings Church and the recipient of several *Pori-Folio* awards for theatrical achievement.

Name: Gary Spell.

What brought you to this area: I was born and raised here.

Hometown: Virginia Beach.

Birthdate: March 11, 1966.

Nickname: None.

Occupation: Owner and producer of Dominion Theater.

Marital Status: Married to Jennifer for 10 years.

Children: None, but we have two dogs and two cats that are basically children.

Favorite movies: "Raising Arizona" and "Fargo."

Magazines I read regularly: *Essence* and *Ebony*.

Favorite author: Frank Peretti.

Favorite night out on the town: Dinner and a movie.

Favorite restaurants: Three Ships Inn and Outback Steakhouse.

Favorite meal and beverage: A

big steak dinner with sweetened iced tea.

What most people don't know about me: I love whales and surgical videos.

Best thing about myself: I am a loyal friend.

Worst habit: Listening without paying attention.

Pets: Two cats, Opus and Wesley, and two dogs, Madeline and Elliot.

Hobbies: Going to a batting cage and practicing, and fishing.

Pet peeves: People who are insincere.

First job: Sales clerk at a music store.

Worst job: Laborer for a landscaping company.

Favorite sport team: Florida State Seminoles.

Favorite musicians: Dave Gruson, Truth, and Tuck and Patty.

Most embarrassing moment: I once gave a girl a bloody nose while trying to put my arm around her in a theater.

If I received \$1 million: I would buy and staff my own Pizza Hut.

If I had 10 minutes on national television: I would do my impression of Kermit the Frog singing the "Hallelujah Chorus."

African-American artifacts needed

Exhibit opens April 13 at Beach

The African-American Cultural Council of Virginia Beach (AACC) is calling for Civil War photographs, letters and documents relating to both African-American and white Civil War soldiers to be included in their second "Portraits of the Past" historical photographic exhibit.

Documentation on African-American soldiers serving in the Confederate and Union Armies is scarce.

The AACC will host "Portraits of the Past: The Confederate and Union Armies in Black and

White" photographic exhibit April 13 at the Contemporary Arts Center in Virginia Beach. This exhibit will highlight the various roles of African-Americans and whites on the Union side as well as the Confederate side.

Many people find it hard to believe African-Americans served in the Confederate Army, however, while some did not have a choice, there were others who in the beginning, served loyally to protect their way of life. It is also true, that, like many white families, African-American families suffered the plight of brother against brother, as political differences ripped many families apart.

This event, for the first time in Hampton Roads, will bring descendants of the Union and Confederate soldiers together,

both black and white, to honor their dead. These photographs, documents and other physical artifacts will visually illustrate how both blacks and whites contributed to the story of the American Civil War. Some have called the story forgotten, but the AACC hopes to show it was, in truth, ignored. Local historians have written countless books on our local history, but somehow they have never shown the Civil War soldiers together, on both sides fighting for their own private beliefs.

To make this event a success the AACC is asking the Hampton Roads community to share photographs, artifacts, headstone photographs, letters and other documents of their ancestors who served in the war. If you do not have photographs but have documented proof that your

ancestor served in the Civil War, call AACC to display his/her name on April 13.

The AACC is committed to informing and educating all communities in the Hampton Roads area on African-American heritage, culture and ethnic pride. Since its inception, events such as the Festival of Pride Gospelfest on the Virginia Beach oceanfront, the Bill Pickett Invitational Black Rodeo and the Salute to Blacks in the Military Sea Services, have earned the AACC and its president, Freddie E. Moody, the Virginia Beach Human Rights Commission Award.

Call 460-3093 if you have Civil War photographs of white or African-American soldiers, their headstones, artifacts, letters or other documents that will help make this event a success.

THE ARTS



Beyond Shadowlands

Virginia Wesleyan College debuts "Beyond Shadowlands," a play about the intellect, soul and relation of C.S. Lewis and Joy Gresham, on stage Friday (today) at 8 p.m. in Holzheimer Theater. Performing the roles are veteran award-winning actors Jay Hillmer and Marilyn Hausfeld, who starred in the play "Shadowlands." It was later made into a movie starring Anthony Hopkins and Debra Winger. Reservations can be made by calling 455-5700.

Arts Center opens 3 concurrent exhibits

The Arts Center of the Portsmouth Museums presents three concurrent exhibitions beginning this week:

■ "Stations of The Cross," on exhibit from March 21 - 30, is a juried exhibition jointly sponsored by Trinity Episcopal Church, The Visual Arts Center of Tidewater Community College and The Arts Center of the Portsmouth Museums.

Drawings and maquettes represent the 14 Stations of the Cross.

■ "Chesapeake Bay Now," on exhibit March 21 - May 4, is the theme of a juried exhibition organized by The Tidewater Artists Association. This exhibition of paintings, prints and sculpture reflects a contemporary view of life on the Chesapeake Bay.

The Tidewater Artists Association consists of painters, printmakers and sculptors whose collective goal is to advocate the arts, exhibit, educate and contribute to the cultural life of the Tidewater region.

■ "Down by the Seaside," on exhibit March 21 - May 4, is a youth art exhibition sponsored by the Outreach and Education Department of The Portsmouth Museums. This exhibition of drawings and paintings brings a youthful perception of life inspired by living on or near the Chesapeake Bay.

Minette Cooper, an arts and education advocate, will conduct a discussion at The Arts Center on Sunday, April 6 from 2 - 4 p.m. Her discussion is a part of The Art Center's First Sunday Lecture Series and is designed to complement the exhibit "Down by the Seaside."

The Arts Center is located on the corner of Court and High Streets in Old Towne Portsmouth and is accessible to the disabled. Hours are Tuesday through Saturday, 10 a.m. - 5 p.m., and Sunday, 1 - 5 p.m. For further information on exhibits, workshops and lectures, contact The Portsmouth Museums at 393-8983.

Senior artists sought for show

Applications are now being accepted from artists aged 55 and older wishing to participate in the seventh annual "Senior Art Show," sponsored by the Mayor's Committee on Aging. The show will take place at the Central Library, 4100 Virginia Beach Boulevard from May 1-31.

Works must be turned in on May 1 between 10 a.m. and noon. Both amateurs and professionals are encouraged to participate. For further information, call Betty McClane at 497-8504.

Auditions slated for 'Singapore'

Little Theatre of Virginia Beach, 24th Street and Barberton Drive, will hold auditions at 7 p.m. Monday and Tuesday, March 24-25, for the new musical "Song of Singapore." Needed are 10 men and 10 women singers and musicians 18 years and up. An accompanist will be provided. For more information, call Ann Heywood 437-6281.

'Schoolhouse Rock' rocks Dominion stage

Dominion Theater brings the celebrated "Schoolhouse Rock Live!" to the stage of the Founders Inn beginning March 28.

"Schoolhouse Rock Live!" is an original adaptation of the four-time Emmy Award-winning TV cartoon series which combined math, history, grammar and science with a raucous sing-along score and snappy animation. It is a musical comedy that celebrates the original series which ran between 1973 and 1985, having a huge impact on what has become known as "Generation X."

An article in the *Indiana Daily* newspaper states, "The Schoolhouse Rock video clips on ABC Saturday morning television were more than booster shots in grammar, multiplication, American history and science. For 13 years the videos were to the 'baby bust' what Howdy Doodly was to the 'baby boom': an icon."

Few born between 1965 and 1975 can forget the classic tunes that came from the cartoons, such as "Conjunction Junction," "My Hero Zero" and "I'm Just a Bill." Rob Dorner, 30, of Manhattan saw the show and remarked, "You've no idea how many tests I've sat through while humming the preamble to the constitution under my breath," which he had learned from the series.

Gary Spell, who "grew up addicted to the tunes of 'Schoolhouse Rock' will direct Dominion Theater's production.

Twenty years after the cartoon series debuted, a group of "genKers" from Northwestern University who had watched the



ROCKING AND ROLLING. "Schoolhouse Rock Live!" debuts locally on the stage of Dominion Theater March 28 and includes feel-good songs from the 1970's animation series.

catchy toons religiously became convinced that he cartoons could be brought to life in theatre. They took the original concepts of the creators — advertising team McCall, Newall and Yohe — and made "Schoolhouse Rock Live!"

The show quickly became a cult favorite and attracted full-capacity crowds and national media attention from "Good Morning America," "MTV News," NPR and CNN.

Upon seeing the phenomenal response to "SRLI," ABC television has brought the original cartoon series back to

their Saturday morning lineup. Throughout the nation, "Schoolhouse Rock" CD ROMs, greeting cards, toys, hats and videos are in demand. The infectious music can now be heard on a cover album with such bands as Blind Melon and Pavement.

"SRLI" maintained a two-year sold-out run in Chicago and a hugely successful year in New York City.

We not only successfully mounted the show, but brought the impossible-to-reach couch-potato generation into the theatre," says New York producer Michelle Cohen.

"SRLI" returned to Chicago last year to crowds of nostalgic 'twenty-somethings,' grade-school students and even those

unfamiliar with the original cartoon who lined up to enjoy this refreshing production which blends campy humor, robust choreography and joyous performances.

Virginia Beach city schools have invited Dominion Theater to bring "SRLI" to the 1,000-seat auditorium of Tallwood High School April 7-16 to perform for high school, middle school, and grade school students.

Performances run March 28 - May 23 Thursdays through Saturdays, with dinner seating at 5:30 p.m. and curtain at 8 p.m. Tickets are \$36.50 for theater and dinner at the Swan Terrace Restaurant, \$22 for theatre only. Group discounts are available.

For more information and reservations, call 757-366-5749.

Little Theater explores 'A Delicate Balance'

One of Albee's most profound plays, "A Delicate Balance," enjoyed a renewal on Broadway this past year, where it received rave reviews.

With this in mind, the Little Theatre of Virginia Beach continues its season with this Pulitzer prize winning play directed by Bob Nelson.

Come and find out what happens when Julia tries to move back home from her fourth failed marriage and finds Daddy's best friends from the club living in her room! Why are they here? Why not? anyone talk about it?

Julia wants some answers, even if she has to get Daddy's gun to find out.

"A Delicate Balance" will open March 21 and will run four weekends, closing Sunday, April 13.

There will be no performance on Easter Sunday, March 30.

Evening performances are 8 p.m., with Sunday matinees at 3 p.m.

Performance dates are March 21-23, 28-29 and April 4-6 and 11-13.

For reservations, call 428-9233.

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HAMPTON ROADS ON THE MOVE

ECl expands presence in region

ECl Systems and Engineering (ECl) is expanding its operations and is the second high-technology company to do so in Virginia Beach this year.

ECl and the Virginia Beach Department of Economic Development celebrated the opening of the company's new manufacturing and engineering facility recently at 2601 Reliance Dr. at the Oceana West Corporate Park/Lynnhaven Corridor. Gov. George Allen, Virginia Beach Mayor Meyera Oberndorf and Director of Economic Development Donald Maxwell attended.

ECl will manufacture

telecommunications switches and other electronic devices for government and commercial customers in its 45,000-square-foot facility. Operations include precision machining, component manufacturing, systems integration, telecommunications systems and the design, test and manufacture of electronic systems. ECl transferred operations from its facilities in Norfolk, Virginia Beach and Lorton to the new site. The new facility will employ 110 to 130 people, including 50 new hires, increasing ECl's total employment to more than 350.

ECl anticipates steady growth

and is rapidly changing its technology to prosper in this highly competitive environment." ECl President Dr. Richard T. Cheng said. "About 40 percent of ECl revenues come from commercial customers, a significant change from what was almost exclusively government contracts."

ECl has experienced strong growth since its founding in 1980 by Cheng. The company is headquartered in Virginia Beach, where it employs more than 350 people. Satellite operations are in 26 states, as well as in Heidelberg, Germany. Customers include the defense department,

civilian agencies and major national international companies such as Loral, Bell Atlantic, Mobil Oil, Canon and the Newport News Shipyard.

"The addition of ECl's manufacturing facility to the Virginia Beach corporate community continues the city's dramatic economic development expansion. Last year we celebrated the relocation of 24 new companies to our city, with approximately 30 expansions or relocations of existing businesses, creating 1,200 new jobs and a capital investment in the city of almost \$50 million," said Oberndorf.



Courtesy Photo

Read all about it

Students at Glenwood Elementary participated in "Snuggle Up With a Good Book and Read" recently. Local celebrities visited and read to groups of students, including Eagle 97 deejays Jimmy Ray and Jay. Guest readers also included Mayor Meyera Oberndorf, a vacationing Santa Claus and Dr. K. Edwin Brown, assistant superintendent for department accountability. Students decorated their classroom doors to illustrate their favorite books. Those who completed their read-at-home contract were feted with a party.

Chamber welcomes Davis, promotes Motel

The Hampton Roads Chamber of Commerce has welcomed one new staff member and promoted another.

Caroline Cooper Davis has been hired as program coordinator, regional education. In this position, Davis will be responsible for coordinating the Chamber's education programs, including the Hampton Roads Education Leadership Academy (HRELA), Leadership Hampton Roads (LHR) and LHR Alumni. She will be based in the Chamber's Norfolk office.

Originally from Rocky Mount, Va., Davis lived in Englewood, Colo., before moving to Virginia Beach in 1995. She formerly was employed as a program director for the South Hampton Roads YMCA. She has a degree in recreation, travel and tourism from Virginia Commonwealth University, Richmond.

Karen P. Motil has been



Karen P. Motil

promoted to director, program development. She most recently was manager, program development. As director she is responsible for coordinating all Chamber programs and supervising the program

development staff.

Motil joined the Chamber in 1993 as program manager for the Chamber's Chesapeake Division and moved to program development when the department was created in 1995. The Program Development Department is based at the Chamber's Virginia Beach office.

Motil resides in Chesapeake.

The Hampton Roads Chamber of Commerce is a 3,000 member-firm business action organization committed to building the business climate, providing for future economic expansion and improving the quality of life in Hampton Roads.

CHILDREN'S CORNER

Lactose and your baby

Feeding time is a favorite time for baby and mom. But some babies experience common feeding problems such as fussiness, gas and diarrhea. It's no picnic for mom and baby.

Common feeding problems can have many causes but may be a sign that a baby is having trouble digesting lactose, the carbohydrate found in cows milk and milk-based infant formulas. This condition is called lactose intolerance or lactose malabsorption.

"Some babies experience lactose intolerance when their digestive systems don't produce enough lactase," said George Baker, M.D., a pediatrician and vice president and medical director at Mead Johnson Nutritional. "Lactase is the enzyme that breaks down lactose into simpler sugars that babies can use for energy and growth."

A shortage of lactase enzyme can also occur after a baby has an intestinal virus. The damage caused by the virus decreases the amount of lactase produced, and it can take some time for the lactase to return to levels that allow a baby to digest lactose.

When undigested lactose remains in a baby's digestive system it can result in feeding problems such as gas or other symptoms.

Traditionally when a baby experienced a common feeding problem, the doctor recommended switching formulas, frequently from a milk-based formula to a milk-free, soy formula.

"Soy formulas eliminate the lactose from the babies diet, but they also remove the cows milk protein," said Dr. Baker. "This is the protein preferred by most doctors. It has an amino acid profile closer to breast milk than soy protein."

Until recently, lactose could not be removed from milk products without also eliminating the preferred milk protein. Advances in food technology now make it possible to separate lactose from milk protein allowing Mead Johnson Nutritional to develop the first milk-based, lactose-free infant formula—the first completely new category of infant formula to be introduced in the United States in more than 25 years.

"Lactofree™ contains and easy-to-digest carbohydrate," Dr. Baker said. "It's for babies who may have trouble digesting lactose, but have no problem with cows milk protein."

The formula also provides physicians with a new method of assessing whether a babies feeding problems are caused by lactose or cows milk protein.

"There's absolutely nothing wrong with soy formulas and babies will normally thrive on them, but now there is a new milk-based option for babies with common feeding problems related to lactose," Dr. Baker said.

For more information about feeding problems and lactose, a free brochure, "Infant Nutrition and Your Baby," can be obtained by writing Mead Johnson Nutritional, Department A-20, 2400 West Lloyd Expressway, Evansville, Ind. 47721.

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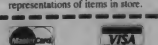
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Bubba's memory

Continued From Page 1

collect your thought a while and get some sense of order back in your life during a chaotic situation," explained B.J.

Even though Bubba House won't be ready until June, the Nicklins are already getting calls from doctor's offices. B.J. said that there is an overwhelming need for the facility, which would be comparable to Portsmouth's Fisher House and Ronald McDonald House in Norfolk.

The main difference is that Bubba House will not charge guests, already burdened with mounting medical bills, for their stays. Nor will they have to worry about finding shelter at motels, which are even more expensive and far away from the hospital.

Bubba House is only a five-minute drive from Virginia Beach General and will accommodate up to six guests, including one cancer patient, at a time.

"To say there isn't a need for this is ridiculous," said B.J., who heard such comments from those opposed to the project. But the Nicklins themselves found their 25-minute drive to see Bubba was a hardship.

"We were running in shifts, so that there were always two or three people there for him," said Joe. "And his wife always stayed overnight."

"My brother was adamant that this continue, so how could we not?" B.J. wondered.

Since the death of 31-year-old Bubba, the mission of his family and volunteer group "Bubba's Angels" has been to get the house up and running.

The four-bedroom ranch at 553 West Plantation Rd. was purchased in October. Supporters

then rallied the city for approval in the face of some neighborhood opposition, and council OK'd the project Feb. 25.

Since then the Nicklins have compiled a "wish list" for the home, which includes everything from twin beds to amenities to make the house more like home — televisions, pictures, books, lamps and a VCR.

Funds will come largely from Bubba's Beach Club Spring Classic, a golf tournament that its namesake started four years ago. This year's event is April 28 at Stumpy Lake Golf Course.

The four-man entry fee is \$300, which includes 18 holes of golf, cart, food and refreshments. Hole sponsorship is also available at \$100. Call Joe at 427-6489, or fax 468-8486, to register.

All proceeds will go to the Bubba Cancer Foundation.

Money from past tournaments was used to build a comfort lounge on the fourth floor at Virginia Beach General, as well as the Cancer Information Library at Coastal Cancer Center.

But furnishings aren't the only help needed. Although the future site of Bubba House is in good repair, some work needs to be made to the home and property.

A local Boy Scout in undertaking the mending of a backyard fence as his Eagle project, and volunteers have already offered gardening services. The biggest challenge will be conversion of the garage into a second living room/den and creating more off-street parking for the home.

Anyone interested in donating furniture, amenities and services can voice mail B.J., 419-9057.

Candlelight vigil planned for child abuse victims

April is National Child Abuse Prevention Month. The Virginia Beach Chapter of Court Appointed Special Advocates (CASA) will hold a candlelight vigil Tuesday, March 25 at 5:30 p.m., on the steps of City Hall.

"A candle will be lit for every child abused in Virginia Beach during the past year," said Edith Duggan, director of the Virginia Beach CASA chapter. "Special candles will be lit for children who have died as a result of child abuse. Approximately 550 candles will be lit during the one-hour ceremony."

Because of funding limitation, there are not enough CASA volunteers to advocate for all of the known cases of child abuse in Virginia Beach. During fiscal year 1996, 39 Virginia Beach CASA volunteers advocated 162 young victims of abuse or neglect.

Virginia Beach has the highest incidence of child abuse per capita in the state. The actual number of incidents is much higher; however,

CASA is limited by the number of volunteers.

Present at the ceremony will be Virginia Beach's Child Advocacy Network members, Mayor Meyers, Oberdorff, Chief Juvenile Court Judge Ronald Marks and Department of Social Services Director Daniel Stone.

CASA is a national, private non-profit organization. CASA, a Spanish word meaning "house," trains volunteers to investigate reports of child abuse. Volunteers check the home situation and court records, then interview the child, his or her parents, neighbors and social workers to determine what is best for the child.

They make a recommendation to the court and once a determination has been made, ensure the judge's ruling is enforced. CASA acts as "A child's voice in court."

To become a CASA volunteer or to make a monetary donation, contact the Virginia Beach CASA chapter, 426-5804.

Comedic musician/composer Hamlish delivers the goods

By ERIC STEVENS

Arts Correspondent

Jack Benny, Henry Youngman and Woody Allen are just three of a host of musician-comedians, so there must be a strong connection in the brain between music and comedy.

Marvin Hamlish is ready for that list. His recent show at Chrysler Hall might be described as 20 percent comedy, 30 percent conducting and 50 percent piano.

Known mainly as a composer, his piano skill once elicited a compliment from Mel Torme during a TV broadcast in the middle of a song — and Torme rarely pays compliments. Hamlish's first break came while he was a rehearsal pianist 33 years ago.

Marvin is best known as composer of "The Way We Were," "What I Did For Love," and "Nobody Does It Better." This night spontaneously "composed" songs based on titles offered from the audience, a difficult feat in itself, but Hamlish also made up words that rhymed and even brought two titles into one song!

His programming sense is impeccable with medley-tributes abounding. Gene Kelly was saluted by a seven-song grouping. His long-time associate Barbra Streisand, was toasted by a threesome of songs. Having won Oscars, Emmys, Grammys and a Tony, he saluted three songs that failed to win Oscars but went on to greater success than the winners in a medley called "Losers."

Having stressed George Gershwin's songs in the Kelly tribute, he did a whole medley of songs by Gershwin, and then included another in an interesting grouping called "Songs I Wish I'd Written," which started with "Someone To Watch Over Me;" it segued into Richard Rodgers' "Bewitched," and Irving Berlin's "Always."

Hamlish resurrected an old gimmick, playing "Happy Birthday" in the styles of Bach, Beethoven and Mozart.

The Virginia Symphony had but one rehearsal with Marvin. No one would ever suspect that for the performance was impeccable to these ears. There were



Marvin Hamlish

excellent solos by several local musicians, including Janet Kriner and Vahn Armstrong. During the Gene Kelly medley, musician Rob Cross came forward with one tap-shoe on each hand and played a "tap dance" on a table. Hamlish's entourage includes singer J. Mark McVey, who closed with two songs (one by Hamlish, of course), and a drummer-conductor (an unusual combination) named Michael Keller.

This writer is still active as a handleader, so when I saw/heard Keller play, I thought, "Who is that terrific drummer?" He looks quite young. Must be a student of John Lindberg (principal tympanist, teacher, and president of the Musicians' Union). I'll have to get his phone number after the concert!

Then I noticed that he was dressed differently, and he arose to conduct, bursting my balloon. I was about to offer this well-paid star a shot at some local gigs!

After the concert I visited the Green Room and shared this irony with Keller. Somehow he didn't see the humor.

Oh well, not every musician has a sense of humor!

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Beach dogs, handlers complete Delta training

Virginia Beach residents Terry Hayes and Heather Robinson and their dogs, Mugsie and Ashley, recently completed training through a nationwide program which registered them as person-animal volunteer teams qualified to provide animal-assisted activities and animal-assisted therapy to local patients.

Hayes currently volunteers with Mugsie at Georgian Manor twice a month, while Robinson is looking forward to regular visits at Georgian Manor and other facilities.

The women were registered by the nationwide Pet Partners Program, which established guidelines for member people teams to qualify them to enter hospitals, nursing homes and other facilities. The program registers teams that successfully completed health and temperament screening and volunteer training.

Pet Partners volunteer with animal assisted activities (AAA) or animal assisted therapy (AAT) programs. AAA volunteers provide informal animal contact opportunities to hospital patients, nursing home residents and people in other facilities. In AAT programs, volunteers and animals become formally involved in patient treatment regimes.

The Pet Partners Program was created by the Delta Society, a non-profit organization based near Seattle, Wash., that works to improve health and well-being by promoting beneficial contacts among people, animals and nature.

To become certified the dogs passed skills and aptitude screening and a health examination. Mugsie was examined by Dr. Robert Evans of Acredale Animal Hospital in Virginia Beach, and Ashley was examined by Dr. Stanley Bryan of Deep Creek Veterinary hospital in Chesapeake.

Hayes and Robinson were among



Terry Hayes and Mugsie



Ashley

a group of five owner/handlers to be certified in the local Tidewater area. Ashley and Mugsie and their owners had been certified by Therapy Dogs Inc. before passing the certification for Delta Pet Partners. Mugsie is a 10-year-old pug-schnauzer mix and the oldest dog on the local chapter of the "Tidewater Tailwagger."

Ashley is a 3-year-old German Shepherd that began her therapy career in group homes and hospitals in both Connecticut and New Mexico. Robinson and Ashley enjoy obedience training and have been doing so since Ashley was a puppy. To keep her skills sharp she still attends Canine Training Unlimited in Chesapeake on a weekly basis.

Council OK's recycling

Continued From Page 1

those black Barrels" in her yard. She suggested the money be used for schools or police — "something that does something for me." Kyle had indicated that citizens he had talked to wanted an enhanced program, but York said that "all the people I bump into are not in favor."

Among the advantages of the program, Kyle said, are that by reducing the amount of trash that will go into the landfills, the landfill life will be lengthened, that the program is more convenient, that the litter problem will be decreased. He said that the program was a response to citizens' requests. Virginia Beach will retain the leadership in recycling that it established in 1989 with its first program. He said the bid was good only until next Friday.

Judy Connors, representing the

Willow Oaks Condominiums, pointed out that her real estate assessments have increased, but that condo owners receive no trash removal. She objected to paying taxes for a service she would not receive.

Michael Inman, attorney representing the Community Association of Institutions including 1000 condo owners, said that the condo owners were not treated equitably. He said that the contract could be structured so that taxes are not used for the service but that condo owners can join in on the recycling services.

Councilwoman Barbara Henley said that the program will cost "more than we had expected." She said, however, that she had received a lot of calls from people who do not like the drop-off program. She said the fee system would not be good for lower-income home owners, unless there was a tax offset.

Senior Showcase set

The Annual Senior Showcase, sponsored by the Virginia Beach Mayor's Committee on Aging, will take place on May 17 at Virginia Beach Central Library, 4100 Virginia Beach Blvd from 10 a.m. to 2 p.m. Information that will be beneficial to seniors and their care-givers will be presented by the following guest speakers:

■ Susan Topping, Recreation Specialist at the Great Neck Recreation Center, will present "Fun and Fitness for Seniors," which will feature volunteers

from the Center who will demonstrate exercises, including exercises for the disabled.

■ Robert Schaefer, retired FBI Supervisory Special Agent, speaking on "Stress As A Friend" and Ani Crane, a teacher of diverse groups such as ARE, Elderhostel, Learning Retirement and the Adult Learning Center, will speak on "The Healing Power of Humor," which emphasizes humor's power to change attitudes and heal bodies.

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'I am the Norwegian Lady'

By BOB RUEGSEGGER
Sun Correspondent

Some events fade from the public consciousness quickly, while other events — no more or less important — seem to become part of legend.

It is difficult to explain why the memories of some things seem to endure, and other events slip away from recollection so very easily. Perhaps some events have a way of firing the imagination. Or maybe others have a way of capturing the heart.

From Cape Henry to Cape Fear, hundreds — if not thousands — of ships have become entombed in what is called the Graveyard of the Atlantic. The list is endless, and the Mary K. Eskridge, Priscilla, the Islington, the John Maxwell, the Eagle, the Volta and the Emile are a few examples of shipwrecks that have silted through the sands of time almost anonymously.

These ships and countless others are seldom, if ever, remembered.

In contrast, the memory of the wreck of the Norwegian bark Dictator on March 27, 1891 has remained in the public consciousness for almost 106 years because citizens of Virginia Beach and Moss, Norway have refused to allow the tragedy of this shipwreck to fade anonymously into the past.

On March 3, 1891, the Dictator left Pensacola, Fla. headed for West Hartlepool, England with a load of yellow pine timber.

A series of brutal storms, severely weakened the heavily-laden, low-riding ship. Waves crashed over the bow, smashed her lifeboats, and washed them into the angry sea. The storm knocked out the pumps and the Dictator soon began leaking.

Since the steam pumps could not be repaired, Captain Jorgen Jorgensen ordered his crew to operate the damaged pumps manually. When it became clear that the ship was in great peril, Captain Jorgensen informed his



IN TRIBUTE. A small park commemorates the Norwegian Lady, which looks over the sea at the Virginia Beach oceanfront.

crew that the Dictator would be heading to Norfolk for repairs.

The crew, it was reported, heartily supported their captain's decision to seek repairs before attempting to cross the Atlantic to England.

In addition to a crew of 14, Captain Jorgensen's wife Johanne and young son Carl were on board the Dictator.

According to William Foss in "The Norwegian Lady and the Wreck of the Dictator," Captain Jorgensen believed that his ship was in the vicinity of Cape Charles while in reality the bark was near False Cape, 22 miles south.

Jorgensen, aware that there was less than 10 fathoms of water under his keel, and "seeing broken water to the windward," Jorgensen tried to keep the Dictator off a couple of points, hoping to keep her in deep water.

Rather than deeper water, he next saw "a line of shore breakers."

Before a correction could be made, the keel of the Dictator scraped ominously on the sandy bottom.

When Jorgensen recognized

that there was no hope of extracting the vessel from the stranding, he kept the ship headed straight for the shore in order to drive her as close to the beach as possible.

Foss explains that "about 350 yards from the beach," the Dictator "quivered visibly" and "came to a standstill solidly on the outer edge of a sandbar." Foss adds, "An anguished silence fell over the ship."

Jorgensen ordered that the main must be cut away.

It was obvious to those on the Dictator as well as to the men of the U.S. Lifesaving Service at Sea Tack Lifesaving Station "who make it a business to watch the ocean during stormy weather in order to render aid when it becomes necessary" that the gallant bark was doomed.

According to an article in the *Norfolk Landmark* on March 28, 1891, an empty barrel "was gotten ready and to it was fastened a line." The article continues, "This was thrown overboard and together with the wind and tide carried it to the beach. Thus was communication established between the ship and the shore."

Ladies and gentlemen from the Princess Anne Hotel gathered on the beach to watch the rescue efforts and pray for the safety of those aboard the stranded ship adds the same *Norfolk Landmark* article. The hotel visitors "stood round with horror written on their faces and stout hearts quailed to think that they were so powerless to render the aid that they gladly would have given, if there had been a chance that an effort would have been successful."

After the breeches buoy, a rescue apparatus, was rigged and the ship's crew briefed on how to use the device (via a note in a bottle), the slow process of extracting the stranded from the shipwreck was begun.

Seaman Jakob Mell, according to Foss, was the first to attempt the trip to shore in the breeches buoy; Mell had to be hauled back aboard the Dictator.

Fearful of the rough seas and reluctant to leave her young son, Johanne Pauline Jorgensen refused to depart the ship in the breeches buoy.

The ship was breaking up and Captain Jorgensen, his wife Johanne and those who remained on board knew the end was near. As darkness fell, those aboard what was left of the ship realized that any hope for outside help was lost.

Jorgensen planned to float his family ashore with the aid of the ship's ladder. After securing one of the bark's ring-shaped lifesaving devices to his wife, he put the other preserver on and lashed his son Carl to his chest.

With the assistance of Seaman Baptiste, Jorgensen dropped the ladder overboard and lowered himself into the water. Jorgensen desperately tried to reach the ladder but was swept into a cavity in the hull by a strong current.

Almost miraculously, "the next surge of water swept them out of the hull and into the open sea."

Driven to the bottom by a huge wave, Jorgensen struggled back to the surface only to discover in horror that his son had been stripped from his chest. He clung to a piece of wreckage and futilely shouted his son's name. Eventually, Captain Jorgensen reached a sandbar and — with what strength he had left — crawled onto the beach not far from the wreck.

Frenchman Jean Baptiste, a powerful swimmer remained with Johanne Jorgensen on the wreck until a huge wave crashed over the deck and swept both of them overboard. Both Baptiste and Johanne Jorgensen drowned.

On Easter Sunday, Johanne Pauline Jorgensen's body was found on the beach not far from the Princess Anne Hotel and young Carl Zealand Jorgensen's remains were discovered in the surf near the Princess Anne Hotel on April 4. Both mother and child were buried together in Norfolk's Elmwood Cemetery.

Any shipwreck is a tragedy, especially when human lives are lost. But Captain Jorgensen's loss captured the collective heart of the local community from Norfolk to Virginia Beach.

Because local sentiment identified so closely with Captain Jorgensen's sorrow, the native populace refused to let this tragedy fade from public

CHECK IT OUT

This year the anniversary of the wreck of the Norwegian ship Dictator off of Virginia Beach will be commemorated at the 34th Annual Norwegian Lady Ceremony at the Norwegian Lady Plaza on the oceanfront at 25th Street. Mayor Meyera Oberdorff will be present to review the history of the event, and the United States Navy Atlantic Fleet Band will play the national anthems of the Norway and the United States.

Following the anthems, a wreath will be placed at sea to commemorate the Dictator and the Norwegian Lady.

Sponsored by the Virginia Beach Volunteer Fire Department Ladies Auxiliary, the ceremony will be held on Saturday, March 29 at 2 p.m.

This event is free and open to the public. Those seeking additional information may call 428-5110.

consciousness.

A few days after the Dictator had broken up on the sandbar off the old Princess Anne Hotel on 16th Street, two fishermen found the figurehead of that vessel floating in the ocean off Dam Neck. They pulled it out of the sea and loaded it into a buckboard which hauled it back to the hotel according to one account.

The elegant figurehead of the Dictator which depicted a refined lady in a flowing gown was exhibited at the oceanfront and 16th Street for over 60 years in memory of the tragic shipwreck. By 1953, the figurehead was removed and placed in storage until it could be restored; however, in 1960, it was discovered that the figurehead was missing. What happened to it is somewhat of a mystery.

Of course, restoring the figurehead was now out of the question. Thomas Goode Baptist thought replacing the lost wooden statue with a sculpture would be a fitting memorial.

Under the auspices of W. Russell Hatcher, who was the City Manager of Virginia Beach, Baptist contacted the naval attache at the Norwegian Embassy in Washington.

The Norwegian attache encouraged Baptist to write an article for publication in a Norwegian maritime journal to create interest and support from the Association of Norwegian Shipbuilders. It worked. The article caught the attention of Norwegians Erik Bye, a program producer for Radio Norway, and Emil Andersen, the mayor of Moss, Norway.

In December of 1961, Bye wrote Mayor Frank Dusch of the Norwegians' plan for providing Virginia Beach with a new "Norwegian Lady." Dusch accepted the offer with great pleasure.

Mayor Andersen of Moss and his like-minded supporters commissioned Norwegian sculptor Ornull Bast to produce a suitable surrogate for the lost Dictator figurehead — one to be unveiled in Moss and one to be unveiled in Virginia Beach. The ceremony for unveiling the Norwegian Lady statue took place on Sept. 22, 1962.

Since then, this Norwegian Lady — wearing a vest and traditional dress — has poignantly faced the Atlantic Ocean, scanning the horizon with somber eyes while clutching a lock of her gracefully flowing hair.

Her design and purpose is aptly yet simply stated on a brass plaque attached to the pedestal:

"I AM THE NORWEGIAN LADY I STAND HERE AS MY SISTER BEFORE ME TO WISH ALL MEN OF THE SEA SAFE RETURN HOME." While some events quickly fade from the memory, others live on only because people simply will not allow them to be forgotten. Although the story of Johanne Jorgensen and her son Carl captured the heart of the public, it wandered on the brink of oblivion for a few critical years. Were it not for a few determined citizens of Virginia Beach and Moss, Norway, the compelling story of the Dictator might have vanished swiftly into the vortex of history.

Old Coast Guard Station Museum houses relics

By BOB RUEGSEGGER
Sun Correspondent

The Norwegian bark Dictator grounded itself on a sandbar about 350 yards off Virginia Beach before being pounded into scrap wood by an angry sea.

Tragically, Captain Jorgensen lost his loving wife, Johanne Pauline and his young son, Carl to the Atlantic Ocean on that fateful day — March 27, 1891.

This shipwreck disaster seemed to grip the soul of the local population as rescuers struggled to save the lives of those stranded on the stricken vessel. Some of those lives were lost to the sea while others were saved by the efforts of rescuers. Captain Jorgensen's wife and son were not among the survivors.

"What remains of the bark Dictator is buried under a sand dune between 60th and 61st Street," noted Old Coast Guard Station Museum director Fielding Tyler. "It was uncovered in a storm in 1962," explained Tyler. It has been buried since and few folks realize that the hulk is still buried upon the beach.

While the figurehead of the Dictator stood at 16th Street for over 60 years as a memorial to the vessel and the lives lost, its present location remains a mystery. Other than what is buried under the dunes on the beach, the only other known

remains of the Norwegian bark Dictator are on exhibit at the Old Coast Guard Museum.

Among the artifacts that are on display at the museum is a carved wooden lion's head that was part of the ornamentation on the vessel's stern. Even in its present state, the carving qualifies as magnificent.

A hatch door from the Dictator is also a part of the museum's Dictator exhibit as is the ship's bell.

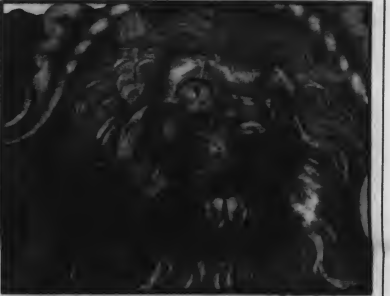
From the base of the original figurehead, a small section has been salvaged and is likewise on display.

Also included in the exhibition is a sterling silver Viking ship presented to Virginia Beach by the city of Moss, Norway.

No visit to survey the Dictator artifacts would be complete without also viewing the Norwegian Lady statue which commemorates the wreck of the Dictator.

Anne Dearman, educational program director of the Old Coast Guard Museum, pointed out the Norwegian Lady statue — just a stone's throw from the museum's front door — "is an item of real interest to school children because she's a part of third grade history."

If you are interested in tracking down the legends of both the Norwegian Lady and the Norwegian bark Dictator, the Old Coast Guard Station Museum is the place to visit.



LION'S ROAR. This woodcarving was salvaged from the stern of the Norwegian bark Dictator and is on permanent display at the Old Coast Guard Station Museum.

Naval Academy student fulfilling lifelong dream

Nine years ago Tara A. Refo of Virginia Beach set a goal for herself, and today she is living that dream by attending the U.S. Naval Academy.

Refo is continuing an 83-year tradition by being the fourth person in her family to attend this prestigious service academy.

The daughter of Jill A. Refo Virginia Beach looks back to the fascinating stories her grandfather told her about the sea and the Navy as the reason she has taken a path towards the sea service.

"I have always wanted to come here. My great-grandfather, grandfather and uncle are all graduates of the Naval Academy. I remember the stories of the great times and adventures they had in the Navy and wanted to continue that tradition," Refo said.

A 1996 graduate of First Colonial High School, Refo started her Naval career in July.

"I knew that the Naval Academy would open up a world of opportunities and that I would be able to travel all over the world."

Although the traveling hasn't started yet, Refo has experienced many opportunities during her first year at the academy. Her introduction to the military started with Plebe (freshman) summer.

"It was the hardest thing that I have ever accomplished in my life. I have pushed myself further than I thought I ever could," Refo said. "I learned a lot about honor, integrity and pride."

Enthralled in tradition and a commitment to excellence, the mission of the 151-year-old Naval Academy is to prepare midshipmen morally, mentally and physically to become the future leaders of the Navy, and to instill in them the highest ideals of courage, honor and commitment.

"Leadership by example is the most important thing that I have



Tara A. Refo

learned. If I hold myself to the highest standards, those that serve with me will see someone they can count on and learn from."

Midshipmen must be nominated by a member of Congress, the secretary of the navy, the vice president or the president to receive an appointment to the Naval Academy. Of the 10,000 men and women who apply for the nominations each year, only 1,200 of the most qualified candidates are offered appointments.

The four-year program offers a bachelor of science degree in 18 academic majors in engineering, math, science, social sciences and the humanities. Midshipmen also take military professional, ethics and leadership courses.

"I have achieved many personal goals since I joined the Navy," Refo said. "The Academy has helped me set higher standards for myself."

Refo's long range goals point her towards flight school and then in the direction of NASA to seek selection as an astronaut. Wherever her naval career takes her, Midshipman Refo will be able to continue her family military tradition and be able to tell her own fascinating stories about life in the U.S. Navy.



ENDURING MEMORY. Facing the Atlantic Ocean and the Norwegian flag, the Norwegian Lady stands in silent tribute to those who perished in the Dictator disaster. A ceremony each March commemorates the wreck.



Job well done!

Darlene Massa, a Clean Community Commission volunteer, recently retired from the city's Landscape Services Division. She received the commission's Certificate of Appreciation from chairman Maury Jackson. Massa worked for the city more than eight years. Before coming to Landscape Services, she worked with the public library system. She lives with her husband, Larry, in Sandbridge. The couple has four children and four grandchildren. Massa plans to continue volunteering for the Pungo Strawberry Festival and the Clean Community Commission on environmental projects.



Courtesy Photos



Mining minds?

Cape Henry Collegiate School science teacher Janet Holden created a hands-on activity so her fourth graders could understand the difficulty of removing minerals and precious stones from the earth. Earth samples were given to youngsters, who then had to remove elements with toothpicks and report their findings. It was a lesson with high reality correlation. Conrad Miles, left photo, was diligent in his pursuit, and Lauren Freeman, top photo, got a helping hand from the teacher as he collected samples for fellow student Kelly Stange.

Lake Ridge seen as masterpiece

Continued From Page 1

council and the planning commission. Staff also worked with CMSS Architects to develop a concept for the corridor and the Lake Ridge property.

A significant feature of the recommended plan is the relocation of Princess Anne Park from the intersection of Dam Neck and Princess Anne Roads to a location south of the amphitheater and Dam Neck Road. The park would have more acreage than it has now and would be unencumbered by roads or other features that divide the uses within the park. The cost of relocating the park would be \$8 million.

With the relocation of the park, a portion of the current park site could be used for business and uses related to education — which, combined with the city-controlled property on the north side of Princess Anne Road, would become a high-quality office and research center associated with the Virginia Beach higher education center.

Sites for three public schools are included: the elementary school south of the soccer complexes on the extension of Dam Neck Road to Salem Road; the middle school at the southern end of the property, within the Princess Anne Commons property; and the high school at the northern end of the properties just north of the existing Landstown School complex and across from the high or education center. The new high school location will accommodate a new expanded center to include a vo-tech center.

The multi-purpose stadium would be located between Landstown Road and the

Southeastern Parkway and Greenbelt right-of-way on nearly 150 acres (from the original 50 acres), making it possible to locate both an ultimate 30,000 seat stadium, a stormwater management lake and adequate parking on the site.

Over 450 acres are allocated for the development of two quality 18-hole golf courses and a resort hotel complex. The courses would be side-by-side on the area of the property between the Southeastern Parkway and Greenbelt and the future location of Judicial Boulevard (Courthouse North). A clubhouse and resort hotel could be located central to the two courses.

A 10-acre site on the former Princess Anne Commons property adjacent to the new Princess Anne Post Office on George Mason Drive, is allocated for a proposed Virginia Beach Juvenile Detention Center.

Land in the former Princess Anne Commons property not allocated to the middle school, the golf course or the juvenile detention center is allocated for business/office uses compatible in use and design to the municipal center.

Scott said that the development of the plan would give the city the opportunity to elevate the design of Princess Anne Road to include a wider row-of-way and better landscaping. Scott said that the designer was asked to look for unconventional features.

Scott said what the roads look like is important. The landscaping, lighting and other features should not look like any others in the city.

Scott said that in addition to the public hearing, the city will

have to finalize golf course development and make changes in the comprehensive plan for the roadways. Road projects include:

The Southeastern Parkway and Greenbelt which would connect to 1-464 in Chesapeake and 1-64 (Hampton Roads Beltway).

Princess Anne Road/Ferrell Parkway-Phase II and Phase V, the construction of a four-lane road from Dam Neck Road to Judicial Boulevard, following a new alignment to General Booth Boulevard, with a high level of landscaping and aesthetic treatment worthy of being a grand entrance to the Municipal Center/Lake Ridge area.

Dam Neck Road (extended) connecting Dam Neck Road to four-lanes divided with a bikeway and a 15-foot buffer on each side. Judicial Boulevard from its current end to George Mason Drive, the first phase of a four-lane arterial parallel to North Landing Road, eventually stretching from Princess Anne Road/Ferrell Parkway to North Landing Road at Salem road.

A 150-foot arterial (London Bridge Road extended), a four-lane arterial connecting the Municipal Center and Lake Ridge with the northern part of the city via London Bridge Road.

Also included in the plan are open space and trails.

Councilwoman Barbara Henley noted that the option to move the Farmers Market to the property was no longer there.

Scott replied that the acreage is there to do it but that he was not sure that it was the best use.

Henley also said that she felt strongly when the property was purchased that business use would yield some tax benefits but that she didn't see much left for business.

Scott said that the new park location would be able to accommodate more than the five or six ballfields now at the present park, but City Manager James K. Spore said the park would not be all ballfields.

Councilwoman Reba McClanahan said that the city had to keep in mind that the nearby residents were told that the park would serve them. They may feel "like we're taking away what has always been there."

Mayor Meyera Oberndorf said that if the city had not purchased the Lake Ridge property, "we would have wall-to-wall track housing again."

Shamrock celebrates 25 years

BY PENNY A. POWELL

Sun Correspondent

On your mark ... get set ... go! And they're off!

The 25th Annual Shamrock Sportsfest ran smoothly Saturday with thousands of local, national and international athletes competing in marathon action, an 8K and Masters 8K races, a 5K fitness and race walk and a children's marathon.

Professional and amateur athlete alike from across the East Coast were lured to the oceanfront event.

"I thought this was well-prepared," said Jim Donnelly, a race participant from Brooklyn, N.Y. "It's almost as good as the New York Marathon. It's a beautiful course — nice and flat and even. The wind was a little strong, but it's beautiful and I had a great time. I'll come back next year."

Prior to Saturday's activities, which ended with a party at 24th Street Park, a Runners' Clinic was held at the Pavilion. Dr. Liz Applegate, nationally-recognized for her expertise in nutrition and performance, presented "Eat Your Way to a Faster Time." A pasta party closed out Friday's activities, providing participants with lots of nutrition and energy for what was expected of them Saturday.

Around 9 a.m. on the race day, Virginia Beach resident Mike McManus was seen diligently plotting out his route to avoid running off course during his 8K run which was scheduled for 9:30 — half an hour after the start of the marathon.

"I just lost 35 pounds," he said, "so this is my first run and I'm here to see what I can do."

McManus spent six months preparing for the event and expected to complete the course.

"I'll tell you know, I've never run more than three miles in my life, so this is the first time," he laughed.

Unlike McManus, the 8K was

Ramona Thomas' second race. Thomas and her family had driven up from South Mills, N.C. for the Sportsfest. Her husband, Tommy, and their young daughter, Amanda, were eager to see 'mom' in her race.

"I want to finish and try to improve my time," noted Thomas. "Last time I did it in 43:42, so I'd like to try to improve that. My time is around eight minutes a mile, so I'd like to try to get somewhere closer to seven minutes a mile," she explained.

As three Virginia Beach females stood close to the finish line, they stretched and flexed in preparation for their upcoming race.

Nancy Speer, one of the athletes, had a slightly lower time goal than Thomas.

"I'd like to do nine-minute miles," said Speer. "I have a 9-month-old baby, so I'm in it to get fit again and lose the weight and for fun."

However, Debbie Redmond, another competitor, wanted to finish under nine-minute miles, while Amy Robinson said she had absolutely no time goals set for herself.

"I just want to finish," she said. Robinson, who has a 10-month-old baby and runs about seven miles daily, was excited about her first race.

"I just run and I have no idea why I even do it," she said. "I guess I just run to have a good time." As slim and trim as she is, it's obvious that losing weight certainly wouldn't be one of her reasons for running.

The Tidewater Striders took first place in the Marathon Women's Open category and second place in both the Open 8K Men's and Women's Open categories. Hampton Roads NROTC came in second in the Open 8K Military category.

"We're very happy to be associated with the Shamrock Marathon and 8K," said R. P.

Kale, executive director of the Tidewater Striders.

"It's a great event. The expo grows every year, and we hope to continue with them and that it just keeps going as good as it is," he stated.

Numerous Beach residents and residents of the surrounding areas placed in the top list of finishers of the various events. Virginia Beach took first second and third places in the females age group 1-14 category, and first and second place in the females 15-19 category.

Martin Mondragon from Mexico took first place in the first event of the morning, the Masters 8K, with a running time of 23:56. Because Martin speaks no English, Julio Zabla, a race participant from Brooklyn interpreted Mondragon's comments about his victory.

"The gentleman that I was running against gave me a good run and it was very hard to beat him," said Mondragon in his native language, "but I tried my best to come out first in this race. I feel very good — in good health and mentally OK!"

Mondragon has participated in four races this year.

His tough competition, Steve Jones, of Boulder, Colo., came in second place with 24:10. The two competitors race against each other frequently. When Jones was informed that Mondragon thought he was tough competition, Jones modestly said, "He said that? For a couple of miles maybe, but after that he (Mondragon) dictated the race."

Jones said that he and Mondragon had hoped to break the current Master's 8K record, however, the strong wind which slowed them down about 30 seconds per mile "was a great contributor of preventing them from reaching that goal."

Marathon awards were presented Saturday afternoon and the monetary prizes awarded ranged from \$1,000 to \$100.

UPCOMING EVENTS

Clubs

The regular monthly meeting of Great Neck-Virginia Beach AARP Chapter 4643 will be held at 7 p.m. on Tuesday, April 1 at Great Neck Recreation Center, 2541 Shorehaven Dr.

Single Parents of Virginia Beach holds its weekly orientations for prospective new members on Mondays at St. Andrews United Methodist Church, 717 Tucson Avenue. For more information, call 498-2666.

Education

The SCA at Landstown Elementary School will sponsor a skating party for all students on Wednesday, March 26 at Kempville Skating Rink from 6:30 - 8:30 p.m.

The students of Parkway Elementary will be treated to an assembly on Monday, March 24

at 9:45 a.m. and Tuesday, March 25 at 2:30 p.m. by the Young Audiences in the school cafeteria.

Princess Anne Elementary School will be celebrating its 40th anniversary and new wing dedication on April 20. The school invites all former students, parents, administrators, faculty and staff to the three-hour event. The celebration will begin at 2 p.m. with a tour of the school. Guest speakers and a variety of activities will occur from 3 - 4 p.m. Refreshments and entertainment will culminate the activity from 4 - 5 p.m. Call the school's office at 427-1440 for more information.

Recreation

A free wilderness workshop sponsored by Post 29 Tidewater Council Boy Scouts of America and the Tidewater Appalachian Trail Club will be held Saturday, April 12 from 9 a.m. - 4 p.m. at Boy Scout Camp Pispico in Surry. Topics are to include hiking and maintaining the Appalachian Trail, why trails and who uses them, trail use and maintenance at Camp Pispico.

Religion

"Awake! Arise!" will be the Easter Sunday message presented at 11 a.m. March 30 by the Rev. Joyce Kramer at Unity Church of Tidewater, 5580 Shell Rd. Immediately following the message Unity will have a special flower service. On Good Friday at 7:30 p.m. the message will be "Why the Cross?" Call 464-0772 or 420-8711 for details.



Courtesy Photos

She's tops with Boy Scouting

Virginia Beach resident Yvonne Holley received the 1997 Good Scout Award from the Tidewater Council Boy Scouts of America during the recent Friends of Scouting Recognition Dinner. Holley is a licensed realtor. She is serving a term as lieutenant governor to Division 16 of the Capital District of Kiwanis International. She presides over Kiwanis clubs in Virginia Beach and Norfolk and is a member and past president of the Bayside Kiwanis Club. Holley's community contributions have included Girl Scout troop leader, founding member of the Oyster Bay Chapter of American Business Women's Association, past president of the Board for Centerstage, member of National Association of Realtors and member of Women's Network of Hampton Roads. Pictured, from left, are: Melissa Walker, Kiwanis Division 16 lieutenant governor, Circle K; D.R. Thrush, president, Tidewater Council Boy Scouts of America and member of Kiwanis Club of Norfolk; Holley; and, Virginia Beach Mayor Meyera Oberndorf.

Virginia Department of Game and Inland Fisheries Hunting, Trapping and Nongame Wildlife Regulation Public Input Meeting(s)

The Virginia Board of Game and Inland Fisheries is conducting its regular biennial review of regulations for game, hunting, and trapping, including the length of seasons, bag limits, and methods of take, and non-replicable terrestrial and avian nongame wildlife. The Department of Game and Inland Fisheries is holding public input meetings to solicit and receive the public's comments on these regulations and any amendments which the Board proposes at its March 20-21, 1997 meeting. A meeting will be held:

Virginia Beach Recreation Center
4500 First Court Road
Virginia Beach, VA
April 2nd 7 p.m.-9 p.m.

Public input meetings are public hearings which supplement the hearings held at Board meetings. All interested persons are invited to attend. Comments from the public input meeting(s) will be summarized and provided to the Board prior to its adoption of final regulations at its scheduled May 5-6, 1997 meeting in Richmond. For more information, call (804) 367-1000.

The good old days in Norfolk and Va. Beach

Being a skeptic by nature and a romantic at heart, I knew that I should have never have set foot in Norfolk's Elmhurst Cemetery.

The virtues of skepticism and romanticism probably work best uncombined. I know from personal experience of the complications that can result when both qualities are trapped inside a single human being.

So with reckless disregard for good sense, I imprudently allowed my romantic heart to drag my skeptic disposition to Elmhurst.

Within 15 minutes of the caretaker's office, I had found what I was seeking: the gravesite of Johanne Pauline Jorgensen and Carl Zealand Jorgensen.

The Jorgensens were the wife and son of Captain Jorgen Jorgensen of the Norwegian bark Dictator, which ran aground off Virginia Beach on March 27, 1891. The pair tragically drowned while attempting to reach shore from the stricken vessel. It was a catastrophe that tugged at the heartstrings of the local populace from Virginia Beach to Norfolk.

Rescuers from the Sea Tack and Cape Henry Lifesaving stations worked together to save the lives of ten of the seventeen souls aboard the vessel until dark fell and the Dictator began breaking apart.

But my romantic spirit tells me that those were kinder, gentler times when people cared about and looked out for one another.

Until Easter Sunday, Captain Jorgensen and his surviving crew members were housed at the Sea Tack Lifesaving Station. Prior to boarding a train to Norfolk, the Norwegian sailors were introduced to a group of hotel guests and visitors from Norfolk who had come out to survey the relics of the shipwreck. The hotel guests had collected four hundred dollars to offer to the survivors of the catastrophe.

While in Norfolk, Captain Jorgensen stayed in Huntersville as a guest in the home of Hugo Amal. Jorgensen's crew found quarters at the Furlong Boarding House which was located on Plum Street.

The bodies of the drowned sailors were interred in the Seamen's Friends Society lot while the bodies of Johanne Jorgensen and Carl Jorgensen were buried in the private plot of Joseph Klepper who owned and operated a restaurant called the Rhine Wine Rooms near the Opera House on Church Street.

Ship steward St. Clair's body was not found until April 3 near the Sea Tack Lifesaving Station and was buried in Virginia Beach.

From a purely-romantic viewpoint, I was comfortable with the legend of the Dictator shipwreck. But my skeptical side required me to see and touch the Jorgensen monument as proof that there was some truth to the story.

After I had satisfied my doubts about Captain Jorgensen and his family with solid, incontrovertible evidence, I started thinking.

That's usually when the trouble starts.

I thought of how local citizens from both Norfolk and Virginia Beach cooperated so unselfishly to deal effectively with the shipwreck crisis. Nothing in any of the accounts that I read about the shipwreck indicated that anyone had acted out of self-interest or had failed to act because of self-interest. Cooperation seemed to be the order of the day.

But my romantic spirit tells me that those were kinder, gentler times when people cared about and looked out for one another. Folks in Virginia Beach and Norfolk were just more altruistic in the good old day. People cooperated because it was the right thing to do, not because it happened to serve a personal interest.

Of course, the doubter in me ques-

tions that kinder, gentler theory while the cynic thinks that the only reason that the populace worked together was that they were forced into it. And the skeptic isn't totally convinced that the good old days ever really existed.

Why is it that it takes a crisis to bring out the best in people? There I go thinking again. I knew I had no business setting foot in Elmhurst Cemetery.

LEGAL NOTICES

Public Notice

NOTICE OF PUBLIC HEARING
The Virginia Beach Planning Commission will hold a Public Hearing on Wednesday, April 9, 1997 at 12:00 Noon in the Council Chambers of the City Hall Building, Princess Anne Courthouse, Virginia Beach, Virginia. A briefing session will be held at 9:00 a.m. in the City Manager's Conference Room, City Hall Building. **PLANNING COMMISSION ACTION IS NOT A FINAL DETERMINATION OF THE APPLICATION.** BUT ONLY A RECOMMENDATION TO THE CITY COUNCIL AS THE VIEWPOINT OF THE PLANNING COMMISSION. **FINAL DETERMINATION OF THE APPLICATION IS TO BE MADE BY CITY COUNCIL AT A LATER DATE.** AFTER PUBLIC NOTICE IN A NEWSPAPER HAVING GENERAL CIRCULATION WITHIN THE CITY.

THOSE MEMBERS OF THE PUBLIC INTERESTED IN ATTENDING THE PUBLIC HEARING SHOULD BE ADVISED THAT, FOR REASONS THE PLANNING COMMISSION DEEMS APPROPRIATE, CERTAIN ITEMS ON THE AGENDA MAY BE HEARD OUT OF ORDER AND THAT IT SHOULD NOT BE ASSUMED THAT THE ORDER LISTED BELOW WILL BE EXACTLY FOLLOWED DURING THE PUBLIC HEARING.

The staff reviews of some or all of the items on this agenda suggest that certain conditions be attached to approval by City Council. However, it should not be assumed that those conditions constitute all the conditions that will ultimately be attached to the project. Staff agencies may impose further conditions and requirements during administration of applicable city ordinances.

SUBDIVISION VARIANCE:
1. Appeal from Decisions of Administrative Officers in regard to certain elements of the Subdivision Ordinance, Subdivision for Beco Construction, Inc. Property is located on the south side of Broad Bay Road, 230 feet more or less east of Hackberry Road. **LYNNHAVEN BOROUGH.**

CHANGE OF ZONING DISTRICT CLASSIFICATION:
2. An Ordinance upon Application of Cowan Construction & Design Inc., for a Change of Zoning District Classification from A-12 Apartment District to R-55 Residential Single-Family District at the southeast corner of Alabama Avenue & Garfield Avenue on Lots 1 through 9, Block 8, Pecan Gardens. The proposed zoning classification change to R-55 is for single family land use on lots no less than 5,000 square feet. The Comprehensive Plan recommends use of this parcel for urban medium low density residential at densities that are compatible with multi-family use in accordance with other Plan policies. Said parcel contains 21,997.04 square feet. **PRINCESS ANNE BOROUGH.**

3. An Ordinance upon Application of Richard & Leah Waitzer for a Change of Zoning District Classification from O-2 Office District to O-1 Office District on the west side of First Colonial Road, 350 feet more or less north of Old Donation Parkway. The proposed zoning classification change to O-1 is for office land use. The Com-

prehensive Plan recommends use of this parcel for urban high density residential at densities that are compatible with multi-family use in accordance with other Plan policies. Said parcel is located at 1115 First Colonial Road and contains 25,033.44 square feet. **LYNNHAVEN BOROUGH.**

4. An Ordinance upon Application of CMSS Architects for a Change of Zoning District Classification from R-10 Residential District and B-2 Community Business District to Conditional A-18 Apartment District on the following parcels:
Parcel 1: From R-10 to Conditional A-18 on property located 180 feet more or less north of Princess Anne Road beginning at a point 700 feet more or less east of S. Parliament Drive.

Parcel 2: From B-2 to Conditional A-18 on property located on the north side of Princess Anne Road beginning at a point 730 feet more or less east of S. Parliament Drive.

The proposed zoning classification change to Conditional A-18 is for multi-family land use at a density no greater than 18 dwelling units per acre. The Comprehensive Plan recommends use of this parcel for suburban medium density residential at densities that are compatible with single-family use in accordance with other Plan policies. Said parcels contain 2.72 acres. **KEMPSVILLE BOROUGH.**

CONDITIONAL USE PERMIT:
5. An Ordinance upon Application of Lynnhaven Marina L.L.C., for a Conditional Use Permit for a marina on the east side of Great Neck Road W, beginning at a point 950 feet more or less south of Lynnhaven Drive. Said parcel is located at 2101 Great Neck Road West and contains 1.249 acres. **LYNNHAVEN BOROUGH.**

6. An Ordinance upon Application of Daniel E. Poston for a Conditional Use Permit for motor vehicle sales, service and truck rentals on the south side of Virginia Beach Boulevard, 300 feet west of Foundry Lane. Said parcel is located at 2825 Virginia Beach Boulevard and contains 1 acre. **LYNNHAVEN BOROUGH.**

7. An Ordinance upon Application of Richard S. Proffitt for a Conditional Use Permit for a car wash in conjunction with an existing gasoline station at the southwest corner of Independence Boulevard and N. Witthuck Road. Said parcel is located at 773 Independence Boulevard and contains 21,823.56 square feet. **BAYSIDE BOROUGH.**

8. An Ordinance upon Application of Wireless PCS, Inc., agent for AT&T Wireless PCS, Inc., for a Conditional Use Permit for a monopole tower on the south side of Newtown Road, 220 feet east of Cleve Abbey. Said parcel is located at 952 Newtown Road and contains 76.133 acres. **BAYSIDE BOROUGH.**

STREET CLOSURE:
9. Application of Mark R. Lichtenstein for the discontinuance, closure and abandonment of a portion of Snyder Street beginning at the southern boundary of 55th Street and running in a southerly direction a distance of 105.10 feet along the eastern boundary of Snyder Street. Said parcel is variable in width and contains 4,102 square feet. **LYNNHAVEN BOROUGH.**

AMENDMENT:
10. Motion of the City of Virginia Beach, Virginia, to amend and reordin Sections 203 and 1521 of the City Zoning Ordinance pertaining to parking requirements in the RT-3 Resort Tour District.

CONDITIONAL USE PERMIT:
11. An Ordinance upon Application of The City of Virginia Beach, Public Works/Parking Systems Management, for a Conditional Use Permit for a commercial/municipal parking lot at the southeast corner of Atlantic Avenue and Laskin Road. Said parcel is located at 3003 Atlantic Avenue and contains 1.03 acres. **LYNNHAVEN BOROUGH.**

12. An Ordinance upon Application of Atria Communities, Inc., for a modification to a Conditional Use Permit for an assisted living & retirement housing facility, to allow 112 units rather than 110 units as originally approved, on the north side of Old Donation Parkway, beginning at a point 101.65 feet east of First Colonial Road. Said parcel contains 5.1 acres. **LYNNHAVEN BOROUGH.**

DEFERRED BY PLANNING COMMISSION ON 2/12/97:
13. An Ordinance upon

Application of McGinnis Realty & Development Company for a Change of Zoning District Classification from AG-1 and AG-2 Agricultural Districts to Conditional R-20 Residential District on certain property located on the west side of Princess Anne Road beginning at a point 1060 feet more or less south of Elson Green Avenue. The proposed zoning classification change to R-20 is for single family residential land use on lots no less than 20,000 square feet. The Comprehensive Plan recommends use of this parcel for rurally compatible development, agriculture, public recreational facilities and public land banking opportunities. Said parcel contains 57.94 acres. **PRINCESS ANNE BOROUGH.**

14. An Ordinance upon Application of McGinnis Realty & Development Company for a Conditional Use Permit for an open space promotion option on certain property located on the west side of Princess Anne Road beginning at a point 1060 feet more or less south of Elson Green Avenue. Said parcel contains 57.94 acres. **PRINCESS ANNE BOROUGH.**

DEFERRED BY PLANNING COMMISSION ON 3/1/97:

15. Appeal from Decisions of Administrative Officers in regard to certain elements of the Subdivision Ordinance. Subdivision for Miles B. Leon. Property is located on Watersedge Road on Parcel 7, Parkway Manor. **LYNNHAVEN BOROUGH.**

16. An Ordinance upon Application of Wireless PCs Inc., Agent for AT&T Wireless PCS Inc., for a Conditional Use Permit for a communication tower on Lots 49 and 50, Shelton Place. Said parcel is located at 1707 Lawson Road and contains 21,827 square feet. **BAYSIDE BOROUGH.**

17. An Ordinance upon Application of Zimmer Development Co. of Virginia, L.P., for a Change of Zoning District Classification from R-75 Residential District and B-2 Community Business District to Conditional B-1 Neighborhood Business District on certain property located at the northwest corner of Princess Anne Road and S. Parliament Drive. The proposed zoning classification change to B-1 is for commercial land use. The Comprehensive Plan recommends use of this parcel for single family residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel contains 1.6 acres. **KEMPSVILLE BOROUGH.**

All interested parties are invited to attend.

Robert J. Scott
Planning Director
If you are physically disabled or visually impaired and need assistance at this meeting, please call the CITY CLERK'S OFFICE at 427-4303. Hearing impaired, call: TDD only at 427-4305 (TDD-Telephonic Device for the Deaf).

12-4
213-28

Public Notice

Virginia:
In the Circuit Court of the City of Virginia Beach
Commonwealth of Virginia,
Plaintiff v. JERRY L. STRONG
Defendants
\$1,087.00 US Currency (Sheehan) CL95-3491
\$833.00 US Currency (Ramos)
CL96-562
\$425.00 US Currency (Jones),
CL96-736 Defendants
Order of Publication and Affidavit

THIS DAY CAME the Attorney for the Commonwealth and moved this Honorable Court to forfeit to the Commonwealth of Virginia the above referenced items that were seized between November 10, 1995, and February 24, 1996.

An information was made, signed and filed with the Circuit Court Clerk's Office on each of the above matters. Said information stated the owner of the property and the last known address of the owner at the time the information was filed.

It appearing that the whereabouts of the owners is currently unknown, and that a registered letter has been mailed to his last known address, it is hereby ORDERED, that all parties appear on or before April 16, 1997, and do whatever is necessary to protect their interest in said property.

It is further ORDERED that pursuant to Section 192-386.3 (B) of the Code of Virginia (1950), as amended, this Order of Publication be published once a week for four successive weeks in the Virginia Beach Sun, a

newspaper of general circulation in the City of Virginia Beach.

ENTER this 7 day of March, 1997

Certified to be a TRUE COPY of record in my custody.
J. Curtis Fruit, Clerk of Circuit Court, Virginia Beach, VA
By: Barbara S. Murden, Deputy Clerk

I ASK FOR THIS:
Deborah M. Paxson
Deputy Commonwealth's Attorney
Office of the Commonwealth's Attorney
2305 Judicial Boulevard
Virginia Beach, Virginia
24356-9050

12-3
414-11

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: Iail Robinson, Plaintiff v. Birkan Satiroglu, Defendant
Chancery No. CH97-750
ORDER OF PUBLICATION

The object of this suit is for the plaintiff to obtain a divorce, a vinculo matrimonii from the defendant upon the grounds of separation lasting for more than twelve (12) months pursuant to Section 20-91(9) of the Code of Virginia (1950), as amended. It is ORDERED that Birkan Satiroglu appear and protect his interest, on or before May 7th, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

March 12, 1997
J. Curtis Fruit, Clerk
By Bill Mauld, Deputy Clerk

12-3
414-11

Public Notice

NOTICE OF PUBLIC HEARING
Virginia:

The regular meeting of the City Council of the City of Virginia Beach will be held in the Council Chambers of the City Hall Building, Municipal Center, Princess Anne Station, Virginia Beach, Virginia, on Tuesday, April 8, 1997 at 2:30 p.m., at which time the following applications will be heard:

CHANGE OF ZONING DISTRICT CLASSIFICATION:
PRINCESS ANNE BOROUGH

1. An Ordinance upon Application of 3 Mac Associates, L.P., for a Change of Zoning District Classification from AG-1 and AG-2 Agricultural Districts, R-20 Residential District and R-10 Residential District on certain property located on the west side of Princess Anne Road beginning at a point 100 feet more or less south of Three Oaks Drive. The proposed zoning classification change to conditional R-10 is for single family residential land use on lots no less than 10,000 square feet. The Comprehensive Plan recommends use of this parcel for suburban low density residential land use at densities that are compatible with single-family use in accordance with other Plan policies. Said parcels contain 12.007 acres. **PRINCESS ANNE BOROUGH.**

LYNNHAVEN BOROUGH
2. An Ordinance upon Application of Paul D. Rowan for a Change of Zoning District Classification from I-1 Light Industrial District to AG-2 Agricultural District on the west side of S. Birdneck Road beginning at a point 840 feet north of Belis Road. The proposed zoning classification change to AG-2 is for agricultural land use. The Comprehensive Plan recommends use of this parcel for industrial use in accordance with other Plan policies. Said parcel contains 15 acres more or less. **LYNNHAVEN BOROUGH.**

CONDITIONAL USE PERMIT:
3. An Ordinance upon Application of Paul D. Rowan for a Conditional Use Permit for a veterinary hospital and boarding of horses on the west side of S. Birdneck Road, 840 feet north of Belis Road. Said parcel contains 15 acres more or less. **LYNNHAVEN BOROUGH.**

4. An Ordinance upon Application of Exxon Corporation for a Conditional Use Permit for an automobile service station in conjunction with a convenience store with fast food and a car wash at the southeast corner of Virginia Beach Boulevard and Rosemont Road. Said parcel is located at 3653 Virginia Beach

Boulevard and contains 1.624 acres. **LYNNHAVEN BOROUGH.**
BAYSIDE BOROUGH
5. An Ordinance upon Application of Exxon Corporation for a Conditional Use Permit for an automobile service station in conjunction with a convenience store with fast food at the northwest corner of Virginia Beach Boulevard and Independence Boulevard. Said parcel is located at 4600 Virginia Beach Boulevard and contains 35,632 square feet. **BAYSIDE BOROUGH.**

All interested parties are invited to attend.

Ruth Hodges Smith, CMC/AEE City Clerk

12-5
213-28

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: Julie Elena R.T. Abarra, Plaintiff v. Conrado P. Abarra, Defendant
Chancery No. CH96-3473
ORDER OF PUBLICATION

The object of this suit is for the plaintiff to obtain a divorce, a vinculo matrimonii from the said defendant, upon the grounds of separation for one year. It is ORDERED that Conrado P. Abarra appear and protect his interest, on or before May 6th, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

March 11, 1997
J. Curtis Fruit, Clerk
By Bill Mauld, Deputy Clerk

12-2
414-11

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: GEORGIA A. STRONG Plaintiff v. JERRY L. STRONG Defendants

ORDER OF PUBLICATION - CASE NO. CH 97-51
The object of this suit is for a divorce a vinculo matrimonii. It is ORDERED that Jerry L. Strong appear and protect his interest, on or before April 24, 1997, which date is no sooner than 30 days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in The Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

Feb. 27, 1997
DATE
J. CURTIS FRUIT, CLERK
By Bill Mauld
Deputy Clerk

10-2
413-28

Public Notice

VIRGINIA: IN THE CIRCUIT COURT OF THE CITY OF VIRGINIA BEACH
On the 3rd day of March, 1997:

Re: Estate of Susan B. Whetstone, deceased
Fiduciary No. 94-700
Chancery No. CH-96-3940
SHOW CAUSE ORDER

Interpreting that a report of the accounts of Central Fidelity National Bank, Executor of the Estate of Susan B. Whetstone, deceased, and of the debts and demands against her estate has been filed in the Clerk's Office, and that six (6) months have elapsed since the qualification, on motion of Central Fidelity National Bank, Executor, IT IS ORDERED that the creditors of, and all others interested in, the Estate do show cause, if any they can, on the 11th day of April, 1997, at 9:30 a.m. or as soon thereafter as counsel may be heard, before this Court at its courtroom, against the payment and delivery of the Estate of Susan B. Whetstone, deceased, to the residuary beneficiaries without requiring refunding bonds.

IT IS FURTHER ORDERED that this Show Cause Order be published once a week for two successive weeks in The Virginia Beach Sun, a newspaper of general circulation in the City of Virginia Beach, Virginia.

Certified to be a TRUE COPY OF RECORD IN MY CUSTODY
J. Curtis Fruit, Clerk
Lewis W. Webb, III, Esq.
Kauffman & Canoles, P.C.
P.O. Box 3037
Norfolk, VA 23514-3037

11-5
213-21



CLASSIFIEDS

CALL TODAY
TO PLACE YOUR AD IN
THE CLASSIFIEDS
547-4571

CLASSIFIED AD MAIL-IN FORM

| PERSONAL RATES | 20 Words or less | Additional words |
|----------------|------------------|------------------|
| 1 time | \$ 7.50 | .35 |
| 2 times | \$12.50 | .70 |
| 4 times | \$22.50 | 1.40 |

Run your Classified Ad four times for only \$22.50. You can cancel your ad at any time.

All Classified Ads run in three newspapers (The Virginia Beach Sun, The Chesapeake Post and The Portsmouth Times). No additional charge.

Please print clearly using only one word per box.

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Run my ad for _____ issues.

Payment is enclosed \$ _____

Make check payable to **Bryer Publications**

MAIL TO: Classified, Box 1327, Chesapeake, VA 23327

Name _____
Address _____
City _____

FOR HELP with your Classified Ad, please call 547-4571.

COMBINATION RATE: Run the same personal ad in any other Bryer Publications newspaper for an additional \$3 one time, \$5 two times, \$7 four times. Newspapers in Franklin, Emporia, Lawrenceville, Denville and Petersburg. Call 547-4571 for details.

ANNOUNCEMENTS

Granby Alumni Association will hold its regular annual meeting on March 25, 1997 at 7:30 pm at Granby High School. Election of officers. All Granby Alumni invited. Half of name nominations requested in writing. Contact Jim Augustine, Fax 441-2182. 3/14

APARTMENTS/RENT

ROYAL ATLANTIC MUSICAL SERVICES: Music for any occasion. References, promotional materials available. Jazz, Rock, Country, Oldies, Dixieland. David Jacobson 548-1873. 3/14

APARTMENTS/RENT

APARTMENTS/RENT

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Clean, Furnished Apartment- LR, 1Br, carpet, tile BA, Kitchen, gas heat, no pets, \$310/mo. No utilities furnished. Call 484-3381. 3/28

SENIOR CITIZENS DISCOUNT on remodeled 1-2 bedroom. Call 425-7575.

1-2-3 BEDROOM APARTMENTS & HOUSE. Close to buses. Furnished or unfurnished. \$200-\$500 monthly. 6 month lease required. Call 588-8164 or 480-2133. 3/14

ARTICLES FOR SALE

New Bridal Original Gown- Never worn/valued. Peau de soie. Fitted Bodice. Raised lace Applique/Pearls Long train. Paid \$606.95. Best offer 757-562-5339.

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AUCTIONS

Antiques & Collectibles Auction. Every Thursday 7pm. Hardin & Sunshine 463-7335. 244 London Bridge Shopping Ctr. 3/28

AUTOS FOR SALE

1978 Mercury Zephyr- A/T, AM/FM, 4 door, recent inspection, low miles, excellent condition \$1200.00. Call After 5pm 1-757-657-9458.

89 Ford Escort, 4D, Hitch back, automatic w/AC, am fm cass., blue, good condition. \$2500 call 631-1903.

BOATS

'88, 32 FT TANGIER ISLAND STYLE Deadrise Island boat. \$12,000. If interested call (757)891-2307 3/28

BOAT MOTORS

351 FORD 0 HR. FRESH REBUILT, long block, \$975 HP, available guaranteed call 721-4100 4/9

BUILDING MATERIALS

Huge savings on selected models of new arch-type steel buildings. 25x26, 30x42. Great for storage, shops, garages. Easy financing available. Call immediately 1-800-341-7007.

BUSINESS OPPORTUNITY

Watching TV goes MLM. It's estimated that 20,000 homes a day are making the switch to digital satellite TV. Just step in front of this movement and you can't fail. Call 1-888-211-9683. 3/21

ATTN: Commission Sales people. 25% RT Commission 25% whole sale overrides up to 55% in bonuses! Plus, free leads to all qualified distributors from are in commercial that airs on cox cable every week! Limited time only! Call 757-686-0326 or 1-800-434-5321, Access 33. 4/11

YES WASH your car without water. Dealer inquiries welcome call 1-800-837-2808. 3/28

SUCCESSFUL PROVEN STRATEGY For promoting your product service or opportunity. Free details! Call now 1-800-844-9639 ext 3379. 4/4

CLUB ATLANTA TRAVEL (CAT) Allow you to travel and get paid for it. Personal use or business opportunity. Call 1-800-750-8894 to hear the roar of the cat. Then call local rep at 757-686-0326 or 1-800-434-5321, access 33. 3/21

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LOSE THAT BODY FAT! 100% natural & doctor recommended! \$30 for 30 days, money back guaranteed! Fat to Energy! Ask about Free B's. Call Lori 757-888-3217. 3/21

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BUSINESS OPPORTUNITY

AAA Greeting Cards Earn \$45K part time or \$110K full time servicing local stores. No selling, accounts provided. Your \$9950 investment secured by inventory. *** 800-771-3141***. 3/28

CASH PAID WEEKLY. Earn \$2.00 for each envelope you stuff. Free details. Send S.A.S.E. to United Distributors 4409 North 16th Street, Phoenix, AZ. 85016. 3/21

CLASSES/SCHOOLS

BARMASTERS OF VA BEACH Bartending school. 1141 Independence Blvd. 1-2 wks day / evening classes BJW/ placement assistance. Lowest tuition in area. For Free Call 464-0500. 4/11

FARMS/LANDS

Lot Loans * Construction Loans permanent financing all in one package. 1 closing. Call 757-495-4034. 4/4

LAND WANTED!

America's Timberland Company will pay top dollar for your land. Looking for tracks of open wooded or cut over land from 50 to 5,000 acres. Call 804-949-7017. 3/28

VIRGINIA LAND SALES Over 1000 AC. through out VA 2-77 AC. parcels. Starting at \$19,900 Waterfront/ road front. If you are looking for land, whether it's to get out of the city, to build a vacation home, or investment, you've Got It! Owner financing. 10% down Call 24hrs. 804-949-0099. 3/28

FINANCIAL

BAD CREDIT? Need help cleaning up your credit? For info, send large S.A.S.E. + \$1.00 postage & handling to S&K Financial Co. P.O. Box 9803, Chesapeake, VA 23321. 3/28

ATTN HOMEOWNERS- Stop foreclosure & save your home regardless of your current situation we can help! Call Robert any time 1-800-635-2398. 3/28

FLEA MARKETS

OPENING SOON!! China Market USA Flea Market: 3535 Airline Blvd; Portsmouth Formerly Flea Fair USA. Taking Vendor Applications. 488-8760 3/28

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HEALTH AND BEAUTY

HEALTH AND BEAUTY

HEALTH AND BEAUTY

HELP WANTED

POSTAL JOBS

\$12.68/hr to start, plus benefits. Carriers, sorters, computer trainees, maintenance. Call today for exam, application and information. 1-800-267-5715 Ext. 30, 9am to 9pm. 7 days. 3/21

POSTAL JOBS

\$12.68/hr to start, plus benefits. For an application and exam information call 1-800-256-7608 ext VA 131, 7 days.

Wildlife Conservation jobs. Now Hiring, game wardens, security, maintenance, park rangers, etc. No experience necessary. For application and info, call 1-800-299-2470 ext VA 165C, 7 days

HOUSES FOR SALE

BAYVIEW- 4BR, newly remodeled kitchen, gas heat, CAC, 2 car detached garage with workshop. \$78,900. Closing cost paid. Call 480-7917. 4/4

For Sale By Owner: Waterfront, 2 story home "Darden Mill", Franklin, 4 bedrooms 2 1/2 baths, 2 car garage \$185,000.00. 757-562-7994. 4/4

LOANS/MORTGAGES

Lot Loans * Construction Loans permanent financing all in one package. 1 closing. Call 757-495-4034. 4/4

HOME OWNERS

We have the best rates in town. All credit considered. 1st, 2nd, 3rd Mortgages. Very Low Payments Consolidate Bills. No Equity? 3/28

Bankruptcy OK! Call 1-800-664-6779 Bill or Lewis INFINITY LENDING CORP. 4/11

FAST CASH FOR HOMEOWNERS

All credit considered. 1st, 2nd, 3rd Mortgages. Low rates. Low payments. Consolidate bills. No Equity? 3/28

Bankruptcy OK. Call 1-800-913-9818 Jeff Routh MORTGAGE SOUTH INC. 4/11

MISCELLANEOUS

ATTENTION DIABETICS- If you have Medicare or insurance, you could be eligible to receive your diabetic supplies at no cost. (insulin dependent only). Call 1-800-337-4144. 3/28

MISC FOR SALE

Yamaha outboard motors: 1993 25hp, 1983 9.9 hp. Both like new, mechanical transplants, 3pl. hitch, 2 seat, water tank. Excellent condition 757-653-2139. 3/21

MOBILE HOMES/RENT

1, 2 & 3 bedrooms for rent. Call now & ask about for monthly specials 487-5737. 3/14

MOBILE HOMES/SALE

FOR RENT OR SALE! OAKWOOD- '87 mobile home on one acre of land, just over the North Carolina Line. 2 bedroom, 2 bath, W/D hook up, new carpet, large kitchen, central air/heat. Excellent condition. Call Diane 441-5704 Mon-Thurs and Fri-Sun 913-357-0766. 3/28

HOMES FOR LESS THAN RENT- Call Oakwood Homes of Chester 804-748-2281. 3/28

MOTOR HOMES

New book examines role of school superintendent

By STEVE DANIEL
School Correspondent

In "The American School Superintendent: Leading in an Age of Pressure," authors Gene R. Carter and William G. Cunningham of Virginia Beach allow the reader to walk in a superintendent's shoes, to get a feel for the frustrations, challenges and joys of what many consider to be a pressure-packed, thankless job.

The book is the first collaborative effort of Carter, former superintendent of Norfolk Public Schools and a past member of Old Dominion's Board of Visitors, and Cunningham, professor of educational leadership and counseling.

The authors discuss the major tasks of superintendents, including economic matters, political activism, coalitions and alliances, power struggles, influence building, community relations and the constant call for school reform.

Drawing on the experiences of more than 250 superintendents, including 60 case studies, Carter and Cunningham offer a comprehensive view of the existing state of educational leadership and propose new directions which hold promise for significant improvement. The book provides not only guidance for superintendents and other administrators, but also a clear assessment of the superintendency as it interacts with school boards, the general public and teachers.

Teachers often use such endearing terms as "puzzle palace" to describe the central office headed by their superintendent. In the book, the authors help the reader take both the "puzzle" and "palace" out of the leadership and replaces them with an understanding of the pitfalls and promises that go along with the job.

For many superintendents, it is a position with short tenure. In their preface, the authors note that the idea for the book grew out of a five-year national school administration fellowship program that included superintendents from 50 school divisions across the country. "One year after the program ended, only two of the 50 participating superintendents remained in their jobs," they write.

The authors go on to say, "In discussing this exit phenomenon with a number of superintendents, we saw clearly that there were many pressures on superintendents that were not well understood. At the same time, there was a need for massive educational reforms. Superintendents often found themselves in a sea of criticism and advice, at a time when the turbulence had never been greater."

Indeed, the authors share the prevailing concern about short-lived tenures, which is summarized in their preface by Donald R. Draayer, superintendent of schools in Minnetonka, Minn.: "Important and needed organizational change occurs over many years. Leadership that is in constant flux can rarely bring about effective change which truly impacts student learning."

Since the 1983 "A Nation at Risk" report, many books and studies have been written about the problems in American education, but few major improvements have been made, says Cunningham. "The American School Superintendent" (Jossey-Bass Inc., Publishers; 1997) discusses the



William Cunningham

causes of the problems and proposes its own unique solutions to improve American public education.

The authors challenge superintendents to be proactive and inspirational, pointing out that their effectiveness and the success of their schools depend on how well they handle critical issues and build coalitions for support. But Carter and Cunningham also offer a framework for the roles teachers, school board members and the general public can play in creating better schools.

In addition to proposing changes in the way the role of superintendent is conceived and strategies for easing the burdens of the job, the authors offer guidance from practitioners on working with boards, defusing crises and fostering school improvement and technological innovation to meet the needs of the future.

The book has been favorably reviewed by a number of the nation's leading educators. "If every school board member and every superintendent read 'The American School Superintendent' we'd be a long way toward building the team structure we need to guide American schools," writes Anne L. Bryant, executive director of the National School Boards Association.

Robert S. Peterkin, director of the Urban Superintendents Program and Francis Keppel, Senior Lecturer on Educational Policy and Administration at Harvard University, notes, "While acknowledging the difficult genesis and turbulent current condition of the American school superintendency, Carter and Cunningham refuse to accept the victim status so easily thrust upon those in positions of public leadership. Instead they offer a detailed road map for the type of visionary leadership needed to transform our nation's public schools."

Cunningham is the author of several books, including co-author of "Cultural Leadership: The Culture of Excellence in Education" (1993). His research focuses on leadership, planning and continuous educational improvement.

Carter is currently executive director of the Association for Supervision and Curriculum Development in Alexandria. He was chosen as the first national Superintendent of the Year in 1988 by the American Association of School Administrators.

"The American School Superintendent" was introduced at the meeting of the American Association of School Administrators in Orlando, Fla., Feb. 14-18.

Virginia Beach Sun

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Some skills needed to sell your house

For some families, rather than go through countless remodeling projects for their home, the answer is find a different place to live. But that also means finding someone to buy your old home.

There is more to selling a house than putting a sign in the front yard. In fact, there are often regulations about putting up the sign.

Do-it-yourself concepts can extend to selling a home, but it is a lot of work, said Virginia Cooperative Extension specialist Kathleen Parrott.

"Those who have the inclination can invest their time and money to do the things a real estate agent would have done," said Parrott. "They will have the fee they would have paid to a real estate agent."

They need skills to do the marketing research and negotiation and have good business sense. They also need the financial resources to cover preparation of the house, advertising and legal costs.

The start is to figure the market price of the house. The market price is an estimate of market value and represents a compromise between the price at which the seller will sell and the buyer will buy.

Learning the market price requires some research on the part of sellers. They can look at public records for information on recent home sales in the neighborhood. They can look at the records of prices of homes with similar characteristics that are nearby. They also have to be aware of what is going on in the community's economy.

Then, establish an asking price. The asking or advertising price is affected by local pricing customs, availability of mortgage money, time available for the sale, recent major improvements to the house and the market supply of housing.

The seller needs to understand the local real estate market to help determine the asking price.

The third step is to get legal advice. There are regulations and laws covering the sale of a house. The inexperienced seller can easily fail to do something. Being knowledgeable about zoning, titles, taxes and the many other factors involved in selling a house is crucial to a sale.

A lawyer can review and prepare all the documents pertaining to the transfer of the property, as well as give advice.

The seller has to prepare the house so that it will look its best. It should be thoroughly cleaned and in good repair.

Redecorating may not be necessary, but replacing worn flooring, carpeting, window treatments or coverings will help the potential buyer see the house at its best.

Repair anything crucial such as cracked windows or dripping faucets.

"I put fresh cut flowers on display to make my house look good to prospective buyers," said Mary Frank, who used to live in this Petersburg before her house was sold. "But it always seemed as if prospective buyers came just as the flowers started to wilt."

The marketing step, said Parrott, includes writing detailed information sheet about the house, property, utilities, neighborhood and any other factors that could affect the sale.

Advertise it as much as possible, but make sure the advertising is honest, appealing and professional looking. Use whatever methods are available such as yard signs, newspapers, bulletin boards and flyers.

When advertising is effective, sellers have to be ready to show the house. They need to plan a tour of the house that will show its good features.

"Many sellers find this is difficult," said Parrott.

"They don't feel comfortable showing their home. Potential buyers are not always comfortable seeing the home with the owner either. They feel they are intruding on the family's privacy."

"When this is the case, do-it-yourself sellers sometimes get a friend to actually take the potential buyers through the home," she said.

When the prospective buyer is interested, the negotiation stage has to begin. A prospective buyer should present a written purchase offer and a deposit of "earnest" money.

The "earnest" money typically is 1 percent of the sale price and needs to be held in an escrow account until the sale is complete.

The business of negotiating a sale can be very delicate, Parrott said. Both parties are seeking a "good" deal and they might each change their offers or their acceptance price before the final sale is complete.

When the seller accepts the buyer's price, the purchase offer can become the purchase agreement. The purchase agreement contains full details and timing of the sale, description of items included in the sale and any contingencies, such as inspections or repairs.

The agreement needs to be signed by all parties involved in the sale and have an expiration time.

Frank discovered another problem once her house was sold.

"I began to miss it. It has a lot of good memories and it was my first house."

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Add a coat of color during spring sprucing

Want to give a room a new look, but can't afford new furniture or carpeting? Try painting your walls!

If you've been living with basic, often boring white or off-white for too long, you'll be amazed at what color can do to change the mood of your room.

Color can make your rooms look larger, or smaller and cozier. It can make them feel warmer or cooler. And studies have shown that color has a direct effect on mood.

You can make a soft, subtle statement with pale pastels, or use the primary colors for a bright, vivid look.

There are endless gradations of hues and shades; so you're sure to find one or more that are perfect for the mood you're trying to create.

For a coordinated look in your home, try using different shades of the same color in different rooms, or have a color "theme" that is picked up somewhere in each room.

Here are two looks to try if you want something unusual. For a fun, outdoorsy look, paint your ceiling blue and then apply clouds with sponges dipped in white paint.

Walls can be the same blue or any other color — a light pink or apricot would set off the blue nicely.

On the walls in another room, try spatter painting. Start with white or any other color as a background, then pick one or two contrasting colors to spatter.

Dip your brush into the paint, and then shake the paint at the walls. You'll have the satisfaction of knowing that your walls are unique in their patterns of spots and drips.

You probably can think of lots of other ideas. Indulge your creativity. You'll get the most enjoyment from a color scheme personally chosen to suit your taste and enhance your home.

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Ft. Story hosts Easter sunrise service Sunday

The 70th Annual Easter Sunrise Service will be held at the Cape Henry Memorial Cross, Fort Story, on Easter Sunday, March 30, at sunrise (5:33 a.m.).

The service will be emceed by the Rev. Mark Engdahl, pastor of Good Shepherd Lutheran Church in Virginia Beach, delivering the sermon.

The music will be provided by the United States Army

Element, School of Music Student Band, Naval Amphibious Base, Little Creek. The service is sponsored by the Beach Borough, Virginia Beach Ministerial Association, the city of Virginia Beach and Fort Story.

In the event of inclement weather, the service will be held at 7 a.m. at the First Presbyterian Church, 36th Street and Pacific Avenue in Virginia Beach.

Rudee's golf tourney to benefit rescue squad

The Eighth Annual Rudee's Charity Golf Tournament will be held April 7 beginning at 7 a.m. and continuing until 2 p.m.

Approximately 180 golfers are expected with the proceeds going towards Cooke Recreation Association and the Virginia Beach Rescue Squad.

The Rudee's Tournament has raised in excess of \$30,000 over the past eight years. The golfers are made up of mostly

restaurant employees and distributors with the game set up on a blind handicap system so everyone can enjoy an honest tournament.

The entry fee is \$300 per four-man team or \$75 per person. The fee includes lunch, dinner, beverages during the day as well as a generously stocked goody bag. Contact Mike Walters or Allen Norfolk at 425-1777 for more information and tee times.

Get going on Beach's top dad nominations

Nominations are now being accepted for the 1997 Virginia Beach Dad of the Year Award, to be announced at a special ceremony on Thursday, May 8 at 6 p.m. at the Contemporary Arts Center of Virginia, 2200 Parks Ave.

The D.A.D. (Dad's Appreciation Day) Celebration project is designed to show appreciation for fathers/father figures who make a positive difference in the lives of Virginia Beach youth. Public, private and home school students may enter by writing an essay of 100 words or less stating why their father/father

figure should receive special recognition as the Virginia Beach Father of the Year.

One winner will be selected from each grade level. Nomination essays may be submitted to any Virginia Beach Public Library, Community Recreation Center or to your school's Language Arts Instructor by Friday, April 18.

The Virginia Beach Community Services Board is leading this inter-agency effort to promote responsible fatherhood in Virginia Beach. For further information, call 437-5783.

Birdneck event honors the military child

April is the Month of the Military Child, and September Place/Parent to Parent will be holding its second annual "Stars and Bars - A Salute to the Military Child" on the back fields of Birdneck Elementary School, 957 South Birdneck Rd., on April 14 from 11 a.m. - 2 p.m.

There will be performances by the U.S. Navy Band, cotton candy, popcorn, Bobby the Clown, demonstration booths and many dignitaries from the military and Virginia Beach. Admission is free and the public is encouraged to attend this special event.

Jaycees offer memorial scholarships at ECSC

The Virginia Beach Jaycees are now accepting applications for the Dusty Hinnant/Hugh Kuchin Memorial Scholarship. The \$1,500 grant is given in memory of two influential resort community leaders in conjunction with the annual East Coast Surfing Championships (ECSC). The scholarship is now in its sixth year.

Candidates must be a high school senior, graduating from a Virginia Beach public,

private or parochial school. The scholarship is open to both females and males and will be awarded based on a combination of financial need, academic achievement, personal development and active involvement in the port of surfing.

Applications are available from school guidance counselors or by calling the ECSC hotline, 557-6140. The application deadline is April 15.

Walkers gear up to help United Cerebral Palsy

United Cerebral Palsy of Southeastern Virginia will hold its Third Annual Walk-A-Thon on Saturday, April 19 at the Virginia Zoo, 3500 Granby St. in Norfolk, beginning at 9 a.m. Scooby Doo and Yogi Bear from King's Dominion are the honorary walk marshals and parking at the zoo is free.

Participants who raise \$50 or more will receive an official Walk-A-Thon T-shirt. There are free refreshments for all walkers.

Other categories eligible for awards are the Military, Corporate, School, Greek and Scout Challenges. For more information, call 497-7474.

Soccer stadium voted in

Council OK's facility in 6-4 vote; estimated cost is \$7.95 million

By LEE CAHILL
City Council Reporter

After being inundated by soccer fans, soccer players and soccer moms two weeks in a row, city council Tuesday voted 6-4 to build a multi-purpose stadium at Lake Ridge.

While the crowds filled the council chambers and flowed out into the halls soccer lovers shared the space with citizens at the council meeting on other issues at a session which started at 6 p.m. and ended at 1:45 a.m. the next day. Some of the citizens there on other issues even crossed over and joined soccer supporters.

What won Mayor Meyera Oberndorf over, she said, was seeing the families together.

"I can't tell you the first rule about soccer but I saw dads and moms and children together. Won't it be wonderful if the parents get on the school bus to watch football or hockey or whatever it is."

Voting against the project were councilwomen Barbara Henley, Reba McClanan, Nancy Parker and Louisa Strayhorn. Voting for the stadium were Oberndorf, Vice Mayor W.D. Sessions Jr. and councilmen John A. Baum, Louis R. Jones Linwood Branch and Harold Heischobor. Councilman W.W. Harrison Jr. abstained because of a conflict.

Heischobor said that the Mariners, the soccer team that will rent the stadium for about 20 to 21 games a year, is one step away from the major league. The city will control every activity at the stadium. Heischobor said the stadium will start as a 6,650 seat facility that will house every athletic opportunity. He said that in his short baseball career, his fields of dreams were Ebbs Field, the Polo Grounds and

Yankee Stadium.

"When I played at Yankee Stadium, I was a major player."

He said that the stadium was moved a mile further away from the amphitheater to avoid a conflict and that the Mariners have agreed to end games at 8 p.m. when a concert is in session.

Anticipating the vote, he said that the vote on the 24th Street Park was not unanimous, the vote on the Virginia Marine Science Museum was not unanimous and the vote on the Central Library was not unanimous.

He recommended appropriating three-quarters of a million dollars from the fund balance to move along. The \$750,000 was appropriated to fund the design of the stadium. On Aug. 27, 1996, council appropriated \$100,000 for preliminary design and directed

the city manager to develop an agreement with the Virginia Beach Development Authority to identify the site and negotiate terms of transfer to the authority for the development and construction of the stadium, develop a use agreement with the public schools (which will use the stadium), identify funding sources for the design and construction of the facility, and to negotiate terms of an operator/partner lease.

"This is a second step," said Heischobor.

The total cost of the arena will be \$7,950,000.

Strayhorn said, however, that council had to look at all the city's needs.

The stadium is being designed so that it can be expanded to seat as many as 30,000 spectators and Strayhorn wanted to know what activities, other than a major soccer league, would be able to

See SOCCER, Page 8

First in the citizens' eyes

Ed Snyder is recognized for public service

By VICTORIA HECHT
Sun Editor

If helping others is a hobby, it's surprising that Virginia Beach's new First Citizen has much time for anything else — much less work.

But Ed Snyder, president of Checkered Flag Motor Car Co., has distinguished himself in business and community service. He will be honored for the latter during the Virginia Beach Jaycees' annual First Citizen banquet April 20.

A lifelong resident of Hampton Roads, it's not easy putting one over on Snyder. But no one was more surprised than the honoree when he learned of the award.

"My wife told me we were going to meet a guy who was going to do some work on a bulkhead here. I thought it was odd, but I didn't question it," he said.

Once the Jaycees award committee and personnel were gathered in one conference room, Snyder's son brought him in on the premise of an important task. "They really shocked me," he admitted.

Snyder, a former King Neptune



Photo by Victoria Hecht

DOING HIS PART. Ed Snyder, founder and president of Checkered Flag Motor Car Co., will be honored April 20 at First Citizen of Virginia Beach.

in 1992, was humbled.

"I do what I do because I like to do it," he explained. "I certainly don't expect recognition for it. I enjoy helping when I can and always have."

Raised to "give back" by

philanthropic parents, Snyder said he's carrying on a family tradition.

"I guess it's a hobby, but I only wish I could do more. I'm limited by how much money I have!" he joked.

A benefactor for several non-profit organizations and charities, Snyder serves on numerous boards. Over the years, however, the Oceanfront area resident has

See ED, Page 8

Council pushes for early Rudee Inlet solution, proposal made

By LEE CAHILL
City Council Reporter

The city is looking toward an innovative solution to fix up the problem at Rudee Inlet where fishing boats, whale sight-seeing boats and other craft have been grounded by silt- and sand-filled channels.

But city council members want some action fast, both to avoid bad publicity and the liability claims that have already cost the city \$28,750 and may increase by \$40,000 more — not including the sinking of a new yacht alleged to cost \$1 million.

At a council workshop Tuesday, Phillip J. Roehrs, coastal engineer, presented a proposal that would have the city dredge private property at the inlet on a contract basis.

The staff also tentatively has recommended purchasing a new, larger dredge at a total estimated cost of \$2,352,000 for the first year and \$1,052,000 for each additional year.

Councilman Linwood Branch pointed out that once again the Beach is at the forefront with a unique approach.

Roehrs said that the city's dredging equipment could be used for the private property

operations when it is not in use dredging the channel, a responsibility which the city accepted in 1989. The dredging could be done at a daily rate approximately \$6,200 a day is the current cost. Commercial dredgers charge \$10,000 to \$16,000 a day for comparable work.

The main applicant for the service would be the Virginia Beach Fishing Center, which

directed City Manager James K. Spore to bring back in a couple of weeks all the specifics on the proposal, including sample agreements and costs, and various alternatives for dredging the channel.

"If we retain the status quo," said Branch, "we will continue to have problems. I don't think anyone wants this type of publicity."

options be considered in the upcoming budget.

Rudee Inlet, at the south end of the resort area, provides access to a wide range of ocean activities including both private and charter fishing, commercial fishing, whale/dolphin sightseeing tours, and other activities, according to a staff report.

When the Virginia Beach Erosion Commission was formed in 1952, maintaining the inlet and mining of sand from Lake Wesley and Lake Rudee became part of its mission. The material was placed on the oceanfront beaches.

In 1989, the city accepted the responsibility for maintaining the inlet.

According to a staff report, almost continuous dredging is required to keep the channel at a safe and navigable depth. Currently, adverse weather impacts combined with staffing and equipment limitations result in an average of 70 days actual dredging annually.

Court decisions hold that the public is entitled to rely on the city's undertaking to provide a

See COUNCIL, Page 8

Commentary

CHILD ABUSE PREVENTION MONTH

A crying shame

As a parent, few things tug at the heartstring more than your child running to you with tears in his eyes from a "boo-boo."

As a parent, few things will soften the heart more than to creep into your children's room at night and watch them sleep the sleep of innocence.

As a parent, few things can touch the wonder and awe that comes from watching the birth of your child.

As a parent, few things come close to the sweet smell of your child after a bath.

As a parent, few things match being a parent — a parent in love with their child. Many people have become hardened to the sights of war, the shenanigans of politicians and the other "bad" things happening around the world.

But as callous as we've become, as a parent few things can bring the astonishment that comes when we read, see or hear about children being killed or injured because they were "bad."

As a parent, we cannot understand how another parent can physically abuse the ones who bring us so much joy and, yes, at times even heartache and aggravation.

Yet almost daily, newspapers and television stations report extreme cases of child abuse: a mother scalds her child with boiling water because the child spilled milk; a father picks up his infant child and shakes him to stop the crying — shaking him so hard that death occurs from the child's brain being rattled and beaten inside the skull — now called Shaken Baby Syndrome. Unfortunately, the list goes on and on.

April is National Child Abuse Prevention Month. One activity that everyone can become involved in, and visually recognize, is the Blue Ribbon Campaign founded in 1991 by a Portsmouth grandmother whose 3-year-old grandson was murdered by her daughter's abusive boyfriend. People are asked to wear a blue ribbon as a reminder of child abuse.

No one relates why this is important better than the campaign's founder, Bonnie W. Finney: "One day I was just thinking about all the bruises I had seen on my grandchildren, especially on my grandson's head. I just decided I was going to tie a blue ribbon on my van. Why blue? I never intend to forget the battered, bruised bodies of my grandchildren. Blue serves as a constant reminder to me to fight for protection of our children."

There are ways the public can fight, too. Locally, the Hampton Roads Committee to Prevent Child Abuse has scheduled a full month of activities to spread awareness of the problem and prevent the youngest victims from suffering at the hands of abusers:

■ **Portsmouth Child Abuse Prevention Rally**, Saturday, April 5, 11 a.m. - 5 p.m., Cradock Square. Portsmouth City Councilman Cameron Pitts will open the event by reading a proclamation of the month. Honored guests will include Finney and Commonwealth's Attorney Martin Bullock. Activities include music, food, entertainment, games and displays. Call 397-1159 for details.

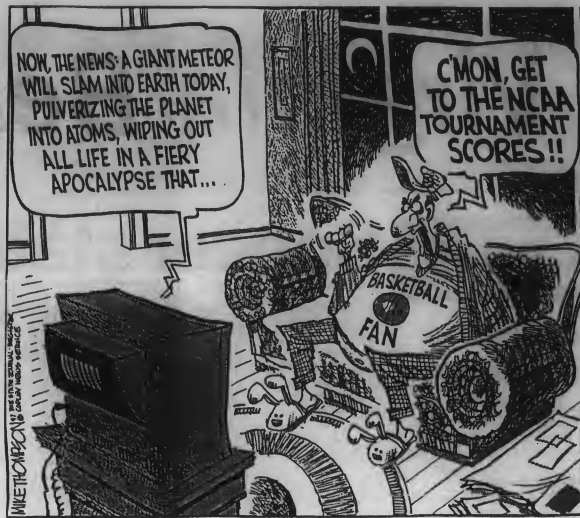
■ **Child Fair**, Saturday, April 12, 9 a.m. - 6 p.m., Chesapeake City Park. Sponsored by the Independent Order of Foresters, the fair/expo features free fingerprinting of children, resources for parents, entertainment and more. Call 548-2774 for details.

■ **Celebrity Waiter Night**, Thursday, April 17, 6 - 10 p.m.. Restaurants throughout Hampton Roads will be staffed by local media, political and entertainment personalities with all tips and a percentage of the restaurant receipts going to the fight against child abuse. Participating restaurants are: Darryl's, La Galleria and Uncle Louie's in Norfolk; Croc's, Federico's and Pasta e Pani in Virginia Beach; Amory Wharf in Portsmouth; and, Pargo's in Chesapeake. The goal is \$17,000.

■ **"Releasing the Past: A Healing Journey Through Art 1997,"** opening Friday, April 18, 6:30 - 9 p.m.. Family Services of Tidewater Norfolk Office, 222 W. 19th St. The exhibit, created by sexual abuse survivors, can be viewed April 21-May 2.

■ **Kids' Fundango Festival**, April 26, 10 a.m. - 4 p.m., NAS Oceana, hanger 122. Virginia Beach Mayor Meyera Oberndorf will present a proclamation at noon. Activities will include presentations by Spectrum Puppets, games and displays. Call 491-2873 for details.

A parent never stops becoming one, no matter how old their children become. And while parents cannot protect their children forever, it is their responsibility to ensure that their children arrive at adulthood intact — both physically and mentally. — V.E.H.



Letter to the editor

'Animal Friendly' campaign reduces pet population

Editor:

It's springtime and we all know what that means. Young cats and dogs' fancies turn to you-know-what. Which means lots and lots of kittens and puppies in the months to come. Too many, in fact, to ever find good homes.

Did you know?

■ For every human born, 15 dogs and 45 cats are born.

■ 3,000 puppies and kittens are born every hour.

■ Every 1.5 seconds, a dog or cat is killed in U.S. animal shelters.

Millions of healthy, friendly, trusting animals are killed each year in America's animal shelters simply because there are not enough good homes for them. Millions more never make it to the shelters — they are abandoned to die of disease, starvation, highway accidents, attacks by other animals or human cruelty. In Virginia alone,

approximately 100,000 animals are killed in shelters each year, costing taxpayers \$3.5 million.

Each and every Virginian has the power to help prevent this tragedy. How? By buying the new "Animal Friendly" Virginia license plate. It's easy to do. Just get a license plate application from the DMV, write "Animal Friendly" next to the "other" box, and send a check to the DMV for \$25 (regular plate) or \$35 (personalized plate). It's important to act now. 350 plates must be sold in order to get the plate into production. After enough are sold, \$15 from each sale will benefit spay/neuter programs.

Another way to help is by spaying and neutering companion animals and urging others to do the same. For low-cost spaying and neutering information, call Spay USA at 1-800-248-SPAY.

Alisa Mullins

People for the Ethical Treatment of Animals

Confessions of an Oscar junkie

I admit it. I'm an Oscar junkie. Like millions of other movie buffs around the country, Monday night was the ultimate test of endurance: could I weather the 3 1/2 hours of ovals, speeches and song-dance routines without falling asleep.

Except for one 20-minute interval I persevered. Guess I missed Bette Midler, Goldie Hawn and Diane Keaton doing their "First Wives Club" schtick, because I saw clips of it on the "Today Show." But I definitely don't remember the three big-screen divas performing.

I did, however, enjoy the nap.

There are three reasons why I always watch the Academy Awards.

First, I crave clothes. I admit I'm a bit catty about this, but there's nothing more enjoyable than watching Hollywood's rich and famous strut across the stage in gowns and tuxedos ranging from fabulous to fantastically horrendous.

Even enthusiastically joins with me on this, though I suspect he's more interested in seeing which actresses are spilling out of their gowns. As if we weren't going to get enough of this gawking during the actual award ceremonies, we flipped to E! at 8 p.m. to watch Joan Rivers' pre-awards fashion forecast.

As the stars pulled up in their sleek limos, dazzling couples emerged in flowing dresses, skintight gowns and, well, some downright ugly tuxedos.

If you got a chance to check out Dennis Rodman, resident in a sequin and lamé tux complete with sparkling top hat and gold nail polish, you'll understand what I mean.

Of course, the Academy Awards are also a time to dream fervently that we ladies had the figures of Nicole Kidman (who looked particularly stunning in a satin chaireuse number), Sigourney Weaver (understated elegance) or Lauren Holly (spilling out of her bodice, much to my husband's delight).

Even and I take amusement in poking fun at the really awful outfits. It's the one thing about Oscar night that we have in common since he really thinks the awards show is sheer torture. But, oh, how he loves to pick at

the clothes of the rich and famous! "Whoa, she looks huge!" Evan groaned at actress after actress. Occasionally, though, a real summer like Susan Sarandon would take his breath away. I didn't know whether to get jealous or not.

The second reason that the Academy Awards fascinate me is because I want to see with whom the "beautiful people" are paired.

If you got a chance to check out Dennis Rodman, resident in a sequin and lamé tux complete with sparkling top hat and gold nail polish, you'll understand what I mean.

We all know about Tom Cruise and Nicole Kidman, Demi Moore and Bruce Willis, and Kurt Russell and Goldie Hawn, but what about the "significant others" without big names? Who was that pretty girl on

Ralph Fiennes' arm? Or the big, burly man with Lynn Redgrave?

The final reason I'm hooked on the Oscars is to see if my predictions will come true. Out of all the honors Monday night, excluding the "Best Foreign Film" category, I was correct on all but one: I even got Juliette Binoche, the surprise winner for Best Supporting Actress, correct.

I'm pretty proud of that. If I had bet money I'd be a rich woman right now. Oh well. I just wish I hadn't missed the Best Sound Editing category, but maybe you can't win them all.

I was particularly pleased that "art films" — quality entertainment without budgets of big studio productions — did so well. With the big guys regularly churning out drive like "The Cable Guy," it was refreshing to see the inventiveness of people like Billy Bob Thornton ("Slingblade") honored for their talents.

There's something to be said for a man who develops a character like Carl Childers over the course of 20 years, writes a screenplay, stars as the film's main character and takes home the coveted statuette.

Way to go, Billy Bob! I was already a fan of yours when you played on "Hearts Afire" with John Ritter and Markie Post. Let's hear it for the little guy!

So that's sit for the Academy Awards this year. As the screens prepare for a new batch of flicks, I'll have my eyes peeled for next year's winners... and, of course, what they'll be wearing!

'Slick Willie' gets in deeper, deeper

Sara and Jim Brady, the two gun control zealots who seem to have nothing more to do than run around the country trying to take the guns

from law-abiding citizens, must be feeling pretty stupid these days since it has been revealed that their hero, "Slick Willie Clinton," has been entertaining Chinese arms dealers at the White House at \$400,000 a crack (no pun intended).

The last I saw of those three phonies together was at the signing of the Brady Bill at the White House. Clinton had on his usual fake smile. Sara was smirking, and old Jim was giving the "V" sign looking like Winston Churchill.

The Bradys don't give a damn how many arms dealers come to the White House as long as Clinton signs their bills.

The visits by the Chinese got so bad that the F.B.I. issued warnings to the White House. Clinton says he wasn't told and several members of Congress, including California Sen. Dianne Feinstein (who after getting caught returned \$12,000 in campaign contributions from donors associated with the Lippo Group, an Indonesian banking and real estate conglomerate with extensive business interests in China).

Many of the experts in this country believe that in making huge donations to Clinton and the Democratic Congressmen they will be given "a most favored nation status."

Under the circumstances I would not doubt that they achieve their goal. This is the most barbaric, inhuman country in today's world, and they seem to have a free run of the White House.

For those who think I am too hard on Bill Clinton, let me say once again: I don't create his problems, he does. Everyday I say to myself, "Lord, let Bill Clinton have just one day where he doesn't screw up," but it never happens.

He is the most dysfunctional president in the history of America.

His problems with women, money and crooked business associates is something that is not necessarily a threat to National Security, but Communist representatives coming and going to the White House with pockets of money is something else.

Perhaps we need to resurrect that old communist fighter Sen. Joseph R. McCarthy to investigate just how many communists we have in our federal government and especially how many have infiltrated the White House.

During his time many Americans hated McCarthy and did not believe that there were communists in the state department.

Of course, now we know there were — Alger Hiss for example. Perhaps Joseph McCarthy will be vindicated after all.

And finally, don't be surprised if Clinton is awarded the Purple Heart for wounds received at a golf tournament.

Welcome to the real world.

The Virginia Beach Sun

138 South Rosemont Road
Suite 209
Virginia Beach, Va. 23452
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(USPS660-140)

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The Virginia Beach Sun is published every Friday by Byrle Publications, Inc., 1000 Army Drive, Franklin, Virginia 23851. Periodicals postage paid in Franklin, Virginia and additional entry offices. Postmaster: Send address changes to 1000 Army Drive, Franklin, Virginia 23851. Subscription Rates: By mail addresses within 40 miles of Virginia Beach, Va., one year, \$15.95, two years, \$28.95. Virginia and North Carolina, one year, \$17.85, two years, \$29.50. All other states one year, \$24.00, two years, \$38.50. Payable in advance.

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Ag Reserve Program: a step toward the Beach's preservation

One of the greatest assets of the city is its diversity. This includes the diversity of cultures, occupations, recreational opportunities and natural resources.



The Mayor's Report

Mayor Meyera Oberdorf

George W. Koerner recorded his observation.

He said, "Nature has been exceedingly lavish in the county (city) in the bestowal of natural products, not only in large extent, but of superior quality." I'm sure the author had in mind the city's prime farmland when he recorded his thoughts.

Citizen surveys and workshops indicate that a high percentage of our residents and visitors value the rural areas and open space and desire that they be preserved. The rural part of the city has an appeal and charm that is unique to most metropolitan areas. The economic impact of agriculture in the city was \$57 million in 1995.

In order to preserve farmland so that agriculture and the rural character can be preserved, the city created the Agricultural Reserve Program in 1995. This strictly voluntary program allows the city to purchase development rights from the willing sellers. The city offers landowners payment in exchange for giving up their right for residential, commercial and industrial development.

The program, enabled under the Virginia Open Space Land Act, is unique in the commonwealth and is modeled after similar programs that have been very successful in Maryland and Pennsylvania. The Purchase of Development Rights Program is the only one in the state. Many localities have requested information regarding our program and are monitoring our success.

The Agricultural Reserve Program is Virginia Beach's primary tool for preserving farmland and open space by purchasing development rights from landowners and holding them in perpetuity. The program was designed and promoted by a coalition of farm conservation, business and civic interests.

The program has two main objectives: maintain agriculture and open space and to minimize the urban infrastructure costs associated with development of the rural portion of the city. By preserving the area's third largest industry, the program will save taxpayers the cost of new roads, sewer, water, schools and other services in the city's southern half.

If the southern portion of the city should develop, even at low density, the cost for the needed additional infrastructure would far exceed the cost of the program.

ARP pays landowners fair market value for the easement over prime farm and forested lands in the designated areas of the city. The landowner still holds title to the land and can continue to proceed with current and future agricultural use. The property owner may sell the farm but the easement, which restricts residential, commercial and industrial development, runs with the land.

The easement is purchased to compensate the landowners for forfeiting their chance to cash in an major urban development.

Currently there are 1,923 acres which have been approved by council for easement purchase. Another 1,500 acres will be receiving offers shortly and the Agriculture Department has recently accepted applications for another 1,371 acres.

There have been 41 applications made with a total of 5,264 acres offered.

Wetlands, commonly referred to as marshland swamp, is not eligible for the program since they have no development potential.

The Agricultural Reserve Program is administered by the city's Department of Agriculture through the collaboration of several other departments such as city attorney, finance, public works, management services and planning. The city's Agricultural Advisory Commission has the responsibility of determining the Farmland Ranking System. This is a weighted point system used to determine the quality of the farm. The system evaluation factors such as size, soils, amount of high value crops, livestock, farm infrastructure, development pressure and proximity to environmental and historical features. The Farmland Ranking System is used to prioritize parcels for purchase of easements by the city when funds are not available to purchase all the offers.

The program is funded primarily by city property tax dedications. City council has chosen to dedicate one and one-half cent increase in real estate tax to finance this program. This portion of the revenue is expected to yield about \$2.6 million in fiscal year 1996-97. Other funding sources may be used if needed and approved by city council. The landowner is paid through an installment purchase agreement.

At settlement, the city receives an easement on the property which extinguishes the development rights. The city purchases a U. S. Treasury Strip in the amount of the full value of the easement which will mature in 25 years.

In order to preserve farmland so that agriculture and the rural character can be preserved, the city created the Agricultural Reserve Program in 1995.

The city pays the landowner interest twice a year for the life of the note. At its maturity, the landowner is paid the full amount of the easement value in a lump sum payment.

This financing program used extensively in Maryland, allows the city to leverage its funds. It also gives the agricultural landowner a stream of tax free income which may be invested in the farm business, or as the owner desires.

The goal of the program is to promote and enhance agriculture as an important local industry that is part of a diverse local economy. To accomplish this goal, the city intends to purchase development rights over a resource base of farmland large enough to sustain an economically viable local industry.

Acres covered by acquired development rights will be a function of available revenues as well as cost and pace of acquisition. The city hopes to purchase development rights on as much as 20,000 acres in the southern portion of the city.

The Chesapeake Bay Local Government Advisory Committee selected Virginia Beach for the 1996 Community Innovation Award for the Agricultural Reserve Program.

After city council approved the purchase of development rights recently, one landowner stated, "I can die knowing that the farm is going to stay for agricultural purposes." Other residents and visitors will also benefit by knowing that open space is maintained, natural areas will be protected, rural culture will be preserved and land will be available in the city for food production.

The final outcome of the Agricultural Reserve Program is enhanced quality of life for residents and visitors that will be sustainable.

Louis Cullipher, Director of the Virginia Beach Department of Agriculture, contributed to this column.

Up close and personal

Peggy Colgin: Let all heaven rejoice

By VICTORIA HECHT
Sun Editor

Time is something Peggy Colgin is lacking.

Between her duties at GBC Enrichment Center and School, volunteering at Greenbrier Baptist Church and serving as director of its arts ministry, there aren't many spare moments left for much else.

Yet each year while winter's bite is still in the air, the former Beach resident warms to the challenge of directing "Let All Heaven Rejoice." The spectacular Easter production traces Christ's path from childhood to crucifixion to triumphant return. It comes to the Pavilion stage Friday and Saturday at 7:30 p.m.

A Virginia Beach resident for 17 years, Colgin came to Chesapeake's Cedar Woods in 1990 and sought a new church home. She found it in Greenbrier Baptist. When worship leader Brian Eure asked Colgin to assist in a Christmas production, she wholeheartedly volunteered. Before that, though, Colgin had only limited training in drama — none of which was formal.

But she quickly found her niche.

"I had had no formal training in directing. I believe it's a God-given gift and that I just happened to be in the right place at the right time. I was surrounded by talented people who could help me accomplish it," she explained. "I really love what I do and I get a great deal of satisfaction out of it."

That doesn't mean "Easter Celebration '97 — Let All Heaven Rejoice" is necessarily an easy production to mount. With a cast of 70, Colgin is in charge of artistic direction and production. Eure is music director. Together, they say the show eavesdrops "on the celestial neighborhood as they (angels) emote a spectrum of reactions to earthly happenings."

Elements of music, drama and, new this year, dance, combine for the play. In its fifth year, "Let All Heaven Rejoice" welcomes Bright Lights Performing Arts Studio with its energy and dance movements.

Former "Jesus Christ Superstar" lead Chris Van Cleave reprises the role of Jesus for a second year. Mary and Joseph are played by Sandra and Ashley Hamrick of Chesapeake, who reprise their roles from two years ago. The storyteller is again played by Virginia Beach resident Jennifer Creasy, who married disciple Joe Creasy last year. He plays a centurion in the 1997 production. Tracey Gregory of Chesapeake weaves an evil spell in the dual roles of Satan and Herod, while David Shearer of Chesapeake is new to the production as angels Gabriel and Michael. Other featured angels are Melody Gillikin and Stan Eure, both of Chesapeake.

Acting is just about the only thing Colgin is not doing in "Let All Heaven Rejoice."

"I change from one director's hat to the other — I'm co-director of the school and director of the drama. And just about every Sunday at our worship service we do a drama sketch that I direct. As the arts ministry director at Greenbrier Baptist, I oversee the publicity and ticket sales — all aspects of the production. I try to surround myself with people who have talents in those areas and can help me," she said. "The one thing I do not do is acting! I stay on my side of the stage."

Rewards come on seeing the production successfully come to life.

"To me, the beauty of being a director is that you visualize how you think this should look. It's almost an awe-inspiring feeling to sit and watch that vision come to life on the stage. That is my favorite part," Colgin said.

In previous years some audience members were so touched by the production that, Colgin said, "they had conversion experiences." She likes to think of "Let All Heaven Rejoice" not only as entertainment, but outreach to those who haven't known the biblical message.

Tickets are \$6 in advance and \$8 at the door. They are available at the church, 825 Greenbrier Pkwy., by calling 547-3898 or visiting the Pavilion Box Office (437-4774).

Name: Peggy Colgin.

What brought you to this area: I moved here when I married my husband, Bob, a Norfolk native.

Hometown: I was born in Washington, D.C. and grew up in Vienna in the suburbs of D.C.

The Third Annual Kids' Fundango Festival is Saturday, April 26 from 10 a.m. - 4 p.m. at Naval Air Station Oceana in Virginia Beach. Sponsored by the Independent Order of Foresters (IOF) and Children's Performance Workshops (CPW), the festival's mission is to educate Hampton Roads about child abuse prevention in a fun way. The event is also a fund-raiser for CPW, which licenses school puppet shows that address abuse.

Spectrum Puppets, the creation of Virginia Beach resident Regina Marscheider, will be featured at the Fundango Festival. "Simon" is a Spectrum puppet and hosts the event. "Simon represents a child's conscience or inner voice," said Marscheider.

He knows when something is right and when it's wrong. Simon teaches children, through the CPW program, Knock, Knock... Who's There?, to listen to their inner voice.

Knock, Knock... Who's There? is an Emmy award-winning child abuse prevention program presented to children



Birthdate: April 29, 1946.

Nickname: "Drama-Mama." My son, Mike, gave me that during a production years ago.

Occupation: I am the co-director of GBC Enrichment Center and School at Greenbrier Baptist Church — a developmentally-appropriate school for 2 year olds through fifth grade.

Marital Status: Happily married for 30 years.

Children: Robert is 26 and is a fire protection designer for Virginia Sprinkler. Mike is 23 and a junior at Virginia Tech.

Favorite movies: My all-time favorite would have to be the "Star Wars" trilogy. I loved the special edition! Another favorite is "Jesus of Nazareth."

Magazines I read regularly: Newsweek and Young Children.

Favorite authors: Max Lucado, Bill Hybels, John Grisham and Clive Cussler.

Favorite night out on the town: My ideal night out would be attending a musical or play with a quiet dinner afterward.

Favorite restaurant: Anywhere I do not have to cook! Because of my schedule, we eat out a lot. Therefore, I really appreciate a home-cooked meal. My favorite dining place is my mother-in-law's kitchen.

Favorite meal and beverage: I enjoy ribs and chicken. A cappuccino from Starbucks is heavenly.

What most people don't know about me: I would love to have the opportunity to go up in the Space Shuttle.

Best thing about myself: I really love what I do.

Worst habit: I work too hard at trying to please everyone.

Pets: We have a very pampered cat named K.C. (for Kitty Cat).

Hobbies: I guess my drama directing would be considered a hobby. I also enjoy reading and watching television.

Ideal vacation: Any place I have not visited before. I love exploring and seeing new places.

Pet peeves: People who volunteer for a job and then fail to follow through.

First job: Slinging hamburgers at a drive-in restaurant. I hated peeling the onions for onion rings, but loved making sundaes and banana splits.

Favorite sport team: When my children were younger we were all big Redskins fans. My son once had an opportunity to meet some of the players after a game — a real highlight in his life!

Favorite musicians: Contemporary Christian artists like Brooklyn Tabernacle Singers and Michael English.

I would like my epitaph to read: "She used her God-given gifts to serve her Lord."

If I received \$1 million: I would make my church and the school free from debt. For myself, I would enjoy traveling.

If I had 10 minutes on national television: I would attempt to educate parents and school administrators about the importance of small class size in school classrooms.

Fundango Fest spreads awareness of child abuse

The Third Annual Kids' Fundango Festival is Saturday, April 26 from 10 a.m. - 4 p.m. at Naval Air Station Oceana in Virginia Beach.

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Knock, Knock... Who's There? is an Emmy award-winning child abuse prevention program presented to children

through a live marionette show performed by Spectrum Puppets. It has reached more than 300,000 children.

Other attractions include Parachute Express, who have appeared on cable networks The Disney Channel and Nickelodeon. Norman Foote, a Canadian puppeteer and singer, will perform. Kids Karaoke will enable children to dress up in costumes and sing along with their favorite songs. Balloons with a Twist will create large Mardi Gras balloon hats for kids. Sugar Cookie, a face-painting

clown, will also be on hand.

A Grand Prix will allow parents and children to race Power Wheels cars, some of which will be remote controlled. Cars carry sponsorships that help fund the Knock, Knock... Who's There?

Virginia Beach Mayor Meyera Oberdorf will read a proclamation at noon declaring April 26 Simon's Kids' Fundango Day.

For more information on the IOF Foresters and Simon's Third Annual Kids' Fundango Festival, contact Children's Performance Workshops at 491-2873.

What's your opinion?

We want to know your views on our columnists, stories and current issues.

Fax your letter to the editor to 548-0390. Be sure to include your name, address and telephone number. We do not print unsigned letters.

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THE ARTS



STARTLING! The actors strike "A Delicate Balance" in the new production at Little Theatre of Virginia Beach. It stars August Armstrong, Wally Doyle and Misty Vrandenburg.

Little Theater explores 'A Delicate Balance'

One of Albee's most profound plays, "A Delicate Balance," enjoyed a renewal on Broadway this past year, where it received rave reviews.

With this in mind, the Little Theatre of Virginia Beach continues its season with this Pulitzer prize winning play directed by Bob Nelson. Come and find out what happens when Julia tries to move back home from her fourth failed marriage and finds Daddy's failed friends from the club locked in her room! Why are they here? Why won't anyone talk about it?

Julia wants some answers, even if she has to get Daddy's gun to find out.

"A Delicate Balance" will open March 21 and will run four weekends, closing Sunday, April 13.

There will be no performance on Easter Sunday, March 30. Evening performances are 8 p.m., with Sunday matinees at 3 p.m.

Performance dates are March 21-23, 28-29 and April 4-6 and 11-13.

For reservations, call 428-9233.

DIVA jazzes it up

DIVA, a jazz band comprised exclusively of female musicians, and Rebecca Parris, a jazz singer with exceptionally lyrical interpretations of ballads, scat and blues, promise to deliver performance of power and passion on Saturday, May 3 at 8 p.m. at the Wells Theater in Norfolk.

Underwritten by BB&T, this final performance in Tidewater Performing Art Society's 1996-97 season is also part of the Virginia Waterfront International Arts Festival.

Formed in 1993 by industry veteran Stanley Kuy, DIVA has 15 members, consisting of sax, trombone, trumpet, bass and piano players that destroy the sexual stereotypes of women in the music business (especially in jazz). Affectionately known as "No Man's Band," DIVA plays original pieces of progressive, main-stream big band jazz, as well as pieces by composers such as Tommy Newsome, Jerry Dodgion, Scott Whitfield and John LaBarbera, among others.

Featured on "CBS Sunday Morning" with Charles Osgood, DIVA has performed for audiences in sold-out venues including Carnegie Hall, The Smithsonian Institute, The Hollywood Bowl, as well as The Rainbow Room and other intimate settings.

Enthralling audiences with her dynamic stage presence and smooth and passionate vocals, Parris easily handles everything from scat to swing, ballads to blues. She has appeared with such legendary greats as Count Basie, Ray Charles, Buddy Rich, *Dizzy Gillespie and the Woody

Herman and Gunther Schuller Orchestras.

This Boston Music Award winner has performed in a plethora of musical venues including shows, opera, top 40, funk and country. Parris embraces a jazz repertoire that blends jazz classics, ballads, blues, Latin, pop standards and original compositions. Her voice is truly remarkable, with a "personal, confident sound, flawless intonation and an often dominant jazz feeling," according to the *Los Angeles Times*.

"Best of all, she sings with power, conviction, originality, total believability," says *Jazz Times* magazine. "She is that rare bird: the true jazz singer with the soul of an entertainer."

Single tickets are \$24, \$22 and \$18 and may be purchased through Ticketmaster outlets and Ticketmaster charge by phone, 671-8100.

StoneBridge presents one-act performances

StoneBridge High School students will be performing three one-act plays April 25-26 at 7:30 p.m. The acts, "Merry Regiment of Women," "In the Presence of the King," and "The Banker's Dilemma," make up StoneBridge High School's timeline, "An Evening of One Acts."

See a jester's search for joy, Shakespeare's female characters plot a revolt and a nitwit save an entire town. It's three plays for the price of one. Coffee and cheesecake will be available for sale. Doors will open at 7 p.m. Tickets will be sold at the door, \$3 adults and \$2 for children.

Generic stages Mamet drama 'Oleanna'

Debuts April 4 in Norfolk

Power and miscommunication are at the heart of "Oleanna" by David Mamet at the Generic Theater beginning April 4.

Pulitzer Prize-winning playwright Mamet sets the stage for an initial meeting between a college student and her professor in which the nature of understanding and an individual's place in society are discussed. Their conversation in subsequent meetings dissect the first and escalate to dangerous levels.

"I have wanted to direct this play since it was written," says director Jefferson Lindquist. "Presenting it at the Generic Theater is particularly satisfying. 'Oleanna' presents two sides of a very power argument and lets the audience decide the truth. This is a play that makes people talk."

Sandra Holcombe portrays Carol, a college student who seeks assistance with assignments from her professor. She has extensive experience in theater television and film,

International names headline festival

More than two dozen international and domestic headline performers and companies, including the Stuttgart Chamber Orchestra and the Mark Morris Dance Group, will join regional Virginia artists in the premiere season of the Virginia Waterfront International Arts Festival, April 24-May 11.

In addition to the famed Stuttgart Chamber Orchestra of Germany conducted by Dennis Russell Davies, other classical concerts will feature Great Britain's The Hanover Band, the Miami String Quartet, the Virginia Symphony performing Cari Orff's "Carmina Burana," and the Luncheon Chamber Music Series under the direction of André-Michel Schub with violist Toby Hoffman, violinists Ani Kavafian, Daniel Phillips and Todd Phillips, cellist Nathaniel Rosen, French pianist Lydia Artymyth and mezzo-soprano Robynne Redmon.

The World Music series will include master musicians Inti-Illimani of Chile, whose compositions "tell of high, cold pure open spaces and wild mountain winds." For lovers of swing and big band, the festival presents DIVA, an all-women's big band.

The Festival Box Office opened Jan. 15. For a festival brochure, ticket packages, Port Folio Pass orders, group rates or festival membership information, contact the Festival Box Office at 232 E. Main St., P.O. Box 3595, Norfolk, VA 23514-3595. Phone 664-6492.



LISTEN TO ME! Hayes Holcombe and Jim Turner star in the Generic Theater's production of "Oleanna" by David Mamet running April 4-27.

appearing locally with the Riverview Playhouse, Summer Shakes, the Tidewater Dinner Theater, and in film and television productions at CBN.

Holcombe was seen at the Generic Theater earlier this season as Madeleine Bejart in "La Bete" and also appeared in the 1995 New Plays for Dog Days summer new play festival.

Jim Turner portrays John, a tenure-track professor working to secure his future at a university. Turner was seen most recently at the Generic Theater this season as Deke Winters in "Minor

Demons." He has been active in area theater productions since moving to the Eastern Shore two years ago. He has appeared at Old Dominion University, the ARE Center, the Actor's Theater and Summer Shakes.

Lindquist is happy to return to the Generic Theater having directed "A Fruitwood Casket in an Asphalt Vault" for the inaugural Dog Days Festival in 1994. He recently directed "A Raisin in the Sun" for Old Dominion University and has directed "The Beggar's Opera" and "The Praying Mantis" for

The Governor's School for the Arts.

Lindquist also directed "The Belle of Amherst," "Lady Day at Emerson's Bar and Grill" and "The Oldest Story Ever Told" for Virginia Stage Company.

"Oleanna" opens at the Generic Theater on Friday, April 4 and continues through April 27. Performances are Thursday through Saturdays at 8 p.m., and Sundays at 2 p.m. Tickets are \$10 on Thursday and Sunday, \$12 on Friday and Saturday.

Reservations should be made by calling 441-2160.

Student artist

The 'Old Coast Guard Station at 24th Street and Atlantic Avenue in Virginia Beach presents an exhibit of art by students at Liphook Park Elementary School and Thalia Elementary School. These schools are partners with the museum in the Adopt-A-School program.

The exhibit is included with museum admission. The museum is open Tuesday - Saturday from 10 a.m. - 5 p.m. and from noon - 5 p.m. Sunday. Admission is \$2.50 for adults, \$2 for military and senior citizens and \$1 for young people 6 to 18. Museum members receive free admission.

The Old Coast Guard Station is housed in the former Virginia Beach Coast Guard Station. The building is a Virginia Historic Landmark on the National Register of Historic Places. Its exhibits tell the history of the Life-Saving/Coast Guard Service and stories of heroic shipwreck rescues. The Upper Gallery features a war years exhibit detailing the German U-Boat presence along the Atlantic Coast in 1942 as World War II was beginning.

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HOME IMPROVEMENT

Tips on how to have a successful yard sale

You need to give a yard sale. You want to clean out all that bargain stuff you never used that you bought at other people's sales.

Or you're moving and want to see if you can get a good price for those new kitchen stools you won't need at your new place.

Or you want to see if you can recoup some of your investment on three consecutive sizes of like-new boys' designer jeans, because your son grows faster and you can keep him in clothes. Organization is the key to getting rid of most of your stuff, and maybe making a small profit in the meantime.

First of all, you have to get the word out. Tell all your friends, relatives and neighbors, "Hey, I'm having a yard sale."

Then you want to advertise your sale. You can post notices on free bulletin boards in stores, at work, at church, or at clubs and organizations.

Put an ad in local community newspapers and say you are having a "giant" or "mammoth" yard sale, that you'll have "lots of good bargains."

Don't put in long lists of items, but be sure to give clear directions to your house, and don't forget the time and days. Saturday is the most popular day.

Don't put your phone number in the ad or you'll be bothered with telephone calls with people asking to come early.

As in real estate, locations is important. If you're not in a heavy-traffic location, be sure to post clearly marked signs all the way in to your sale.

Put signs at your house, and clearly marked directions on major intersections near your home.

You can hold the sale either inside your house, your basement or in your yard.

People will come to your yard sale for many reasons.

They may come looking for a specific item, or they may buy an item on impulse if they think they may have a use for it later. The serious collectors or dealers will probably come early or late.

And some people come because they are bored and looking for something to do.

Common things people look for are appliances, tools, toys, clothing, furniture, books, sporting goods, bric-a-brac, or new merchandise from business, auctions, bankruptcy sales, etc.

A large display means people spend more time looking, so if you don't have a lot, consider

going in with some friends to gather more loot.

A good selection of low-priced items also keeps people browsing, and a selection of toys gives the kids something to do while their parents shop.

Clean, well-presented merchandise sells the best. Put the tallest things in back on your tables. Use sturdy tables, and leave roomy aisles in between them.

Have an outlet ready to test appliances. Hang coats and clothes, don't put things under tables where people won't see them.

Don't be afraid to put anything out, no matter how useless it seems to you. It may be just what someone else is looking for.

But remember, everyone is looking for a bargain. So be sure to price your items accordingly.

If you're not sure about pricing, go to a few yard sales in your area first and see what other people are asking.

Or ask a few of your friends who frequent yard sales what prices will move your items.

Don't make people guess. Mark the prices prominently. And remember, many people will buy something, even if they don't need it, if it's at the right price.

The first few hours of your sale are the most important, so be ready.

Have your merchandise displayed and have the doors ready to open about an hour before you advertised for the sale to begin.

If you planned to open at 9:30 in the morning, some people will start arriving as early as 8:30 or 8:45. You'll probably see the most on the first day.

Get coins and singles for change. Decide your policy on checks and have everyone who will be collecting money aware of it.

Plan who will handle the money, and clear out your box occasionally, putting your proceeds in a safe place.

Follow these suggestions and you may have a successful yard sale.

SEW EASY. Quilters Lori Hayes, M.J. Petit and Beth Straw of the Tidewater Quilters Guild joined the Sixth Annual Gathering of the Guilds last weekend at the Francis Land House.

Creative crafters tout talents at annual Gathering of the Guilds

By M.J. KNOBLOCK

Sun Correspondent

The sign said "Do Not Touch." That was before Debbi Gegner and Joyce Bolton Smith crossed out the "not."

Members of the High Country Basketry Guild, Tidewater Chapter want people to touch their creations and become inspired to make their own.

"It's a hobby that you can finish the basket in a short amount of time," explained Gegner, the

CHECK IT OUT

Some local crafter guilds include:

High Country Basketry Guild, Tidewater Chapter, (Billie Dorris) 430-1254, Chesapeake Smocking Guild, (Joan Owen) 436-0659; Williamsburg Spinners and Weavers Guild (Janet E.S. Harl) 220-2233; and, Tidewater Blacksmith Guild, 549-1610.

club's treasurer. "It's almost instant gratification. You meet a lot of interesting people. I can say I haven't met a basket weaver I haven't liked."

The guild was just one of 13 organizations showing wares and seeking new members last weekend in Virginia Beach. There were rug hookers, spinners and weavers, quilters, smockers, embroiderers and lacers, among others.

"This is our Sixth Annual Gathering of the Guilds," said Vicki R. Harvey, museum education specialist. "We try here at the Francis Land House to offer one free event every quarter."

With 250 to 300 people attending the exhibits, the historical aspect of crafting takes on a life of its own.

"It gives the crafters and the arts guilds an opportunity to show there are people preserving the crafts from hundreds of years ago," Harvey continued.

It is also a chance for the guild members to meet each other and exchange pleasantries and information.

Although their talents may be different, they share a kinship in making hobbies out of activities once necessary for survival or simple comforts.

For the most part, they were dispersed throughout the house from basement to attic.

Most of the groups welcome newcomers and often teach beginners the secrets of the craft through classes. Others simply hold monthly meetings to discuss and share their nearly-forgotten hobbies.

For the most part, they're traditional things that would have been done when Francis Land lived in this house," Harvey said.

Each year she tries to invite at least one new guild to share in the gathering.

Newcomers this year, the blacksmiths set up shop on the front lawn.

An orange glow emanated from the hot coals in front of Pete Ciula. As one gloved hand turned a crank, the other held what resembled an iron poker. As the blacksmith pulled the poker out of the coals, its tip continued to glow.

He pounded it flat with a hammer-like tool a few times before returning it to the fire.

He repeated the process until, with a critical eye, the poker tip acquired his desired shape.



WHISTLE WHILE YOU WORK. Pete Ciula of the Tidewater Blacksmith Guild demonstrates the nearly lost art of forging metal during an exhibition of local guilds.

Then he used a stiff brush to give it texture.

Once more it was emerged in hot coals and then removed. The iron sizzled as he dipped it in water.

Ciula presented it to the gathered crowd, then added it to a basketful of other rods with leaves for tips.

The Tidewater Blacksmith Guild has been around for little more than a year and has nearly 30 members. The group still seeks new members, donated materials and a place to call its own, but it is not lacking in spirit dedication.

"We would really like to see a lot of the old tools getting back into use, Ciula explained. "A lot of people are like, 'Well, that's Grandpa's old anvil and we're just going to let it sit out there and rot.'"

But the guild wants to put those old anvils to use. Whip out those old horse shoes, too. They can make some fascinating pieces from them. And don't forget those little iron poker and bars. You might not recognize them when Ciula and company have finished welding their craft, which "comes from love of metal."

A love for their craft is typical of each of the guilds.

Millie Kirby, a charter member of the Tidewater Knitting Guild of Virginia, was so entranced with knitting that she started the

guild with her daughter and a friend about six years ago. It is now 65 members strong.

The knitting guild has attended the gathering since the first year it was held.

"We enjoy it and we try to encourage other people to take up knitting," Kirby noted. "We teach children and adults of all ages."

You might catch her knitting socks, sweaters and coats, among her favorites.

"I've got to have a whole lot of things going at once," she smiled. That seemed to be the case for most of the participants in the event.

A penchant for creating is the common thread for each. It was a gathering of the guilds and a gathering of the minds.

Even groups that did not display their wares had information available for the many spectators.

JoAnn Bedeaux, for example, made the Francis Land House the first stop on her busy Saturday because she was on a mission.

"I'm a painter and I wanted to join the Tidewater Decorative Painters Guild for a long time," she said. "I never knew when or where they met, but now I do."

"All of the guilds look interesting," she added. "It's such a pleasure to see all of them together."

CBN hosts Biblical conference

CBN Ministry Events presents "Called To Serve, Lord What Am I Doing Here?" — a religious conference focusing on the application of Biblical principals to everyday living. The conference will be held April 17-20 at The Founders Inn and Conference Center located on the grounds of The Christian Broadcasting Network (CBN).

The conference features two renowned speakers: Dr. Ron Mehl, award-winning author of

"God Works The Night Shift" and "Meeting God At A Dead End," and pastor of one of the largest churches in the country, Beaverton, Ore. Foursquare Church, and Rev. Gerald Fry, conference speaker and founder of Mt. Hermon Ministries, an international ministry that provides support to church leaders.

For more information and registration, call 1-800-677-8117.

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EDUCATION

City employees polish education with special learning program

By M.J. KNOBLOCK
Sun Correspondent

The city of Virginia Beach is trying to keep up with changing times by helping its employees do the same.

In a day and age where communication is constantly becoming more sophisticated, the city discovered it had employees who had fallen through the cracks of education or simply did not have the skills to do their jobs to the best of their abilities.

Through a reading and math program offered by the Human Resources Training Division, the employees are improving their skills and, in turn, are turning out a better work product.

A partnership between the city and the adult learning center, the program allows city employees to improve their literacy and numeric skills.

They attend the two-hour classes twice a week.

Instructor Georgette McGovern said each student has a different reason for being there, but all of them come because they want to learn.

"I'm encouraged by this class," she said. "I'm crazy about the students. It's a great job. Adult ed is a different thing. They're there because they want to be there. They're so enthusiastic."

Each student works at his or her own pace, each from a different starting point. They are bolstered

by eight volunteers who help out on their own time.

The skills taught range from learning ABC's to learning algebra.

"I know that the original idea for the class was to improve these people's verbal and writing skills so they can do a better job

It's a great job. Adult ed is a different thing. They're there because they want to be there.

Georgette McGovern, teacher

— so they can submit decent work orders that people can read. I think that's working."

One of the program's students is Ron Brown, a Public Utilities employee. He attends class every Monday and Wednesday and looks forward to it.

"When I was in school, I had teachers where I was afraid to put out words. They'd shout at me," said Brown.

As a result, he stopped going to school when he was in fifth grade.

He started working for the city of Virginia Beach 27 years ago at the age of 19.

"During that time we didn't have a lot of education on the job," Brown noted. "We didn't have to do a lot of writing on the job. We didn't do a lot of math. But now we do a lot of writing. Things have changed a lot."

His supervisor suggested he join the reading and math program to help him improve his skills.

"On my job we do a lot of writing and we write a lot of numbers and I'm not real good at it," said Brown. "I wanted to further my education and it's making me better."

One area in which Brown thinks he has improved the most is pronunciation, particularly with long numbers.

He wants to continue to further his education. His next goal is to earn his GED.

Brown is one of about 25 men and two women currently enrolled in the course. McGovern said that ratio is "extraordinary" because males are usually the minority in adult education classes.

"Most adult men are raising families and working full-time," she said. "This class comes at a time where they are working in partnership with their employer and are able to do it."

The end result, said McGovern, is a benefit not only in the workplace, but on a personal level as well.

"I have lots of folks saying, 'I couldn't help my son with his homework and now I can,' or 'I couldn't read a bedtime story to my daughter and now I can.' It's a win-win situation for everyone involved," she noted.

McGovern said the program "sounds like a good idea" to most people when they hear about it. But until they see it with their own eyes or talk to the participants, they don't realize just how effective it is.

Ron McLemore, training and development coordinator for the city is one of those people. Present at a recent recognition ceremony for the students and volunteers, he saw the program's ramifications first-hand.

He heard the story of two Vietnamese brothers who started out with few English skills — just enough to fulfill the requirements of a simple entry-level position — and have worked hard to learn the language and work their way up the ladder of success.

There was also the story of a man who drove a city truck. No one realized he had difficulty reading the street signs because he had developed a nearly photographic memory.

When he was informed that he must take a higher level test for a special driver's license in order to keep his job, he was deeply concerned.

By participating in the reading and math program, he was able to not only pass the test but keep his job as well.

"We have encouraged employees to participate in programs if they need to do so," said McLemore.

"People who cannot perform these skills become experts at covering up, because it's embarrassing for people," he said. "They spend a lot of energy doing that and they don't realize it until they promoted or so forth."

The hardest part is getting them back into the classroom for the first time.

"The class is not like school used to be when they were kids," McLemore explained. "They don't get up in front of the blackboard. It's more one-on-one and they can go at their own pace."

Brown said he was apprehensive when he started the program.

"When I first went down there I was like that, but I keep going," he said. "Nobody judges you and makes you feel bad. You just go down there and get your tablet paper and get to work."



SING OUT. Music has been known to sooth the savage breast, but it's also quite therapeutic, too. Music therapists from throughout Virginia gathered in Virginia Beach last week to study their field.

It's music to their ears

By PENNY A. POWELL
Sun Correspondent

It's no secret that music can restore energy to a weary body or relax a tensed mind.

But what some don't know is that music is being used for therapeutic purposes on a professional level.

Over the weekend, hundreds of trained music therapists and music therapy students met at the Virginia Beach Resort and Conference Center for the National Association for Music Therapy's (NAMT) 44th Annual Mid-Atlantic Regional Conference.

"We all use music therapeutically," explained Barbara Reuer, president of the National Association of Music Therapy.

"It may not be the discipline in music therapy — using it towards a real specific thing — but we all, I think, intuitively are driven by it and use it personally whether we're up or down. There's just a very small population that does not respond to music positively."

Participants of the weekend's conference ranged from teens up to about 92-years-old. Numerous workshops and forums were held including: Music and Imagery in Recovery From Addictions, Another Brick In The Wall: Music And Imagery In Breaking Down Adolescent Walls, Music, Internship Survival (designed for music therapy students), The Family Drum Circle: An Experience In Creativity, and Reaching Older Adults Across The Continuum.

"One of the wonderful parts of this conference is that our theme

Ocean Lakes Ele. warms up for first Walk-A-Thon

Ocean Lakes Elementary School is currently warming up for its first Wave Walk-A-Thon to take place on Saturday, May 3 beginning at 8 a.m., at the school grounds.

In an effort to unite students and their parents on a quest for family fitness, the PTA-sponsored event is being touted as "Steps in the Right Direction" to healthy fun. Ocean Lakes Wave Riders are busily preparing to become Wave Walkers for the day's festivities, which will culminate in the completion of a fitness walk.

In addition, Wave Walkers at the event will be given a passbook to have stamped at various fitness stations along the marked course, and they will flex mental muscle as well as physical stamina while solving a series of brain teasers displayed throughout the route.

In keeping with the school's recent instructional focus on oceans and lakes, participating students can earn recognition and prizes in various categories such as Silly Sand Dollars, Lucky Lobsters and Cool Crabs. Pre-registration forms have sent home; registered students in all grade levels garner paper "footsteps" to be placed on hall banners in the school.

has been, 'Many Faces, One Voice,' so we've had not only music therapists involved, but also clinical professionals in fields such as rehabilitation, psychology, psychiatry, too," said Katherine L. Leonard, a registered music therapist and one of the local committee organizers.

There are 80 to 100 music therapists working in the state of Virginia, with more than 5,000 of them throughout the United States.

According to Johnnie Bryant, one of the local chairpersons of the event, the conference allowed music therapy professionals to share what music therapy means to them and what they are doing with such treatment.

So, what exactly is music therapy?

According to the NAMT, "Music therapy is an established allied health profession using music and music activities to address physical, psychological, cognitive and social needs of individuals with disabilities."

Music therapy essentially grew out of World War II. Apparently, one veterans returned from the war, it was noticed how bands and choruses contributed positively to their moods and other problems they might have developed during the war.

"And then a group of professionals in various disciplines, both medical and music education, decided that maybe we needed to really look at this power of music and create a profession, as well as a whole curriculum, and train therapists to work with these populations," said Reuer, "so for a few years most of our work was done in mental health facilities and VA hospitals, and from there it grew."

Effective Jan. 1, the American Association of Music Therapy and the NAMT will join forces and form the American Music Therapy Association.

"It's been wonderful that we've been able to join two groups of our people together for the whole collaboration of 'Many Faces, One Voice,'" said Jo Ellen S.

Armstrong, the other conference co-chair.

Reuer, who has a doctorate in music, says that the public decision to move forward and speak as one voice has created a real feeling of excitement and unity, "which was evident over the weekend. She also believes that speaking as one voice as a means of advocating for clients is important, "because our profession is still small, but I think we're just on the verge of exploding and we need to do that with one voice even though we're very diverse."

There is no one type of music used for music therapy.

According to Reuer, "It's preferential. If I'm working with an adolescent, it's going to be very different than working with an 80-year-old," she noted.

No matter what form of music is used, Reuer explained that if there's to be any success in the process, it's important to meet the client's musical taste. A music therapy case can be extremely lengthy with some and really short with others — depending on the circumstances.

Leonard described some of her music therapy work with her population base, a psychogeriatric population. She exudes a very simple, natural therapeutic process through her explanations of her work and its process. Training which music therapists receive evolves around topics such as psychology, anatomy and physiology, and the psychology of music.

"How it affects the mind and body and learning how to pair these aspects of music with your goal, so your goal is non-music and music is what you use."

"The response has been wonderful from other music therapists," said Armstrong. "I think our local committee worked extremely hard. The hotel here has been excellent; we couldn't have asked for a finer staff. The weather was beautiful; we couldn't have asked for finer weather, and just the whole Virginia Beach area has been very cooperative and very helpful to us in all kinds of ways."



Teachers teach teachers!

Independence Middle School was recently a training site for educators involved in "Basic 800," a program aimed at training 800 instructional personnel who know very little about computers. Teachers already in the system were called on to share their expertise. Each session covered the basics of operating a computer and gave hands-on experience in word processing. Ken Wilshire, computer resource teacher at Independence, is shown instructing Wally Jacobson from Plaza Middle School.



READ ON. Melvin Page brushes up on math and reading skills with help from instructor Georgette McGovern as part of a special program to help city employees.



Creative kids honored

An awards presentation was held last week honoring students from Cape Henry Collegiate School who were selected as one of 48 regional teams in the 1997 Toshiba/NSTSA Explora Vision Awards program, the world's largest K-12 science competition. Nearly 18,000 students entered the competition that asks them to envision what form of technology they would like in 209 years. Cape Henry's vision is a school bus that emits an FM "beep" signal carried over the airwaves when the bus is within one mile of a student's home. They will then know when to go outside and catch the bus. Honored, from left, were third graders Shun Fukuda, Charlie Veto and Davey Miller.



GET PREPPED. Students in Red Mill Elementary School's PREP program help each other during a craft activity. Program members are students who are borderline gifted. PTA members teach the children during PREP activities.

Photo by Abby Salmeron

Students get PREPped with help from PTA

Red Mill program is an innovation

By ABBIE BALSMEIER
Sun Intern

Some parents at Red Mill Elementary have decided to take matters into their own hands.

In order to aid some 140 students who were not able to receive the advanced instruction that parents at the school felt was needed, the parents have stepped in to fill in the gap that has been left by lack of money and personnel.

To fill in that gap, parents have volunteered themselves and their time through a program named PREP, Parent Resource Enrichment Program, to teach students who may need more than what their regular classroom instruction can offer.

Principal Charles Grindle said the reason members of the PTA felt such a program was necessary — stemmed from the fact that a growing number of students were producing scores that came just shy of being classified as gifted or talented.

To fill in that gap, parents have volunteered themselves and their time through a program named PREP, Parent Resource Enrichment Program, to teach students.

"It just an extra boost they couldn't get in the classroom," Grindle said.

Lynn Francois, PREP coordinator, said these children master regular curriculum very quickly.

"It's been good for these children," Francois said.

PREP was begun in November after the state mandated that teachers of gifted children could only give instruction to those students who had actually qualified for the gifted program. Before this mandate, these teachers were also helping with the instruction of students who are now in the PREP program.

Grindle explained that teachers could not be blamed for this gap in the education. Red Mill is currently suffering from lack of space. Many classes are held in portable classrooms located on the school grounds due to overcrowding.

Also, with class sizes that are between 25 to 28 there is not much time for individualized instruction. In the PREP program it's just the opposite.

"They get a lot of attention," PREP coordinator Lynn Francois said. Francois is responsible for having thought of the program.

Francois can also be credited to getting the program rolling. She gathered together the parent volunteers and persuaded them to get involved.

Then she commissioned Jan Fletcher, the gifted resource teacher from the Old Donation Center for the Gifted and Talented, to help develop a curriculum for the program.

Under this curriculum, students learn critical and analytical thinking skills through the use of units like, author studies, solving logic problems and creative problem solving.

Some specific units that Francois cited were a newspaper unit, where students learn parts of a newspaper, what they like about it and why it's useful in their lives. Another unit is the citizenship unit that teaches students about what it means to be part of a community.

But more important than any of these units, Francois said, is the basic principle behind them: these students are learning more than just how to comprehend, they are learning to interpret.

One reason Francois wanted to be involved in the program was because she has academically advanced children of her own. She said when one of her daughters did not make the gifted and talented program by a small margin, she felt her daughter still needed extra enrichment.

Francois said the reason she believes the program has been successful and the reason the program works is because the curriculum was laid out by a teacher.

"It's not hit or miss—it's a teacher's curriculum," Francois said.

Francois has also credited the success of the program thus far to Grindle, who encouraged the commencement of the program.

"The principal was very open to it," Francois said.

Currently, there are 19 parent volunteers who come to the school once a week to teach a lesson to a group of five or six students for 30 to 45 minutes.

To prepare the parent volunteers for the task of teaching, the parents took two to three training sessions.

Francois said she's seen growth not only within the students receiving the instruction but also growth within the mothers who teach.

Most of all, Francois feels that the PREP teachers and the program itself have made a difference for the school.

"We have been an integral part with the school," she said.

Kayakers find smooth sailing

Local waterways perfect for hobby gaining interest

By JANE ROWE
Sun Correspondent

Water recreation is what Virginia Beach is all about. But as boat boating enthusiasts will tell you, the beach isn't the only place to have fun.

Inland waterways run north and south through the entire length of the city, and public access to these creeks and rivers is a priority in the city's outdoors plan, which was developed by the Department of Parks and Recreation.

Canoing and kayaking are gaining in popularity locally. Benefits include recreation, fitness and environmental education, according to Cary Ellis, a long-time canoeist and an employee at Wild River Outfitters.

He also teaches canoeing classes for troubled youths referred by the Tidewater Regional Group Home Commission and recommends it as good therapy for anyone who wants to get away from the city for a while.

"When you get out on Back Bay you could be anywhere," Ellis said. "You can't tell you're in the middle of Virginia Beach. It's a quick getaway."

"Here the major influence is flat-water canoeing," Ellis continued, adding that it's possible to travel from the southern half of the city to First Landing State Park by canoe. Kayakers can also put out in the ocean because that boat can maneuver across waves and in choppy water.

The kayak differs from the open canoe, according to Ellis, in that the passengers sit in a cockpit and the boat travels lower in the water.

"This allows it to be less influenced by the water," he said, "and they can also take waves much better because the kayak spears through it, rather than taking it head-on like a canoe does."

"When you get out on Back Bay you could be anywhere. You can't tell you're in the middle of Virginia Beach."

Cary Ellis, kayaker

Although some types of kayaks require considerable skill, he added, it's also possible to learn some basic flat-water canoeing or kayaking within a short period of time.

"It's the perceived skill of kayaking" that makes this sport sound more exciting than canoeing, Ellis added. "But there's not really a whole lot more to it, and there's no reason not to use a kayak on flat water. A touring kayak is usually what you'd use on Lake Drummond or Back Bay."

A touring kayak is longer, Ellis said, and better-adapted to covering longer distances. The smaller kayaks have their advantages, though, because "it's easy to throw them on top of your car, for the person who just wants to go out by himself and get some recreation."

For those who would like to try their hand at this sport, or who just want to get out on the water and see the sights, there are a variety of programs offered this spring and summer to give veterans and novices alike a chance to get out on the water.

Local outdoors enthusiasts Chuck Conley and Laura Ellis will lead canoe and kayak classes and tours through the park and recreation department. Laura, who like her husband Cary is also a veteran canoeist as well as a professional mountain biker, will offer four-hour beginner canoe tours on Sunday, April 20 and May 18 at 8 a.m. at Munden Point Park.

Don't worry if you've been in a canoe, Ellis said, because she first takes her students into a sheltered, shallow creek to teach them some basic strokes. Then, if all goes well, they head into the intracoastal waterway.

"It's kind of like a lesson and an interpretative canoe trip," Ellis said. "We'll have people



Courtesy Photo

SMOOTH SAILING. Cary Ellis enjoys kayaking at False Cape State Park as an escape from city living.

who are experts, and people who are novices." Ellis, a former employee at False Cape State Park, uses this opportunity to teach the canoeists a little about the waterway's ecosystem. City dwellers might be surprised at the huge Cypress trees and the variety of birds and animals "that make you feel like you're in the Dismal Swamp," Ellis said.

Chuck Conley of Outdoor Experience will offer also offer ecotours by kayak on two levels this spring. Beginner level students will meet for one classroom session and three two-hour tours in a fourweek session that begins Thursday, April 10. A second session begins Thursday, May 8.

Those who complete the first level and would like to try their hand at a longer kayak trip can take the second level, which consists of one one-half day kayak tour and one full day tour. This three-week session begins May 8 and kayak safety classes will also be taught at the Great Neck pool on April 11 and May 16 at 6 p.m.

The opportunities for canoeing aren't limited to these city-sponsored trips and classes, however. If you'd like to explore a little on your own but you don't own a canoe, you can rent one at Munden's Point Park from April to October. False Cape State also offers canoe trips along Back Bay during the summer although this year's schedule isn't available yet.

If you own your own canoe or kayak, the possibilities for putting out around Virginia Beach are almost unlimited, Ellis said. He prefers to kayak onto Back Bay from his Sandbridge boater, but public sites offer hosts their choice of putting out through waterways from the Elizabeth River to the Back Bay watershed. They include these access points:

■ **Back Bay National Wildlife Refuge** - This facility is operated by the U.S. Fish and Wildlife Service. For more information, call 721-2412.

■ **Drum Point Boat Ramp** - This ramp, located on Mill Landing Road, is operated by the Virginia Department of Game and Inland Fisheries. For more information call 426-6320.

■ **False Cape State Park** - These sites, located in the extreme southern end of the city, aren't accessible by motorized boats. For more information, call the Virginia Department of Conservation and Recreation at 426-7128.

■ **Little Island Park** - This city-maintained park is located three miles south of Sandbridge. For more information call 426-0013.

■ **Trojan Waterfront Management Area** - Located at the end of Back Bay Landing Road, this site is also maintained by the Virginia Department of Game and Inland Fisheries. For more information, call 426-6320.

■ **First Landing State Park** - The state's department of Conservation and Recreation also maintains this site at First Landing State Park. For more information, call 481-2131.

■ **Caroline Farm Park** - This city-owned site provides access to the Elizabeth River. There's no phone at the site, so for more information on this, call 427-4621.

■ **Munden Point Park** - This city-owned park is located at the end of Pelley Lane off of Princess Anne Road just south of Creeds. For more information call 426-5296.

■ **Owl's Creek Boat Ramp** - This ramp, which is also cityowned, is

located next to the Virginia Marine Science Museum. There's no phone at this site, so for more information you can call the Department of Parks and Recreation at 427-4621.

The Dozier's Bridge Launch, located on Princess Anne Road

cast of the Municipal Center is expected to re-open to the public by this summer. This site, which Cary Ellis said "has always been a popular put-in point, and will be again," is being upgraded to include a parking lot and wooden launch.

Regent exhibit defines role of art in culture

Art lovers will have an opportunity to explore how artists and art critics are redefining the role of art in culture April 11-12. "Art, Faith and Post-Modern Culture" is sponsored jointly by the Regent University Center for the Study of Faith and Culture and the Contemporary Art Center of Virginia.

The seminar will begin on Friday night at Regent University with a lecture by Ed Veith, dean of the School of Arts and Sciences at Concordia University in Wisconsin. Veith will speak at 7 p.m. in the university's library auditorium on "Two Ways of Being Post-Modern."

On Saturday morning the seminar will move to the Contemporary Art Center, where executive director Dr. Barbara Bloemink will discuss the concept of beauty in "Beauty is in the Eye of the Beholder," at 9 a.m.

Following Bloemink's lecture, James F. Cooper, director of

cultural studies of the Newington-Cropsey Foundation of New York, will present "Reclaiming America's Soul." The seminar will break for lunch and during the afternoon, individual artists, including Dr. Bruce Herman, chair of visual arts at Gordon College, will discuss expressions of faith in their own works.

The Second Wind Dance Company, featuring choreographer Beverly Dume Cordova, will perform at 1 p.m.

Although there is no cost to attend the seminar, seating is limited and reservations are requested. For reservations or more information, please contact the Center for Study of Faith and Culture at Regent University 379-4015 or the Contemporary Art Center at 425-0000.

The Contemporary Art Center of Virginia (formerly the Virginia Beach Center for the Arts) is located at 2200 Parks Ave. in Virginia Beach, at the westbound entrance to Rt. 44.

Be a part of the audience of 'City Dialogue' taping

Court Services Unit.

The program is being held Monday, April 14 at 7:30 p.m. at Salem High School, 1993 Sun Devil Dr. Seating is limited, so call for a reservation at 427-8047 (Video Services Department) or 427-4305 TDD only. Be seated at least 15 minutes prior to program time. Audience members with special needs are requested to call in advance.

This series is taped for rebroadcast only in Virginia Beach on VBTU Channel 48 on Cox Cable.

Taped programs are rebroadcast on Mondays at 7:30 p.m., Thursdays at 9 a.m., Fridays at 8 p.m., Saturdays at 5:30 p.m. and Sundays at 9 p.m.

For further information on program topics or tape locations, call the Video Services Department at 427-8047.



Courtesy Photo

Let's be litter-free

The Virginia Beach Clean Community Commission Litter-Free Award for March was presented to Jason Feuerhahn, center, manager of the McDonald's at 2800 S. Lynnhaven Rd. by commission members Bill Hemingway, left, and Dane Blythe. The award is presented bi-monthly to a Virginia Beach business which endeavors to keep its premises attractive and free of litter. This is the second award earned by the restaurant. The first, seen hanging on the wall in the background, was presented in 1991.

Council pushes for Rudee solution

Continued From Page 1

dragged, navigable channel into Rudee Inlet and that if the city does not keep the channel dredged, it will be liable for damages due to grounding in the channel.

The city's annual funding commitment is \$689,000.

The report notes that the inability to maintain the Rudee Inlet in a safe and navigable condition 365 days a year reflects poorly on the city as a premium resort/vacation destination. Among the options proposed in the staff report that will be considered by council, in the upcoming budget are:

An increase in in-house capability by providing additional staffing to provide a seven-day/week, 24-hour/day response (this would require 19 staffers or a net increase of 10). The estimated cost including wages, benefits, equipment and materials is \$363,000. This would allow immediate response, weather permitting at a total annual cost of \$1,052,000. The cost includes \$435.00 as the base

dredge budget, plus \$254,000 of the city's share of the U.S. Corps of Engineers contract plus \$363,000 in additional staff. Dredge operating time would be increased to 140 days a year.

Purchase a new/larger dredge, which would also require an increase in staff of 10. The cost of the dredge would be an additional \$1.3 million plus \$195,000 for equipment maintenance annually. The total estimated cost for this alternative is \$2,352 the first year and \$1,052,000 each additional year. This would allow for 190 dredging days a year.

Supplement city forces with private contractors which would require three additional dredging contract periods at a cost of approximately \$400,000 for each occurrence, increasing the annual cost by \$1.2 million. Presently the Corps provides approximately 51 percent of the annual costs for a private contractor. But without the Corps involvement, the total annual cost of this option would be \$2,252,000.

Total privatization of services at an annual cost of \$2,485,000 which does not include any standby and would not guarantee immediate response after a major storm event.

A separate study is under way to evaluate potential city participation in dredging navigation channels other than Rudee Inlet. Potential channels include the Lynnhaven River, Long Creek and Broad Bay system. The study is planned to be completed in July.

While recommending the purchase of a new dredge, the staff recommends retaining the existing Rudee II dredge for employment on the Lynnhaven, Long Creek, and Broad Bay, and for back-up support at Rudee Inlet.

However, the staff recommended a detailed cost-benefit analysis of the various alternatives by a private engineering consultant at a cost of \$25,000 to \$35,000.

But council members indicated they were interested in getting

something decided before the July study is completed in July and before any other study is completed.

Harrison said the city is compounding the problem by the work at Lake Holly.

"It's mess; it's a disaster."

He said he would like to see the city bend over backwards to help the private property owners which will benefit the city eventually.

Wayne McLeskey, who owns the Virginia Beach Fishing Center, said his boats are on the bottom now. He said that he has had six buses of high school kids that come from all over the state turned away. He claimed that the material flowing from Lake Holly contributed to the problem.

"We're in a position where we may just have to shut the marina down."

Roehrs said that McLeskey may be exaggerating about Lake Holly. He said that only 30 cubic yards were dredged from the lake in three months.



EGG-STRAVAGANT! Making Easter eggs is a hot, tedious process, but Margaret Hayes has nothing but patience for the job.

Easter tradition is 'egg-cellent' fundraiser for Creeds Rescue

Ladies work hundreds of hours making sweet treats

By JANE ROWE
Sun Correspondent

Outdoors it was a blustery, raw night, but inside the Creeds Fire Station a group of ladies were beginning to complain about the heat.

"It's really starting to get hot in here," said Pat Brown as she paused to roll up her sleeves.

"With this type of work, you really build up your muscles," agreed Nancy Gregory, who, like the others, was busily kneading several pounds of powdered sugar, peanut butter and butter into a smooth, malleable mound resembling a large rock.

These huge mounds marked the first step in the Easter egg-making process. Once they are shaped and decorated, they become the fetching chocolate eggs that are a trademark of the Creeds Rescue Squad Auxiliary.

This is the seventh year that the ladies have pooled their talents and their muscles to make and sell the eggs as a fund-raiser for the rescue squad. This year, they hope that the profits will represent a good start toward the funds the volunteer squad needs to buy a new vehicle to replace its aging squad truck.

"We've received a grant from the state which we have to match," Gregory explained.

A reliable vehicle, and the community support to buy it, is particularly crucial to this rural community where "there are a lot of miles and not many people," Brown added.

The Creeds Rescue Squad covers a huge hunk of territory that includes Knotts Island and Blackwater, so volunteers log a lot of miles on their vehicles. And, because the area's sparsely populated, the squad members depend heavily on fund-raisers to help them buy the necessary equipment.

Fortunately, the ladies said, they've found a city-wide market for their Easter eggs. They advertise the egg sales through posters that they place throughout the community, but most of their customers hear about the egg sales "by word of mouth," Brown said.

"I was talking to some people in an office about them last week," she said, and they said "Oh, I'd just love to order some." And that was way up on Virginia Beach Boulevard, so we get most of our orders by word of mouth."

At least one customer buys the eggs to mail to relatives or friends out of town, and another customer orders more than 20 pounds of eggs each year.

In the past, the ladies have raised about \$2,500 from the Easter egg sales, but the profit doesn't come easily. A lot of muscle and patience, as well as 44 pounds of butter, 200 pounds of sugar and 60 pounds of peanut butter go into the eggs. It also requires skill to shape, dip and decorate them. Many of them had never made homemade Easter eggs before they became involved in it through the auxiliary.

The Easter egg project, and the auxiliary itself, is really an old tradition that was revived seven years ago, according to Margaret Hayes.

"My mother was in it," she said, "but it just became inactive after awhile. We decided to resurrect it seven years ago. Then we remembered that our moms used to make Easter eggs. Now people tell us that we make the best."

The ladies developed their eggs by pooling recipes from various members, then "testing them to see which way we like it best," according to Iris Whately. The entire process of making, then decorating and delivering the eggs takes about a week—and requires the combined efforts of several people.

Aside from the standard buttercream and peanut butter eggs, the ladies also offer coconut, fruit and nut eggs. They begin with the basic butter and powder sugar mixture, which they knead until it's smooth enough to be "shaped easily." There's no quick formula for knowing exactly when it's OK to stop this kneading, they added. Instead, you just have to rely on experience and your sense of touch.

"You just have to take a piece of it and roll it to see if you can roll it into a ball," one member advised another on this recent night.

After the butter is shaped into one-half, one-quarter or one ounce sized eggs, the members begin the tedious process of dipping it into melted chocolate. Then, they decorate with the help of 19-year-old Jennifer Byers, who writes the names on the personalized eggs.

But the fun doesn't stop here. Delivering eggs can be a trick, too, Whately said.

"The first year, we took orders from the courthouse," she said. "We had so many we had to deliver them in an ambulance. We brought them into the courthouse area during lunch, and it was quite comical to open up the ambulance and take out the eggs."

On other years, a premature heat wave has turned the butter and sugar into mushy lumps "and we'd walk in here to find everything flat and melted," Whately said.

Even when everything's going smoothly, making Easter eggs is a messy, exhausting, time-consuming process and the ladies confess that they can't stand to look at, much less eat a chocolate egg when it's over.

"One year it was so bad I walked into the kitchen and just cried," Whately said. "It was 11 p.m. and I was so tired."

Still, the members have enough energy left over to conduct other fund-raising projects throughout the year, including a recent spaghetti dinner at Creeds Elementary School. In the past, they've been able to buy a copy machine, jackets, batteries and other supplies for the squad.

"And some of us work full-time and run rescue calls in-between all of that," Whately said.

The one thing that most of them don't do, they added, is make their own chocolate eggs at home. But there's at least one exception to this.

"I make them at home," Gregory said. "I'm an idiot, I know."

Ed Snyder is Beach First Citizen

Continued From Page 1

developed a fondness for the Virginia Marine Science Museum. Snyder has been involved with the attraction since its inception.

"Mac Rawlis first came up to me when it was still a concept, and I've been with it ever since. What I like about the museum is going there in the winter time when the school kids are there and seeing them coming out with so much — to think they're having fun and getting educated at the same time. To me that's pretty wonderful," he said.

Today Snyder is first vice president of the museum's Board of Trustees.

A bad tractor accident when he was a young man left Snyder indebted to Norfolk's DePaul Hospital.

"I was in my late '20s when a tractor flipped over on me when I was pulling a stump," he reflected. "I was in bad shape for a long time. I was taken to DePaul, where one sister — Sister Bernadette, I think — used

to come in at 2 a.m. every morning and hold my hand. She helped pull me through."

Snyder vowed that if she ever had the opportunity to repay the favor, he would. As head of a DePaul Health foundation campaign, he helped raise \$3 million for the hospital.

Today he is chairman of the foundation and a member of the hospital's Board of Directors.

Snyder was also a major proponent in making the 24th Street Park a reality.

"It was an opportunity for people to raise money so we could preserve that little bit of waterfront — not have another cinder block hotel built," he said.

Snyder was a major contributor to the public-private partnership. "It gives me pleasure to go by there and say, 'I helped do this,'" he confessed.

A Norfolk native, Snyder is a graduate of Maury High School. He majored in merchandising at the University of Virginia, as well as promotion and advertising at New York University. After college and a tour with the Air

Force, Snyder joined the family-owned department store founded by his grandfather in 1894.

In 1964, Snyder left the family business to open Checkered Flag, which started as a dealer of MG, Jaguar and Austin Healey automobiles. Today the company is Hampton Roads' largest import auto dealer, with 14 car and truck franchises in seven locations in Virginia Beach, Norfolk and Chesapeake.

Checkered Flag also operates two body shops, a car rental service and an in-house advertising agency. In 1996, the combined organization achieved more than \$160 million in sales and has a staff of 490 employees.

Snyder has been honored by *Sports Illustrated* as Import Dealer of distinction and has served as president of the Hampton Roads Automobile Dealers Association.

Community activities include the BB&T Bank Board of Directors, Tidewater 5% Club (organized by the United Way for those who contribute 5 percent of their net income to charity),

advocate for the Contemporary Art Center of Virginia (formerly the Virginia Beach Center for the Arts) and benefactor of the Tidewater Veterans Memorial.

Since 1984, Snyder has been the recipient of the United Way President's Award, and in 1990 was cited by its Campaign for Outstanding Citizenship.

A past member of the Hampton Roads Chamber of Commerce Board of Directors, Snyder is a supporter of the Virginia Beach Rescue Squad, Virginia Beach SPCA, United Jewish Federation, Virginia Beach Foundation, Back Bay Restoration Foundation and Boy Scouts of America, among many others.

Snyder and his wife of 40 years, Jean, have five children and seven grandchildren.

"My ability to give has been completely supported by my wife," he added. "Without her I couldn't have been able to do all this."

For ticket information to Snyder's black-tie banquet, call the Virginia Beach Jaycees, 499-8822.

Planning requests arouse neighbors

By LEE CAHILL
City Council Reporter

Two zoning applications in the Lynnhaven Borough that involved churches and pitted neighbor against neighbor led to different results-one application was denied unanimously and the other passed by a 7-3 vote last midnight Tuesday during an especially long council meeting.

In the first application, the Lynnhaven United Methodist Church had requested a use permit for two 135-foot monopole communications towers on their property on the south side of Little Neck Road, east of Red Oak Road. Located at 1033, the site contains 3.44 acres. Four providers, AT & T, 360, GTE and Prime Co. would use the tower. One cellular provider and one digital provider would be located on each tower.

The Rev. Bruce Tuttle, pastor of the church, asked for a deferment to allow more time to select an alternate site. Council refused the request because, councilman W.W. Harrison Jr. pointed out, a deferment would do nothing but cause the people more acrimony. The providers maintained that the lack of towers in the area creates a gap in digital services for the Little Neck Peninsula.

The residents don't want towers

in their neighborhood.

Harrison said he has a cellular phone and it works fine for him and the people are saying the cellular phones are just fine and they would rather not have a tower.

Dan Walters, a lay leader of the church and a neighbor, said that from the start leaders looked on this as just another opportunity for service to the community.

Attorney Edward Boudon said that 230 residents signed petitions in support of the request, but Wayne Schenk said that 736 signed petitions in opposition.

Harrison said the benefits are not clear, and the burden on the community has to be weighed. He moved for denial which was approved unanimously by council.

In the second application, the Mother Seton House Inc., requested an use permit for a group home on property owned by St. Aiden's Church, located on 3.16 acres on the south side of Edinburgh Drive between North Lynnhaven Road and Kings Grant Road.

Seton House also operates a home for girls at the St. Nicholas Catholic Church site, also in the Lynnhaven Borough. The new home will be for boys.

Elementary.

Windsor Oaks Elementary School PTA announces two 1997 scholarships for \$500 each. They will be awarded to two Virginia Beach high school seniors who attended Windsor Oaks Elementary for at least two years and have maintained at least a "B" average in secondary school. Interested students can obtain complete information and applications from their high school guidance counselors. All applications will be reviewed by a committee of PTA and school personnel.

Mike Inman, attorney representing Seton House, said that Seton House is a charitable, non-profit organization and has a 12-year successful track record at the St. Nicholas Church property. He said that the residents are there because they choose to be there, that it is a crisis intervention facility and the purpose of Seton House is to reunite families.

Neighbors objected to having another home in the neighborhood. Already located in

the area are the Crisis Intervention Home, the regional group home and Seton House. The new Seton House will bring to four the number of facilities that will be using the schools. The people did not oppose Seton Hall, but did not want it in their neighborhood.

The application was approved by a 7-3 vote (Vice Mayor William D. Sessions Jr. was absent) with councilwomen Barbara Henley and Reba McClanahan dissenting.

Soccer stadium OK'd

Continued From Page 1

use the stadium. The stadium would then be too large for high school events, she said.

She said she was confused about what the multi-purposes were.

Economic development's Mark Warner said that the school board has been briefed and is in support of the project. In Hampton, said economic development director Don Maxwell, four high schools use one stadium.

Strayhorn said there would be traffic problems with 30,000 people from the stadium and 20,000 from the amphitheater.

Sessions said that during his nine years on council he can't remember seeing so many families. He said the \$8 million could be used elsewhere, but "we can't say we'll have the same opportunity tomorrow that we have today."

Council is planning part of its surplus funds for the amphitheater.

Henley said she supported the initial appropriation of \$100,000, but then the estimated cost was \$4.8 million. She said she supported soccer and liked having the Mariners in the area.

She said she would like to support the stadium, but that the council needed to adopt a land use plan for Lake Ridge first. She said council also needs to look at the budget process — the budget will be presented on April 1.

She added that the school board has adopted a budget that is \$12 to \$13 million more than the money available.

"I will find it hard to say we have \$8 million (for the stadium) and next week vote for a tax increase (for the schools)."

She said the stadium should be considered with all the other projects. She said that she regretted her recycling vote and that council should have waited for the budget.

"I don't think three or four weeks would be a great detriment," she said referring to the expected May approval of the budget.

A number of spectators in the audience apparently agreed with her because she received considerable applause.

Her substitute motion to defer the project failed by a 6-4 vote before the project was approved by the same vote.

The goal is to have the stadium ready by the 1998 soccer season.

SCHOLARSHIP OPPORTUNITIES

King's Grant Elementary PTA is offering four \$400 scholarships. Two Ann McNamara and two Thomas Olds scholarships will be awarded to students who attended King's Grant. Application forms are available in high school guidance offices or students may contact PTA President Debra Bell through King's Grant

UPCOMING EVENTS

Clubs

AARP Lynnhaven Chapter Virginia Beach No. 4654 will meet April 2 at 10 a.m. at Great Neck Recreation Center, 2521 Shorehaven Dr. Free blood pressure checks begin at 9:30 a.m.

The Linkhorn Park Garden Club will meet on Friday, April 4 at 11 a.m. at the Princess Anne Country Club. Holly Crusser will present a program on "Landscaping with Native Plants," native plants of Hampton Roads; trees, shrubs, vines and ground covers. Spring flowers will be the theme for arrangements and flowering specimens of one's choice from the garden are required for horticulture.

Education

The Trantwood Elementary School PTA Carnival Committee is looking for crafters who would be interested in renting space in the Crafters' Mart at the Trantwood Elementary School Carnival on Saturday, May 3. The cost of reserving a space is \$20 and crafters must supply their own table. Reservations will be accepted until Friday, April 25. For additional information or to reserve a spot, contact Bert Fillmore at 496-0578.

Independence Middle School invites parents to have some "coffee and conversation" with Dr. Timothy R. Jenney, Virginia Beach City School superintendent, on April 7 at 1 p.m. in the school's library. This will be the last parent/coffee of the year. Call the school at 460-7500 for more information.

Health

Virginia Beach General Hospital offers a six-week Prepared Childbirth Class beginning on Tuesday, April 1, 7-9 p.m. at the Country Day School in Virginia Beach. Other classes will begin on Monday, April 14 and Wednesday, April 16, from 7-9 p.m. at the Green Run Medical Center in Virginia Beach. The class is designed for expectant parents. A certified Childbirth Educator will help prepare participants intellectually and emotionally for the childbirth experience using the Lamaze method of childbirth. There is a fee. For more information and to register, call the AtHome Care Maternal/Child Program at 427-0309.

Virginia Beach General Hospital will offer a Safe Sitter Class April 2-3 from 9:30 a.m.-3:30 p.m. at the hospital Health Education Building. The class is designed for children between 11 and 13 years of age. It is a two-day nationally-certified course. The classes teach children how to expect when dealing with babies, how to avoid difficult situations and how to solve problems if they occur. It covers topics such as choking and rescue breathing, accident management and child development. There is a fee and pre-registration is required. For information and to register, call 427-0309.

United Cerebral Palsy of Southeastern Virginia is accepting registrations for Session V of its Exercise and Strengthening Program for adolescents and young adults ages 10 through 22. Classes begin Tuesday, April 8 and runs through May 29. They are held Tuesdays and Thursdays from 4-5 p.m. at the UCP offices, 5690 Greenwich Rd., Suite 100 in Virginia Beach. Registration is \$100 for the eight-week session. Those interested in attending should call Michelle Prendergast at 497-7474.

Recreation

A snake program will be held at Back Bay National Wildlife Refuge at 11 a.m. Saturday, March 29. This program will be conducted by local snake researcher Chad Cross and will last approximately one hour. The program will consist of an auditorium presentation and the possibility of live specimens on hand to view. This program will explore the reptilian habits of the eastern cottonmouth and identify myths surrounding this species.

Anyone interested in an informative morning program should join refuge volunteer Chad Cross at the Refuge's Visitor Contact Station. The Visitor Contact Station is located at the end of south Sandpiper Road in Sandbridge. Although the program is free, a refuge entrance fee is required and parking is first-come, first-served. Reservations are required and can be made by calling the refuge at 721-2412, Monday through Friday from 8 a.m.-4 p.m.

LEGAL NOTICES

Public Notice

NOTICE OF PUBLIC HEARING

The Virginia Beach Planning Commission will hold a Public Hearing on Wednesday, April 9, 1997 at 12:00 Noon in the Council Chambers of the City Hall Building, Princess Anne Courthouse, Virginia Beach, Virginia. A briefing session will be held at 9:00 a.m. in the City Manager's Conference Room, City Hall Building. PLANNING COMMISSION ACTION IS NOT A FINAL DETERMINATION OF THE APPLICATION, BUT ONLY A RECOMMENDATION TO THE CITY COUNCIL AS THE VIEWPOINT OF THE PLANNING COMMISSION. FINAL DETERMINATION OF THE APPLICATION IS TO BE MADE BY CITY COUNCIL AT A LATER DATE, AFTER PUBLIC NOTICE IN A NEWSPAPER HAVING GENERAL CIRCULATION WITHIN THE CITY.

THOSE MEMBERS OF THE PUBLIC INTERESTED IN ATTENDING THE PUBLIC HEARING SHOULD BE ADVISED THAT, FOR REASONS THE PLANNING COMMISSION DEEMS APPROPRIATE, CERTAIN ITEMS ON THE AGENDA MAY BE HEARD OUT OF ORDER AND THAT IT SHOULD NOT BE ASSUMED THAT THE ORDER LISTED BELOW WILL BE EXACTLY FOLLOWED DURING THE PUBLIC HEARING.

The staff reviews of some or all of the items on this agenda suggest that certain conditions be attached to approval by City Council. However, it should not be assumed that those conditions constitute all of the conditions that will ultimately be attached to the project. Staff agencies may impose further conditions and requirements during administration of applicable city ordinances.

SUBDIVISION VARIANCE:
1. Appeal from Decisions of Administrative Officers in regard to certain elements of the Subdivision Ordinance, Subdivision for Boco Construction, Inc. Property is located on the south side of Broad Bay Road, 230 feet more or less east of the intersection of Broad Bay Road and Lynnhaven Boulevard.

CHANGE OF ZONING DISTRICT CLASSIFICATION:
2. An Ordinance upon Application of Cowan Construction & Design Inc., for a Change of Zoning District Classification from A-12 Apartment District to R-5S Residential Single Family District at the southeast corner of Alabama Avenue & Garfield Avenue on Lots 1 through 9, Block 8, Pecan Gardens, proposed zoning classification change to R-5S is for single family land use on lots no less than 5,000 square feet. The Comprehensive Plan recommends use of this parcel for urban medium low density residential at densities that are compatible with multi-family use in accordance with other Plan policies. Said parcel contains 21,997.04 square feet. PRINCESS ANNE BOROUGH.

3. An Ordinance upon Application of Richard & Leah Walker for a Change of Zoning District Classification from O-2 Office District to O-1 Office District on the west side of First Colonial Road, 350 feet more or less north of Old Donation Parkway, beginning at a point 101.65 feet east of First Colonial Road. Said parcel contains 5.1 acres. LYNNHAVEN BOROUGH.

4. An Ordinance upon Application of McGinnis Realty & Development Company for a Change of Zoning District Classification from AG-1 and AG-2 Agricultural Districts to Conditional R-20 Residential District on certain property located on the west side of Princess Anne Road beginning at a point 1060 feet more or less south of Elson Green Avenue. The proposed zoning classification change to R-20 is for single family residential land use on lots no less than 20,000 square feet. The Comprehensive Plan recommends use of this parcel for rural compatible development, agriculture, public recreational facilities and public land banking opportunities. Said parcel contains 57.94 acres. PRINCESS ANNE BOROUGH.

that are compatible with multi-family use in accordance with other Plan policies. Said parcel is located at 1115 First Colonial Road and contains 25,003.44 square feet. LYNNHAVEN BOROUGH.

4. An Ordinance upon Application of CMSS Architects for a Change of Zoning District Classification from R-10 Residential District and B-2 Community Business District to Conditional A-18 Apartment District on the following parcels:
Parcel 1: From R-10 to Conditional A-18 on property located 180 feet more or less north of Princess Anne Road beginning at a point 700 feet more or less east of S. Parliament Drive.

Parcel 2: From B-2 to Conditional A-18 on property located on the north side of Princess Anne Road beginning at a point 730 feet more or less east of S. Parliament Drive.

The proposed zoning classification change to Conditional A-18 is for multi-family land use at a density no greater than 18 dwelling units per acre. The Comprehensive Plan recommends use of this parcel for suburban medium density residential at densities that are compatible with single-family use in accordance with other Plan policies. Said parcels contain 2.72 acres. KEMPSSVILLE BOROUGH.

CONDITIONAL USE PERMIT:

5. An Ordinance upon Application of Lynnhaven Marina L.L.C., for a Conditional Use Permit for a marina on the east side of Great Neck Road W, beginning at a point 950 feet more or less south of Lynnhaven Drive. Said parcel is located at 2101 Great Neck Road West and contains 1.249 acres. LYNNHAVEN BOROUGH.

6. An Ordinance upon Application of Daniel E. Poston for a Conditional Use Permit for motor vehicle sales, service and truck rentals on the south side of Virginia Beach Boulevard, 300 feet west of Foundry Lane. Said parcel is located at 2825 Virginia Beach Boulevard and contains 1 acre. LYNNHAVEN BOROUGH.

7. An Ordinance upon Application of Richard S. Proffitt for a Conditional Use Permit for a car wash in conjunction with an existing gasoline station at the southwest corner of Independence Boulevard and N. Wichiduck Road. Said parcel is located at 773 Independence Boulevard and contains 21,823.56 square feet. BAYSIDE BOROUGH.

8. An Ordinance upon Application of Wireless PCS, Inc., agent for AT&T Wireless PCS, Inc., for a Conditional Use Permit for a monopole tower on the south side of Newtown Road, 220 feet east of Cleve Abbey. Said parcel is located at 952 Newtown Road and contains 76.133 acres. BAYSIDE BOROUGH.

STREET CLOSURE:

9. Application of Mark R. Lichtenstein for the discontinuance, closure and abandonment of a portion of Snyder Street beginning at the southern boundary of 55th Street and running in a southerly direction a distance of 105.10 feet along the eastern boundary of Snyder Street. Said parcel is variable in width and contains 4,102 square feet. LYNNHAVEN BOROUGH.

AMENDMENT:
10. Motion of the City of Virginia Beach, Virginia, to amend and reordain Sections 2013 and 1521 of the City Zoning Ordinance pertaining to parking requirements in the RT-3 Resort Tour District.

CONDITIONAL USE PERMIT:
11. An Ordinance upon Application of The City of Virginia Beach, Public Works/Parking Systems Management, for a Conditional Use Permit for a commercial/municipal parking lot at the southeast corner of Atlantic Avenue and Laskin Road. Said parcel is located at 3003 Atlantic Avenue and contains 1.03 acres. VIRGINIA BEACH BOROUGH.

12. An Ordinance upon Application of Atria Communities, Inc., for a modification to a Conditional Use Permit for an assisted living & retirement housing facility, to allow 112 units rather than 110 units as originally approved, on the north side of Old Donation Parkway, beginning at a point 101.65 feet east of First Colonial Road. Said parcel contains 5.1 acres. LYNNHAVEN BOROUGH.

DEFERRED BY PLANNING COMMISSION ON 3/12/97:

13. An Ordinance upon Application of McGinnis Realty & Development Company for a Change of Zoning District Classification from AG-1 and AG-

2 Agricultural Districts to Conditional R-20 Residential District on certain property located on the west side of Princess Anne Road beginning at a point 1060 feet more or less south of Elson Green Avenue. The proposed zoning classification change to R-20 is for single family residential land use on lots no less than 20,000 square feet. The Comprehensive Plan recommends use of this parcel for rural compatible development, agriculture, public recreational facilities and public land banking opportunities. Said parcel contains 57.94 acres. PRINCESS ANNE BOROUGH.

14. An Ordinance upon Application of McGinnis Realty & Development Company for a Conditional Use Permit for an open space promotion option on certain property located on the west side of Princess Anne Road beginning at a point 1060 feet more or less south of Elson Green Avenue. Said parcel contains 57.94 acres. PRINCESS ANNE BOROUGH.

DEFERRED BY PLANNING COMMISSION ON 3/12/97:

15. Appeal from Decisions of Administrative Officers in regard to certain elements of the Subdivision Ordinance. Subdivision for Moses B. Leon. Property is located on Watersedge Road on Parcel 7, Parkway Manor.

LYNNHAVEN BOROUGH

16. An Ordinance upon Application of Wireless PCS Inc., Agent for AT&T Wireless PCS Inc., for a Conditional Use Permit for a communication tower on Lots 49 and 50, Shelton Place. Said parcel is located at 1707 Lawson Road and contains 25,957 square feet. BAYSIDE BOROUGH.

17. An Ordinance upon Application of Zimmer Development Co. of Virginia, L.P., for a Change of Zoning District Classification from R-7.5 Residential District and B-2 Community Business District to Conditional B-1 Neighborhood Business District on certain property located at the northwest corner of Princess Anne Road and S. Parliament Drive. The proposed zoning classification change to B-1 is for commercial land use. The Comprehensive Plan recommends use of this parcel for single family residential at densities that are compatible with single family use in accordance with other Plan policies. Said parcel contains 1.6 acres. KEMPSSVILLE BOROUGH.

All interested parties are invited to attend.
Robert J. Scott
Planning Director
If you are physically disabled or visually impaired and need assistance at this meeting, please call the City Clerk's Office at 427-4303. Hearing impaired, call: TDD only at 427-4305 (TDD-Telephonic Device for the Deaf).

12-4
213-28

Public Notice

Virginia: In the Circuit Court of the City of Virginia Beach Commonwealth of Virginia, Plaintiff v.

\$1,087.00 US Currency (Sheehan) CL95-3491
\$833.00 US Currency (Ramos) CL96-562

\$425.00 US Currency (Jones), CL96-736 Defendants
Order of Publication And Affidavit

THIS DAY CAME the Attorney for the Commonwealth and moved this Honorable Court to forfeit to the Commonwealth of Virginia the above referenced items that were seized between November 10, 1995, and February 24, 1996.

An Information was made, signed and filed with the Circuit Court Clerk's Office on each of the above matters. Said information stated the owner of the property and the last known address of the owner at the time the information was filed.

It appearing that the whereabouts of the owners is currently unknown, and that a registered letter has been mailed to his last known address, it is hereby ORDERED, that all parties appear on or before April 16, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in Virginia Beach Sun, a newspaper of general circulation in the City of Virginia Beach. ENTER this 7 day of March, 1997.

Certified to be a TRUE COPY of record in my custody.
J. Curtis Fruit, Clerk of Circuit Court, Virginia Beach, VA
By: Barbara S. Murden, Deputy Clerk

I ASK FOR THIS:
Deborah M. Paxson
Deputy Commonwealth's Attorney
Office of the Commonwealth's Attorney
2305 Judicial Boulevard
Virginia Beach, Virginia
23456-9050

12-1
414-11

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: Julie Elena R.T. Abarra, Plaintiff v.

Conrado P. Abarra, Defendant
Case No. CH96-3473
ORDER OF PUBLICATION

The object of this suit is for the plaintiff to obtain a divorce, a vinculo matrimonii from the said defendant, upon the grounds of separation for one year.

It is ORDERED that Conrado P. Abarra appear and protect his interest, on or before May 6th, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

March 11, 1997
J. Curtis Fruit, Clerk
By Bill Mauld, Deputy Clerk

12-2
414-11

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: GEORGIA A. STRONG Plaintiff v.

JERRY L. STRONG Defendants
Case No. CH97-51
ORDER OF PUBLICATION

The object of this suit is for a divorce a vinculo matrimonii. It is ORDERED that Jerry L. Strong appear and protect his interest, on or before April 24, 1997, which date is no sooner than 50 days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in The Virginia Beach Sun, a newspaper of general circulation in this City prescribed by this court.

DATE
J. CURTIS FRUIT, CLERK
By Bill Mauld
Deputy Clerk

10-2
413-28

Public Notice

VIRGINIA: IN THE VIRGINIA BEACH CIRCUIT COURT CLERKS OFFICE
IN RE: Isil Robinson, Plaintiff v.

Birkan Saitoglu, Defendant
Case No. CH97-750
ORDER OF PUBLICATION

The object of this suit is for the plaintiff to obtain a divorce, a vinculo matrimonii from the defendant upon the grounds of separation lasting for more than twelve (12) months pursuant to Section 20-91(9) of the Code of Virginia (1950), as amended.

It is ORDERED that Birkan Saitoglu appear and protect his interest, on or before May 7th, 1997, which date is no sooner than fifty days after entry of this order of publication.

And it is further ORDERED that this order of publication be published once a week for four successive weeks in Virginia

Beach Sun, a newspaper of general circulation in this City prescribed by this court.

March 12, 1997
J. Curtis Fruit, Clerk
By Bill Mauld, Deputy Clerk

12-3
414-11

Public Notice

NOTICE OF PUBLIC HEARING

Virginia: The regular meeting of the City Council of the City of Virginia Beach will be held in the Council Chambers of the City Hall Building, Municipal Center, Princess Anne Station, Virginia Beach, Virginia, on Tuesday, April 8, 1997 at 2:30 p.m., at which time the following applications will be heard:

CHANGE OF ZONING DISTRICT CLASSIFICATION:
PRINCESS ANNE BOROUGH

1. An Ordinance upon Application of 3 Mac Associates, L.C., for a Change of Zoning District Classification from AG-1 and AG-2 Agricultural Districts, R-10 Residential District and R-10 Residential District to Conditional R-10 Residential District on certain property located on the west side of Princess Anne Road beginning at a point 100 feet more or less south of Three Oaks Drive. The proposed zoning classification change to conditional R-10 is for single family residential land use on lots no less than 10,000 square feet. The Comprehensive Plan recommends use of this parcel for suburban low density residential land use at densities that are compatible with single-family use in accordance with other Plan policies. Said parcels contain 12.007 acres. PRINCESS ANNE BOROUGH.

2. An Ordinance upon Application of Paul D. Rowan for a Change of Zoning District Classification from I-1 Light Industrial District to AG-2 Agricultural District on the west side of S. Birdneck Road beginning at a point 840 feet north of Bells Road. The proposed zoning classification change to AG-2 is for agricultural land use. The Comprehensive Plan recommends use of this parcel for industrial use in accordance with other Plan policies. Said parcel contains 15 acres more or less. LYNNHAVEN BOROUGH.

CONDITIONAL USE PERMIT:
3. An Ordinance upon Application of Paul D. Rowan for a Conditional Use Permit for a veterinary hospital and boarding of horses on the west side of S. Birdneck Road, 840 feet north of Bells Road. Said parcel contains 15 acres more or less. LYNNHAVEN BOROUGH.

4. An Ordinance upon Application of Exxon Corporation for a Conditional Use Permit for an automobile service station in conjunction with a convenience store with fast food and a car wash at the southeast corner of Virginia Beach Boulevard and Rosemont Road. Said parcel is located at 3653 Virginia Beach Boulevard and contains 1.624 acres. LYNNHAVEN BOROUGH.

5. An Ordinance upon Application of Exxon Corporation for a Conditional Use Permit for an automobile service station in conjunction with a convenience store with fast food at the northwest corner of Virginia Beach Boulevard and Independence Boulevard. Said parcel is located at 4600 Virginia Beach Boulevard and contains 35,632 square feet. BAYSIDE BOROUGH.

All interested parties are invited to attend.
Ruth Hodges Smith, CMC/AE
City Clerk

12-5
213-28

FREE TRAINING AND EMPLOYMENT OPPORTUNITY

Portsmouth Public Schools Department of Extended Programs currently offers free vocational training in the following area:

Culinary Arts Program

This class is offered free of charge to qualified residents of the Tidewater area. Students enrolling in this program must be at least eighteen (18) years old and not currently enrolled in school. Students will receive a transportation allowance while attending classes. A job placement service is also available to assist students in obtaining employment after training has been completed.

Please call 920-5515 for more information
Ask for Mrs. Lenthers

HAMPTON ROADS ON THE MOVE

Businesses can beware bilking, office scams

Businesses are being bilked out of millions of dollars through office supply scams. And, despite repeated warnings from the Better Business Bureau, businesses continue to fall for scams requesting them to pay for merchandise they didn't order.

Organizations can protect themselves from mistakenly paying for what they don't want—or haven't ordered.

The Better Business Bureau, along with the Federal Trade Commission (FTC), offer the following five rules for protecting your organization:

■ Know and insist on your rights. If you receive merchandise you didn't order, you may keep it as a gift according to the FTC.

According to a federal law commonly referred to as the "Unordered Merchandise Law," and principles established in FTC enforcement cases says, it is illegal for the seller to send you bills or dunning notices for unordered merchandise and ask you to return it, even if the seller offers to pay the shipping expenses.

■ Don't pay any bills that do not match your documentation. When merchandise arrives, the receiving employee should check to see that it conforms to the shipper's bill of lading, especially with respect to items, brands and quantities.

Refuse any merchandise if it doesn't conform to the bill of lading or if the bill of lading doesn't conform to the purchase order.

■ Document orders. Designate

specific individuals to be responsible for ordering all supplies.

For each order, the designated buyer should issue to the supplier a written purchase order on a standard multiple-copy form with an authorized signature and a purchase order number.

■ Train your employees or volunteers, especially those who answer the telephone or who provide maintenance or support services. If your employees are not familiar with certain callers, advise them to say something like, "I am not authorized to order anything. You will have to speak to the person in charge of ordering supplies and get a purchase order."

Even those employees who have ordering responsibilities are often telephoned by sellers they don't know, and may be pressured by the caller to make a quick decision on the telephone. In these situations it is advisable to inform the caller that the company does not authorize any orders by telephone.

Ask the seller to send you a catalog or merchandise list.

■ Do not pay for or return unordered merchandise. If you are certain that you didn't order the merchandise the seller has shipped, do not pay for or return the merchandise.

You may keep and use unordered merchandise. Report the incident to the appropriate authorities. Check the seller out with your Better Business Bureau before doing business with the company.



Bob Mills and Cary Gill

McClintock, Harris merge local firms

Bob Mills, president of The Moseley McClintock Group and Cary Gill, president of I.V. Harris and Associates are pleased to announce the two firms merged under the new name of Moseley Harris and McClintock.

"Our two firms have worked together on 15 projects over the last three years and the results have been so positive that we decided to make it a permanent arrangement," said Mills.

Gill added, "Many of our clients are already comfortable and familiar with our team, and they can expect the same high

level of service they have been receiving, only under a new name."

I.V. Harris and Associates specializes in the design and construction of correctional, telecommunications, government and Department of Defense facilities. The Moseley McClintock Group specializes in educational, courthouse and government facilities, as well as correctional facilities.

The new company will maintain full service offices in Virginia Beach, Richmond and Harrisonburg.

Enrollment Management Associates opens locally

Jim Waldman, formerly CEO and a founder of Cooper Career Institute of Virginia Beach and West Palm Beach, has established an independent educational consulting firm, Enrollment Management Associates.

Headquartered in Chesapeake, Enrollment Management Associates specializes in education consulting to public, private and proprietary schools and colleges throughout the United States.

In his previous position as CEO of Cooper, Waldman oversaw marketing, admissions and student activities for the two schools.

Waldman holds a bachelor of science degree from Duquesne University, was a Distinguished Military Graduate (ROTC) and has spent the previous 25 years in

education. In 1994, Waldman received a "Demonstration of Excellence" award in the Southern Association of Colleges and Schools (COEI) for his innovations in adult career education.

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Lawrence assumes leadership of Virginia International Arts Festival, brings experience

The Virginia Waterfront International Arts Festival proudly announces the appointment of Peter C. Lawrence to the post of Managing Director of the Festival. Lawrence will oversee operations of the Festival and board development, allowing Robert W. Cross, Festival Executive Director since its inception in 1995, to focus more exclusively on artistic programming and long range planning. Once Lawrence assumes his post, Cross' title will change to Artistic Director.

Peter Lawrence is well known in the Hampton Roads community and contributes a wealth of talent and expertise to the festival efforts. Lawrence served as Director of Development for the Virginia Beach Center for the Arts between August 1987 and December 1992, including a period of 15 months when he

served as Acting Director. His responsibilities at the center included corporate sponsorship, membership, special events and public relations. Operating income increased 102 percent while Lawrence served at the center.

He was hired by Norfolk Botanical Garden in January 1992 to serve as Director of Marketing and Development. During the past four years the Garden successfully completed a \$5 million campaign; saw its membership grow from 900 to over 2,000 households; launched Garden of Lights, which has been seen by over 320,000 visitors in the first three years; established Avant Gardeners, a young professionals support group; initiated an outdoor concert series and witnessed a dramatic increase in awareness about the Garden throughout Hampton Roads.

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